



# MIDLOTHIAN SWIMMING CLUB

Invites entries to the

## **Midlothian Spring Meet**

Saturday 28<sup>th</sup> & Sunday 29<sup>th</sup> April 2012

at

**The Mercat Gait Centre  
Preston Road, Prestonpans  
EH32 9EN  
Tel. No. 01875 815483**

Licence Numbers: Sat - ED/L2/457/1210

## Midlothian Swimming Club

### Midlothian Spring Meet

This is a new event for Midlothian SC appealing to a wide range of ages.

Date(s) : Saturday 28<sup>th</sup> & Sunday 29<sup>th</sup> April 2012

Venue : Prestonpans Pool, Prestonpans, East Lothian

Time: Warm up session 1 and 3 - 09:00      Start 10:00  
Warm up session 2 and 4 - 13:30      Start 14:30

Pool : 6 lane 25 metre competition pool; full electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spacious spectator area; free car parking; cafeteria

Ages : As at 29<sup>th</sup> April 2012

Age groups : 12 and under, 13 years, 14/15 years, 16 years and over  
**NB** - Minimum age to comply with accreditation is 8 yrs on 28<sup>th</sup> April

Entry fees : £4 per individual event

Coaches pass : £4 includes weekend programme and start sheets (per club)

Coaches meals £6 each per day

Awards All events are heat declared winners  
Medals will be presented for each age group for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>  
Trophy for best club based on overall points 7,5,4,3,2,1 for top 6 in each event

#### Officials

- We ask clubs assistance in providing timekeepers and qualified judges
- Details of the judges and timekeepers available should be returned with the entry form. We will provide free spectator passes to clubs who pre-register their officials beforehand in this way. These passes will be available for collection from the Gala Convenor at the start of each day
- There will be **12 free spectator** passes available per session for the first 12 timekeepers to pre-register - each pre-registered timekeeper who signs in for duty will be give a spectator pass. They can use this for viewing a later session or transfer it to someone else.
- There will also be **16 free spectator** passes available for the first 8 judges who pre-register for each session. Each judge who has pre-registered and reports for duty will earn two passes to use in any session. These are transferable

#### Entries

Entries are via Hytek Team Manager which can be requested from John Bruce at [JBruce2160@aol.com](mailto:JBruce2160@aol.com) or downloaded from [www.swimscotland.org.uk](http://www.swimscotland.org.uk)  
Other queries to the Gala Convenor, Pam Jubb, at [pamjubb@yahoo.co.uk](mailto:pamjubb@yahoo.co.uk)  
Tel : 07748075046

**Closing date for entries : Noon Wednesday 28<sup>th</sup> March 2012**

## Events

- 100 metres Freestyle All age groups
- 100 metres Backstroke All age groups
- 100 metres Breaststroke All age groups
- 100 metres Butterfly All age groups
- 100 Individual Medley 12 Years and Under
- 100 Individual Medley 13 Years
- 200 metres Freestyle All age groups
- 200 metres Backstroke All age groups
- 200 metres Breaststroke All age groups
- 200 metres Butterfly All age groups
- 200 Individual Medley 14/15 Years
- 200 Individual Medley 16 Years and Over

## Meet Rules

- Swimmers may only enter their own age group.
- No Swimmer under the age of 8yrs is permitted to swim in accordance with accreditation requirements.
- All swimmers of Scottish Clubs must have or have a current SASA registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
- Coaches and Team Managers must ensure that all swimmers can dive safely into deep/shallow water as per the current legislation. There will be **NO** diving at the shallow end of the pool.
- Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure their swimmers are aware of the meet rules and guidelines.

