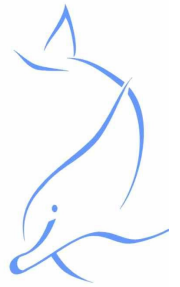




Dumfries
Dolphins



Dumfries
Dolphins

Dumfries Amateur Swimming Club
Graded Meet
27th – 28th April 2013

(Held under SASA Regulations and the FINA Technical Rules for Swimming)
Meet Licence: WD/L2/883/0413

- DATE:** 27th-28th April 2013
- VENUE:** DG One Leisure Complex
Hood's Loaning
Dumfries
DG1 2HT
- FACILITIES:** 8 Lane, 25m Short Course.
Daktronics electronic timing
Anti-Turbulence Lane Ropes
4 Lane, 20m pool for warm up/swim down
- MEET
DIRECTOR:** Meet Director
Dumfries Amateur Swimming Club
DG One Leisure Complex
Hoods Loaning
Dumfries
DG1 2HT
Email: meets.dasc@hotmail.co.uk
- AGE GROUPS:** The individual categories are:
9 & Under
10/11
12-13
14+

Dumfries
Dolphins

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Affiliated to the West District – Scottish Swimming*

Internet: - www.dgone.co.uk & <http://www.dumfriesdolphins.btik.com/>

- ENTRIES:** Closing date for entries is 17th March 2013.
All entry times to be converted to 25 metres please.
All entry times to be slower than those indicated on Page 4.
Swimmers age as of last day of meet.
Entries for this Meet require to be generated on the Hy-Tek Team Manager 4/5 or Lite programme. Hy-Tek Team Manager Lite is available via the internet at www.hy-tek.com/downloads.html .
Paper entries will be accepted from Clubs unable to access Hytek, please see attached form. For relay entries please submit a word document with a predicted time for the purpose of seeding.
Relay teams please submit estimated times for the purposes of seeding.
Swimmers may swim up for relay purposes. All 400m events are for swimmers 10 years and over only.
All entries to be submitted by closing date to meets.dasc@hotmail.co.uk for Hytek entries with payment within 3 days. All paper entries to be made to: Dumfries Amateur Swimming Club, DGOne Leisure Complex, Hoods Loaning, Dumfries DG1 2HT.
- ENTRY FEES:** £5.00 per individual event, £9 per relay entry. Cheques made payable to 'DASC'
- AWARDS:** Awards will be presented to the top 3 in each age group in each event. All events will be HDW.
- COACHES PASSES:** £8 each to include programme and results and lunch.
- EVENTS:** The individual heats will be seeded according to submitted entry times. Heats will be limited to ensure the meet runs to time.
- INDEMNITY:** Dumfries Amateur Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the Dumfries Amateur Swimming Club. Dumfries Amateur Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coach pass, who has had a disclosure check and preferably attended a good practice course.
- SPECTATOR FACILITIES:** Please note it is unlikely that swimmers will be allowed in the spectator area. Swimmers should stay in the swimmers area. There will be 250 seats available for spectators plus bar area with pool view.
- SWIMSHOP:** Swim shop will be available.
- OFFICIALS:** If any visiting teams have any officials who wish to help out at the meet, please advise the meet director at meets.dasc@hotmail.co.uk

Any points not covered are to be at the discretion of the Meet Director.

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Session 1:

- 101 (Girls) 200m backstroke
- 102 (Boys) 200m backstroke
- 103 (Girls) 100m breaststroke
- 104 (Boys) 100m breaststroke
- 105 (Girls) 200m IM
- 106 (10 years & over, Boys) 400m freestyle

Session 2:

- 201 (Girls) 200m butterfly
- 202 (Boys) 200m butterfly
- 203 (Girls) 100m freestyle
- 204 (Boys) 100m freestyle
- 205 (10 years & over , Girls) 400m freestyle
- 206 (Boys) 200m IM

Session 3:

