

**DUNFERMLINE**



Annual Junior Sprint  
Gala

Sat, 28<sup>th</sup> May 2011

At FIPRE,  
Glenrothes

Licence ED/LA3/452/0311

DUNFERMLINE



## Dunfermline Amateur Swimming Club

*is hosting a Junior Sprint Gala on*

**Saturday 28<sup>th</sup> May 2011 at FIPRE, Glenrothes**

*and invites entries for this event.*

### General Information

- Date* Saturday 28<sup>th</sup> May 2011
- Venue* FIPRE, Glenrothes
- Pool* 6 lane 25 metre; semi-automatic electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria;
- Time* Session 1; Warm up 8:30. Start at 9:30, ends at 12:30  
Session 2; Warm up 1:30. Start at 2:30, ends at 5:30
- Ages* As at 28<sup>th</sup> May 2011
- Age groups* 8 years, 9 years, 10 years and 11 years
- Events* 25m all strokes (8 years)  
25m Fly, 50m Back, Breast, Free and 100m IM (9 years)  
50m Fly, Back, Breast, Free and 100 IM for (10 & 11 years)  
Relays; 4x25 freestyle 8-9 yrs and 10-11 yrs (mixed boys and girls)  
4x25 medley relay 8-9 yrs and 10-11 yrs (mixed boys and girls)  
8x25 canon freestyle relay; one boy and girl from each age group.
- Entry fees* £4.00 per individual event; £7.00 per relay.
- Coaches pass* Clubs will receive two complimentary passes that allow, poolside access and start sheets. Additional poolside passes can be purchased for £3.00. Only pass holders, swimmers and officials will be allowed on poolside.
- Refreshments* Tea, coffee and lunches for coaches available at a cost of £8.00.
- Awards* Individual events; medals for the fastest three swimmers in each event and for relays. Flashes for 4<sup>th</sup>-6<sup>th</sup> in individual events.  
Best boy and girl awards in each age group and best club trophy.
- Entries:* Hytek Team Manager Event File can be requested by e-mail from [susan@dwliddle.co.uk](mailto:susan@dwliddle.co.uk)  
**Susan Liddle, 9 Rullion Road, Penicuik, EH26 9HS Tel. 01968 673471**
- Closing date:* **Midnight, Friday 29<sup>th</sup> April 2011.**

**Dunfermline Amateur Swimming Club**  
*Junior Sprint Gala*  
**Saturday 28<sup>th</sup> May 2011**

**Meet rules**

- ❖ The meet shall be held under SASA rules.
- ❖ Ages as on the day of competition.
- ❖ All swimmers of Scottish clubs must have a current SASA registration number. (Swimmers from non-Scottish clubs must be registered with their governing body).
- ❖ The pool is 25 m long with 6 lanes, separated by anti wave ropes.
- ❖ Automatic electronic timing will be in operation. If this fails, back up manual timing will be used.
- ❖ Swimmers, coaches and team managers must ensure that swimmers can dive safely as prescribed in current/planned legislation.
- ❖ Those swimming in relay teams must also have entered an individual event
- ❖ Photographic and video equipment is not allowed in any area under the jurisdiction of the meet organiser without prior approval of the meet director.
- ❖ It is the responsibility of each club to ensure that its swimmers are aware of the meet rules and guidelines.

**Entries**

- ❖ All entries to be made by midnight, 29<sup>th</sup> April 2011. Entries to be made via Hy Tek Team Manager, obtainable from the address given above. Please return entries by email.
- ❖ Withdrawals must be made to the Recorders no later than 45 minutes prior to the start of each session, on the supplied withdrawal form.
- ❖ The promoters reserve the right to restrict entries. Entries will be accepted on a time basis. Clubs should ensure that times submitted are correct. Rejected entries will be refunded in full. Empty lanes may be used by Promoting Club swimmers on a non-competitive basis.

