

Meet Information

SASA

EAST DISTRICT

**LONG COURSE
OPEN CHAMPIONSHIPS**
(under FINA/SASA rules)

14th and 15th May 2011

Tollcross Park Leisure Centre
Glasgow

Open
Championships

Licence No: L1/305/ED/MAY11

SASA EAST DISTRICT

OPEN CHAMPIONSHIPS (50m) 2011

M E E T I N F O R M A T I O N

- DATE:** Saturday 14th and Sunday 15th May 2011
- SESSION TIMES:** Sessions 1 & 4 Warm up: 08:30 Start: 09:30
Sessions 2, 3, 5 & 6: *Times will be announced after the closing date.*
- VENUE:** Tollcross Park Leisure Centre, Glasgow, G32 7QR
- POOL:** 10 lane x 50 metres with full electronic timing with warm-up and swim down facilities.
- EVENTS:**
- OPEN CHAMPIONSHIP:** Individual
50m, 100m, 200m, 400m, 800m and 1500m Freestyle
50m, 100m, 200m Backstroke, Breaststroke, Butterfly
200m, 400m Individual Medley

50m, 100m, 200m events Heats and Finals
400m F/S, 400m IM, 800m/1500m Freestyle ó Heat Declared
Fastest Heat 800m/1500m in Finals Session

Relays ó all Heat Declared

4 x 100m Freestyle
4 x 100m Medley
- AGE EVENT:** Girls 15 and under 50m, 100m, 200m all strokes HDW
Boys 16 and under 50m, 100m, 200m all strokes HDW

Age on last day of competition
- ENTRY FEES:** Open Championship £7.00
Age Event £5.50
Relays £12.00
- CLOSING DATE:** Wednesday 13th April at 12 noon

ENTRIES: All entries should be submitted by computer files, which can be obtained by applying by email giving full contact details of club, name, telephone number to:

JBruce2160@aol.com

John Bruce
Entries Secretary
50 Station Road
Roslin EH25 9LR

Tel: 0131 440 1752

Accredited times must be submitted for all events. Times submitted should have been achieved on or after 1st May 2010 and must be capable of verification by a Club Official. The following types of event will be accepted:

SASA accredited meets (L1 to L2)

Equivalent meets organized by ASA affiliated counties or clubs or other FINA affiliated organizations.

25m conversions may be used.

A Hy-Tek entry report, that includes proof of time, must be submitted with the entry file. For entrants who do not have access to the Hy-Tek reporting system, an electronic spreadsheet detailing the date and venue where each entry time was achieved must accompany the entry. Random checks of entries will be made prior to publication of the finalised programme. If entry times cannot be substantiated, the meet organisers reserve the right to reject the entry without refund.

Consideration times for entries are set out on the attached sheet. **Do not submit entries that are slower than the consideration times.** The organising committee reserves the right to restrict heats to meet the constraints of time once entries have been received. Entry times for relays will be used for seeding purposes only.

WITHDRAWALS:

Withdrawal Forms showing all withdrawals including those with NIL returns must be submitted at least 45 minutes before the start of each session. Clubs failing to comply with the above will be deemed to have no swimmers present and will be automatically withdrawn.

FINALS:

Withdrawals from finals must be notified to the Recorder in writing on the appropriate form within 30 minutes of the announcement being made.

Any competitor withdrawing from a Final in such a manner as to prevent a reserve taking part shall be immediately suspended from all other events at the Championship. In the event of a late withdrawal due to illness or injury the swimmer concerned shall take no further part in that session. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane. All reserves should report to the marshalling area.

QUIET ROOM:

A supervised quiet room has been set aside for the use of swimmers who wish to study for the SQA examinations in between events and sessions. Please contact Helen Murray, helen.murray@swimedinburgh.com, indicating the number of swimmers who may wish to take advantage of this facility.

CHAMPIONSHIP AWARDS:

Medals will be presented to the first three swimmers in each event. The first East District Senior and Junior swimmer, from the Open events only, will also be required for presentation if not already included in the first three places. For relay events, presentations will be made only to the swimmers participating in the event.

In the age group event mementoes will be presented to the first three swimmers.

Prize money will be paid as follows for times set in Open Events only:

East District Junior Record	£25
East District Senior Record	£50
Scottish Junior Record	£50
Scottish Senior Record	£100

In the event that more than one record is broken in any one event, only the highest eligible payment will be made, joint record holders will be share the award.

Championship trophies will be presented for each event but the trophies cannot be taken out with the boundaries of the East District.

PRESENTATIONS:

Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool.

