



# Westhill EnQuest Minnows Meet

**Westhill Swimming Pool  
15th Sept 2012**

ND/L2/892/Sep12

## MEET INFORMATION

**Pool** 25 Metres, 6 Lanes, Anti-turbulence ropes, Starting Blocks both ends.  
Level Deck Pool, electronic timing, overall depth 2 metres.

**Sessions** In the interest of these young swimmers there will only be two sessions:-

**Session One - Warm Up 9.00 am- Start 10.05 am**

**Session Two - Warm Up 2.00 pm - Start 3.05 pm**

(SUBJECT TO CHANGE IF NECESSARY)

<b>Events</b>	Boys/Girls	9 years	50M All Strokes
		10 years	50M All Strokes
		11 years	50M All Strokes

**Relays** 4 x 25M F/C Relay - mixed ages (a maximum of two swimmers aged 11 with two younger swimmers making up the team)  
4 x 25M Medley Relay - mixed ages (a maximum of two swimmers aged 11 with two younger swimmers making up the team).  
Each club can only enter a maximum of 2 Relay teams in each event.  
**NB** swimmers must have been entered for at least one individual swim and they may only swim in one team per relay event.  
**Relays will be Heat Declared Winner events**

Heats will be swum with all age groups combined and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups. The fastest six swimmers in each of the three age groups will compete in the finals. The organising committee retains the right on the final selection for the number of heats per event.

**Age** As on day of competition (i.e. 15<sup>th</sup> September 2012)

**Entries** **All entries must be on Hytek Team Manager entry file.**  
Entry files may be obtained by downloading from the North District website [www.sasanorth.org.uk](http://www.sasanorth.org.uk)  
or by emailing Lesley Moir on [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk)  
**Time cards are not required.**  
Lists of accepted participating swimmers will be emailed to each club.

**Entry Fees** £4.50 PER INDIVIDUAL EVENT  
£7 PER RELAY TEAM

Entries may have to be limited dependent upon numbers received

Please send the consolidation sheet and entry fees to: -

**Mrs Lesley Moir, 10 Dawson Drive, Westhill, Aberdeenshire AB32 6NS**

**Entry Times** We have again set entry times in order that we can provide a good quality meet which encourages the young inexperienced swimmers. As in previous years our aim remains the same and we will not be entering the more experienced swimmers from our own club in this competition (even if they have a qualifying time), we hope that other clubs will follow our lead and keep in the spirit of the meet's aims.

**Please note that any swimmer who has, at any time prior to the entry cut off date, achieved a time faster than the cut off times listed below must not be entered for that particular event.** Should it come to light that this meet rule has been ignored Westhill District ASC reserve the right to take action against the offending club and swimmer(s) - this may be prior to, during or after the meet.

			<b>Boys</b>	<b>Girls</b>
<b>Times <u>must</u> be slower than: -</b>	50 F/C	-	00:41.00	00:42.00
	50 BRS	-	00:50.00	00:51.00
	50 B/C	-	00:45.00	00:46.00
	50 FLY	-	00:47.00	00:48.00

These times will apply to all age groups.

**CLOSING DATE FOR ENTRIES IS FRIDAY 17<sup>th</sup> AUGUST 2012**

**Withdrawals** Withdrawals from heats should be notified on the withdrawal form issued with the acceptance pack. The sheets should be handed in to the Recorders desk **at least 1 hour prior to the start** of the appropriate session.

Withdrawals prior to the competition should be posted to Lesley Moir (address on previous page) or Emailed to [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk) to arrive **no later than 5.00 pm** on Friday 14<sup>th</sup> September 2012.

**NB** Telephone withdrawals will not be accepted under any circumstances.

**Clubs should complete a separate sheet for each session.**

**Awards** Medals will be presented to 1st, 2nd and 3rd places. There is a Trophy for the top club attending the Meet.

Points will be awarded: 1st - 6 points, 2nd - 5 points, 3rd - 4 points, 4th - 3 points, 5th - 2 points, 6th - 1 point.

**Coaches** Due to lack of space poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.

**Electronic Timing** Electronic timing will be in use and we would greatly appreciate if Coaches could explain the necessity for swimmers to achieve firm contact with the pads at the finish of each event.

**Arrival** Please advise your swimmers that they should not arrive too early as they will not gain entrance to the pool until 8.45 am at the very earliest.

**Cameras/  
Videos/  
Mobile  
Phones**

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form). The use of mobile phones will not be permitted either on poolside or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment. We would be grateful if you could ensure that all members of your club are aware of this requirement.

**Technical Officials**

We would be grateful for a list of Officials willing to help on the day. Clubs can either complete the enclosed form and return it with their entries or return it by 1<sup>st</sup> September 2012 to

**Mr Gordon Moir, 10 Dawson Drive, Westhill, Aberdeenshire AB32 6NS**

**Meet Convenor**

**Mrs Julie McPherson**

**Tel: 01224 749936**

**We look forward to seeing you on 15<sup>th</sup> September 2012**

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## PROGRAMME OF EVENTS

### SESSION ONE

#### WARM UP 9.00

#### START 10.05

Event No	101	Boys 9 - 11	50m Backcrawl
	102	Girls 9 - 11	50m Backcrawl
	103	Boys 9 - 11	50m Butterfly
	104	Girls 9 - 11	50m Butterfly
	105	Boys 4 x 25m	Frontcrawl Relay
	106	Girls 4 x 25m	Frontcrawl Relay

#### Medal Presentation –

**Finals of Events 101, 102, 103 and 104**

#### Followed by

**Relay Events 105 and 106**

### SESSION TWO

#### WARM UP 14:00

#### START 15:05

Event No	201	Boys 9 - 11	50m Breaststroke
	202	Girls 9 - 11	50m Breaststroke
	203	Boys 9 - 11	50m Frontcrawl
	204	Girls 9 - 11	50m Frontcrawl
	205	Boys 4 x 25m	Medley Relay
	206	Girls 4 x 25m	Medley Relay

#### Medal Presentations

**Finals of Events 201, 202, 203 and 204**

#### Followed by

**Relay Events 205 and 206**

#### Medal Presentations

**Peco Trophy for Top Club  
Gilbert Trophy for Best Westhill District Swimmer**

## Westhill EnQuest Minnows Meet 2012

### ENTRY FORM - TEAMS

Club Name/Abbr \_\_\_\_\_

Match Secretary \_\_\_\_\_  
Address \_\_\_\_\_

Tel. No \_\_\_\_\_  
Email \_\_\_\_\_

FEMALE

TEAM	FREESTYLE	MEDLEY

MALE

TEAM	FREESTYLE	MEDLEY

### ENTRIES SUMMARY

FEMALE INDIVIDUAL ENTRIES	@ £4.50	=	£	.....
MALE INDIVIDUAL ENTRIES	@ £4.50	=	£	.....
FEMALE TEAM ENTRIES	@ £7.00	=	£	.....
MALE TEAM ENTRIES	@ £7.00	=	£	.....
COACHES MEAL TICKET	@ £7.00	=	£	.....
TOTAL=			£	.....

**NB** Maximum of two teams per club per relay event

**CLOSING DATE 17<sup>th</sup> August 2012**

**PLEASE MAKE CHEQUES PAYABLE TO:- WESTHILL DISTRICT ASC**

### Declaration

*I confirm that all swimmers entered in this competition have paid their current SASA membership fee.*

Signed .....

Position in Club .....

Date .....

(This declaration **must** be completed by all competing clubs)

