

# Eian Prentice Memorial Gala

## **FAULDHOUSE PENGUINS**



## **SWIMMING CLUB**

### **JUNIOR AGE GROUP GALA 2007**

**SUNDAY 11<sup>TH</sup> NOVEMBER**

### **FAULDHOUSE SWIMMING POOL**

**LANRIGG ROAD, FAULDHOUSE**

**WEST LOTHIAN.**

**Venue:** Fauldhouse Swimming Pool,

Fauldhouse Community Education Centre,  
Lanrigg Road,  
FAULDHOUSE,  
West Lothian

**Date:** 11<sup>th</sup> November 2007

**Warm Up:** 9:30 am      Start 10:15am  
1:00 pm      Start 1:45pm

**Age:** As at 31 December 2007

**Age Groups:** Session 1.      { 8 years and under: 9 years: }  
Session 2.      { 10 years: 11 years }

**Entry Fees:** £2.75 per individual event  
£5.00 per relay team  
Coaches (two free passes including meals per club) there after £5.00 per individual

**Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, flashes for 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>  
Memorial trophy for the winner of the boys 9 & under 200m freestyle  
**£10 prize money for every event winner who sets a new meet record**  
**(At last year's Gala 15 new meet records were set)**

**Closing Date:**      **13 October 2007**

#### **Meet Rules:**

- The gala shall be run under S.A.S.A. Bye-Laws and Regulations. All competitors must be currently registered with the S.A.S.A.
- \*Both the 4 x 50m and 4 x 25m Freestyle relay will be limited to two teams per club. Teams to consist of two boys and two girls from the relevant age groups, swimmers may swim in any order. There will be no diving allowed at the shallow end change over.
- Swimmers must report to the marshalling area three heats in advance of their own race. They should also report to the marshalling area for presentations.
- No photographic or video equipment will be permitted unless prior consent is obtained using the approved S.A.S.A. form.
- No glass containers on the poolside or changing rooms.
- The changing area is also very limited.
- There will be a maximum of four reserves per event, if they are present, but not allocated a swim their entry fee will be refunded.
- Swimmers outwith the pool area must wear dry clothing and footwear at all times.
- Fauldhouse Penguins and Fauldhouse Community Education Centre **will not** be held responsible for loss or damage to property.

#### **Entries:**

**All entries should be submitted on disk.** See disk application form for details.

- Rejected entries will be refunded

#### **Miscellaneous:**

The pool is 5 lanes wide and 25metres long. Lane dividers are mini racing lanes attached by hooks to the channel. Manual timing will be in operation. There is limited spectating (room for approximately 90 people). The female changing area is limited.

We have a S.A.S.A. Level 3 Licence for this meet ED/LA3/087/1206

Technical Officials from your club are most welcome. We have limited the number of heats to try and provide a gala that does not go on forever. We may extend the number of heats in one event if another is under subscribed

## PROGRAMME OF EVENTS

### SESSION 1

Warm up 9:30 am

Start 10:15 am

#### **EVENT**

101	8 & under	Boys	25m Butterfly	2 heats	H.D.W
102	8 & under	Girls	25m Butterfly	2 heats	“
103	9 years	Boys	25m Butterfly	2 heats	“
104	9 years	Girls	25m Butterfly	2 heats	“
105	8 & under	Boys	25m Backstroke	4 heats	“
106	8 & under	Girls	25m Backstroke	4 heats	“
107	9 years	Boys	50m Backstroke	3 heats	“
108	9 years	Girls	50m Backstroke	3 heats	“
109	8 & under	Boys	25m Breaststroke	3 heats	“
110	8 & under	Girls	25m Breaststroke	3 heats	“
111	9 years	Boys	50m Breaststroke	3 heats	“
112	9 years	Girls	50m Breaststroke	3 heats	“
113	8 & under	Boys	25m Freestyle	4 heats	“
114	8 & under	Girls	25m Freestyle	4 heats	“
115	9 years	Boys	50m Freestyle	4 heats	“
116	9 years	Girls	50m Freestyle	4 heats	“
117	9 & under	Boys	200m Freestyle	1 heat	“
118	9 & under	Girls	200m Freestyle	1 heat	“
119	9 & under	Mixed	4x25m F/C Relay	2 heats	“

Presentation of Events 101 to 119

### SESSION 2

Warm up 1:00 pm

Start 1:45 pm

#### **EVENT**

10 years	Boys	50m Butterfly		2 heats	H.D.W
202	10 years	Girls	50m Butterfly	2 heats	“
203	11 years	Boys	50m Butterfly	2 heats	“
204	11 years	Girls	50m Butterfly	3 heats	“
205	10 under	Boys	50m Backstroke	4 heats	“
206	10 under	Girls	50m Backstroke	4 heats	“
207	11 years	Boys	50m Backstroke	3 heats	“
208	11 years	Girls	50m Backstroke	4 heats	“
209	10 under	Boys	50m Breaststroke	3 heats	“
210	10 under	Girls	50m Breaststroke	3 heats	“
211	11 years	Boys	50m Breaststroke	3 heats	“
212	11 years	Girls	50m Breaststroke	4 heats	“
213	10 under	Boys	50m Freestyle	5 heats	“
214	10 under	Girls	50m Freestyle	4 heats	“
215	11 years	Boys	50m Freestyle	4 heats	“
216	11 years	Girls	50m Freestyle	5 heats	“
217	11 & under	Boys	200m Freestyle	3 heats	“
218	11 & under	Girls	200m Freestyle	3 heats	“
219	11 & under	Mixed	4x50m F/C Relay	2 heats	“

