Fife Performance Swim Squad ‘124’ Meet

Venue: Carnegie Leisure Centre, Dunfermline, Fife
Saturday 24 and Sunday 25 May 2014

All clubs and Composite teams are invited to apply to participate in the above gala. The gala will be held under FINA & S.A.S.A. rules, accreditation has been applied for.

MEET SUMMARY

Venue: Carnegie Leisure Centre, Pilmuir Street, Dunfermline, FIFE

Date: Saturday 24 & Sunday 25 May 2014

Licence Number: ED/L2/745/0214

Age: Age Groups: 10 & 11yrs / 12 & 13yrs / 14+yrs
Age on the last day of the meet (25 May 2014)

Events: Butterfly / Backstroke / Breaststroke 100m / 200m
Individual Medley 100m / 200m / 400m
Freestyle 100m / 200m / 400m / 800m

Sessions 1 & 3 – Warm up 09.00 ; Start 10.00
Sessions 2 & 4 - Warm up 13.30 ; Start 14.30

Fees: £5.00 per individual swim (100m / 200m)
£6.00 per individual swim (400m)
£7.00 per individual swim (800m)
Coaches passes are £5.00 (which covers both days)

Closing Date: Noon Saturday 26 April 2014
FIFE PERFORMANCE SWIM SQUAD ‘124’ MEET 2014

Saturday 24 May 2014

SESSION 1 (Warm up 09.00; Start 10.00)

<table>
<thead>
<tr>
<th>Event</th>
<th>Age groups</th>
<th>Event</th>
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<tbody>
<tr>
<td>101</td>
<td>Male 10+</td>
<td>100m Butterfly</td>
</tr>
<tr>
<td>102</td>
<td>Female 10+</td>
<td>100m Butterfly</td>
</tr>
<tr>
<td>103</td>
<td>Male 10+</td>
<td>200m Backstroke</td>
</tr>
<tr>
<td>104</td>
<td>Female 10+</td>
<td>200m Backstroke</td>
</tr>
<tr>
<td>105</td>
<td>Male 10+</td>
<td>400m Freestyle</td>
</tr>
<tr>
<td>106</td>
<td>Female 10+</td>
<td>400m Freestyle</td>
</tr>
</tbody>
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SESSION 2 (Warm up 13.30; Start 14.30)

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<tr>
<th>Event</th>
<th>Age groups</th>
<th>Event</th>
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<tbody>
<tr>
<td>201</td>
<td>Female 10+</td>
<td>100m Backstroke</td>
</tr>
<tr>
<td>202</td>
<td>Male 10+</td>
<td>100m Backstroke</td>
</tr>
<tr>
<td>203</td>
<td>Female 10+</td>
<td>200m Breaststroke</td>
</tr>
<tr>
<td>204</td>
<td>Male 10+</td>
<td>200m Breaststroke</td>
</tr>
<tr>
<td>205</td>
<td>Female 10+</td>
<td>200m Butterfly</td>
</tr>
<tr>
<td>206</td>
<td>Male 10+</td>
<td>200m Butterfly</td>
</tr>
<tr>
<td>207</td>
<td>Female 10+</td>
<td>100m IM</td>
</tr>
<tr>
<td>208</td>
<td>Male 10+</td>
<td>100m IM</td>
</tr>
</tbody>
</table>

Age Groups: 10 & 11yrs / 12 & 13yrs / 14+ yrs

Age on last day of Gala (25 May 2014)
FIFE PERFORMANCE SWIM SQUAD ‘124’ MEET 2014

Sunday 25 May 2014

SESSION 3 (Warm up 09.00; Start 10.00)

<table>
<thead>
<tr>
<th>Event</th>
<th>Age groups</th>
<th>Event</th>
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<tbody>
<tr>
<td>301</td>
<td>Female 10+</td>
<td>100m Breaststroke</td>
</tr>
<tr>
<td>302</td>
<td>Male 10+</td>
<td>100m Breaststroke</td>
</tr>
<tr>
<td>303</td>
<td>Female 10+</td>
<td>200m Freestyle</td>
</tr>
<tr>
<td>304</td>
<td>Male 10+</td>
<td>200m Freestyle</td>
</tr>
<tr>
<td>305</td>
<td>Female 10+</td>
<td>400m IM</td>
</tr>
<tr>
<td>306</td>
<td>Male 10+</td>
<td>400m IM</td>
</tr>
</tbody>
</table>

