



**Edinburgh
International
Age Group Championships**

**Royal Commonwealth Pool
Edinburgh
13th - 15th February 2009**

Under SASA and FINA Rules

MEET INFORMATION

SASA LICENCE NUMBER:

2009 EDINBURGH INTERNATIONAL AGE GROUP CHAMPIONSHIPS

M E E T I N F O R M A T I O N

Date: Friday 13th to Sunday 15th February 2009

Venue: Royal Commonwealth Pool, 21 Dalkeith Road, Edinburgh
EH16 5BB

Age Categories: 11/12 years
13/14 years
15/16 years
Open (no age stipulation)

Age is as on last day of the competition

Events: The programme for each age category will be as follows:
11/12, 13/14 years 100m and 200m for each stroke
& 15/16 years plus 200m IM

Open Full Olympic programme
50m skins in each stroke
4 * 100 Medley & Free Relay
4 * 200 Free Relay

Prizes: Prize money will be awarded as follows:

11 to 16 years	1 st £15.00	2 nd £10.00	3 rd £7.00
Open	1 st £25.00	2 nd £15.00	3 rd £10.00
50m Skins	1 st £50.00	2 nd £25.00	

Medals will be awarded for Relay events.

Presentations: Awards as above will be made to the swimmers placed 1st, 2nd & 3rd in each of the events in the age group and open categories. The only exception is the “50m Skins” events where awards as above will be made to the final two swimmers. Swimmers must report to the Presentation Marshall immediately on completing their race and collecting their dry clothes from the holding area. Appropriate club clothing should be worn for presentations. Prize-winners, or an appointed depute, must be available for presentation as per the Presentation Schedule, a copy of which will be included in your club envelope and posted around the pool.

Entry Fee: £6.50 per individual event
£12.00 per relay event

Coach Pass: £15.00 each to cover the duration of the meet and to include pool access. All staff, coaches and team managers must have passes. Each coach will receive a programme, and one set of start sheets. Coffee and tea will be available all day in the Meet Office area for holders of coaches’ passes. Note that meals are not included in the Pass.

Please complete the enclosed Coaches’ Pass Form and return with your entry.

Session Times: The session times will be as follows:

SESSIONS 1, 4 & 7 8:30am (Warm Up: 7:30am)

SESSIONS 2, 5 & 8 12:45pm (Warm Up: 11:45am)

SESSIONS 3, 6 & 9 5:00pm (Warm Up: 4:00pm)

The Spectator Gallery will open at 7.15am each day.

Closing Date: Wednesday, 14th January 2009 at 12 noon.

Entry Times: There are no consideration times, but the organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Entry times will be long course times, however short course times converted to long course are acceptable.

Starts / Finishes: During the heats, ‘over the top’ starts will be used for all events except backstroke. On completion of their swim, all swimmers must leave the pool by the steps at Lane 1 only.

Competitor Cards: Time cards will not be used. Start lists will be supplied.

Events: Heats for Open events will be swum in the morning sessions with finals in the evening with the exception of Women's 800m Free and Men's 1500m Free which will be swum as Heat Declared Winner Events with the fastest Heat swum in the evening session.

15/16 years events will be in the morning sessions. 200m events will be swum on a Heat Declared Winner basis. For 100m events there will be heats plus an evening final.

11/12 and 13/14 years events will be in the afternoon sessions. 200m events will be swum on a Heat Declared Winner basis. For 100m events there will be heats plus an evening final.

Relay events will be swum on a HDW basis in the evening session. There will be a maximum of 2 heats in each 4 * 100m relay event and one heat only in the 4 * 200m freestyle relay. Relay entry times must be submitted.

