



# **PORTOBELLO ASC CENTENARY GRADED MEET 2012**

Promoted by

portobello  
amateur  
swimming club

**Mercat Gait Pool, Prestonpans  
East Lothian, EH32 9EN**

**25<sup>th</sup>/26<sup>th</sup> August 2012**

**Licence No. ED/L3/559/0312**

# **MEET INFORMATION**

## Invitation

Portobello Amateur Swimming Club invite you to the 2012 Graded Meet at the Mercat Gait Pool, Prestonpans. The event will be run under FINA and SASA rules.

## Meet Information

### **Date and Venue**

The meet will be held over two days, Saturday 25<sup>th</sup>/26<sup>th</sup> August 2012. The venue is the Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN.

### **Pool Facilities**

This is a 6-lane, 25m venue with anti-turbulent lane ropes, full electronic timing, spectator area, café providing hot and cold drinks, snacks and meals plus vending machines and a club swim shop.

### **Age groups**

Individual age groups are as follows;

- 10 and Under
- 11/12 years
- 13/14 years
- 15 + years

All ages are as at 26<sup>th</sup> August 2012.

### **Events**

#### **Saturday/Sunday**

#### **All age groups**

50m, 100m & 200m all strokes and 200m IM      All age groups

200m Freestyle relay

200m Medley relay

Swimmers must swim in their own age group unless there no swimmers in that age category in which case you may swim up.

All events are heat declared winners. It may be necessary to limit the number of heats in certain events.

Results will be declared in respective age groups.

### **Meet Format**

All Saturday and Sunday heats will be swum with all age groups combined and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal.

### **Entry Times**

See entry times below

### **Prize Structure**

- Medals will be presented to 1st, 2nd and 3rd places.
- Memento to Swimmers that swim TOO FAST.
- Meet Trophy will be presented to the **TOP CLUB** with the most points at the end of the meet. Trophy to be returned after 1 year.

Appropriate club clothing will be worn for all presentations. Swimmers, or their appointed depute, should be available for presentations otherwise they may forfeit any award.

### **Competitor Cards and Starts**

Start sheets will be supplied prior to the start of each session. Time cards will not be used.

## Starts

Over the top starts will be used wherever practicable.

## Session Times

Saturday 25<sup>th</sup> August 2012 – Sessions 1 and 2 (Doors open 08.30hrs)

Session 1: Warm-up 09.00hrs – 09.50hrs; Start 10.00hrs; Finish 13.00hrs

Session 2: Warm-up 13.45hrs – 14.20hrs; Start 14.30hrs; Finish 17.30hrs

Sunday 26<sup>th</sup> August 2012 – Sessions 3 and 4 (Doors open 08.30hrs)

Session 3: Warm-up 09.00hrs – 09.50hrs; Start 10.00hrs; Finish 13.00hrs

Session 4: Warm-up 13.45hrs – 14.20hrs; Start 14.30hrs; Finish 17.30hrs

## Accreditation

All entrants must have paid their membership fee to S.A.S.A. or equivalent governing body.

## Closing Date for Entries

Will be 21<sup>st</sup> June, this is an early closing date due to the school holidays.

## Event File Request

The event will be run using Hy Tek Meet Manager. Please send an e-mail, quoting your club, name, address and contact telephone number to **John Bruce** at [jbruce2160@aol.com](mailto:jbruce2160@aol.com)

Cheques and other paperwork should be posted to; Mr John Bruce, 50 Station Road, Roslin EH25 9LR.

***It is the responsibility of all club entry secretaries to ensure that all competitor entry times, dates of birth, etc are correct. A draft programme will be made available to all club entry secretaries as soon as possible after the closing date. Corrections to entries that will displace a swimmer already accepted will not be allowed.***

## Entry Fees

Cheques should be made payable to Portobello ASC. Entries will not be accepted without a SASA registration number or equivalent.

## Coaches Pass

Clubs will receive two complimentary passes that allow them, on presentation, poolside access and start sheets. Only pass holders, swimmers and officials will be allowed on poolside.

## Meals for Coaches

Tea, coffee and lunches for coaches will be provided at a cost of £8 per day. Coaches wishing to have a lunch at this facility should complete the attached form and send a cheque for the appropriate amount along with entry forms.

