

HADDINGTON & DISTRICT A.S.C.

TOTAL SWIMMER MEET 2008

SUNDAY 4TH MAY 2008

AT PRESTONPANS SWIMMING POOL

SASA Licence No. ED/LA2/173/1107

Haddington & District ASC
Total Swimmer Meet , Sunday 4th May 2008

Mercat Gait Pool
Prestonpans

Event Information

Meet Information:

Session 1 : Warm up 09:00, Start 09:45, Finish 12:30 approximately.

Session 2 : Warm up 13:30, Start 14:15, Presentations 16:50 approximately.

Age Groups : Boys & Girls 10/11, 12/13, 14/15.

Age as at 4th May 2008.

Lunch will be provided for all officials. Coaches lunch tickets may be booked - £5.00 each.

Electronic timing.

S.A.S.A. Accreditation will be applied for.

Entries:

Entries must be received on the enclosed entry forms.

Entry fees must accompany the entries - £15 per swimmer irrespective of number of events entered.

Priority will be given to swimmers entering all 5 events per sex/age group, then those entering 4, 3 etc. In the event of entries being excessive in any age group the swimmers with the fastest 100m IM time will be selected.

Closing date for entries is Friday 4th April, 2008.

Cheques to be made payable to Haddington & District ASC.

Entries to be returned to : Senga Restorick
Tel. 07736943777
E-mail: senga@senga9.orangehome.co.uk
82 Inchview
Prestonpans
East Lothian
EH32 9BH

Meet Rules:

- The meet shall be held under S.A.S.A. Rules.
- For each age group there are 5 events: 100m IM, 50m Back, 50m Breast, 50m Fly, 50m Freestyle.**
- Swimmers will be seeded in each event on entry times submitted.
- The maximum points (x) available for each event depends on the number of swimmers per age group. At the end of an event points will be awarded to each swimmer dependent on overall finishing position. The fastest swimmer will receive maximum points (x), the next fastest (x-1),(x-2) etc. This will continue for all five events and the total points scored by each swimmer will be added up.
- At the end of the 5 events the top six swimmers in each age group will take part in a Grand Final which will be swum over 200m Individual Medley.**
- The Finals will be seeded based on the points total after the five events.
- There will be no awards for the individual events.
- Prizes will be awarded to the first three in each Grand Final, medals to all six finalists.**
- Prizes; First - £25, Second - £20, Third - £15.

Haddington Total Swimmer Meet

Sunday 4th May, 2008

Mercat Gait Pool

Prestonpans

Session 1: Warm-up 9:00 am. Start 9.45 am

Session 2: Warm-up 1:30 pm. Start 2:15 pm

<u>Event No.</u>	<u>G/B</u>	<u>Age</u>	<u>Dist</u>	<u>Event</u>
1	Girls	10 - 15 years	100m	Ind. Medley
2	Boys	10 - 15 years	100m	Ind. Medley
3	Girls	10 - 15 years	50m	Backstroke
4	Boys	10 - 15 years	50m	Backstroke
5	Girls	10 - 15 years	50m	Breaststroke
6	Boys	10 - 15 years	50m	Breaststroke
 <u>Lunch Break</u>				
7	Girls	10 - 15 years	50m	Butterfly
8	Boys	10 - 15 years	50m	Butterfly
9	Girls	10 - 15 years	50m	Freestyle
10	Boys	10 - 15 years	50m	Freestyle
 <u>Finals</u>				
11	Girls	10/11years	200m	Ind. Medley
12	Boys	10/11 years	200m	Ind. Medley
13	Girls	12/13 years	200m	Ind. Medley
14	Boys	12/13 years	200m	Ind. Medley
15	Girls	14/15 years	200m	Ind. Medley
16	Boys	14/15 years	200m	Ind. Medley

Presentations

Haddington & District Amateur Swimming Club

Total Swimmer Meet 2007

Mercat Gait Pool - Sunday 4th May, 2008

In order to comply with accreditation and health & safety requirements, this form must be completed and returned along with your entries.

I confirm that all the swimmers entered into the above meet have paid their current SASA Membership Fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish Clubs).

I understand that any swimmer entered without an SASA Membership number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that the information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: **Name:**

Position in Club:

On behalf of :(Name of club)

Return this form along with your entries.

Senga Restorick
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Prestonpans
East Lothian
EH32 9BH
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