**Events**

- ❖ All events are Heat Declared Winners.
- ❖ Over the top starts may be used at the discretion of the promoter.
- ❖ Swimmers should report to the competition stewards in the designated marshalling area at least 4 heats in advance.
- ❖ Medley and Freestyle Relays - teams must comprise at least one boy and one girl and at least 1 from each age group.
- ❖ Canon Relay – 1 boy and 1 girl from each age group. Girls will start at the Deep end, boys at the Shallow end. Youngest swims first progressing up the age groups.

**Costs**

Entry fees:	£4.00 per individual event; £7.00 per relay
Coaches pass:	Two complimentary passes, additional @ £3.00
Coaches lunches:	Tea, coffee and lunches for coaches available @ £8.00
Other costs:	Spectator entry £2, includes programme

## **Warm up and session times**

Session 1; Warm up 8:30. Start at 9:30, ends at 12:30

Session 2; Warm up 1:30. Start at 2:30, ends at 5:30.

- ❖ The warm ups will commence when advised to do so by the marshals.
- ❖ Sprint lanes will be made available, 10 minutes before the end of each warm up session.
- ❖ Diving will be allowed in sprint lanes only, when instructed by the marshals.

## **Awards**

- ❖ Individual events; medals for the fastest three swimmers in each event and for relays.
- ❖ Best boy and best girl prizes in each age group and best club trophy.
- ❖ Flashes for 4<sup>th</sup> - 6<sup>th</sup> in individual events.

## **Miscellaneous**

- ❖ The Meet will be a Level 3 event.
- ❖ The venue has a cafeteria and vending machines.
- ❖ There will be a raffle.
- ❖ The Promoters reserve the right to exclude or refuse admission to any competitor, team or official.
- ❖ Glassware is not permitted in the shower areas or poolside.
- ❖ Neither the host swimming club nor the FIPRE, Glenrothes can be held responsible for the loss or damage to swimmers, team staff's or spectator's property. Swimmers are advised to secure property in the lockers provided and not to leave belongings lying around unattended.
- ❖ Out-with the pool area, swimmers should wear dry clothing and footwear at all times.
- ❖ Outdoor footwear must not be worn on the poolside.
- ❖ Anything not covered above or in the event programme will be at the promoter's discretion.
- ❖ The organisers reserve the right to vary the conditions as necessary.

Should you wish any further information or clarification of any item please contact

Phil Smithard – [phil.smithard@virgin.net](mailto:phil.smithard@virgin.net) or 01383 722416

Mike Tate - [secretary@dasc-swim.co.uk](mailto:secretary@dasc-swim.co.uk) or 01383620584

## **PROGRAMME OF EVENTS**

### **Session 1 WARM UP AT 8:30, STARTS at 9:30**

101	Girls	9 years 100 IM
102	Girls	10 years 100 IM
103	Boys	10 years 100 IM
104	Girls	8 years 25 m butterfly
105	Boys	8 years 25 m butterfly
106	Girls	9 years 25 m butterfly
107	Boys	9 years 25 m butterfly
108	Girls	10 years 50 m backstroke
109	Boys	10 years 50 m backstroke
110	Girls	11 years 50 m backstroke
111	Boys	11 years 50 m backstroke
<b>PRESENTATIONS – Events 101 - 111</b>		
112	Girls	8 years 25 m breaststroke
113	Boys	8 years 25 m breaststroke
114	Girls	9 years 50m breaststroke
115	Boys	9 years 50 m breaststroke
116	Girls	10 years 50 m freestyle
117	Boys	10 years 50 m freestyle
118	Girls	11 years 50 m freestyle
119	Boys	11 years 50 m freestyle
120	Mixed	8-9 years mixed boys and girls medley relay
121	Mixed	10-11 years mixed boys and girls medley relay
<b>PRESENTATIONS – Events 112 - 121</b>		