SESSION 4 (Warm up 13.30; Start 14.30)

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<thead>
<tr>
<th>Event</th>
<th>Age groups</th>
<th>Event</th>
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<tbody>
<tr>
<td>401</td>
<td>Male 10+</td>
<td>800m Freestyle</td>
</tr>
<tr>
<td>402</td>
<td>Female 10+</td>
<td>800m Freestyle</td>
</tr>
<tr>
<td>403</td>
<td>Male 10+</td>
<td>200m IM</td>
</tr>
<tr>
<td>404</td>
<td>Female 10+</td>
<td>200m IM</td>
</tr>
<tr>
<td>405</td>
<td>Male 10+</td>
<td>100m Freestyle</td>
</tr>
<tr>
<td>406</td>
<td>Female 10+</td>
<td>100m Freestyle</td>
</tr>
</tbody>
</table>

Age Groups: 10 & 11yrs / 12 & 13yrs / 14+ yrs

Age on last day of Gala (25 May 2014)
FIFE PERFORMANCE SWIM SQUAD ‘124’ MEET 2014

MEET RULES

The meet will be held under S.A.S.A. laws.

Ages as on the day of the competition.

All swimmers of Scottish clubs must have a current S.A.S.A. registration number. All swimmers of non-Scottish clubs must be registered with their governing body.

The pool is 25ms long with 6 lanes and anti-wave lane ropes.

Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.

Coaches and team managers must ensure that all their swimmers can safely dive into deep water as prescribed by current/planned legislation.

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the attached S.A.S.A. form.

It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
FIFE PERFORMANCE SWIM SQUAD ‘124’ MEET 2014

ENTRIES

Entries are via Hytek Team Manager Event File which can be requested from John Bruce at;
50 Station Road, Roslin, EH25 9LR, Tel: 0131 440 1752 Jbruce2106@aol.com or
john.bruce@swimscotland.org.uk

Closing date for entries Noon Saturday 26 April 2014.

All entries should be emailed to John Bruce.

Cheques should be made payable to Fife Swimming Group.

Withdrawals must be made to the recorders no later than 45 minutes prior to the start of each
session.

The promoter’s reserve the right to restrict entries if required. Entries will be accepted on time
basis. Clubs should ensure entry times are accurate. Rejected entries will be refunded in full.

The organisers also reserve the right to balance the entry in each event with an equal number
from each age group as far as is reasonably practical.

A draft programme detailing all acceptances, reserves and rejections will be circulated by email
as soon as possible after the closing date for entries.

There are no refunds for entries withdrawn after the draft programme is prepared.

EVENTS

All events are heat declared winner.

Awards will be made to 1st, 2nd & 3rd places in each event and in each age group.

Over the top starts may be used at the discretion of the promoter to facilitate the smooth
running of the meet.

Swimmers must report to the competition stewards in the designated marshalling area at least
five heats in advance.

There will be a maximum of three reserves per event.

Event results will be published on the poolside and will be available, after the meet, to download
from www.swimscotland.org.uk
OFFICIALS

To help with organising the gala, each club is respectively asked to provide a minimum of two named STO’s for each session where your Club has representation. Details should be completed (electronically if possible) on the enclosed form and should be returned to Martin Turner by email to martin.turner@talktalk.net

MISCELLANEOUS

The meet is licensed and a level 2 accreditation will be applied for.

Carnegie Leisure Centre has a cafeteria and refreshment vending machines.

There will be a raffle or tombola.

The promoters reserve the right to exclude or refuse admission to any competitor, spectator or team official.

Swimmers and coaches must not take glassware into the showers or on to poolside and are liable for expulsion from the meet if found to do so.

Neither Fife Performance Swim Squad nor Fife Sports and Leisure Trust can be held responsible for loss or damage to swimmers’, team staff or spectators’ property. Swimmers should secure their belongings in the changing rooms and not leave belongings unattended.

Swimmers outwith the poolside must wear dry clothing and footwear at all times.

Outdoor footwear must not be worn on the poolside.

Anything not covered above and not printed in the event programme will be at the promoter’s discretion.

Fife Performance Swim Squad reserves the right to vary the above conditions as necessary.
HEALTH & SAFETY DECLARATION

** This form must be completed and returned with your cheque**

In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entry.

