

# **WARRENDER BATHS CLUB**

## **Annual Junior Age Group Open Meet**

**Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup>  
March 2012**

**At**

**Mercat Gait,  
Prestonpans**



# WARRENDER BATHS CLUB

*Would like to invite entry applications for their*

## **ANNUAL OPEN MEET**

(Under S.A.S.A. Laws and Licence Numbers ED/L3/478/0611 and ED/L2/479/0611)

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### **Open Meet - General Information**

*Date:* Saturday 24<sup>th</sup> – Sunday 25<sup>th</sup> March 2012

*Venue:* Mercat Gait, Prestonpans

*Pool:* 6 lane 25 metre; full electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria; swim shop.

| <i>Time:</i> | <b>Girls warm-up</b> | <b>Boys warm-up</b> | <b>Start</b> | <b>Finish</b> |
|--------------|----------------------|---------------------|--------------|---------------|
|              | 08:30 - 08:55        | 08:55 - 09:20       | 09:30        | 12:30         |
|              | 13:00 - 13:25        | 13:25 - 13:50       | 14:00        | 17:00         |

*Ages:* As at 24<sup>h</sup> / 25<sup>th</sup> March 2012

|                    |           |                    |
|--------------------|-----------|--------------------|
| <i>Age groups:</i> | Saturday: | 9/under, 10 years  |
|                    | Sunday:   | 11 years, 12 years |

*Events:* **9/under, 10 years:** 50m all strokes (HDW), 100m I.M. (HDW), 200 Freestyle (HDW)  
**11 years, 12 years:** 50m all strokes (HDW) 200m I.M (HDW) 200 Freestyle (HDW)

*Entry Fees:* £5.00 per individual event

*Coaches Pass:* Meet Pass: £5.00 - covers: programme, results sheets, 1 meal

*Awards:* Top Club, Top Girl/Boy in each age group  
Individual events - medals to 1-2-3-4-5-6

*Officials:* Any Swimming Technical Officials travelling with clubs are asked to make themselves available for assistance on the day.

*Closing date for entries:* **Midnight Wednesday 29 February 2012**

*All entries should be submitted by email on the appropriate file and returned to:*

**John Bruce**  
50 Station Road  
Roslin, Midlothian  
EH25 9LR  
Tel: 0131 440 1752  
E-mail: [JBruce2160@aol.com](mailto:JBruce2160@aol.com)

## **Open Meet - Specific Information**

### **Meet Rules**

- The meet shall be held under FINA Rules.
- Ages as at 24<sup>th</sup> / 25<sup>th</sup> March 2012.
- All swimmers of Scottish clubs must have a current S.A.S.A. registration number.
- All swimmers of non-Scottish clubs must be registered with their governing body.
- The pool is 25 metres long with 6 lanes separated by anti-wave lane ropes.
- Electronic timing will be in operation. In the event of electronic timing failure, the back-up manual timing will be used.
- Swimmers, coaches and team managers must ensure that all their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. There will be no diving at the shallow end of the pool.
- Only swimmers and coaches with meet passes will be admitted on to the poolside.
- No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved S.A.S.A. form.
- Swimmers must act on the instructions given by meet officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

### **Entries and time cards**

- Closing date for entries is Midnight Wednesday 29<sup>th</sup> February 2012. Late entries will not be accepted.
- All entries must be made on the relevant electronic files and submitted by email. Entry files can be requested by returning the appropriate form enclosed in this information or via e-mail.
- Time cards will not be used.
- Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each session on the event withdrawal form.
- The promoter's reserve the right to restrict entries in order to facilitate the smooth running of the meet. Entries will be accepted on time basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

### **Events**

- Over the top starts may be used at the discretion of the promoter's in order to facilitate the smooth running of the meet.
- All events will be swum on a Heat Declared Winner basis.
- Heats will be seeded after the withdrawal table closes 45 minutes before the start of each session. All heats will be spearheaded based on entry times, fastest to slowest, with the fastest swimmers in the final heat. Start sheets will then be issued to clubs for information and marshalling purposes.
- Swimmers must report to the competitor stewards in the designated marshalling area at least three heats in advance.