- 301 (Boys) 200m freestyle
- 302 (Girls) 200m freestyle
- 303 (Boys) 100m butterfly
- 304 (Girls) 100m butterfly
- 305 (10 years & over , Boys) 400m IM

Session 4:

- 401 (10 years & over , Girls) 400m IM
- 402 (Boys) 200m breaststroke
- 403 (Girls) 200m breaststroke
- 404 (Boys) 100m backstroke
- 405 (Girls) 100m backstroke
- 406 (Mixed) 4x50m Freestyle Relay

Age Groups: 9 & under/ 10-11/12-13/ 14 & over. Medals for 1st /2nd /3rd.

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Consideration Times (slower than):

Boys

Girls

14& over	12/13	10/11	9 & under	Event	9 & under	10/11	12/13	14 & over
58.00	1:01.50	1:08.00	1:13.00	100m free	1:13.00	1:08.00	1:04.00	1:04.00
2:08.00	2:15.00	2:25.00	2:37.00	200m free	2:37.00	2:25.00	2:18.00	2:18.00
4:35.00	4:45.00	5:05.00	-	400m free	-	5:05.00	4:50.00	4:50.00
1:17.00	1:21.00	1:26.00	1:35.00	100m breast	1:35.00	1:26.00	1:23.00	1:23.00
2:46.00	2:53.00	3:00.00	3:15.00	200m breast	3:15.00	3:00.00	2:55.00	2:55.00
1:06.00	1:12.00	1:20.00	1:27.50	100m back	1:27.50	1:20.00	1:14.00	1:14.00
2:25.00	2:35.00	2:45.00	3:00.00	200m back	3:00.00	2:45.00	2:40.00	2:40.00
1:06.00	1:10.00	1:15.00	1:27.50	100m fly	1:27.50	1:15.00	1:12.00	1:12.00
2:26.00	2:35.00	2:45.00	3:00.00	200m fly	3:00.00	2:45.00	2:38.00	2:38.00
2:30.00	2:38.00	2:50.00	3:00.00	200m IM	3:00.00	2:50.00	2:45.00	2:45.00
5:25.00	5:40.00	5:50.00	-	400m IM	-	5:50.00	5:44.00	5:44.00

(Age as of 28/4/13)

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Summary of Entries

MALE ENTRIES	NUMBER	@ £5.00	£
FEMALE ENTRIES	NUMBER	@ £5.00	£
RELAY ENTRIES	NUMBER	@ £9.00	£
COACHES PASSES	NUMBER	@£7.50	£
TOTAL COST			£

Entries to be returned by 17th March 2013

Signed.....

Email address.....

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Contact address.....
.....
.....
.....

Coaches Passes

(Name of Coach with Disclosure Check)

Name.....

Name.....

CHEQUES TO BE MADE PAYABLE TO DASC.

Dumfries Amateur Swimming Club, DG One Leisure Complex, Hood's Loaning, Dumfries DG1 2HT



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OFFICIALS SHEET

CLUB	
CLUB CONTACT	
TEL NO	
EMAIL ADDRESS	

NAME	DUTY	SESSION 1	SESSION 2	SESSION 3	SESSION 4

Dumfries Amateur Swimming Club, DG One Leisure Complex, Hood's Loaning, Dumfries DG1 2HT



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INDIVIDUAL ENTRY FORM

NAME:
DATE OF BIRTH:
ADDRESS:

POSTCODE:
CONTACT NUMBER:
ASA/WASA/SASA No.:
CLUB:

Event	Entry time
100m freestyle	
200m freestyle	
400m freestyle	
100m backstroke	
200m backstroke	
100m breaststroke	
200m breaststroke	
100m butterfly	
200m butterfly	
200m IM	
400m IM	

Please complete and return to: Meet Director
Dumfries Amateur Swimming Club
DG One Leisure Complex
Hoods Loaning
Dumfries
DG1 2HT

Cheques made payable to DASC.
All entries to be received by 17th March 2013

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