Entries: Entries together with the appropriate Entry Fees should be forwarded to Mr John Bruce, 50 Station Road, Roslin EH25 9LR by the closing date specified. Cheques should be made payable to '**City of Edinburgh Swimming**'. The method of entry is via a Hy-Tek generated Entry File. An Event File specifically formatted for this meet will be supplied to clubs on request, along with a full set of instructions if required. To request the File, either complete the 'Request Form' attached or preferably direct by email to Jbruce2160@aol.com. Single entries only can be submitted by email to John Bruce.

General Information:

- ◆ The competition will be accredited and has obtained a licence from the Scottish Amateur Swimming Association.
- ◆ The Main Pool will be available for warm-up purposes prior to the start of each session. This time may be 'split' to allow suitable water time and space for all age groupings.
- ◆ During the competition, the diving pool will be available for ongoing warm up / swim down provision although the organisers reserve the right to withdraw this facility if it is being abused.
- ◆ An area between the cafeteria and the Commonwealth Suite will be available for clubs to serve food and drink that they may have brought for their swimmers during the competition. Please keep this area tidy and use the bins provided. Do not use the top corridor outside the spectator area for this purpose.

- ◆ For the safety of spectators, swimmers must not use the top corridor outside the spectator area when wearing wet swimsuits.
- ◆ A Programme of Events is attached.
- ◆ The organisers reserve the right to restrict the number of entries they accept.
- ◆ Lanes (50m) will be available for training purposes by competing clubs on Thursday evening, 12th February 2009 from 7pm – 9pm. Bookings should be made directly with the Royal Commonwealth Pool. For this facility, contact Debbie O’Hara at the Royal Commonwealth Pool on 0131 477 8444 (direct line) or debbieo'hara@edinburghleisure.co.uk. In case of difficulty, the pool switchboard number is 0131 667 7211. Note that, while every effort will be made to accommodate lane requests, lane bookings are available on a ‘first come, first served’ basis only.
- ◆ Should any clubs attending have technical officials in their party who wish to help, please contact Joanna Maguire on 0131 551 5458 or email jmag81051@blueyonder.co.uk

Duncan McKinnell

Meet Director

Contact: DuncMcK@aol.com

07785 527357

Edinburgh International

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Event File Request Form

Club Name:	
Club Contact's Name:	
Address:	
Post Code:	Tel No.:
Please supply a reliable email address for all future correspondence:	
e-mail address	

Return to: John Bruce (Meet Entry Secretary)
50 Station Road
Roslin
EH25 9LR
Tel: 0131 440 1752
E-mail: Jbruce2160@aol.com

Requests for the meet Event File should be made at least two weeks in advance of the closing date for entries.

Date File Issued..... Date File Returned Date File Processed.....

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COACHES' PASS FORM

All coaches and accompanying staff must hold a coach's pass. Coaches' Passes allow access to poolside. Passes are valid for the duration of the Meet. No reduction in charges is available for staff attending part of the competition. Tea and coffee will be available for coaches and staff throughout the meet in the Meet Office area.

Club:.....

Names of Coaches and Staff Members

Name:.....

Name:.....

Name:.....

Name:.....

Name:.....

Total Coaches Passes @ £15.00 each = Total.....

Form to be returned with club entries to:

John Bruce
Meet Entry Secretary
50 Station Road
Roslin EH25 9LR

Edinburgh International

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SUMMARY SHEET

Please completed this form electronically and return it by email along with the Entry File. A second copy must be posted along with the payment to:-

**JOHN BRUCE
50 STATION ROAD
ROSLIN
EH25 9LR
Tel: 0131 440 1752**

Club:			
Contact:			
Address:			
Post Code:		Telephone No:	
e-mail address:			

Double click anywhere in grid below then add the number of entries, etc. in column C

No. of Female Entries		@ £ 6.50 each:	£ -
No. of Male Entries		@ £ 6.50 each:	£ -
No. of Relay Entries		@ £ 12.00 each:	£ -
No. of Coaches Passes		@ £ 15.00 each:	£ -
Total Remittance			£ -

Click anywhere outside the grid to return to normal mode.