### **Costs**

|                 |                                                                |
|-----------------|----------------------------------------------------------------|
| Entry fees:     | £5.00 per individual event                                     |
| Coaches passes: | £5.00 per day. Covers meet pass, programme, results and 1 meal |
| Other costs:    | Spectator entry : £4.00 (including programme)                  |

## Warm-ups and Session Times

| <i>Session</i> | <i>Girls warm-up</i> | <i>Boys warm-up</i> | <i>Start</i> | <i>Finish</i> |
|----------------|----------------------|---------------------|--------------|---------------|
| 1              | 08:30 - 08:55        | 08:55 - 09:20       | 09:30        | 12:30         |
| 2              | 13:00 - 13:25        | 13:25 - 13:50       | 14:00        | 17:00         |

- The warm-ups may only commence when advised to do so by the warm-up marshals.
- There will be no diving allowed in warm-ups other than those in controlled sprint lanes.
- Swimmers must keep moving during warm-ups and avoid congestion in any part of the pool.
- Sprint lanes will be made available during the final ten minutes of each warm-up period. Stewards may control these as necessary to avoid congestion and diving in on backstroke or push-start swimmers.
- Lanes 1, 3 and 5 are to be swum in a clockwise direction and Lanes 2, 4 and 6 swum in an anti-clockwise direction.

## Awards

*Top Club:* Trophy to be returned after 1 year. Small trophy to be retained. Awarded to the club scoring the most points from all events on the following scale: 1<sup>st</sup> = 7, 2<sup>nd</sup> = 5, 3<sup>rd</sup> = 4, 5<sup>th</sup> = 2, 6<sup>th</sup> = 1. Disqualifications will score no points.

*Top Girl/Boy:* Retainable trophy. Awarded to the Girl and Boy scoring most points in each age group (9/under, 10, 11, 12) according to the same scale as the Top Club Award.

*Individual events:* Medals presented to swimmers placing 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place in each event.

## Miscellaneous

- A licence number has been received under Licence Number ED/L3/478/0611 for 24 March 2012
- A licence number has been received under Licence Number ED/L2/479/0611 for 25 March 2012
- Mercat Gait has a cafeteria and refreshment vending machines.
- A swim shop will be open during the meet.
- The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.
- Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.
- Neither Warrender Baths Club nor Mercat Gait can be held responsible for loss or damage to swimmer's, team staff or spectator's property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers outwith the poolside must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn on the poolside area.
- Anything not covered above and not printed in the event programme will be at the promoter's discretion.
- Warrender Baths Club reserve the right to vary the above conditions as necessary.

# **WARRENDER BATHS CLUB**

**Annual Open Meet: 24<sup>th</sup> - 25<sup>th</sup> March 2012**

## **Health and Safety Announcement**

### **Controlling the Use of Photographic Equipment**

Due to a warning received on paedophile activity the Scottish Amateur Swimming Association has decided that control of photographic equipment is required at all meets.

In view of this, the meet will run under the following guidelines:

No photographic equipment (e.g., camera, camcorder etc,) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.

Application can be made on the day to the meet director or to the meet directors appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

# WARRENDER BATHS CLUB

**Annual Open Meet: 24<sup>th</sup> - 25<sup>th</sup> March 2012**

*In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.*

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

Signed: .....

Position in club: .....

On behalf of: ..... (Name of club)

Return this form along with entries no later than Midnight Wednesday 29 February 2012 to:

**John Bruce**  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR  
[JBruce2160@aol.com](mailto:JBruce2160@aol.com)  
Tel: 0131 440 1752

# WARRENDER BATHS CLUB

## Annual Open Meet: 24<sup>th</sup> - 25<sup>th</sup> March 2012

### Programme of Events

#### **SATURDAY 24<sup>th</sup> MARCH 2012: ED/L3/478/0611**

SESSION 1:                      Girls warm-up: 08:30 - 08:55                      Start: 09:30  
                                         Boys warm-up: 08:55 - 09:20                      Finish: 12:30

| EVENT NO. |      | AGE      | EVENT |              |     |
|-----------|------|----------|-------|--------------|-----|
| Girls     | Boys |          |       |              |     |
| 101       | 102  | 9/under  | 100m  | I.M.         | HDW |
| 103       | 104  | 10 years | 200m  | Freestyle    | HDW |
| 105       | 106  | 9/under  | 50m   | Backstroke   | HDW |
| 107       | 108  | 10 years | 50m   | Breaststroke | HDW |
| 109       | 110  | 9/under  | 50m   | Butterfly    | HDW |
| 111       | 112  | 10 years | 50m   | Freestyle    | HDW |

SESSION 2:                      Girls warm-up: 13:00 - 13:25                      Start: 14:00  
                                         Boys warm-up: 13:25 - 13:50                      Finish: 17:00

|       |      |          |      |              |     |
|-------|------|----------|------|--------------|-----|
| Girls | Boys |          |      |              |     |
| 201   | 202  | 9/under  | 200m | Freestyle    | HDW |
| 203   | 204  | 10 years | 100m | I.M.         | HDW |
| 205   | 206  | 9/under  | 50m  | Breaststroke | HDW |
| 207   | 208  | 10 years | 50m  | Backstroke   | HDW |
| 209   | 210  | 9/under  | 50m  | Freestyle    | HDW |
| 211   | 212  | 10 years | 50m  | Butterfly    | HDW |

