



**Livingston & District Dolphins**

**Annual Development Gala**

**Sunday 22 January 2012**

**Deans Community High School, Livingston**

SASA License Number: ED/L3/488/0811

Entries are invited from clubs to take part in our annual Development Gala. This will follow the usual format with a guest swimmer demonstrating each stroke prior to each set of events. This event has been organised for **inexperienced swimmers** who have had little opportunity to gain experience in a competitive environment.

In the event that not all entries can be accepted, then priority will be given to the **slower** entries. This event is intended for clubs from the East District of Scotland and members of the Forth Valley Junior League, therefore, entries from other clubs will only be accepted if there is sufficient capacity and on a first come, first served basis.

**Date:** Sunday 22 January 2012

**Venue:** Deans Community High School  
Eastwood Park  
Livingston EH54 8PS

**Warm Up:** 9.15am            Start 10.00am  
                  1.15pm            Start 1.45pm

**Age:** As at 31 December 2012

**Age Groups:** 9 years (not 9 and under), 10 years and 11 years

**Entry Fees:** £4.00 per individual event, £6.00 per relay and £6.00 per coach's meal

**Awards:** All swimmers will receive a memento for participating  
Medals will be presented to the first, second and third places in the relay event

**Closing Date:** Friday 2 December 2011

Clubs can enter only one relay team consisting of swimmers who have also been entered for individual events.

This event will be run using Hy-Tek Meet Manager. To request the entry file please send an email quoting your club name, address and contact telephone number to Graham Templeton [graham.templeton@googlemail.com](mailto:graham.templeton@googlemail.com) Cheques (payable to LDD-ASC) and other paperwork should be posted to:

Graham Templeton  
25 Barn Place  
Livingston  
EH54 7EN

It is the responsibility of all club entry secretaries to ensure that all competitor entry times, dates of birth etc. are correct. A draft programme will be made available to all club entry secretaries as soon as possible after the closing date. Correction to entries that will displace a swimmer already accepted will not be allowed. All entered swimmers must have paid their SASA Membership Fee for 2011/2012. To ensure the smooth running of this meet, we request all clubs coming to the event to nominate and provide timekeepers in line with East District rules. For more information please email the address above.

## Programme of Events

### Session 1: Warm-up 9.15am - Start 10.00am

#### **Event** *Butterfly Demonstration*

101	Girls 9 years	25m Butterfly
102	Boys 9 years	25m Butterfly
103	Girls 10 years	25m Butterfly
104	Boys 10 years	25m Butterfly
105	Girls 11 years	25m Butterfly
106	Boys 11 years	25m Butterfly

#### *Breaststroke Demonstration*

107	Girls 9 years	25m Breaststroke
108	Boys 9 years	25m Breaststroke
109	Girls 10 years	50m Breaststroke
110	Boys 10 years	50m Breaststroke
111	Girls 11 years	50m Breaststroke
112	Boys 11 years	50m Breaststroke

### Session 2: Warm-up 1.15pm - Start 1.45pm

#### **Event** *Backstroke Demonstration*

201	Girls 9 years	25m Backstroke
202	Boys 9 years	25m Backstroke
203	Girls 10 years	50m Backstroke
204	Boys 10 years	50m Backstroke
205	Girls 11 years	50m Backstroke
206	Boys 11 years	50m Backstroke

#### *Freestyle Demonstration*

207	Girls 9 years	25m Freestyle
208	Boys 9 years	25m Freestyle
209	Girls 10 years	50m Freestyle
210	Boys 10 years	50m Freestyle
211	Girls 11 years	50m Freestyle
212	Boys 11 years	50m Freestyle

213	6x25m Squadron Freestyle Relay (9, 10, 11 years Boy/Girl in age order)	
-----	---	--

**LDD Annual Development Gala 2012**  
**Entry Summary Sheet**



Club Name:	
Contact Name:	
Address:	
Post Code:	
Telephone:	
Email address:	

<b>Item</b>	<b>Number</b>	<b>Cost</b>	<b>Total</b>
Boys individual entries		£4.00	
Girls individual entries		£4.00	
Relay entry		£6.00	
Coaches meals		£6.00	

Total : \_\_\_\_\_

Please make your cheque payable to LDD-ASC and return along with this form to:

Graham Templeton  
25 Barn Place  
Livingston  
EH54 7EN

[graham.templeton@googlemail.com](mailto:graham.templeton@googlemail.com)