REFUNDS:

No refunds will be given after acceptances have been published.
Fees for rejected entries will be returned as soon as possible after the event.

CLUB PASS:

Using the highest number of accepted swimmers in any one session, clubs will be issued coaches poolside passes based on the following criteria;

Up to 5 swimmers 1 pass
6 to 20 swimmers 2 passes
21 swimmers & over 1 additional pass per 10 swimmers or part thereof.

SWIM SUITS: All swimsuits must comply with current FINA/SASA rules at the time of the meet

TECHNICAL OFFICIALS:

East District Clubs will be required to provide technical officials in line with the current East District Rules. Clubs will be notified of their requirements once accepted entries are confirmed and will be required to notify in advance the name and Official Number of nominated officials. Technical Officials should wear appropriate poolside apparel.

Event Regulations

Entry to all events is subject to each and all of these regulations and will, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person, with or without valid ticket to enter or to remain within the venue is at the absolute discretion of the stewards and officers of the East District and the Facility Management
- No guarantee can be given by the East District that the event will take place at a particular time or any particular date and the East District reserves the right to reschedule the event and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of the East District. The East District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of the East District or the Facility Management.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may take photographs or use any video recording equipment inside events without the express written permission of the East District. Forms permitting video or still photography for non-commercial purposes and registration of video/camera equipment are available at the entry desk. These must be completed and permission granted. The use of flash photography is not permitted.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only the East District within events without the express written permission of the East District.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of the East District and/or the Facility Management. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of the East District and/or the Facility Management
- The Facility Management request that the following procedures are adhered to :
 - All Spectators will be requested to vacate the spectator area in between sessions
 - No hot drinks and food should be consumed in the balcony
 - No standing on the balcony during the event
 - No obstruction of passageways/stairways
 - No large bags or clothing on seats in either the swimmer or spectator area.

The East District reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations

**SCOTTISH AMATEUR SWIMMING ASSOCIATION
EAST DISTRICT**

**LONG COURSE OPEN CHAMPIONSHIPS
14th & 15th May 2011**

SUMMARY SHEET

Please complete electronically and return by email along with the entry file to:

JOHN BRUCE, 50 STATION ROAD, ROSLIN, MIDLOTHIAN, EH26 9LR

Club:			
Contact Name:			
Address:			
Address:		Post Code:	
Telephone No:			
email address:			

Double click anywhere in grid below then add the number of entries, etc. in column B

No. of Female Entries		@£7.00 per entry	£ -
No. of Male Entries		@£7.00 per entry	£ -
No. of Girls Entries		@£5.50 per entry	£ -
No. of Boys Entries		@£5.50 per entry	£ -
No. of Relay Entries		@£12.00 per entry	£ -
Total Remittance			£ -

Double click anywhere outside the grid to return to normal mode.

Please make cheque payable to "SASA East District"

I confirm that all swimmers entered are registered with their National Federation for the current year and that all entry times have been achieved at an accredited meet as laid out in the meet information. **Proof of entry times** must be provided in accordance with the meet regulations, see page 2.

Confirmed by:	Date:
Position in Club:	

CONSIDERATION TIMES FOR OPEN CHAMPIONSHIP

MEN	EVENT	WOMEN
28.70	50m Freestyle	32.60
1.02.00	100m Freestyle	1.08.00
2.20.50	200m Freestyle	2.25.50
4.55.00	400m Freestyle	5.15.00
10.13.00	800m Freestyle	10.51.00
19.30.00	1500m Freestyle	19.47.00
34.50	50m Backstroke	38.00
1.15.00	100m Backstroke	1.17.50
2.31.00	200m Backstroke	2.41.00
37.00	50m Breaststroke	41.30
1.20.50	100m Breaststroke	1.27.50
2.54.00	200m Breaststroke	3.07.50
32.00	50m Butterfly	35.50
1.11.00	100m Butterfly	1.19.00
2.37.00	200m Butterfly	2.52.00
2.33.00	200m Individual Medley	2.50.50
5.33.00	400m Individual Medley	5.58.00

DO NOT SUBMIT ENTRIES THAT ARE SLOWER THAN THE CONSIDERATION TIMES.

CONSIDERATION TIMES FOR AGE EVENTS

There are no consideration times for the Age Events but the organisers reserve the right to restrict heats to meet the constraints of time once entries have been received. Accredited times must be submitted and verified for all events.