Please make cheque payable to “City of Edinburgh Swimming”

I confirm that all swimmers entered have paid their SASA membership fee for 2008/2009 and all entry times have been achieved since **31st October 2007** as laid out on the attached sheets.

Signed:

Position:

Date:

EDINBURGH INTERNATIONAL AGE GROUP CHAMPIONSHIPS**Programme of events**

Friday					Saturday					Sunday				
Session 1					Session 4					Session 7				
101	F	Open	100 Breast	Heats	201	M	Open	50 Free	Heats	301	M	Open	100 Free	Heats
102	F	15/16 yrs	100 Breast	Heats	202	F	Open	50 Free	Heats	302	M	15/16 yrs	100 Free	Heats
103	M	Open	200 Back	Heats	203	M	Open	100 Breast	Heats	303	F	Open	100 Free	Heats
104	M	15/16 yrs	200 Back	HDW	204	M	15/16 yrs	100 Breast	Heats	304	F	15/16 yrs	100 Free	Heats
105	F	Open	200 IM	Heats	205	F	Open	200 Back	Heats	305	M	Open	50 Butterfly	Heats
106	F	15/16 yrs	200 IM	HDW	206	F	15/16 yrs	200 Back	HDW	306	F	Open	50 Butterfly	Heats
107	M	Open	100 Butterfly	Heats	207	M	Open	200 IM	Heats	307	M	Open	100 Backstroke	Heats
108	M	15/16 yrs	100 Butterfly	Heats	208	M	15/16 yrs	200 IM	HDW	308	M	15/16 yrs	100 Backstroke	Heats
109	F	Open	50 Back	Heats	209	F	Open	100 Butterfly	Heats	309	F	Open	100 Backstroke	Heats
110	M	Open	50 Breast	Heats	210	F	15/16 yrs	100 Butterfly	Heats	310	F	15/16 yrs	100 Backstroke	Heats
111	F	Open	200 Butterfly	Heats	211	M	Open	50 Back	Heats	311	M	Open	200 Breast	Heats
112	F	15/16 yrs	200 Butterfly	HDW	212	F	Open	50 Breast	Heats	312	M	15/16 yrs	200 Breast	HDW
113	M	Open	400 IM	Heats	213	M	Open	200 Butterfly	Heats	313	F	Open	200 Breast	Heats
114	F	Open	400 IM	Heats	214	M	15/16 yrs	200 Butterfly	HDW	314	F	15/16 yrs	200 Breast	HDW
115	M	Open	1500 Free	HDW	215	F	Open	800 Free	HDW	315	M	Open	400 Free	Heats
116	F	Open	200 Free	Heats	216	M	Open	200 Free	Heats	316	F	Open	400 Free	Heats
117	F	15/16 yrs	200 Free	HDW	217	M	15/16 yrs	200 Free	HDW					
Session 2					Session 5					Session 8				
121	M	11/12.yrs	200 Free	HDW	221	F	11/12 yrs	100 Back	Heats	321	M	11/12 yrs	200 Breast	HDW
122	F	11/12.yrs	200 Free	HDW	222	M	11/12 yrs	100 Back	Heats	322	F	11/12 yrs	200 Breast	HDW
123	M	13/14 yrs	100 Butterfly	Heats	223	F	13/14 yrs	200 Breast	HDW	323	M	13/14 yrs	200 Free	HDW
124	F	13/14 yrs	100 Butterfly	Heats	224	M	13/14 yrs	200 Breast	HDW	324	F	13/14 yrs	200 Free	HDW
125	M	11/12.yrs	100 Breast	Heats	225	F	11/12 yrs	200 Butterfly	HDW	325	M	11/12 yrs	100 Fly	Heats
126	F	11/12.yrs	100 Breast	Heats	226	M	11/12 yrs	200 Butterfly	HDW	326	F	11/12 yrs	100 Fly	Heats
127	M	13/14 yrs	200 Back	HDW	227	F	13/14 yrs	100 Back	Heats	327	M	13/14 yrs	100 Breast	Heats
128	F	13/14 yrs	200 Back	HDW	228	M	13/14 yrs	100 Back	Heats	328	F	13/14 yrs	100 Breast	Heats
129	M	11/12.yrs	200 IM	HDW	229	F	11/12 yrs	100 Free	Heats	329	M	11/12 yrs	200 Back	HDW
130	F	11/12.yrs	200 IM	HDW	230	M	11/12 yrs	100 Free	Heats	330	F	11/12 yrs	200 Back	HDW
131	M	13/14 yrs	100 Free	Heats	231	F	13/14 yrs	200 IM	HDW	331	M	13/14 yrs	200 Fly	HDW
132	F	13/14 yrs	100 Free	Heats	232	M	13/14 yrs	200 IM	HDW	332	F	13/14 yrs	200 Fly	HDW