## Technical Officials

Each club attending should provide at least one timekeeper and one judge **or** two timekeepers per session. Such Swimming Technical Officials (STO) are asked to make themselves available at least half an hour prior to the start of each session for registration and briefing. STO's must wear whites.

## Programmes and Results

Programmes will be available for each session. Provisional results will be posted on poolside and on the glazed screen behind the spectator area. Final results will be available on the Swim Scotland website, [www.swimscotland.org.uk](http://www.swimscotland.org.uk)

## Additional Relevant Information

- The main pool will be available for warm-up purposes prior to the start of each session. The time may be split to allow suitable water time and space to all age groupings
  - All swimmers must check in with marshals in the allocated poolside area. Swimmers should report to the marshalling area 3 heats in advance of their race
  - Spectator tickets and programmes will be available in the reception lobby
  - Award presentations will take place during each session with the exception of the overall overall individual and club prizes. These will be presented as soon as possible after the completion of sessions 2 and 4
  - Result sheets will be posted on the spectator gallery glazed wall as early as possible after each event. Final results will be e-mailed to the appropriate contact at each participating club and will be posted at [www.swimscotland.co.uk](http://www.swimscotland.co.uk)
  - The venue management permits no photography of any kind. This includes mobile telephones with camera capability. Anyone found taking images **would** be asked to leave the premises.
  - Portobello ASC will run a swim shop during the meet
  - Please note that only swimmers named on the start sheets should report to marshalling.
  - The right to alter the programme and warm-up timings is reserved
  - Please refer to the Event Regulations section for further information
  - All mobile telephones should be switched off within the swim centre
  - Football colours are not permitted to be worn on poolside
- **PLEASE NOTE THAT BAD BEHAVIOUR WILL NOT BE TOLARATED. ANY CHILD MISBEHAVING WILL BE DEALT WITH BY THE REFEREE AND MAY BE DISQUALIFIED.**

Should you wish any further information or clarification of any item please contact the undersigned.

**Lesley Scott**, PASC Gala Convenor

Tel. 0131 6613127,

E-mail [Lesley.Scott@blueyonder.co.uk](mailto:Lesley.Scott@blueyonder.co.uk)

## Saturday 25th

**Session 1: Warm-up 09.20hrs – 09.50hrs; Start 10.00hrs; Finish 13.00hrs**

EVENT	TYPE	GENDER	DISTANCE	STROKE
101	HDW	Boys	50m	Breast
102	HDW	Girls	50m	Breast
103	HDW	Boys	200m	Free
104	HDW	Girls	200m	Free
105	HDW	Boys	100m	Fly
106	HDW	Girls	100m	Fly
107	HDW	Boys	4 x 50m	Freestyle Relay

**Session 2: Warm-up 13.50hrs – 14.20hrs; Start 14.30hrs; Finish 17.30hrs**

EVENT	TYPE	GENDER	DISTANCE	STROKE
201	HDW	Girls	50m	Free
202	HDW	Boys	50m	Free
203	HDW	Girls	200m	Fly
204	HDW	Boys	200m	Fly
205	HDW	Girls	100m	Back
206	HDW	Boys	100m	Back
207	HDW	Girls	4 x 50m	Freestyle Relay

## Sunday 26th

**Session 3: Warm-up 09.20hrs – 09.50hrs; Start 10.00hrs; Finish 13.00hrs**

EVENT	TYPE	GENDER	DISTANCE	STROKE
301	HDW	Boys	50m	Fly
302	HDW	Girls	50m	Fly
303	HDW	Boys	200m	Back
304	HDW	Girls	200m	Back
305	HDW	Boys	100m	Breast
306	HDW	Girls	100m	Breast
307	HDW	Boys	200m	IM
308	HDW	Girls	4 x 50m	Medley Relay

**Session 4: Warm-up 13.50hrs – 14.20hrs; Start 14.30hrs; Finish 17.30hrs**

EVENT	TYPE	GENDER	DISTANCE	STROKE
401	HDW	Girls	50m	Back
402	HDW	Boys	50m	Back
403	HDW	Girls	200m	Breast
404	HDW	Boys	200m	Breast
405	HDW	Girls	100m	Free
406	HDW	Boys	100m	Free
407	HDW	Girls	200m	IM
408	HDW	Boys	4 x 50m	Medley Relay