#### **SUNDAY 25<sup>th</sup> MARCH 2012: ED/L2/479/0611**

SESSION 3:                      Girls warm-up: 08:30 - 08:55                      Start: 09:30  
                                         Boys warm-up: 08:55 - 09:20                      Finish: 12:30

| EVENT NO. |      | AGE      | EVENT |              |     |
|-----------|------|----------|-------|--------------|-----|
| Girls     | Boys |          |       |              |     |
| 301       | 302  | 11 years | 200m  | I.M.         | HDW |
| 303       | 304  | 12 years | 200m  | Freestyle    | HDW |
| 305       | 306  | 11 years | 50m   | Backstroke   | HDW |
| 307       | 308  | 12 years | 50m   | Breaststroke | HDW |
| 309       | 310  | 11 years | 50m   | Butterfly    | HDW |
| 311       | 312  | 12 years | 50m   | Freestyle    | HDW |

SESSION 4:                      Girls warm-up: 13:00 - 13:25                      Start: 14:00  
                                         Boys warm-up: 13:25 - 13:50                      Finish: 17:00

|       |      |          |      |              |     |
|-------|------|----------|------|--------------|-----|
| Girls | Boys |          |      |              |     |
| 401   | 402  | 11 years | 200m | Freestyle    | HDW |
| 403   | 404  | 12 years | 200m | I.M.         | HDW |
| 405   | 406  | 11 years | 50m  | Breaststroke | HDW |
| 407   | 408  | 12 years | 50m  | Backstroke   | HDW |
| 409   | 410  | 11 years | 50m  | Freestyle    | HDW |
| 411   | 412  | 12 years | 50m  | Butterfly    | HDW |

# WARRENDER BATHS CLUB

Annual Open Meet: 24<sup>th</sup> - 25<sup>th</sup> March 2012

## Summary Entry Form

*\*\* This form must be completed and returned with any entries. \*\**

Club Name: .....

Contact Name: .....

Address: .....

..... Post Code .....

Telephone: .....

email: .....

Total Female Entries ..... @ £5.00 each: = £.....

Total Male Entries ..... @ £5.00 each: = £.....

Coach Passes (per day).....@ £5.00 includes lunch = £.....

Total Amount Enclosed: = £.....

Signed: .....

Position in club: .....

Please make cheques payable to: **Warrender Baths Club**

Return this form along with entries no later than **Midnight Wednesday 29 February 2012**  
to:

**John Bruce**  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR  
[JBruce2160@aol.com](mailto:JBruce2160@aol.com)  
Tel: 0131 440 1752

# WARRENDER BATHS CLUB

Annual Open Meet: 24<sup>th</sup> - 25<sup>th</sup> March 2012

## Entry Files Request Form

Please email the entry files for the above meet to:

|           |                         |              |       |
|-----------|-------------------------|--------------|-------|
| Club      | _____                   | Contact Name | _____ |
| Address   | _____<br>_____<br>_____ |              |       |
| Telephone | _____                   | E-mail       | _____ |

Return this completed form to:

**John Bruce**  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR

Tel: 0131 440 1752

**Alternatively, send an e-mail with the same information to  
John Bruce at:**

**[JBruce2160@aol.com](mailto:JBruce2160@aol.com)**

# Warrender Baths Club

## Annual Age Group Open Meet Records

| 9 YEARS AGE GROUP |            |         |      |                 |                 |                 |         |      |
|-------------------|------------|---------|------|-----------------|-----------------|-----------------|---------|------|
| MALE              |            |         |      | EVENT           | FEMALE          |                 |         |      |
| Name              | Club       | Time    | Year |                 | Name            | Club            | Time    | Year |
| Jamie Coulter     | Fauldhouse | 32.21   | 2003 | 50 Freestyle    | Lexie Waller    | Hearts ASC      | 33.91   | 2011 |
| Harris Bruce      | InCAS      | 39.22   | 2011 | 50 Backstroke   | Danielle Joyce  | North Ayrshire  | 37.56   | 2006 |
| Scott Goadby      | Step Rock  | 43.97   | 2008 | 50 Breaststroke | Georgina Sellyn | City of Glasgow | 45.82   | 2004 |
| Duncan Scott      | Alloa      | 35.83   | 2007 | 50 Butterfly    | Lexie Waller    | Hearts ASC      | 37.09   | 2011 |
| Duncan Scott      | Alloa      | 1:21.75 | 2007 | 100 I.M.        | Lexie Waller    | Hearts ASC      | 1:22.76 | 2011 |
| Duncan Scott      | Alloa      | 2:29.68 | 2007 | 200 Freestyle   | Lexie Waller    | Hearts ASC      | 2:38.83 | 2011 |