Session 3					Session 6					Session 9				
101	F	Open	100 Breast	Final	201	M	Open	50 Free	Skins	301	M	Open	100 Free	Final
102	F	15/16 yrs	100 Breast	Final	202	F	Open	50 Free	Skins	302	M	15/16 yrs	100 Free	Final
123	M	13/14 yrs	100 Butterfly	Final	203	M	Open	100 Breast	Final	303	F	Open	100 Free	Final
124	F	13/14 yrs	100 Butterfly	Final	204	M	15/16 yrs	100 Breast	Final	304	F	15/16 yrs	100 Free	Final
103	M	Open	200 Back	Final	221	M	11/12 yrs	100 Back	Final	325	M	11/12 yrs	100 Fly	Final
105	F	Open	200 IM	Final	222	F	11/12 yrs	100 Back	Final	326	F	11/12 yrs	100 Fly	Final
125	M	11/12.yrs	100 Breast	Final	205	F	Open	200 Back	Final	307	M	Open	100 Back	Final
126	F	11/12.yrs	100 Breast	Final	207	M	Open	200 IM	Final	308	M	15/16 yrs	100 Back	Final
107	M	Open	100 Butterfly	Final	227	F	13/14 yrs	100 Back	Final	309	F	Open	100 Back	Final
108	M	15/16 yrs	100 Butterfly	Final	228	M	13/14 yrs	100 Back	Final	310	F	15/16 yrs	100 Back	Final
111	F	Open	200 Butterfly	Final	209	F	Open	100 Butterfly	Final	327	M	13/14 yrs	100 Breast	Final
131	M	13/14 yrs	100 Free	Final	210	F	15/16 yrs	100 Butterfly	Final	328	F	13/14 yrs	100 Breast	Final
132	F	13/14 yrs	100 Free	Final	213	M	Open	200 Butterfly	Final	311	M	Open	200 Breast	Final
113	M	Open	400 IM	Final	229	F	11/12 yrs	100 Free	Final	313	F	Open	200 Breast	Final
114	F	Open	400 IM	Final	230	M	11/12 yrs	100 Free	Final	315	M	Open	400 Free	Final
				Fastest					Fastest					
115	M	Open	1500 Free	Heat	215	F	Open	800 Free	Heat	316	F	Open	400 Free	Final
116	F	Open	200 Free	Final	216	M	Open	200 Free	Final	305	M	Open	50 Butterfly	Skins
110	M	Open	50 Breast	Skins	212	F	Open	50 Breast	Skins	306	F	Open	50 Butterfly	Skins
													4 * 100 Free	
109	F	Open	50 Back	Skins	211	M	Open	50 Backstroke	Skins	351	M	Open	Relay	HDW
			4 * 200m Free					4 * 100 Medley					4 * 100 Free	
151	M	Open	Relay	HDW	251	F	Open	Relay	HDW	352	F	Open	Relay	HDW
			4 * 200m Free					4 * 100 Medley						
152	F	Open	Relay	HDW	252	M	Open	Relay	HDW					