Entry Times Equal to or Slower Than

Male				Stroke	Female			
15/Over	13/14	11/12	10/Under		15/Over	13/14	11/12	10/Under
00:28.00	00:30.00	00:32.00	00:34.00	50 FREE	00:30.00	00:32.00	00:34.00	00:36.00
00:59.00	01:02.00	01:08.00	01:14.00	100 FREE	01:04.00	01:08.00	01:13.00	01:20.00
02:18.00	02:29.00	02:37.00	02:50.00	200 FREE	02:24.00	02:35.00	02:42.00	02:55.00
00:36.00	00:40.00	00:44.00	00:48.00	50 BREAST	00:38.00	00:42.00	00:46.00	00:50.00
01:17.00	01:25.00	01:37.00	01:44.00	100 BREAST	01:23.00	01:28.00	01:34.00	01:47.00
02:51.0	03:14.00	03:30.00	03:37.00	200 BREAST	02:58.00	03:19.00	03:38.00	03:45.00
00:34.00	00:36.00	00:38.00	00:40.00	50 BACK	00:34.00	00:36.00	00:38.00	00:40.00
01:12.00	01:16.00	01:21.00	01:34.00	100 BACK	01:16.00	01:19.00	01:26.00	01:39.00
02:37.00	02:49.00	02:59.00	03:05.00	200 BACK	02:42.00	02:54.00	03:04.00	03:10.00
00:32.00	00:36.00	00:40.00	00:44.00	50 FLY	00:34.00	00:38.00	00:42.00	00:46.00
01:14.00	01:21.00	01:31.00	01:40.00	100 FLY	01:18.00	01:25.00	01:35.00	01:44.00
02:48.00	02:58.00	03:08.00	03:18.00	200 FLY	02:55.00	03:05.00	03:15.00	03:25.00
02:38.00	02:41.00	02:50.00	03:00.00	200 IM	02:44.00	02:47.00	02:52.00	02:54.00
				4X50 FREE				
				4X50 MEDLEY				

**Speeding tickets will be issued for swims that are 5% and over faster than these times**

## Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Portobello ASC and/or any police officer.
- No guarantee can be given by Portobello ASC that the event will take place at a particular time or any particular date and Portobello ASC reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Portobello ASC. Portobello ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Portobello ASC and/or police officer.
- Spectators within the venue may throw no object.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may take photographs or use any video recording equipment.
- Mobile phones may not be used anywhere within the building.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Portobello ASC within events without the express written permission of Portobello ASC.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of Portobello ASC and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any steward or officer of Portobello ASC or any police officer may confiscate any such tickets offered for sale.
- Portobello ASC reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

## **ENTRY SUMMARY SHEET**

Please forward this summary along with your fees within 3 days of the closing date to:

**Mr John Bruce, 50 Station Road, Roslin EH25 9LR**  
**e-mail address: [jbruce2160@aol.com](mailto:jbruce2160@aol.com)**

Club:			
Contact:			
Address:			
Post Code:		Telephone No:	
e-mail address:			

**Double click anywhere in grid below then add the number of entries, etc. in column B**

<b>No. of 50m Entries</b>		@ £ 3.50 each:	£ -
<b>No. of 100m Entries</b>		@ £ 4.00 each:	£ -
<b>No. of 200m Entries</b>		@ £ 5.00 each:	£ -
<b>No. of Relay Entries</b>		@ £ 7.00 each:	£ -
<b>No. of Additional Coaches Passes</b>		@ £ 7.00 each:	£ -
<b>No. of Coaches Meals</b>		@ £ 8.00 each:	£ -
<b>Total Remittance</b>			£ -

**CLOSING DATE: 21/06/2012**

***Please make cheque payable to "Portobello ASC"***

I confirm that all swimmers entered have paid the correct level of SASA membership fee for 2012/13 and all entry times have been achieved since **31st October 2011** as laid out on the attached sheets. Results sheets can be provided if requested by the meet organizers.

**Signed:**

**Position:**

**Date:**

---



## **HEALTH & SAFETY UNDERTAKING**

**In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the Entry Secretary with entries.**

I confirm that all the entered swimmers have paid their current S.A.S.A Registration fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a Registration Number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to give into deep or shallow water in a safe manner as prescribed by current guidelines.

I hereby confirm all swimmers have agreed to submit to drug testing if selected to do so.

**Signed:**

**Name (Print):**

**Position in Club:**

**Name of Club:**