



Hamilton Baths A.S.C.

Invite you to participate in their

20th Annual Graded Meet

Sunday 3rd October 2010

at

Sir Matt Busby Sports Centre, Bellshill



Warm-up times are 9.00 am and 1.30 pm.

Sessions start at 10.00 and 2.30pm

Closing date for Entries: Sunday 12th September 2010



CONDITIONS OF ENTRY

Hamilton Baths ASC Graded Meet on Sunday 3rd October 2010 at Bellshill

- 1. The competition is open to swimmers in age groups of**
8 - 9 yrs, 10 -11 yrs, 12 -13 yrs and 14 -15 yrs.
Age on the day of competition 3rd October 2010
- 2. Individual events**
8 – 9 yrs : 50m free, 50m fly, 50m back, 50m breast
10-11 yrs, 12-13 yrs & 14-15 yrs : 100m fly, 100m back, 100m breast,
100m free and 50m freestyle.
All events will be heat declared winners.
- 3. Relay events**
 - a. 4 x 50m Medley Relay for boys and 4x50m Medley Relay for girls**
ie one swimmer from each age-group, swim in any order of age-group.
The event must be run in medley relay order of 50m back, breast, fly, free
 - b. Squadron relay of 8 x50m freestyle**
4 boys & 4 girls - 2 swimmers from each age-group, swim in age-group order
- 4. Heats will run slowest to fastest.**
The number of heats will be limited to ensure the smooth running of the competition.
- 5. Swimmers can only enter events in their age groups.**
- 6. Awards:**
 - a. **'Too fast'** - swimmers who swim too fast will receive a speeding ticket and a 'too fast' memento.
 - b. **Medals** shall be awarded to 1st, 2nd and 3rd place
 - c. **Relay** winners will received medals for 1st, 2nd and 3rd place
- 7. Hamilton Baths ASC reserves the right to use any of the spare lanes if available.**
- 8. Officials:**
 - It would be appreciated if each participating club could supply at least TWO officials per session. Thanks
 - Official's travel expenses will be paid only to those who do not have children competing in the gala.
 - Participating officials will be welcome to join us at lunchtime



ENTRY INSTRUCTIONS

Hamilton Baths ASC Graded Meet on Sunday 3rd October 2010 at Bellshill

- Requests for entry file by email to Marion Reid marion@7mac.co.uk
- Hytek entry file and payment to be received by **Sunday 12th September 2010**
- Payment to Entry Secretary

**Julie O'Donnell
70 Alness Street
HAMILTON
South Lanarkshire
ML3 6TF**

- Individual entries are £4.50, relay teams £7.00 each.
- Payment: Cheques made payable to: **HAMILTON BATHS A.S.C.**
- Unaccepted entries will be returned ASAP after the closing date.
- Withdrawals received after the draft programme is released will be charged.
- Coaches' lunch tickets (£6.00 per coach), can be booked by completing the Information Sheet and returning with payment
- Cafeteria will be available all day for drinks and snacks.
- NO photographic equipment will be allowed either on poolside or viewing gallery or any other area under the jurisdiction of the organising club without the prior written approval of that club.

Application to use the above named equipment can be made on the day to the organising club's nominated official. Any person wishing to do this must be able to provide identification, and evidence that they have a swimmer(s) competing in the gala. This notice includes mobile phones with a camera. Application must be made on the official S.A.S.A. form.



ENTRY TIMES

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Slower than

Event 101	Girls 8-9 50 Free	40.00
Event 102	Boys 8-9 50 Free	40.00
Event 103	Girls 10-11 100 Breast	1:42.00
Event 104	Boys 10-11 100 Breast	1:42.00
Event 105	Girls 12-13 100 Free	1:12.00
Event 106	Boys 12-13 100 Free	1:10.00
Event 107	Girls 14-15 100 Back	1:20.00
Event 108	Boys 14-15 100 Back	1:18.00
Event 109	Girls 8-9 50 Fly	51.00
Event 110	Boys 8-9 50 Fly	51.00
Event 111	Boys 10-11 100 Back	1:32.00
Event 112	Girls 10-11 100 Back	1:32.00
Event 113	Girls 12-13 100 Fly	1:25.00
Event 114	Boys 12-13 100 Fly	1:25.00
Event 115	Girls 14-15 100 Free	1:06.00
Event 116	Boys 14-15 100 Free	1:04.00
Event 117	Girls 10-11 50 Free	34.00
Event 118	Boys 10-11 50 Free	34.00
Event 119	Girls 8-15 4x50 Medley Relay	
Event 120	Boys 8-15 4x50 Medley Relay	
Event 201	Girls 12-13 50 Free	33.00
Event 202	Boys 12-13 50 Free	31.00
Event 203	Girls 14-15 100 Fly	1:18.00
Event 204	Boys 14-15 100 Fly	1:16.00
Event 205	Girls 8-9 50 Back	46.00
Event 206	Boys 8-9 50 Back	46.00
Event 207	Girls 10-11 100 Free	1:20.00
Event 208	Boys 10-11 100 Free	1:20.00
Event 209	Girls 12-13 100 Back	1:24.00
Event 210	Boys 12-13 100 Back	1:22.00
Event 211	Girls 14-15 50 Free	30.00
Event 212	Boys 14-15 50 Free	29.00
Event 213	Girls 8-9 50 Breast	54.00
Event 214	Boys 8-9 50 Breast	54.00
Event 215	Boys 10-11 100 Fly	1:38.00
Event 216	Girls 10-11 100 Fly	1:38.00
Event 217	Girls 12-13 100 Breast	1:33.00
Event 218	Boys 12-13 100 Breast	1:33.00
Event 219	Girls 14-15 100 Breast	1:28.00
Event 220	Boys 14-15 100 Breast	1:25.00
Event 221	Mixed 8-15 4x100 Free Relay	



HEALTH AND SAFETY

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In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entry.

- I confirm that all swimmers are current members of S.A.S.A. and have paid the appropriate membership fee.
- I confirm that the notice about the use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the gala.
- I confirm that all swimmers have trained and are competent to dive into the pool, any swimmer unable to do so, must start in the water and must notify the officials that this will be the case.

Signed _____ Print _____

Club Position _____

On behalf of _____ (Club)

Please return with payment by closing date
Sunday 12th Sept 2010
to:

**Julie O'Donnell
70 Alness Street
HAMILTON
South Lanarkshire
ML3 6TF**



ENTRY INFORMATION

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Please return payment by closing date:
 Sunday 12th Sept 2010

Club Abbrev		Club Name	
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Total No. of Individual Entries @ £4.50 Total _____

Total No. of Relay Teams @ £7.00 _____

No. of Coaches' Meals @ £6.00 _____

No. of Officials attending Free lunch

Cheque Payment £

Print Name _____

Signed _____

Position in Club _____

Tel No _____

Postal Address _____

E-mail _____

