



# Westhill District ASC Minnows Meet

**Westhill Swimming Pool**  
**Saturday 20<sup>th</sup> September 2014**

ND/L2/089/SEP14

## MEET INFORMATION

**Pool** 25 Metres, 6 Lanes, Anti-turbulence ropes, Starting Blocks both ends.  
Level Deck Pool, electronic timing, overall depth 2 metres.

**Sessions** In the interest of these young swimmers there will only be two sessions:-

**Session One - Warm Up 9.00 am- Start 10.05 am**

**Session Two - Warm Up 2.00 pm - Start 3.05 pm**

(SUBJECT TO CHANGE IF NECESSARY)

**Events** See attached schedule for full programme of events

Boys/Girls	8 years	50M All Strokes (except Butterfly)
	8 years	25M Butterfly
	9 years	50M All Strokes
	10 years	50M All Strokes
	11 years	50M All Strokes

**Relays** 4 x 25M F/C Relay - mixed ages (a maximum of two swimmers aged 11 with two younger swimmers making up the team)

4 x 25M Medley Relay - mixed ages (a maximum of two swimmers aged 11 with two younger swimmers making up the team).

Each club can only enter a maximum of 2 Relay teams in each event.

**NB** swimmers must have been entered for at least one individual swim and they may only swim in one team per relay event.

**Relays will be Heat Declared Winner events.**

Heats will be swum with all age groups combined and swimmers seeded by entry times (the exception being both Boys and Girls 25M Butterfly). Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups.

**The fastest six swimmers in each of the four age groups will compete in the finals at the end of each session.**

The organising committee retains the right on the final selection for the number of heats per event. Westhill District ASC reserves the right to swim a slower heat for their swimmers and to fill empty lanes with their swimmers.

**Age** As on day of competition (i.e. 20<sup>th</sup> September 2014)

**Entries** All entries must be on Hytek Team Manager entry file.

Entry files may be obtained by downloading from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)), SwimScotland or by emailing Susan Coull at [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk)

**Time cards are not required.**

Lists of accepted participating swimmers and a draft programme will be emailed to each club.

**Entry Fees** £4.50 PER INDIVIDUAL EVENT  
£7 PER RELAY TEAM  
Please make cheques payable to Westhill District ASC.

Entries may have to be limited dependent upon numbers received

Please send the consolidation sheet and entry fees to: -  
**Susan Coull, 21 Hillview Road, Westhill. Aberdeenshire. AB32 6PE**

**CLOSING DATE FOR ENTRIES IS FRIDAY 29<sup>th</sup> AUGUST 2014**

**Entry Times** We have again set entry times in order that we can provide a good quality meet which encourages the young inexperienced swimmers. As in previous years our aim remains the same and we will not be entering the more experienced swimmers from our own club in this competition (even if they have a qualifying time), we hope that other clubs will follow our lead and keep in the spirit of the meet's aims.

**Please note that any swimmer who has, at any time prior to the entry cut off date, achieved a time faster than the cut off times listed below must not be entered for that particular event.** Should it come to light that this meet rule has been ignored Westhill District ASC reserve the right to take action against the offending club and swimmer(s) - this may be prior to, during or after the meet.

		<b>Boys</b>	<b>Girls</b>
<b>Times <u>must</u> be slower than: -</b>	50 F/C -	00:40.00	00:41.00
	50 BRS -	00:49.00	00:50.00
	50 B/C -	00:44.00	00:45.00
	50 FLY-	00:46.00	00:47.00
	These times will apply to all age groups.		
	25 FLY 8 Years Only	00:24.00	00:24.00

**Withdrawals** Withdrawals from heats should be notified on the relevant withdrawal. The sheets should be handed in to the Recorders desk **at least 1 hour prior to the start** of the appropriate session.

Withdrawals prior to the competition should be posted to Susan Coull (address on previous page) or emailed to [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk) to arrive **no later than 5.00 pm** on Friday 19<sup>th</sup> September 2014. All details must be included on e-mail withdrawals i.e. Name, Event No., Stroke, SASA No. etc.

**Clubs should complete a separate sheet for each session.**

**NB** Telephone withdrawals will not be accepted under any circumstances.

**Awards** Medals will be presented to 1st, 2nd and 3rd places. There is a Trophy for the top club attending the Meet.

Points will be awarded: 1st - 6 points, 2nd - 5 points, 3rd - 4 points, 4th - 3 points, 5th - 2 points, 6th - 1 point. The Apache Trophy will be awarded to the best non-WDASC swimmer overall based on Points totalled.