| 10 YEARS AGE GROUP |                |         |      |                 |                  |               |         |      |
|--------------------|----------------|---------|------|-----------------|------------------|---------------|---------|------|
| MALE               |                |         |      | EVENT           | FEMALE           |               |         |      |
| Name               | Club           | Time    | Year |                 | Name             | Club          | Time    | Year |
| Mark Szaraneck     | Glenrothes     | 31.01   | 2006 | 50 Freestyle    | Molly Redford    | Dundee City   | 31.25   | 2007 |
| Jordan Lamb        | Carnegie       | 35.68   | 2007 | 50 Backstroke   | Caitlyn Morrison | Aquanauts     | 34.97   | 2002 |
| Scott Goadby       | Dundee City Aq | 41.19   | 2009 | 50 Breaststroke | Ruth Gordon      | Skye Dolphins | 40.77   | 2009 |
| Mark Szaraneck     | Glenrothes     | 33.86   | 2006 | 50 Butterfly    | Molly Redford    | Dundee City   | 36.09   | 2007 |
| Mark Szaraneck     | Glenrothes     | 1:19.44 | 2006 | 100 I.M.        | Ruth Gordon      | Skye Dolphins | 1:20.60 | 2009 |
| Fraser Beeby       | Carnegie       | 2:31.20 | 2010 | 200 Freestyle   | Leanna Marshall  | Cumbernauld   | 2:30.80 | 2005 |

| 11 YEARS AGE GROUP |                |         |      |                 |                 |                |         |      |
|--------------------|----------------|---------|------|-----------------|-----------------|----------------|---------|------|
| MALE               |                |         |      | EVENT           | FEMALE          |                |         |      |
| Name               | Club           | Time    | Year |                 | Name            | Club           | Time    | Year |
| Mark Szaraneck     | Carnegie       | 29.16   | 2007 | 50 Freestyle    | Jenna Lafferty  | Falkirk        | 30.34   | 2011 |
| Zach Courtney      | Warrender      | 32.80   | 2006 | 50 Backstroke   | Alex Powis      | North Ayrshire | 34.68   | 2006 |
| Scott Goadby       | Dundee City Aq | 38.53   | 2010 | 50 Breaststroke | Elouise Barber  | Incas          | 39.27   | 2004 |
| Mark Szaraneck     | Carnegie       | 32.48   | 2007 | 50 Butterfly    | Aimee Adams     | Carnegie       | 33.78   | 2009 |
| Fraser Beeby       | Carnegie       | 2:39.69 | 2011 | 200 I.M.        | Jenna Lafferty  | Falkirk        | 2:45.35 | 2011 |
| Scott Goadby       | Dundee City Aq | 2:18.94 | 2010 | 200 Freestyle   | Leanna Marshall | Cumbernauld    | 2:20.85 | 2006 |

| 12 YEARS AGE GROUP |            |         |      |                 |                   |              |         |      |
|--------------------|------------|---------|------|-----------------|-------------------|--------------|---------|------|
| MALE               |            |         |      | EVENT           | FEMALE            |              |         |      |
| Name               | Club       | Time    | Year |                 | Name              | Club         | Time    | Year |
| Mark Szaraneck     | Carnegie   | 27.58   | 2008 | 50 Freestyle    | Rachael O'Donnell | InCAS        | 28.76   | 2009 |
| Zach Courtney      | Warrender  | 30.52   | 2007 | 50 Backstroke   | Rachael O'Donnell | InCAS        | 32.63   | 2009 |
| Craig Benson       | Livingston | 34.41   | 2007 | 50 Breaststroke | Rachael O'Donnell | InCAS        | 36.66   | 2009 |
| Mark Szaraneck     | Carnegie   | 29.96   | 2008 | 50 Butterfly    | Rachael O'Donnell | InCAS        | 31.37   | 2009 |
| Craig Barnes       | Falkirk    | 2:35.62 | 2011 | 200 I.M.        | Elizabeth Lim     | Warrender BC | 2:38.08 | 2011 |
| Mark Szaraneck     | Carnegie   | 2:10.23 | 2008 | 200 Freestyle   | Amy Fraser        | Gala         | 2:15.58 | 2007 |

All these records are set as 'Age on the day of Competition'.

