

portobello
amateur
swimming club



Portobello Mad March Meet

To be held on

Saturday 15th March 2008

&

Sunday 16th March 2008

at

Mercat Gait Pool

Prestonpans

East Lothian

EH32 9EN

under

SASA Licence No. ED/LA23/178/1207

Portobello Amateur Swimming Club
Mad March Meet Saturday 15th and Sunday 16th March 2008
Mercat Gait Pool
Prestonpans

Event Information

Date:	Saturday 15 th March 2008	Session 1 - 10 & 11 years	Session 2 - 8 & 9 years
	Sunday 16 th March 2008	Sessions 3 & 4 - 12, 13, 14 and 15+	
Venue:	Mercat Gait Pool, Prestonpans, East Lothian		
Pool:	6 lane, 25m pool, electronic timing, anti-wave lane ropes, spectator facilities		
Events:	8 years	(5 individual and 3 relays) 25m Backstroke, 25m Breaststroke, 25m Freestyle 25m Breaststroke Kick 25m Freestyle Kick 4 x 25m Freestyle/Breaststroke Relay – 2 Boys, 2 Girls 4 x 25m Freestyle Relay - 2 Boys, 2 Girls	
	9 years	(4 individual and 3 relays) 50m Butterfly, 50m Backstroke, 50m Breaststroke, 50m Freestyle 4 x 50m Medley Relay – 2 Boys, 2 Girls 4 x 50m Freestyle Relay – 2 Boys, 2 Girls	
		8/9 years 9 and under 6 x 50m Squadron Relay – 2 Boys, 2 Girls + 2 others from each age group	
	10 & 11 years	(4 individual and 2 relays) plus 200m open events (IM and Freestyle) 200m IM, 200m Freestyle Open 50m Butterfly, 50m Backstroke, 50m Breaststroke, 50m Freestyle 4 x 50m Medley Relay – 2 Boys, 2 Girls 4 x 50m Freestyle Relay – 2 Boys, 2 Girls	
	12,13,14,15+	(5 individual), 50m events (2 relays) plus 400m freestyle open event 200m Freestyle, 200m Butterfly, 200m Breaststroke, 200m Backstroke, 200m IM 400m Freestyle Open 4 x 50m Medley Relay – 2 Boys, 2 Girls 4 x 50m Freestyle Relay – 2 Boys, 2 Girls	

Qualifying age is age on the last day of competition.

Sessions:	Saturday Session 1 (morning) Doors open 9.15am	Warm up 09.30-9.50am, Start 10.00am
	Session 2 (afternoon)	Warm up 1.00-1.20pm, Start 1.30pm
	Sunday Session 3 (morning) Doors open 9.00am	Warm up 09.15-9.35am, Start 9.45am
	Session 4 (afternoon)	Warm up 1.15-1.35pm, Start 1.45pm

Entry Fees:	8 years	5 swims for £12.00 or £3.00 per swim Relays £6.00/team
	9 years	4 swims for £12.00 or £3.50 per swim Relays £6.00/team
	10 & 11 years	6 swims for £18.00 or £3.50 per swim Relays £6.00/team
	12,13,14 15+	4 swims for £14.00, 6 swims for £20.00 or £4.00 per swim Relays £6.00/team

Entries: Entries should be made on Hy-Tek entry files which can be obtained by emailing the entry secretary quoting your club name. Entries should be returned to the entry secretary by email, by the closing date of 29th February 2008. Time cards will not be required.

Entry requests, entries and cheques should be returned to Gala Organiser/Entry Secretary:

**Mr Peter Lee
2 Alves Drive
Glenrothes
Fife
KY6 2JZ,**

**Phone: 01592 750115 Mobile: 07798-833877
e-mail peterlee@swimscotland.org.uk**

Please note CLOSING DATE FOR ENTRIES IS FRIDAY 29 FEBRUARY 2008

Event No.		Age	Event
101	Boys	10 years	200m Individual Medley
102	Girls	10 years	200m Individual Medley
103	Boys	11 years	200m Individual Medley
104	Girls	11 years	200m Individual Medley
105	Boys	10 years	50m Breaststroke
106	Girls	10 years	50m Breaststroke
107	Boys	11 years	50m Breaststroke
108	Girls	11 years	50m Breaststroke
109	Boys	10 years	50m Backstroke
110	Girls	10 years	50m Backstroke
111	Boys	11 years	50m Backstroke
112	Girls	11 years	50m Backstroke
113	Mixed	10 years	4 x 50m Medley Relay
114	Mixed	11 years	4 x 50m Medley Relay
115	Boys	10 years	50m Butterfly
116	Girls	10 years	50m Butterfly
117	Boys	11 years	50m Butterfly
118	Girls	11 years	50m Butterfly
119	Boys	10 years	50m Freestyle
120	Girls	10 years	50m Freestyle
121	Boys	11 years	50m Freestyle
122	Girls	11 years	50m Freestyle
123	Mixed	10 years	4 x 50m Freestyle Relay
124	Mixed	11 years	4 x 50m Freestyle Relay
125	Boys	10 years	200m Freestyle
126	Girls	10 years	200m Freestyle
127	Boys	11 years	200m Freestyle
128	Girls	11 years	200m Freestyle

Event No.		Age	Event
201	Boys	8 years	25m Breaststroke
202	Girls	8 years	25m Breaststroke
203	Boys	9 years	50m Breaststroke
204	Girls	9 years	50m Breaststroke
205	Boys	8 years	25m Backstroke
206	Girls	8 years	25m Backstroke
207	Boys	9 years	50m Backstroke
208	Girls	9 years	50m Backstroke
209	Boys	8 years	25m Freestyle kick
210	Girls	8 years	25m Freestyle kick
211	Boys	9 years	50m Butterfly
212	Girls	9 years	50m Butterfly
213	Boys	8 years	25m Freestyle
214	Girls	8 years	25m Freestyle
215	Boys	9 years	50m Freestyle
216	Girls	9 years	50m Freestyle
217	Boys	8 years	25m Breaststroke kick
218	Girls	8 years	25m Breaststroke kick
219	Mixed	9 years	4 x 50m Freestyle Relay
220	Mixed	8 years	4 x 25m Freestyle Relay
221	Mixed	9 years	4 x 50m Medley Relay
222	Mixed	8 years	4 x 25m Free/Breast Relay
223	Mixed	9 and under	6 x 50m Squadron Relay

Sunday 16th March 2008 Session 3

Event No.		Age	Event	Consideration Time
301	Boys	12 years	200m Backstroke	3.39.00
302	Girls	12 years	200m Backstroke	3.43.00
303	Boys	13 years	200m Breaststroke	4.02.00
304	Girls	13 years	200m Breaststroke	4.09.00
305	Mixed	12 years	4 x 50m Medley Relay	
306	Boys	14 years	200m Butterfly	3.07.00
307	Girls	14 years	200m Butterfly	3.21.00
308	Boys	15+ years	200m Freestyle	2.35.00
309	Girls	15+ years	200m Freestyle	2.47.00
310	Mixed	13 years	4 x 50m Medley Relay	
311	Boys	12 years	200m Breaststroke	4.02.00
312	Girls	12 years	200m Breaststroke	4.09.00
313	Boys	13 years	200m Butterfly	3.34.00
314	Girls	13 years	200m Butterfly	3.42.00
315	Boys	14 years	200m Freestyle	2.52.00
316	Girls	14 years	200m Freestyle	2.59.00
317	Boys	15+ years	200m Backstroke	2.50.00
318	Girls	15+ years	200m Backstroke	3.03.00
319	Mixed	14 years	4 x 50m Medley Relay	
320	Boys	12 years	200m IM	3.40.00
321	Girls	12 years	200m IM	3.46.00
322	Boys	13 years	200m IM	3.40.00
323	Girls	13 years	200m IM	3.46.00
324	Mixed	15+ years	4 x 50m Medley Relay	
325	Boys	14 years	200m IM	3.12.00
326	Girls	14 years	200m IM	3.25.00
327	Boys	15+ years	200m IM	2.52.00
328	Girls	15+ years	200m IM	3.09.00

Sunday 16th March 2008 Session 4

Event No.		Age	Event	Consideration Time
401	Boys	12 years	200m Butterfly	3.34.00
402	Girls	12 years	200m Butterfly	3.42.00
403	Boys	13 years	200m Freestyle	3.18.00
404	Girls	13 years	200m Freestyle	3.21.00
405	Mixed	15 + years	4 x 50m Freestyle Relay	
406	Boys	14 years	200m Backstroke	3.10.00
407	Girls	14 years	200m Backstroke	3.44.00
408	Boys	15 + years	200m Breaststroke	3.10.00
409	Girls	15 + years	200m Breaststroke	3.26.00
410	Mixed	14 years	4 x 50m Freestyle Relay	
411	Boys	12 years	200m Freestyle	3.18.00
412	Girls	12 years	200m Freestyle	3.21.00
413	Boys	13 years	200m Backstroke	3.38.00
414	Girls	13 years	200m Backstroke	3.43.00
415	Boys	14 years	200m Breaststroke	3.30.00
416	Girls	14 years	200m Breaststroke	3.43.00
417	Mixed	13 years	4 x 50m Freestyle Relay	
418	Boys	15 + years	200m Butterfly	2.48.00
419	Girls	15 + years	200m Butterfly	3.03.00
420	Mixed	12 years	4 x 50m Freestyle Relay	
421	Boys	Open	400m Freestyle	
422	Girls	Open	400m Freestyle	