**Notes**

1. **Swimmers**, all swimmers entered must have paid their Scottish Swimming membership fee for the current year. Registration numbers must be entered.
2. **Coaches.**, due to lack of space poolside, access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.
3. **Electronic timing** will be in use and we would greatly appreciate if Coaches could explain the necessity for swimmers to achieve firm contact with the pads at the finish of each event.

4. **Arrival**, please advise your swimmers that they should not arrive too early as they will not gain entrance to the pool until 8.45 am at the very earliest.
5. **Photographic Equipment**, please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convener and complete the appropriate form. The use of mobile phones will not be permitted either on poolside or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment. We would be grateful if you could ensure that all members of your club are aware of this requirement.
6. **Programme**, Westhill District ASC reserve the right to amend the programme at any time.
7. **Coaches Lunch Pass**, is available for £7 and should be ordered when returning the entry forms.

#### **Technical Officials**

We would be grateful for a list of Officials willing to help on the day. Clubs can either complete the enclosed form and return it with their entries or return it by 5<sup>th</sup> September 2014 to **Steve Robertson** -.Email [officials@westhilldistrictasc.org.uk](mailto:officials@westhilldistrictasc.org.uk)

#### **Meet Convener**

**Dawn Bedgood** 1 Carnie Gardens, Elrick, Westhill. Aberdeenshire. AB32 6HR  
Tel 01224 749228  
Email [meet.convener@westhilldistrictasc.org.uk](mailto:meet.convener@westhilldistrictasc.org.uk)

**We look forward to seeing you on 20<sup>th</sup> September 2014**

# Westhill Minnows Meet 2014

## PROGRAMME OF EVENTS

### SESSION ONE

#### WARM UP 9.00

#### START 10.05

Event No	101	Boys 8 - 11	50m Backstroke
	102	Girls 8 - 11	50m Breaststroke
	103	Boys 9 - 11	50m Butterfly
	104	Girls 8 - 11	50m Freestyle
	105	Boys 8	25m Butterfly
	106	Girls 4 x 25m	Freestyle Relay
	107	Boys 4 x 25m	Freestyle Relay

**Medal Presentations** Relay Events 106 and 107

**Finals of Events** 101, 102, 103, 104 and 105

**Medal Presentations** Events 101, 102, 103, 104 and 105

### SESSION TWO

#### WARM UP 14:00

#### START 15:05

Event No	201	Girls 9 - 11	50m Backstroke
	202	Boys 9 - 11	50m Breaststroke
	203	Girls 9 - 11	50m Butterfly
	204	Boys 9 - 11	50m Freestyle
	205	Girls 8	25m Butterfly
	206	Boys 4 x 25m	Medley Relay
	207	Girls 4 x 25m	Medley Relay

**Medal Presentations** Relay Events 206 and 207

**Finals of Events** 201, 202, 203, 204 and 205

**Medal Presentations** Events 201, 202, 203, 204 and 205

**Trophy Presentations** *Peco Trophy for Top Club*

*Gilbert Trophy for Best Westhill District Swimmer*

## Westhill Minnows Meet 2014

### ENTRY FORM - TEAMS

**Club Name/Abbr** \_\_\_\_\_

**Match Secretary** \_\_\_\_\_

**Address** \_\_\_\_\_

**Tel. No** \_\_\_\_\_

**Email** \_\_\_\_\_

FEMALE

TEAM	FREESTYLE	MEDLEY

MALE

TEAM	FREESTYLE	MEDLEY

### ENTRIES SUMMARY

FEMALE INDIVIDUAL ENTRIES	..... @ £4.50	=	£ .....
MALE INDIVIDUAL ENTRIES	..... @ £4.50	=	£ .....
FEMALE TEAM ENTRIES	..... @ £7.00	=	£ .....
MALE TEAM ENTRIES	..... @ £7.00	=	£ .....
COACHES MEAL TICKET	..... @ £7.00	=	£ .....
TOTAL=			£ .....

**NB Maximum of two teams per club per relay event**

**CLOSING DATE 29<sup>th</sup> August 2014**

**PLEASE MAKE CHEQUES PAYABLE TO:- WESTHILL DISTRICT ASC**

### Declaration

*I confirm that all swimmers entered in this competition have paid their current SASA membership fee.*

Signed .....

Position in Club .....

Date .....

(This declaration **must** be completed by all competing clubs)

