

OPEN AGE GROUP MEET on 17th and 18th APRIL 2010
(being held under SASA Regulations and the FINA Technical Rules for Swimming)
Licence No.: WD/L2/705/0410

Venue	Citadel Leisure Centre, Ayr	
Pool	6 Lane x 25m with separate swim-down pool	
Electronic Timing	Omega	
Entry Fee	£4.50 per individual event	£9.00 per relay
Coaches Pass	Coaches Passes which include entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout day, lunch and one set of results Can be purchased at £5.00 each per day	
Closing date for Entries	12 noon on 19th March 2010	
Age Groups	12/u	50m Freestyle – heats and finals 100m all strokes – heats and finals 200m all strokes and IM – HDW
<i>Age is determined as at 18th April 2010. Swimmers may only enter in their own age group.</i>	13/14	50m Freestyle – heats and finals 100m all strokes – heats and finals 200m all strokes and IM – HDW
	15 + over	50m Freestyle – heats and finals 100m all strokes – heats and finals 200m all strokes and IM – HDW
	Open (all ages)	400m free – HDW
	13/u	4 x 50m Medley and Freestyle Relays - HDW
	14/o	4 x 50m Medley and Freestyle Relays - HDW
Warm Up and Start Times	0855 to 0955 for 1000 start	1325 to 1425 for 1430 start Sessions, including presentations, are scheduled to last no longer than 3 hours
Prizes		Top Club Prize - Silver Rose Bowl and £100.00
	12/u & 13/14	Medals for 1 st 2 nd and 3 rd
	15/o	1 st £15.00 2 nd £10.00 3 rd £5.00
Meet Enquiries	All enquiries for this Meet should be addressed as follows Email admin@southayrshireswim.co.uk Postal Henry Hunter, Meet Entry Manager (Tel: 07967209303) c/o Prestwick Swimming Pool St Ninians Park, Prestwick, KA9 2NQ	
Refreshments	Café open from 9am during the weekend	
Car Parking	At the pool and an overflow parking area adjacent to Horizon Hotel	
Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100 Craig Tara Caravan Park is also a source of accommodation	
Swim Shop	Our swim shop will be available during the Meet	

SOUTH AYRSHIRE SWIM TEAM OPEN AGE GROUP MEET

17th and 18th APRIL 2010

Licence No: WD/L2/705/0410

1	The Meet is held under SASA regulations and FINA Technical Rules for Swimming
2	The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility.
3	Omega electronic timing
4	Awards will be made to the top three swimmers in each event
5	The correct fee of £4.50 per individual and £9.00 per relay team must accompany the supporting paper confirmation of entries. Entries must be made by email to the Meet Entry Manager, Henry Hunter at admin@southayrshireswim.co.uk Cheques should be made payable to SAST and returned to: Meet Entry Manager, c/o Prestwick Swimming Pool St Ninians Park, Prestwick, KA9 2NQ
6	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body
7	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the SASA approved form available at the Meet Office. Mobile phones must be switched off at all times
8	Swimmers, coaches and team managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool
9	A one-way system around the pool will be in operation
10	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches responsibility to supervise their swimmers during warm-ups.
11	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee
12	The Meet will run without entry cards. All swimmers must register no later than 45 minutes before the start of each session with the Entry Marshals located in the foyer on the first floor adjacent to the pool. Open AM 8.15-9.15. PM 12.30-1.45. Please make your swimmers aware of this arrangement. Exceptionally, on production of their pass, coaches will be allowed to sign-in their swimmers. Start sheets will then be posted at various locations around the poolside. Marshalling is compulsory. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent, in heat order, to the starting blocks.
13	Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of excluded entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries.
14	Coaches passes are available at a cost of £5.00 per day. Only pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
15	Swimmers wishing to withdraw from Finals must notify the Meet Entry Manager (located in the "goldfish bowl" at the start end of the pool) immediately following the announcement of the Finalists. Failure to comply with this may result in that swimmer being excluded from the remainder of the Meet.
16	SAST reserve the right to fill lanes with their swimmers where an event is under subscribed SAST reserve the right to scratch events when there is insufficient entries
17	To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.
18	It is the coaches responsibility to supervise their swimmers using the swim down pool- therefore if this facility is abused it may have to be withdrawn.