Presentation of Events 201 to 219

# FAULDHOUSE PENGUINS SWIMMING CLUB

## Junior Age Group Gala 2007

### Summary Entry Form

*\*\* This form must be completed and returned with any entries. \*\**

Club Name: .....

Contact Name: .....

Club Code: .....

Address:.....

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.....

Telephone: .....

Fax: .....

..... Individual Female Entries @ £2.75 each:           £.....

..... Individual Male Entries @ £2.75 each:           £.....

..... Relay Entries @ £5.00 each:                   £.....

..... Coaches Meals @ £5.00 each:                   £.....

                  Total Amount Enclosed                   £.....

Signed .....

Position in club: .....

Please make cheques payable to: **Fauldhouse Penguins S.C.**

Return this form along with entries no later than **Midnight**           **Saturday 13 October 2007** to:

**John Bruce**  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR  
Tel: 0131 440 1752

# FAULDHOUSE PENGUINS SWIMMING CLUB

Junior Age Group Gala 2007

## Entry File Request

Please supply the following details by email when requesting the entry file to:

[JBruce2160@aol.com](mailto:JBruce2160@aol.com)

Club .....

Contact Name .....

Address .....

.....

Telephone .....

E-mail .....

**John Bruce**  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR

Tel: 0131 440 1752  
[JBruce2160@aol.com](mailto:JBruce2160@aol.com)

## Fauldhouse Penguins Meet Records (2006)

AGE	Butterfly	Backstroke	Breaststroke	Freestyle
Boys 8 & under	J. McPherson Stewart N/FB (2005) Event 101 00:18.00	Jamie Coulter E/FP (2001) Event 105 00:19.46	Jamie Coulter E/FP (2001) Event 109 00:22.83	Jamie Coulter E/FP (2001) Event 113 00:16.23
Girls 8 & under	Ishbel Rodger W/GH (2002) Event 102 00:21.17	Ishbel Rodger W/GH (2002) Event 106 00:21.51	Kayley Davidson W/GH (2006) Event 110 00:23.31	Ishbel Rodger W/GH (2002) Event 114 00:17.51
Boys 9 years	Corie McKirdy W/DD (2005) Event 103 00:16.51	Corie McKirdy W/DD (2005) Event 107 00:39.29	Corie McKirdy W/DD (2005) Event 111 00:46.02	Jamie Coulter E/FP (2002) Event 115 00:33.26
Girls 9 years	Shereen Boylan W/DD (2005) Event 104 00:19.04	Shereen Boylan W/DD(2005) Event 108 00:43.03	Rebecca Elder E/HN (2001) Event 112 00:49.74	Ishbel Rodger E/FP(2003) Event 116 00:35.99
Boys 10 years	Jamie Coulter E/FP (2003) Event 201 00:35.93	Jamie Coulter E/FP (2003) Event 205 00:38.54	Ross Murdoch W/DD (2004) Event 209 00:42.43	Jamie Coulter E/FP (2003) Event 213 00:32.32
Girls 10 years	Rachel Matos E/PO (2006) Event 202 00:35.29	Rachel Matos E/PO (2006) Event 206 00:38.01	Katelyn Stewart E/WB (2001) Event 210 00:42.21	Chelsea Lawson E/IS (2006) Event 214 00:32.67
Boys 11 years	Zach Courtney E/WB (2005) Event 203 00:32.69	Zach Courtney E/WB (2005) Event 207 00:34.03	Zach Courtney E/WB (2005) Event 211 00:39.51	Jamie Coulter E/FP (2004) Event 215 00:30.56
Girls 11 years	Megan Gilchrist E/AB (2001) Event 204 00:34.49	Ishbel Rodger E/FP (2005) Event 208 00:36.91	Corie Scott W/EK (2004) Event 212 00:38.46	Nicola Pearson W/DD (2005) Event 216 00:31.11

<b>200m Freestyle</b>	
Boys 9 years & under Event 117	Jamie Coulter E/FP (2002) 02:37.72
Girls 9 years & under Event 118	Rachel O'Donnell E/IS (2005) 02:53.71
Boys 11 years & under Event 217	Jamie Coulter E/FP (2004) 02:19.85
Girls 11 years & under Event 218	Ishbel Rodger E/FP (2005) 02:28.96

Mixed	Relay
9 years & under Event 119	West Dunbartonshire (2005) 01:11.88
11 years & under Event 219	Fauldhouse (2004) 02:12.37