

# Dundee City Aquatics

Affiliated to the Scottish Amateur Swimming Association



## 100/200 MEET

OLYMPIA LEISURE CENTRE, DUNDEE

ON

30<sup>TH</sup>/31<sup>ST</sup> OCTOBER 2010

### Saturday 30<sup>th</sup>

Session 1: Warm-up 09:00 Start 10:05

Session 2: Warm-up 14:00 Start 15:05

### Sunday 31<sup>st</sup>

Session 1: Warm-up 09:00 Start 10:05

Session 2: Warm-up 14:00 Start 15:05

## GENERAL INFORMATION

A SASA Level 2 licence has been issued and accreditation will be applied for. The meet will be swum under SASA / FINA rules.

All swimmers must be registered with and have a SASA registration number

- AGE GROUPS** 11/12 years, 13/14 years & 15 & Over (as on last day of competition)
- POOL** 6 lane 25 metre, anti-turbulence lane ropes, electronic timing. Over the top starts may be used where deemed suitable.
- WARM-UP** **SESSION 1** Warm up 0900 - 1000. Start 1005  
**SESSION 2** Warm up 1400 - 1500. Start 1505  
**SESSION 3** Warm up 0900 - 1000. Start 1005  
**SESSION 4** Warm up 1400 - 1500. Start 1505
- ENTRIES** Closing date **Sunday 3<sup>rd</sup> October** 2010.  
No late entries will be accepted.  
The organisers reserve the right to restrict the number of heats and alter the warm up times if required.  
Reserves may be picked on the day, in the first instance this will be from any oversubscribed DCA swimmers.  
Entries will be by Hytek file only. Please apply for an entry file and further information to [m.j.simpson@btinternet.com](mailto:m.j.simpson@btinternet.com)  
Entries **will** be accepted for composite teams.
- EVENTS** 100m Back, Breast, Fly and Free (Heats & Finals)-Each Age Group  
200m Back, Breast, Fly, Free and I.M. (HDW) - Each Age Group  
4x50m Freestyle Relay (HDW) - Each Age Group
- RELAYS** Relay teams shall be mixed gender and made up from 2 girls and 2 boys from the same age group. There will be a relay event for each of the three age groups. Swimmers may swim in any order. The relay will be heat declared winners.
- SEEDING** The 3 fastest heats will be CYCLICALLY seeded for all 100m events. All 200m events including the Relays will be DECK seeded and will be heat declared winner.
- AWARDS** **Individual Medals 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>**  
**Relay Team Medals 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> (Qualifying Teams ONLY).**  
**BEST BOY, BEST GIRL, BEST CLUB TROPHY.**  
Points scoring shall be 6, 5, 4, 3, 2 and 1 point for all events.
- WITHDRAWALS** Withdrawals should be made via email to [m.j.simpson@btinternet.com](mailto:m.j.simpson@btinternet.com) prior to the day of the meet.  
On the day withdrawals must be made at the Recorders table by 15mins after the start of the session warm up i.e. 0915 & 1415.

<b>FEES</b>	<p>£5.00 per 100m individual event  £6.00 per 200m individual event  £8.00 per relay team  Cheques payable to: DUNDEE CITY AQUATICS.</p>
<b>GALA CONVENOR</b>	<p>Mark Simpson  30 Meadowside Road, Cupar, Fife, KY15 5DD  Tel: 01334 657142 or 07714 982418  Email: <a href="mailto:m.j.simpson@btinternet.com">m.j.simpson@btinternet.com</a></p>
<b>TECHNICAL OFFICIALS</b>	<p>It is hoped that clubs entering will assist by supplying officials to help with the smooth running of the Gala and for accreditation requirements. Participating clubs will be requested to supply a list of those who are able to help after confirmation of acceptances has been returned to clubs.  <b>It is generally Judges that we are most in need of.</b></p>
<b>COACHES INFORMATION</b>	<p>Coaches will be issued with a Poolside Pass which must be displayed at all times whilst on poolside. Due to limited poolside space, the number of coaches per team will be limited to a maximum of 1 coach for teams with fewer than 10 swimmers and a maximum of 2 coaches for teams with more than 10 swimmers. Clubs may request additional coach poolside passes by email to the Gala Convenor clearly stating valid reasons for such requests. Please note that coaches should make their own arrangements for lunches. Full café facilities are available within Olympia.</p>
<b>PARKING</b>	<p>Car parking facilities are available at the Olympia Centre. Short / Long Term car parks are available. Dundee City Aquatics has no control over these or the charges.  <b>Note that parking charges are in effect from 1300 onwards on Sundays.</b></p>
<b>PHOTOGRAPHY</b>	<p>Due to warnings issued by the SASA we are obliged to inform you that the use of photographic equipment (cameras, camcorders, mobile phones incorporating cameras etc.) will be restricted as follows:</p> <ol style="list-style-type: none"> <li>1. No photographic equipment will be allowed either on poolside or the viewing gallery or any other area under the jurisdiction of the organising club without the written prior approval of that club.</li> <li>2. Application to use the above named equipment can be made on the day to the organising clubs' nominated official. Any person wishing to do this must be able to provide identification, and evidence that they have swimmer(s) competing in the gala.</li> <li>3. Application must be made on the official SASA form.</li> </ol>
<b>SWIMSUITS</b>	<p>Swimsuits must comply with FINA/SASA rules in place on the day of the competition.</p>