## Miscellaneous

- The main pool will be available for warm-up purposes prior to the start of each session. The time may be split to allow suitable water time and space to all age groups
- Swimmers must report to the competition stewards in the designated marshalling area at least five heats in advance.
- Over the top starts may be used at the discretion of the promoter to facilitate the smooth running of the event
- Spectator tickets and programmes will be available at the entrance to the spectators gallery upstairs in the Mercat Gait Centre
- Award presentations will take place during each session with the exception of the overall individual and club prizes. These will be presented as soon as possible after the completion of all four sessions
- Result sheets will be posted on the spectator gallery glazed wall as early as possible after each event. Final results will be posted at [www.swimscotland.co.uk](http://www.swimscotland.co.uk)
- The venue management do not permit photography of any kind. This includes mobile phones with camera capability. Anyone found taking images **will** be asked to leave the premises.
- Please note that only swimmers named on the start sheets should report to marshalling.
- The event organisers reserve right to alter the programme including warm-up and start times to ensure the smooth running of the meet.
- All mobile telephones should be switched off within the centre.
- **The meet is licensed and level 2 accreditation will be applied for.**

## Events

Session 1 Saturday 28<sup>th</sup> April

Warm up 09:00 - Start 10:00

Event	Gender	Age	Distance	Stroke	
101	Girls	All age groups	100m	Butterfly	HDW
102	Boys	All age groups	100	Breaststroke	HDW
103	Girls	13 years	100	Ind. Medlay	HDW
104	Boys	All age groups	200	Butterfly	HDW
105	Girls	All age groups	200	Freestyle	HDW
106	Boys	Age 14/15 years	200	Ind. Medlay	HDW

Session 2 Saturday 28<sup>th</sup> April

Warm up 13:30 - Start 14:30

Event	Gender	Age	Distance	Stroke	
201	Girls	All age groups	100m	Backstroke	HDW
202	Boys	All age groups	100	Freestyle	HDW
203	Girls	12 years and under	100	Ind. Medlay	HDW
204	Boys	All age groups	200	Backstroke	HDW
205	Girls	All age groups	200	Breaststroke	HDW
206	Boys	Age 16 and over	200	Ind. Medlay	HDW

Session 3 Sunday 29<sup>th</sup> April

Warm up 09:00 - Start 10:00

Event	Gender	Age	Distance	Stroke	
301	Boys	All age groups	100m	Butterfly	HDW
302	Girls	All age groups	100	Breaststroke	HDW
303	Boys	13 years	100	Ind. Medlay	HDW
304	Girls	All age groups	200	Butterfly	HDW
305	Boys	All age groups	200	Freestyle	HDW
306	Girls	Age 14/15 yrs	200	Ind. Medlay	HDW

Session 4 Sunday 29<sup>th</sup> April

Warm up 13:30 - start 14:30

Event	Gender	Age	Distance	Stroke	
401	Boys	All age groups	100m	Backstroke	HDW
402	Girls	All age groups	100	Freestyle	HDW
403	Boys	12 years and under	100	Ind. Medlay	HDW
404	Girls	All age groups	200	Backstroke	HDW
405	Boys	All age groups	200	Breaststroke	HDW
406	Girls	Age 16 and over	200	Ind. Medlay	HDW

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### Entries Summary Sheet

*\*\* Please completed this form electronically and return it with your entries. \*\**

Club Name:	
Contact Name:	
Address:	
Post Code:	
Telephone:	
e-mail-address:	

Individual Female Entries		@ £4.00 each:	£
Individual Male Entries		@ £4.00 each:	£
Total Amount Enclosed			£

Please make cheques payable to: Midlothian Swimming Club

Return this form along with entries by email no later than Noon 29th March 2012

John Bruce  
50 Station Road  
Roslin  
EH25 9LR  
Tel: 0131 440 1752  
e-mail: [JBruce2160@aol.com](mailto:JBruce2160@aol.com)

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Saturday 28<sup>th</sup> & Sunday 29<sup>th</sup> April 2012

### Technical Officials Notification Form

Club	
Club Contact	
Tel No.	
E-mail Address	

#### (Saturday)

Name	STO Duty	S1 (please	S2 tick)	Meal

#### (Sunday)

Name	STO Duty	S1 (please	S2 tick)	Meal

Please return this form when the acceptances have been confirmed to:-  
Pam Jubb, at [pamjubb@yahoo.co.uk](mailto:pamjubb@yahoo.co.uk)  
Tel : 07748075046