



**GLENROTHES AMATEUR SWIMMING
CLUB**

Spring Meet 2012

Saturday 24th March 2012

Fife Institute, Glenrothes.

ED/L2/477/0611

Meet Information

| | |
|-----------------|---|
| Date | Saturday 24 th March 2012 |
| Venue | F.I.P.R.E Swimming Pool, Viewfield, Glenrothes, Fife. |
| Pool | 6 lane, 25m pool, electronic timing, anti-wave lane ropes, swim down facilities. |
| Events | 10 & under 50m Backstroke, Butterfly, Breaststroke, Freestyle and 100m Individual Medley. All other age groups -100m Backstroke, Breaststroke, Butterfly, Freestyle, and Individual Medley. All events will be heat declared. |
| Age Groups | Age groups will be Age on the Day, and are 15 years and over 13/14 years 11/12 years 10 & under |
| Sessions | There will be 2 sessions as follows:- Morning Warm-up 8.30 a.m. Start 9.30 a.m. Afternoon Warm-up 1.30 p.m. Start 2.30 p.m. |
| Entry Fees | £5.00 per event. Cheques should be made payable to "Glenrothes ASC" . Entries will not be accepted without the correct fee or with the entry file incorrectly completed. |
| Entries | Entries should be made by Hy-Tek file. Entry file requests should be made by email to Heather McIntyre (see below) quoting club, name, address and telephone number. Completed entries should be returned by email All completed forms and appropriate fees should be sent to: |
| Entry Secretary | Heather McIntyre, The Bungalow, Carslogie Rd, Cupar, KY15 4HY Tel 01334 656559 hjp.mcintyre@btinternet.com |

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|---------------------|---|
| Closing Date | <p>The closing date for entries is midnight on Saturday 25th February 2012. Cheques to arrive no later than 7 days after closing date.</p> |
| Awards | <p>Awards will be presented to the first six in all events. Trophies will be awarded to the female and male swimmers acquiring the highest number of points. Points will be awarded to the top six in each event.</p> |
| Accreditation | <p>Application for accreditation is being made under SASA rules therefore all entrants must have paid their membership fee to SASA or equivalent governing body. Any entry submitted without the correct SASA (or equivalent) registration number will be rejected.</p> |
| Technical Officials | <p>We will be pleased to welcome T.O.'s who are travelling to the meet. Please give names to Gill Scott (Meet Convenor) by e-mail - Gill.Scott@blueyonder.co.uk</p> |
| Coaches Meal Passes | <p>Coaches Meal Passes are available at a cost of £8.00 each. Please fill in the appropriate part of the summary sheet, if required.</p> |
| Amenities | <p>The restaurant will be open most of the day for meals and snacks. Fife Institute provides good spectator accommodation for up to 400 and there is ample parking to the rear of the building.</p> |

Programme of Events

Session 1

| | | | |
|-----|-------|-------------|-------------------|
| 101 | Girls | 13/14 years | 100m IM |
| 102 | Boys | 10 & under | 100m IM |
| 103 | Girls | 15 & /Over | 100m IM |
| 104 | Boys | 15 & over | 100m IM |
| 105 | Girls | 10 & under | 50m Butterfly |
| 106 | Boys | 10 & under | 50m Butterfly |
| 107 | Boys | 11/12 years | 100m Butterfly |
| 108 | Boys | 11/12 years | 100m Butterfly |
| 109 | Girls | 13/14 years | 100m Breaststroke |
| 110 | Boys | 13/14 years | 100m Breaststroke |
| 111 | Girls | 15 & over | 100m Backstroke |
| 112 | Boys | 15 & over | 100m Backstroke |
| 113 | Girls | 10 & under | 50m Breaststroke |
| 114 | Boys | 10 & under | 50m Breaststroke |
| 115 | Girls | 11/12 years | 100m Breaststroke |
| 116 | Boys | 11/12 years | 100m Breaststroke |
| 117 | Girls | 13/14 years | 100m Freestyle |
| 118 | Boys | 13/14 years | 100m Freestyle |
| 119 | Girls | 15 & over | 100m Butterfly |
| 120 | Boys | 15 & over | 100m Butterfly |

Session 2

| | | | |
|-----|-------|-------------|-------------------|
| 201 | Girls | 10 & under | 100m IM |
| 202 | Boys | 13/14 years | 100m IM |
| 203 | Girls | 11/12 years | 100m IM |
| 204 | Boys | 11/12 years | 100m IM |
| 205 | Girls | 15 & / over | 100m Freestyle |
| 206 | Boys | 15 & over | 100m Freestyle |
| 207 | Girls | 13/14 years | 100m Backstroke |
| 208 | Boys | 11/12 years | 100m Backstroke |
| 209 | Girls | 10 & under | 50m Freestyle |
| 210 | Boys | 10 & under | 50m Freestyle |
| 211 | Girls | 11/12 years | 100m Freestyle |
| 212 | Boys | 11/12 years | 100m Freestyle |
| 213 | Girls | 15 & over | 100m Breaststroke |
| 214 | Boys | 15 & over | 100m Breaststroke |
| 215 | Girls | 13/14 years | 100m Butterfly |
| 216 | Boys | 13/14 years | 100m Butterfly |
| 217 | Girls | 10 & under | 50m Backstroke |
| 218 | Boys | 10 & under | 50m Backstroke |
| 219 | Girls | 11/12 years | 100m Backstroke |
| 220 | Boys | 11/12 years | 100m Backstroke |

**GLENROTHES AMATEUR SWIMMING CLUB
SPRING MEET 2012**

In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the entry secretary with your cheque.

I confirm that all entered swimmers have paid their current S.A.S.A registration fee (Scottish clubs) or are affiliated members of their governing body (non Scottish clubs).

I understand that any swimmer entered without a registration number (Scottish clubs) or not affiliated to their governing body (non-Scottish clubs) will be automatically rejected.

I confirm that all entered swimmers are trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

I hereby confirm that all swimmers have agreed to submit to drug testing if selected to do so.

SIGNED:

NAME (print)

POSITION IN CLUB:

CLUB

**GLENROTHES AMATEUR SWIMMING CLUB
SPRING MEET 2012**

SUMMARY SHEET

**** This form must be completed and returned with your cheque. ****

Club:

Contact Name:

Address:

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Post Code: Tel No.

e-mail address:

(important for urgent distribution of information and updates pertaining to the meet).

Total Male Entries @ £ 5.00 £.....

Total Female Entries @ £ 5.00 £.....

Lunch Ticket @ £8.00 £.....

Total cheque enclosed £

Please make cheques payable to GLENROTHES ASC

Form to be returned to:
Heather McIntyre
Meet Entry Secretary
The Bungalow,
Carslogie Road,
Cupar, KY15 4HY
Tel 01334 656559
Email: hjp.mcintyre@btinternet.com

TO BE RETURNED BY SATURDAY 25th FEBRUARY 2012