

**North Ayrshire Junior Meet – under S A S A Rules**  
**Licence Number: WD/L2/699/0510**

- Date: 8/9 May 2010  
Venue: Auchendarvie Leisure Centre
- Pool: 6 lane 25m pool, anti-wave lane ropes, full electronic timing with scoreboard, limited spectator seating.
- Age: On last day of meet
- Age Groups: 9 years and under, 50m and 200m all strokes and 100 IM  
10 years, 50m and 200m all strokes and 200 IM  
11 years, 100m and 200m all strokes and 200 IM  
12 years, 100m and 200m all strokes and 200 IM  
13 years, 100m and 200m all strokes and 200 IM  
14 years, 100m and 200m all strokes and 200 IM  
8 to 14 years Open 400 Freestyle and 400 IM
- Swimmers can enter all events in their own age group and Open events.
- Number of heats will be limited to ensure the smooth running of the competition. Heats will be swum slowest to fastest. Entries will be accepted on time basis.
- Closing date: 15 April 2010
- Entry fee: £4.50 per event
- Cheques: made payable to North Ayrshire ASC
- Coach's pass: £5.00 per day includes meals, refreshments and result sheets
- Awards: Medals to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places, and 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> places
- Entry form: Submit times on entry files available from:  
[ann\\_girvan@btinternet.com](mailto:ann_girvan@btinternet.com)
- Accreditation: To ensure accreditation every club with 5 or more swimmers entered to supply one judge for each session that the club has a swimmer participating.

Spare Lanes: North Ayrshire A S C reserves the right of spare lanes if available.

## Programme of Events

### Saturday

### All events declared winner

#### Session One

9.00 warm-up for 10am start

101 Boys	400 IM	Open
102 Girls	50 Butterfly	10 years and under
103 Boys	50 Butterfly	10 years and under
104 Girls	100 Backstroke	11 – 14 years
105 Boys	100 Backstroke	11 – 14 years
106 Girls	200 Breaststroke	8 – 14 years
107 Boys	200 Breaststroke	8 – 14 years
108 Girls	100 IM	9 years and under

#### Session Two

1.30 warm-up for 2.30 start

201 Girls	400IM	Open
202 Girls	50 Back	10 years and under
203 Boys	50 Back	10 years and under
204 Girls	100 Breaststroke	11 – 14 years
205 Boys	100 Breaststroke	11 – 14 years
206 Girls	200 Freestyle	8 – 14 years
207 Boys	200 Freestyle	8 – 14 years
208 Boys	100 IM	9 years and under

### Sunday

#### Session Three

1.30 warm-up for 2.30pm start

301 Boys	400 Freestyle	Open
302 Girls	200 Butterfly	8 – 14 years
303 Boys	200 Butterfly	8 – 14 years
304 Girls	50 Breaststroke	10 years and under
305 Boys	50 Breaststroke	10 years and under
306 Girls	100 Freestyle	11 – 14 years
307 Boys	100 Freestyle	11 – 14 years
308 Girls	200 IM	10 – 14 years

#### Session Four

1.30 warm-up for 2.30 start

401 Boys	200 IM	10 – 14 years
402 Girls	400 Freestyle	Open
403 Girls	50 Freestyle	10 years and under
404 Boys	50 Freestyle	10 years and under
405 Girls	100 Butterfly	11 – 14 years
406 Boys	100 Butterfly	11 – 14 years
407 Girls	200 Backstroke	8 – 14 years
408 Boys	200 Backstroke	8 – 14 years