Additional information

- Awards: Medals will be presented to the top six in each event
All events are heat declared winners
Best Boy and Best Girl Trophy for each age group
Best Club Trophy
- Officials: We will be pleased to welcome any Technical Officials travelling with their clubs. Those proposing to attend should notify the Gala Organiser/Entry Secretary on the above telephone number or e-mail.
- Lunch: Lunch will be provided for all officials.
Lunch tickets for coaches may be booked @ £5.00 each.
Please note that the Mercat Gait Pool has no Café facilities for swimmers or spectators other than drink/snack vending machines.
- Accreditation: An SASA Level 2/3 licence has been awarded, reference number ED/LA23/178/1207
- Meet Rules: The meet shall be held under FINA and SASA Rules.
- Starts: Please note over the top starts will be used throughout the meet to ensure smooth running
- Entry criteria: Entries will be accepted on times submitted. The organisers reserve the right to limit the number of heats in order to comply with the time restraints of the meet licence. There will be consideration times for entry to the events on Sunday based upon the current East District qualifying time plus 10%
- Swim shop: There will be a swim shop available on the day.

CONTROLLING THE USE OF PHOTOGRAPHIC EQUIPMENT

The Scottish Swimming Association has decided that control of photographic equipment is required at all meets.

In view of this, the meet will run under the following guidelines:

- No photographic equipment (e.g., camera, camcorder, camera phone etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.
- Application to use photographic equipment must be made on the approved S.A.S.A. form.
- Application can be made on the day to the meet director or to the meet director's appointed official.
- Applicants must provide proof of identity when applying, and carry such proof when intending to use their photographic equipment.

In addition, the use of all photographic equipment, including mobile phones with cameras will be strictly prohibited at all times in the changing rooms and toilet facilities.

The Mercat Gait does not allow mobiles to be used in any part of the building.

Miscellaneous

- Accreditation has been received under Licence Number **ED/LA23/178/1207**
- Mercat Gait Pool has no Café facilities for swimmers or spectators other than drink/snack vending machines.
- The promoters reserve the right to exclude or refuse admission to any Competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Swimmers must act on the instructions given by meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- Neither Portobello Swimming Club nor Mercat Gait Leisure Centre, Prestonpans can be held responsible for loss or damage to swimmers, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers out with the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Portobello Swimming Club reserves the right to vary the above conditions as necessary.

Portobello Amateur Swimming Club
Mad March Meet Saturday 15th and Sunday 16th March 2008
Mercat Gait Pool
Prestonpans

Entry Summary Sheet

Club:

Competition Secretary

Name
Address

Telephone

Email

Entry Fees: Cheques should be made payable to Portobello ASC
Cheques must be received within 7 days of closing date

8 years

Entry Fees enclosed per Swim @ £3.00	£
Entry Fees enclosed for 5 Swims @ £12	£
Relay £6.00 each team	£

9 years

Entry Fees enclosed per Swim @ £3.50	£
Entry Fees enclosed per 4 Swims @ £12	£
Relays £6.00 each team	£

10 and 11 years

Entry Fees enclosed per Swim @ £3.50	£
Entry Fees enclosed per 6 Swims @ £18.00	£
Relays £6.00 each team	£

12,13,14 & 15+

Entry Fees enclosed per Swim @ £4.00	£
Entry Fees enclosed per 4 swims @ £14.00	£
Entry Fees enclosed per 6 swims @ £20.00	£
Relays £6.00 each team	£

Number of Coaches Lunch Tickets required @ £5.00	£
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Total of Cheque enclosed	£
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In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with your entries.

I confirm that all the swimmers entered into the above meet have paid their current SASA membership Fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish Clubs).

I understand that any swimmer entered without an SASA Membership number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: Name:

Position in Club:

On behalf of: Name of club:

Return this form along with your cheque to the Entry Secretary
Mr Peter Lee, 2 Alves Drive, Glenrothes, Fife, KY6 2JZ