### **Session 2 WARM UP AT 1:30, STARTS at 2:30**

201	Mixed	8-9 years mixed boys and girls freestyle relay
202	Mixed	10-11 years mixed boys and girls freestyle relay
203	Boys	9 years 100 IM
204	Girls	11 years 100 IM
205	Boys	11 years 100 IM
206	Girls	8 years 25 m freestyle
207	Boys	8 years 25 m freestyle
208	Girls	9 years 50 m freestyle
209	Boys	9 years 50 m freestyle
210	Girls	10 years 50 m breaststroke
211	Boys	10 years 50 m breaststroke
212	Girls	11 years 50 m breaststroke
213	Boys	11 years 50 m breaststroke
<b>PRESENTATIONS – Events 201 - 213</b>		
214	Girls	8 years 25 m backstroke
215	Boys	8 years 25 m backstroke
216	Girls	9 years 50 m backstroke
217	Boys	9 years 50 m backstroke
218	Girls	10 years 50 m butterfly
219	Boys	10 years 50 m butterfly
220	Girls	11 years 50 m butterfly
221	Boys	11 years 50 m butterfly
222	Mixed	Canon relay freestyle. 1 boy and girl each age group.
<b>PRESENTATIONS – Events 214 - 222</b>		

# Dunfermline Swimming Club

*Junior Sprint Gala – 28<sup>th</sup> May 2011*

## Summary Entry Form (for completion and return)

This form must be completed and returned with your fees to:

**Susan Liddle, 9 Rullion Road, Penicuik EH26 9HS**

Please make cheques payable to “Dunfermline ASC”.

*Please attach an electronic copy of this form to the Hytek Entry Return.*

<b>Club</b>		<b>Code</b>	
<b>Contact</b>			
<b>Address</b>			
<b>Post Code</b>		<b>Telephone</b>	
<b>E-mail</b>			

<b>Total female entries</b>	<b>@ £4.00</b>	
<b>Total male entries</b>	<b>@ £4.00</b>	
<b>Total relay entries</b>	<b>@ £7.00</b>	
<b>Additional Coaches Passes</b>	<b>@ £ 3.00</b>	
<b>Coaches Lunches</b>	<b>@ £ 8.00</b>	
<b>Total Amount</b>		

Signed

Position in club.

.....

.....

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**Swimming Technical Officials –**

<b>Name</b>	<b>Timekeeper</b>	<b>Judge</b>	<b>Session 1</b>	<b>Session 2</b>

A copy of any TO availability also please to –

**Phil Smithard – [phil.smithard@virgin.net](mailto:phil.smithard@virgin.net)**

# **Dunfermline Swimming Club**

## ***Junior Sprint Gala – 28<sup>th</sup> May 2011***

In order to comply with licencing and health and safety requirements, this form must be completed and returned along with entry information.

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: .....

Position in club: .....

On behalf of: ..... (Name of club)

Return this form along with entries no later than **Midnight Friday 29<sup>th</sup> April 2011** to

**Susan Liddle,  
9 Rullion Road,  
Penicuik,  
EH26 9HS**

# **Dunfermline Swimming Club**

*Junior Sprint Gala – 28<sup>th</sup> May 2011*

## **Health and safety announcement**

### *Controlling the use of photographic equipment*

**Due to a warning received on paedophile activity, the Scottish Amateur Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, this meet will run under the following guidelines:**

- *No photographic equipment (e.g. camera, camcorder, mobile phones etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.*
- *Application to use photographic equipment must be made on the approved SASA form enclosed with this information.*
- *Application can be made on the day to the meet director or to the meet director's appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.*



SCOTTISH SWIMMING  
HEALTH & SAFETY COMMITTEE  
APPLICATION FORM TO USE PHOTOGRAPHIC  
EQUIPMENT



DETAILS OF APPLICANT

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Club \_\_\_\_\_

Name of Meet \_\_\_\_\_

Venue of Meet \_\_\_\_\_

Type of Equipment  
\_\_\_\_\_

(E.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club Name \_\_\_\_\_

Club Secretary Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Club Secretary Officials Signature \_\_\_\_\_

DECLARATION OF APPLICANT

I declare that the picture/film(s) produced by the equipment stated above will not be altered  
in any way, without prior approval, in writing of the person(s) photographed.

Signature of Applicant  
\_\_\_\_\_

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) \*

Signature of Meet official (Dot Gourlay) \_\_\_\_\_

NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN  
EQUIPMENT IS TO BE USED.

\* **DELETE AS APPROPRIATE**