## ORDER OF EVENTS

### SATURDAY 30<sup>th</sup> OCTOBER

Session 1		Warm-up 09:00 ~ Start 10:05			
101	Girls	13/14	200m	Back	HDW
102	Boys	13/14	200m	Back	HDW
103	Girls	11/12	100m	Back	Heats
104	Boys	11/12	100m	Back	Heats
105	Girls	15&Over	200m	IM	HDW
106	Boys	15&Over	200m	IM	HDW
107	Girls	13/14	100m	Breast	Heats
108	Boys	13/14	100m	Breast	Heats
109	Girls	11/12	200m	Fly	HDW
110	Boys	11/12	200m	Fly	HDW
111	Girls	15&Over	100m	Fly	Heats
112	Boys	15&Over	100m	Fly	Heats
113	Girls	13/14	200m	Free	HDW
114	Boys	13/14	200m	Free	HDW
Final of Events 103; 104; 107; 108; 111 & 112					
Presentation of Awards					

Session 2		Warm-up 14:00 ~ Start 15:05			
201	Boys	11/12	200m	Breast	HDW
202	Girls	11/12	200m	Breast	HDW
203	Boys	15&Over	100m	Breast	Heats
204	Girls	15&Over	100m	Breast	Heats
205	Boys	13/14	200m	IM	HDW
206	Girls	13/14	200m	IM	HDW
207	Boys	11/12	100m	Free	Heats
208	Girls	11/12	100m	Free	Heats
209	Boys	15&Over	200m	Back	HDW
210	Girls	15&Over	200m	Back	HDW
211	Boys	13/14	100m	Fly	Heats
212	Girls	13/14	100m	Fly	Heats
213	Boys	11/12	200m	IM	HDW
214	Girls	11/12	200m	IM	HDW
Final of Events 203; 204; 207; 208; 211 & 212					
Presentation of Awards					

### SUNDAY 31<sup>st</sup> OCTOBER

Session 3		Warm-up 09:00 ~ Start 10:05			
301	Boys	15&Over	200m	Free	HDW
302	Girls	15&Over	200m	Free	HDW
303	Boys	13/14	100m	Free	Heats
304	Girls	13/14	100m	Free	Heats
305	Boys	11/12	200m	Back	HDW
306	Girls	11/12	200m	Back	HDW
307	Boys	15&Over	100m	Back	Heats
308	Girls	15&Over	100m	Back	Heats
309	Boys	13/14	200m	Fly	HDW
310	Girls	13/14	200m	Fly	HDW
311	Boys	11/12	100m	Fly	Heats
312	Girls	11/12	100m	Fly	Heats
313	Boys	15&Over	200m	Breast	HDW
314	Girls	15&Over	200m	Breast	HDW
Presentation of Awards					

Session 4		Warm-up 14:00 ~ Start 15:05			
401	Girls	11/12	200m	Free	HDW
402	Boys	11/12	200m	Free	HDW
403	Girls	15&Over	100m	Back	Heats
404	Boys	15&Over	100m	Back	Heats
405	Girls	13/14	200m	Fly	HDW
406	Boys	13/14	200m	Fly	HDW
407	Girls	11/12	100m	Breast	Heats
408	Boys	11/12	100m	Breast	Heats
409	Girls	15&Over	200m	Breast	HDW
410	Boys	15&Over	200m	Breast	HDW
411	Girls	13/14	100m	Free	Heats
412	Boys	13/14	100m	Free	Heats
Final of Events 403; 404; 407; 408; 411 & 412					
413	Mixed	11/12	4x50m	Free Relay	HDW
414	Mixed	13/14	4x50m	Free Relay	HDW
414	Mixed	15&Over	4x50m	Free Relay	HDW
Presentation of Awards					

**PRESENTATION for BEST GIRL / BEST BOY / BEST CLUB**