



**GLENROTHES AMATEUR SWIMMING
CLUB**

Spring Meet 2011

Saturday 19th February 2011

Fife Institute, Glenrothes.

ED/L2/443/0910

Meet Information

Date	Saturday 19 th February 2011
Venue	Fife Institute of Physical & Recreational Education Swimming Pool, Viewfield, Glenrothes, Fife.
Pool	6 lane, 25m pool, electronic timing, anti-wave lane ropes, swim down facilities.
Events	10 & under 50m Backstroke, Butterfly, Breaststroke, Freestyle and 100m Individual Medley. All other age groups -100m Backstroke, Breaststroke, Butterfly, Freestyle, and Individual Medley. All events will be heat declared.
Age Groups	Age groups will be Age on the Day, and are 15 years and over 13/14 years 11/12 years 10 & under
Sessions	There will be 2 sessions as follows:- Morning Warm-up 8.30 a.m. Start 9.30 a.m. Afternoon Warm-up 1.30 p.m. Start 2.30 p.m.
Entry Fees	£5.00 per event. Cheques should be made payable to "Glenrothes ASC" . Entries will not be accepted without the correct fee or with the entry file incorrectly completed.
Entries	Entries should be made by Hy-Tek file. Entry file requests should be made by email to Heather McIntyre (see below) quoting club, name, address and telephone number. Completed entries should be returned by email All completed forms and appropriate fees should be sent to:
Entry Secretary	Heather McIntyre, The Bungalow, Carslogie Rd, Cupar, KY15 4HY Tel 01334 656559 hjp.mcintyre@btinternet.com

Closing Date	<p>The closing date for entries is midnight on Saturday 19th January 2011. Cheques to arrive no later than 7 days after closing date.</p>
Awards	<p>Awards will be presented to the first six in all events. Trophies will be awarded to the female and male swimmers acquiring the highest number of points. Points will be awarded to the top six in each event.</p>
Accreditation	<p>Application for accreditation is being made under SASA rules therefore all entrants must have paid their membership fee to SASA or equivalent governing body. Any entry submitted without the correct SASA (or equivalent) registration number will be rejected.</p>
Technical Officials	<p>We will be pleased to welcome T.O.'s who are travelling to the meet. Can those intending to attend please inform Gill Scott (Meet Convenor) by e-mail - Gill.Scott@blueyonder.co.uk</p>
Coaches Meal Passes	<p>Coaches Meal Passes are available at a cost of £8.00 each. Please fill in the appropriate part of the summary sheet, if required.</p>
Amenities	<p>The restaurant will be open most of the day for meals and snacks. Fife Institute provides good spectator accommodation for up to 400 and there is ample parking to the front and rear of the building.</p>

Programme of Events

Session 1

101	Girls	13/14 years	100m	IM
102	Boys	10 & under	100m	IM
103	Girls	15 & /Over	100m	IM
104	Boys	15 & over	100m	IM
105	Girls	10 & under	50m	Butterfly
106	Boys	10 & under	50m	Butterfly
107	Boys	11/12 years	100m	Butterfly
108	Boys	11/12 years	100m	Butterfly
109	Girls	13/14 years	100m	Breaststroke
110	Boys	13/14 years	100m	Breaststroke
111	Girls	15 & over	100m	Backstroke
112	Boys	15 & over	100m	Backstroke
113	Girls	10 & under	50m	Breaststroke
114	Boys	10 & under	50m	Breaststroke
115	Girls	11/12 years	100m	Breaststroke
116	Boys	11/12 years	100m	Breaststroke
117	Girls	13/14 years	100m	Freestyle
118	Boys	13/14 years	100m	Freestyle
119	Girls	15 & over	100m	Butterfly
120	Boys	15 & over	100m	Butterfly

Session 2

201	Girls	10 & under	100m	IM
202	Boys	13/14 years	100m	IM
203	Girls	11/12 years	100m	IM
204	Boys	11/12 years	100m	IM
205	Girls	15 & / over	100m	Freestyle
206	Boys	15 & over	100m	Freestyle
207	Girls	13/14 years	100m	Backstroke
208	Boys	11/12 years	100m	Backstroke
209	Girls	10 & under	50m	Freestyle
210	Boys	10 & under	50m	Freestyle
211	Girls	11/12 years	100m	Freestyle
212	Boys	11/12 years	100m	Freestyle
213	Girls	15 & over	100m	Breaststroke
214	Boys	15 & over	100m	Breaststroke
215	Girls	13/14 years	100m	Butterfly
216	Boys	13/14 years	100m	Butterfly
217	Girls	10 & under	50m	Backstroke
218	Boys	10 & under	50m	Backstroke
219	Girls	11/12 years	100m	Backstroke
220	Boys	11/12 years	100m	Backstroke

**GLENROTHES AMATEUR SWIMMING CLUB
SPRING MEET 2009**

In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the entry secretary with your cheque.

I confirm that all entered swimmers have paid their current S.A.S.A registration fee (Scottish clubs) or are affiliated members of their governing body (non Scottish clubs).

I understand that any swimmer entered without a registration number (Scottish clubs) or not affiliated to their governing body (non-Scottish clubs) will be automatically rejected.

I confirm that all entered swimmers are trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

I hereby confirm that all swimmers have agreed to submit to drug testing if selected to do so.

SIGNED :

NAME (print)

POSITION IN CLUB :

CLUB

**GLENROTHES AMATEUR SWIMMING CLUB
SPRING MEET 2011**

SUMMARY SHEET

**** This form must be completed and returned with your cheque. ****

Club:

Contact Name:

Address:

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Post Code: Tel No.

e-mail address:

(important for urgent distribution of information and updates pertaining to the meet).

Total Male Entries @ £ 5.00 £.....

Total Female Entries @ £ 5.00 £.....

Coach Passes @ £8.00 £.....

Total cheque enclosed £

Please make cheques payable to GLENROTHES ASC

Form to be returned to: Heather McIntyre
Meet Entry Secretary
The Bungalow,
Carslogie Road,
Cupar, KY15 4HY
Tel 01334 656559
Email: hjp.mcintyre@btinternet.com

TO BE RETURNED BY SATURDAY 19th JANUARY 2011