



DUNFERMLINE
Amateur Swimming Club

Junior Sprint
Gala

Sunday, 26th May 2013

At Carnegie Leisure
Centre,

Dunfermline

Licence ED/LA3/617/1212

Dunfermline Amateur Swimming Club

is hosting a Junior Sprint Gala on

Sunday 26th May 2013

and invites entries for this event.

General Information

<i>Date</i>	Sunday 26 May 2013
<i>Venue</i>	Carnegie Leisure Centre, Pilmuir Street, Dunfermline, KY12 0QE
<i>Age groups</i>	8 years, 9 years, 10 years and 11 years
<i>Ages</i>	As at 26th May 2013
<i>Events</i>	25m Fly, 50m Back, Breast, Free (8 & 9 years) and 100IM (9 years) 50m Fly, Back, Breast, Free and 100 IM for (10 & 11 years) Relays; 4x25 freestyle relay 8-9 yrs and 4 x 50 10-11 yrs 4x25 medley relay 8-9 yrs and 4 x 50 10-11 yrs (Mixed boys and girls)
<i>Time</i>	Session 1; Warm up 9.00. Start at 9.45 Session 2; Warm up 13:30. Start at 14:30
<i>Entry fees</i>	£4.00 per individual event; £7.50 per relay.
<i>Coaches pass</i>	£8.00 includes coaches programme, start sheets and lunch.
<i>Closing date:</i>	Noon, Friday 26th April 2013.

Meet Rules

It is the responsibility of each club to ensure that its swimmers are aware of the meet rules and guidelines.

The meet shall be held under SASA rules.

All swimmers of Scottish clubs must have a current SASA registration number. (Swimmers from non-Scottish clubs must be registered with their governing body).

<i>Pool</i>	6 lane 25 metre; electronic timing with 6 lane display scoreboard; anti-wave lane ropes; spectator area; cafeteria;
<i>Diving</i>	Swimmers, coaches and team managers must ensure that swimmers can dive safely as prescribed in current/planned legislation.
<i>Photography</i>	Photographic and video equipment is not allowed in any area under the jurisdiction of the meet organiser without prior approval of the meet director.

Entries

Entries to be made via Hy Tek Team Manager, Event File which can be requested by e-mail from

Susan Liddle; susan@dwliddle.co.uk

Please return entries by email.

Closing Date

Noon, Friday 26th April 2013.

Withdrawals

Withdrawals must be made to the Recorders no later than 45 minutes prior to the start of each session, on the supplied withdrawal form.

The promoters reserve the right to restrict entries. Entries will be accepted on a time basis. Clubs should ensure that times submitted are correct.

Rejected entries will be refunded in full.

Empty lanes may be used by Promoting Club swimmers on a non-competitive basis

Draft Programme

A draft programme detailing acceptances will be circulated by e-mail as soon as possible after the closing date for entries. There are no refunds for entries withdrawn after the draft programme is prepared.

Miscellaneous

The Meet will be a Level 3 event.

The venue has a cafeteria and vending machines.

There will be a raffle/fundraising activities.

The Promoters reserve the right to exclude or refuse admission to any competitor team or official.

Glassware is not permitted in the shower areas or poolside.

Neither the Dunfermline Swimming Club or the Fife Sports and Leisure Trust can be held responsible for the loss or damage to swimmers, team staff's or spectator's property. Swimmers are advised to secure property in the lockers provided and not to leave belongings unattended.

Out-with the pool area, swimmers should wear dry clothing and footwear at all times.

Outdoor footwear must not be worn on the poolside.

Anything not covered above or in the event programme will be at the promoter's discretion.

The organisers reserve the right to vary the conditions as necessary.

Officials

Technical officials are asked to make themselves available for assistance on the day, especially judges. Please indicate on the Entry Form.

Events

Awards

All events are Heat Declared Winners.

Individual events; medals for the fastest three swimmers in each event and for relays. Flashes for 4th-6th in individual events. Best Boy and Girl awards in each age group and best club trophy.

25m butterfly events will start in the water at the shallow end

Over the top starts may be used at the discretion of the promoter.

Swimmers should report to the competition stewards in the designated marshalling area at least 4 heats in advance.

Medley and Freestyle Relays - teams must comprise at least one boy and one girl and 2 from each age group.

Session 1 WARM UP 9am START 9:45am	101	Girls	9 years 100 IM
	102	Boys	10 years 100 IM
	103	Girls	11 years 100 IM
	104	Girls	8 years 25 m butterfly
	105	Boys	8 years 25 m butterfly
	106	Girls	9 years 25 m butterfly
	107	Boys	9 years 25 m butterfly
	108	Girls	10 years 50 m backstroke
	109	Boys	10 years 50 m backstroke
	110	Girls	11 years 50 m backstroke
	111	Boys	11 years 50 m backstroke
	112	Girls	8 years 50 m breaststroke
	113	Boys	8 years 50 m breaststroke
	114	Girls	9 years 50m breaststroke
	115	Boys	9 years 50 m breaststroke
	116	Girls	10 years 50 m freestyle
	117	Boys	10 years 50 m freestyle
	118	Girls	11 years 50 m freestyle
	119	Boys	11 years 50 m freestyle
	120	Mixed	4 x 25m 8-9 years mixed boys and girls medley relay
	121	Mixed	4 x 50m 10-11 years mixed boys and girls medley relay
Session 2 WARM UP 13:30 START 14:15	201	Boys	9 years 100 IM
	202	Girls	10 years 100 IM
	203	Boys	11 years 100 IM
	204	Girls	8 years 50 m freestyle
	205	Boys	8 years 50 m freestyle
	206	Girls	9 years 50 m freestyle
	207	Boys	9 years 50 m freestyle
	208	Girls	10 years 50 m breaststroke
	209	Boys	10 years 50 m breaststroke
	210	Girls	11 years 50 m breaststroke
	211	Boys	11 years 50 m breaststroke
	212	Girls	8 years 50 m backstroke
	213	Boys	8 years 50 m backstroke
	214	Girls	9 years 50 m backstroke
	215	Boys	9 years 50 m backstroke
	216	Girls	10 years 50 m butterfly
	217	Boys	10 years 50 m butterfly
	218	Girls	11 years 50 m butterfly
	219	Boys	11 years 50 m butterfly
	220	Mixed	4 x 25m 8-9 years mixed boys and girls freestyle relay
	221	Mixed	10-11 years mixed boys and girls freestyle relay

Dunfermline Swimming Club
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Summary Entry Form (for completion and return)

This form must be completed and returned to contact below

Club name Contact Name
Club code Address
.....
.....
Telephone No

Total female entries @ £4.00 each: _____

Total male entries @ £4.00 each: _____

Total relay entries @ £7.50 each : _____

Number of coaches passes @ £8.00 each: _____

Total amount enclosed £ _____

I confirm that all swimmers have paid their SAAS membership fee for 2013/2014

Signed
Position in club.

Please make cheques payable to “Dunfermline ASC”.

Please attach an electronic copy of this form to the Hytek Entry Return.

Return this form with payment to –

Susan Liddle, 9 Rullion Road, Penicuik EH26 9HS

by
Noon, 26th April 2013

Technical Officials –

Name

Timekeeper/Judge