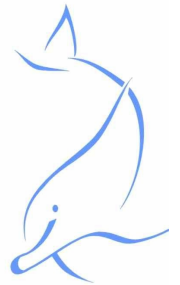




Dumfries
Dolphins



Dumfries
Dolphins

**Dumfries Amateur Swimming Club
in partnership with Dumfries and Galloway Council
Summer Distance Meet
19th/20th June 2010**

**(Held under SASA Regulations and the FINA Technical Rules for Swimming)
Meet Licence: WD/L2/712/0610**

- DATE:** Saturday, Sunday 19th/20th June 2010
- VENUE:** DG One Leisure Complex
Hood's Loaning
Dumfries
DG1 2HT
- FACILITIES:** 8 Lane, 25m Short Course.
Daktronics electronic timing
Anti-Turbulence Lane Ropes
4 Lane, 20m pool for warm up/swim down
- MEET
DIRECTOR:** Meet Director
DG One Leisure Complex
Hoods Loaning
Dumfries
DG1 2HT
Tel: 01387243568 (Ext 60287)
Email: <mailto:swimmingdevelopment@dumgal.gov.uk>
- AGE GROUPS:** The individual categories are:
10 Under
11/12
13/14
15/16
17 +

*Dumfries Amateur Swimming Club, DG One Leisure Complex, Hood's Loaning, Dumfries DG1 2HT
Affiliated to the West District – Scottish Swimming*

Internet: - www.dgone.co.uk & <http://www.dumfriesdolphins.btik.com/>

ENTRIES: Closing date for entries is 15th May 2010
All entry times to be converted to 25 metres please.

Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek ltd.com/downloads.html For administration purposes, an Information Form must be submitted with the cheque.

PURPOSE OF MEET: To allow swimmer to achieve District and National qualifying times.

ENTRY FEES: £5.00 per event, cheques made payable to Dumfries & Galloway Council

AWARDS: Awards will be presented to the top 3 in each age group in each event.

COACHES PASSES: £7.50 each, to include programme and results and coaches lunch.

SEEDING: The individual heats will be seeded according to submitted entry times.

INDEMNITY: " Dumfries Amateur Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the Dumfries Amateur Swimming Club" "Dumfries Amateur Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass, who has had a disclosure check and preferably attended a good practice course."

SPECTATOR FACILITIES: Please note it is unlikely that swimmers will be allowed in the spectator area. Swimmers should stay in the swimmers area. There will be 250 seats available for spectators plus bar area with pool view.

SWIMSHOP: Swim shop will be available.

OFFICIALS: If any visiting teams have any officials who wish to help out at the meet, please advise the meet director at (<mailto:swimmingdevelopment@dumgal.gov.uk>)

Any points not covered are to be at the discretion of the Meet Director.

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Saturday 19th June 2010

Session 1

Warm Up: 9.00-9.50

Start Time: 10.00

101	Girls	Open	1500 Free
102	Boys	Open	800 Free
103	Girls	Age	200 Fly
104	Girls	Age	200 Breast
105	Boys	Age	200 I.M

Session 3

Warm Up: TBC

Start Time: TBC

301	Boys	Open	1500 Free
302	Girls	Open	800 Free
303	Boys	Age	200 Fly
304	Girls	Age	200Back
305	Boys	Age	200Free

Sunday 20th June 2010

Session 2

Warm Up: 9.00-9.50

Start Time: 10.00

201	Girls	Open	400 IM
202	Boys	Open	400 Free
203	Girls	Age	200 Breast
204	Boys	Age	200 I.M

Session 4

Warm Up: TBC

Start Time: TBC

401	Girls	Open	400 Free
402	Boys	Open	400 I.M
403	Girls	Age	200 Free
404	Boys	Age	200 Back

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Summary of Entries

MALE ENTRIES	NUMBER	@ £5.00	Cost £
FEMALE ENTRIES	NUMBER	@ £5.00	Cost £
COACHES PASSES	NUMBER	@£7.50	Cost £
TOTAL COST			Cost £

Entries to be returned by 15th May 2009.

Signed.....

Email address.....

Contact address.....

Coaches Passes

(Name of Coach with Disclosure Check)

Name.....
Name.....
Name.....
Name.....
Name.....
Name.....

CHEQUES TO BE MADE PAYABLE TO DUMFRIES & GALLOWAY COUNCIL.

Entries to Swimming Development, DG One Leisure Complex, Hood's Loaning, Dumfries DG1 2HT

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OFFICIALS SHEET

CLUB	
CLUB CONTACT	
TEL NO	
EMAIL ADDRESS	

NAME	DUTY	SESSION 1	SESSION 2	SESSION 3	SESSION 4

Please return to Swimming Development, DG One Leisure Complex, Hood's Loaning, Dumfries DG1 2HT



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