SASA EAST DISTRICT LONG COURSE OPEN - EVENTS

SESSION 1 Saturday 14th May

Warm Up 08.30 Start 09.30

101	Women	200m Backstroke	Heats
102	Men	200m Freestyle	Heats
103	Women	50m Butterfly	Heats
104	Men	50m Backstroke	Heats
105	Women	50m Freestyle	Heats
106	Men	50m Breaststroke	Heats
107	Women	200m Individual Medley	Heats
108	Men	1500m Freestyle	HDW
109	Women	200m Breaststroke	Heats
110	Men	200m Butterfly	Heats
111	Women	100m Freestyle	Heats
112	Men	100m Breaststroke	Heats
113	Women	100m Butterfly	Heats
114	Men	100m Backstroke	Heats
115	Women	400m Freestyle	HDW
116	Men	400m Individual Medley	HDW

SESSION 4 Sunday 15th May

Warm Up 08.30 Start 09.30

401	Men	200m Backstroke	Heats
402	Women	200m Freestyle	Heats
403	Men	50m Butterfly	Heats
404	Women	50m Backstroke	Heats
405	Men	50m Freestyle	Heats
406	Women	50m Breaststroke	Heats
407	Men	200m Individual Medley	Heats
408	Women	800m Freestyle	HDW
409	Men	200m Breaststroke	Heats
410	Women	200m Butterfly	Heats
411	Men	100m Freestyle	Heats
412	Women	100m Breaststroke	Heats
413	Men	100m Butterfly	Heats
414	Women	100m Backstroke	Heats
415	Men	400m Freestyle	HDW
416	Women	400m Individual Medley	HDW

SESSION 2 Saturday 14th May

Subject to confirmation

201	Girls 15&U	200m Backstroke	HDW
202	Boys 16&U	200m Freestyle	HDW
203	Girls 15&U	50m Butterfly	HDW
204	Boys 16&U	50m Backstroke	HDW
205	Girls 15&U	50m Freestyle	HDW
206	Boys 16&U	50m Breaststroke	HDW
207	Girls 15&U	200m Individual Medley	HDW
208	Boys 16&U	200m Butterfly	HDW
209	Girls 15&U	200m Breaststroke	HDW
210	Boys 16&U	100m Breaststroke	HDW
211	Girls 15&U	100m Freestyle	HDW
212	Boys 16&U	100m Backstroke	HDW
213	Girls 15&U	100m Butterfly	HDW

SESSION 5 Sunday 15th May

Subject to confirmation

501	Boys 16&U	200m Backstroke	HDW
502	Girls 15&U	200m Freestyle	HDW
503	Boys 16&U	50m Butterfly	HDW
504	Girls 15&U	50m Backstroke	HDW
505	Boys 16&U	50m Freestyle	HDW
506	Girls 15&U	50m Breaststroke	HDW
507	Boys 16&U	200m Individual Medley	HDW
508	Girls 15&U	200m Butterfly	HDW
509	Boys 16&U	200m Breaststroke	HDW
510	Girls 15&U	100m Breaststroke	HDW
511	Boys 16&U	100m Freestyle	HDW
512	Girls 15&U	100m Backstroke	HDW
513	Boys 16&U	100m Butterfly	HDW

SESSION 3 Saturday 14th May

Subject to confirmation

101	Women	200m Backstroke	Final
102	Men	200m Freestyle	Final
103	Women	50m Butterfly	Final
104	Men	50m Backstroke	Final
105	Women	50m Freestyle	Final
106	Men	50m Breaststroke	Final
107	Women	200m Individual Medley	Final
108	Men	1500m Freestyle	F/Heat
109	Women	200m Breaststroke	Final
110	Men	200m Butterfly	Final
111	Women	100m Freestyle	Final
112	Men	100m Breaststroke	Final
113	Women	100m Butterfly	Final
114	Men	100m Backstroke	Final
301	Women	4x100m Freestyle Relay	HDW
302	Men	4x100m Medley Relay	HDW

SESSION 6 Sunday 15th May

Subject to confirmation

401	Men	200m Backstroke	Final
402	Women	200m Freestyle	Final
403	Men	50m Butterfly	Final
404	Women	50m Backstroke	Final
405	Men	50m Freestyle	Final
406	Women	50m Breaststroke	Final
407	Men	200m Individual Medley	Final
408	Women	800m Freestyle	F/Heat
409	Men	200m Breaststroke	Final
410	Women	200m Butterfly	Final
411	Men	100m Freestyle	Final
412	Women	100m Breaststroke	Final
413	Men	100m Butterfly	Final
414	Women	100m Backstroke	Final
601	Men	4x100m Freestyle Relay	HDW
602	Women	4x100m Medley Relay	HDW