South Ayrshire Swim Team Open Meet 2010



Order of Events

Saturday 17th April 2010	
101 Men 400 Freestyle 102 Girls 13-14 100 Freestyle 103 Boys 13-14 100 Freestyle 104 Girls 12 & Under 100 Breaststroke 105 Boys 12 & Under 100 Breaststroke 106 Women 15 & Over 100 Butterfly 107 Men 15 & Over 100 Butterfly 108 Boys 13-14 200 IM 109 Girls 13-14 200 IM 111 Boys 12 & Under 200 Backstroke 110 Girls 12 & Under 200 Backstroke 113 Men 15 & Over 200 Breaststroke 112 Women 15 & Over 200 Breaststroke 120 Boys 13 & Under 200 Medley Relay 121 Girls 13 & Under 200 Medley Relay	201 Women 15 & Over 100 Breaststroke 202 Men 15 & Over 100 Breaststroke 203 Girls 12 & Under 50 Freestyle 204 Boys 12 & Under 50 Freestyle 205 Girls 13-14 100 Breaststroke 206 Boys 13-14 100 Breaststroke 207 Women 15 & Over 50 Freestyle 208 Men 15 & Over 50 Freestyle 209 Girls 12 & Under 100 Backstroke 210 Boys 12 & Under 100 Backstroke 211 Girls 13-14 200 Butterfly 212 Boys 13-14 200 Butterfly 213 Women 15 & Over 200 Freestyle 214 Men 15 & Over 200 Freestyle 215 Girls 12 & Under 200 IM 216 Boys 12 & Under 200 IM 217 Girls 13-14 200 Backstroke 218 Boys 13-14 200 Backstroke 229 Girls 14 & Over 200 Freestyle Relay 230 Boys 14 & Over 200 Freestyle Relay
Sunday 18th April 2010	
301 Women 400 Freestyle 302 Men 15 & Over 100 Freestyle 303 Women 15 & Over 100 Freestyle 304 Boys 12 & Under 100 Butterfly 305 Girls 12 & Under 100 Butterfly 306 Boys 13-14 100 Backstroke 307 Girls 13-14 100 Backstroke 308 Men 15 & Over 200 IM 309 Women 15 & Over 200 IM 310 Boys 12 & Under 200 Freestyle 311 Girls 12 & Under 200 Freestyle 312 Boys 13-14 200 Breaststroke 313 Girls 13-14 200 Breaststroke 314 Men 15 & Over 200 Backstroke 315 Women 15 & Over 200 Backstroke 322 Boys 13 & Under 200 Freestyle Relay 323 Girls 13 & Under 200 Freestyle Relay	401 Boys 13-14 100 Butterfly 402 Girls 13-14 100 Butterfly 403 Men 15 & Over 100 Backstroke 404 Women 15 & Over 100 Backstroke 405 Boys 12 & Under 100 Freestyle 406 Girls 12 & Under 100 Freestyle 407 Boys 13-14 50 Freestyle 408 Girls 13-14 50 Freestyle 409 Boys 12 & Under 200 Butterfly 410 Girls 12 & Under 200 Butterfly 411 Boys 13-14 200 Freestyle 412 Girls 13-14 200 Freestyle 413 Men 15 & Over 200 Butterfly 414 Women 15 & Over 200 Butterfly 415 Boys 12 & Under 200 Breaststroke 416 Girls 12 & Under 200 Breaststroke 425 Boys 14 & Over 200 Medley Relay 426 Girls 14 & Over 200 Medley Relay

SOUTH AYRSHIRE

Swim Team

ENTRY FILE REQUEST FORM

CLUB NAME	
CLUB CONTACT'S NAME	
ADDRESS	
POST CODE	TEL No
EMAIL	

Files will be produced using the Hy-Tek Meet Management System and will be sent along with instructions by email. Hy-Tek's Team Manager or Team Manager Lite is needed in order to complete the entries. Team Manager Lite can be downloaded free of charge by going on line to www.hy-tek ltd.com

Applications to: admin@southayrshirewim.co.uk

Henry Hunter, Meet Entry Manager
c/o Prestwick Swimming Pool
St Ninians Park, Prestwick KA9 2NQ

Telephone 07967209303

CLOSING DATE 12 NOON ON 19th March 2010

Requests for the meet entry file should be made at least two weeks in advance of the closing date for entries.

Office Use Only

Date File Issued..... Date Returned Date
Processed.....

SOUTH AYRSHIRE

Swim Team

SUMMARY SHEET

This form must be completed and returned with the entry file and individual entry forms

Club:

Contact Name:

Address:
.....

Post Code: Tel No.

e-mail address:
(important for urgent distribution of information and updates pertaining to the meet)

Total Male Entries @ £ 4.50 £.....

Total Female Entries @ £4.50 £.....

Total Relay Entries @ £9.00 £.....

Total for Coaches Passes (see separate sheet) £

Total cheque enclosed £ _____

Make cheques payable to **South Ayrshire Swim Team**

Form to be returned to: **Henry Hunter (Meet Entry Manager)**
c/o Prestwick Swimming Pool
St Ninians Park, Prestwick KA9 2NQ
email: admin@southayrshireswim.co.uk
Telephone 07967209303

CLOSING DATE 12 NOON ON 19th March 2010

SOUTH AYRSHIRE

Swim Team

COACHES PASS APPLICATION

CLUB NAME

Coach passes are available at a cost of £5.00 **per coach per day** which entitles entry to the poolside, early morning sausage or bacon roll, tea/coffee throughout day, lunch and one set of results.

Additional passes may be purchased at a cost of £5.00 per day and include all of the above.

Names.....
.....
.....
.....

Total number of Passes @ £5.00 per day required as follows:

Saturday 17th or 18th April _____ @ £5.00 = £.....

Please transfer total amount to Summary Sheet

CLOSING DATE FOR ENTRIES 19th March 2010

SOUTH AYRSHIRE

Swim Team

South Ayrshire Swim Team Open Age Group Meet 2010 17th and 18th April 2010

In order to comply with accreditation and health and safety requirements, this form must be completed and returned with your entries..

I confirm that all the entered swimmers have paid their current SASA Registration Fee.

I understand that any swimmer entered without a Registration Number will not be allowed to take part.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed.....

Name (please print).....

Club Name.....

Position in Club.....

Thank you for your co-operation.