- I confirm that all swimmers are current members of the SASA and have paid the appropriate membership fee.
- I understand that any swimmer entered without a registration number will be automatically rejected.
- I confirm that the notice about the use of photographic equipment has been brought to attention of the swimmers, parents and coaches who will be attending the gala.
- I confirm that all swimmers have trained and are competent to dive into the pool, any swimmers unable to do so, will start in the water and notify the Referee that this will be the case.

Signed ________________________________

Print_______________________________

Club position ________________________________

Club (on behalf of) ________________________________

Date ________________
PHOTOGRAPHIC EQUIPMENT NOTICE

The Scottish Swimming Association has decided that control of photographic equipment is required at all meets. In view of this, the meet will run under the following guidelines:

No photographic equipment (e.g., camera, camcorder etc.) is to be allowed on either poolside, spectator gallery or any other area under the jurisdiction of the meet organisers without prior approval of the meet director.

Application to use photographic equipment must be made on the approved S.A.S.A. form enclosed with this information.

Application can be made on the day to the meet director or to the meet director’s appointed official. Applicants must provide proof of identity when applying and carry such proof when intending to use their photographic equipment.

NO FLASH PHOTOGRAPHY DURING STARTS PLEASE
APPLICATION FORM TO USE PHOTOGRAPHIC EQUIPMENT

DETAILS OF APPLICANT

Name ________________________________________________________________
Address________________________________________________________________
Club ________________________________________________________________
Name of Meet____________________________________________________________
Venue of Meet____________________________________________________________
Type of Equipment________________________________________________________
(e.g. camera, camcorder)

VERIFICATION OF CLUB/ASSOCIATION

Club Name_____________________________________________________________
Club Secretary Name ______________________________________________________
Address________________________________________________________________
Club Secretary Officials Signature____________________________________________

DECLARATION OF APPLICANT

I declare that the picture/film(s) produced by the equipment stated above will not be altered in
any way, without prior approval, in writing of the person(s) photographed.
Signature of Applicant _____________________________________________________

NOTIFICATION TO APPLICANT

The above application has been (APPROVED / REFUSED) *(delete as appropriate)
Signature of Meet official __________________________________________________

NOTE:- PROOF OF IDENTITY MUST BE PRODUCED ON REQUEST WHEN EQUIPMENT IS TO BE USED.
**Summary Sheet**

**This form must be completed and returned with your cheque**

<table>
<thead>
<tr>
<th>Club</th>
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<tbody>
<tr>
<td>Contact Name</td>
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<tr>
<td>Address</td>
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<td>Postcode</td>
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<td>Contact telephone no.</td>
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<td>Email</td>
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<td>Club website:</td>
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<tr>
<th>Breakdown of Fees</th>
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<tr>
<td>Total Male (100m/200m) entries</td>
<td>@ £5.00 £</td>
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<tr>
<td>Total Male (400m / 800m) entries</td>
<td>@ £6.00 / £7.00 £</td>
</tr>
<tr>
<td>Total Female (100m/200m) entries</td>
<td>@ £5.00 £</td>
</tr>
<tr>
<td>Total Female (400m / 800m) entries</td>
<td>@ £6.00 / £7.00 £</td>
</tr>
<tr>
<td>Coach Pass (weekend)</td>
<td>@ £5.00 £</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>£</strong></td>
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</tbody>
</table>

Please make cheques payable to **Fife Swimming Group**

Please return the completed form to:

John Bruce, Meet Entry Secretary

50 Station Road

ROSLIN

EH25 9LR

**Forms and cheques should be returned by – Saturday 26 April 2014**
FIFE PERFORMANCE SWIM SQUAD ‘124’ MEET 2014

Named STOs and Time Keepers

Please supply a minimum of 2 STOs and/or time keepers for each session.

We will contact you one month prior to the event as follow-up.

<table>
<thead>
<tr>
<th>Name</th>
<th>Position (STO / TK)</th>
<th>Session(s) 1, 2, 3 or 4</th>
<th>Preferred Role</th>
<th>Email / telephone</th>
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Please complete and return electronically to martin.turner@talktalk.net

On behalf of Fife Performance Swim Squad we thank you for your assistance and we look forward to welcoming you to our Meet.