





**Licence Number: L2/ED/047/JUN17**

9th,10th & 11th June 2017

Mercat Gait Centre, Prestonpans

 

**Meet Information:**

Date: Friday 9th Saturday 10th and Sunday 11th June 2017

Venue: Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN

Pool: 6 lane, 25m pool, electronic timing, anti-wave lane ropes, spectator facilities

Events: 200m Backstroke, Breaststroke, Butterfly & Freestyle – Heat Declared Winners

200m & 400m Individual Medley – Heat Declared Winners

800m (female) & 1500m Freestyle (male)

Age groups: 12 & under, 13/14 years, 15 & over – **Age as at 12th June.**

Events will be run in mixed age groups, with results sorted by age groups.

**Please note we will not accept entries from swimmers under the age of 10 on 12th June 2016**

Sessions: There will be two sessions per day as follows:

Friday Night Warm Up 6pm 6:30pm Start

Sat & Sun Morning Warm-up 09.00 Start 10.00

Sat & Sun Afternoon Warm up 13.30 Start 14.30

Entry Fees: £6.50 per event.

Cheques should be made payable to **East Lothian Swim Team** andreceived within 7 days of the closing date.

Entries: Entries should be made on Hy-Tek entry files which can be obtained by e-mailing the Entry Secretary quoting your club name.

Entries should be received by midnight **8th May 2017**. No time cards will be required.

Entries will be accepted on a time basis. It is the responsibility of Entry Secretaries to ensure all entry times and dates of birth are correct.

Where an event is over-subscribed, the overall percentage of swimmers accepted in the meet will be applied to each age allowing all swimmers an equal chance of being accepted. Rejected entries will be refunded in full.

A draft programme will be made available to Entry Secretaries prior to the meet date. Withdrawals on the day must be made to recorders no later than 45 minutes prior to the start of each session. There are no refunds for entries withdrawn after the draft programme is prepared.

Entry file requests, entries and cheques to be returned to:

Senga Restorick e-mail:- [hc.swimhaddington@gmail.com](mailto:hc.swimhaddington@gmail.com)

78 Preston Crescent

Prestonpans

EH32 9RB **Closing date Midnight 8th May 2016**

Awards: Medals will be awarded to first three places in each age group and to best boy and best girl in each age group.

Officials: Clubs entering this meet should provide a minimum of two officials in order that we can apply for accreditation. Please provide these and return the completed form with your entries.

Lunch: We will provide lunch for all officials attending AM and PM sessions. Coaches’ lunches may be booked at a cost of £9.

Accreditation: SASA level 2 licence and accreditation will be applied for.

**MEET RULES**:-

The meet shall be held under FINA and SASA Rules.

It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

Age is as on the last day of the competition.

All competitors must have current S.A.S.A. or equivalent registration numbers.

Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.

No photographic or video equipment will be allowed in any area within the Centre.

The organisers reserve the right to restrict entries to allow for the smooth running of the meet. Rejected entries on this basis will be refunded in full.

Over the top starts may be used to help the smooth running of the meet.

Swimmers must report to the marshalling area **four** heats in advance.

Warm up: Warm up may only commence when advised to do so.

No diving other than in sprint lanes.

The meet stewards will determine sprint lanes.

No congregating allowed at either end of the lanes.

Miscellaneous: The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.

Neither ELST nor the Mercat Gait Leisure Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended. Bags should not be taken onto poolside they should remain in lockers.

Swimmers must act on the instructions of the meet officials and behave in a responsible manner at all times.

To avoid the unnecessary waste where empty lanes appear, reserves will be drawn from the reserve list.

No glassware may be taken into the showers or poolside. Anyone doing so will be liable to expulsion from the meet.

Outdoor footwear must not be worn on the poolside area.

Swimmers MUST wear dry clothing and footwear at all times when not in poolside area.

The use of mobile phones is prohibited by the Mercat Gait Leisure Centre anywhere within the building.

ELST retains the right to amend any of the above conditions as necessary.

Anything not covered in the above or in the event programme will be at the organisers’ discretion.

No guarantee can be given by East Lothian Swim Team that the event will take place at a particular time, place or date and ELST reserve the right to reschedule the event without notice and without liability for doing so. It is expected that this would only be as a result of unforeseen circumstances, e.g. venue/facility failure or adverse weather.

In the event of postponement, cancellation or abandonment of the event, refunds if, any, will be made at the absolute discretion of East Lothian Swim Team. East Lothian Swim Team will have no liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

Photographic

Equipment: This venue does **NOT** allow photography within the Centre.

**Events**

Evening Session 6pm warm up 6:30 start

101 Girls/Boys 800m Free

102 Boys/Girls 1500m Free

Morning Session 9am warm up 10am start Afternoon Session 1:30pm Warm up 2:30 start

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 201 | 200m Back Female |  | 301 | 200m Free Female |
| 202 | 200m Back Male |  | 302 | 200m Free Male |
| 203 | 200m Fly Female |  | 303 | 400m IM Female |
| 204 | 400m IM Male |  |  |  |

Presentations will take place at an appropriate time during events to allow swimmers to depart.

Morning Session 9am warm up 10am start Afternoon Session 1:30pm Warm up 2:30 start

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 401 | 200m Fly Male |  |  | | 501 | 200m IM Male |
| 402 | 200m Breast Female |  | |  | 502 | 200m IM Female |
| 403 | 200m Breast Male |  | |  | 504 | 400m Free Male |
| 404 | 400m Free Female |  | |  |  |  |

Presentations will take place at an appropriate time during events to allow swimmers to depart.

**HEALTH & SAFETY DECLARATION**

1. **\* This form must be completed and returned with your cheque \*\***

In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entry.

• I confirm that all swimmers are current members of the SASA and have paid the appropriate membership fee.

• I understand that any swimmer entered without a Registration number will be automatically rejected.

• I confirm that the notice about the use of photographic equipment has been brought to the attention of all swimmers, parents and coaches who will be attending the gala.

• I confirm that all swimmers have trained and are competent to dive into the pool, any swimmer unable to so, will start in the water and notify the referee that this will be the case.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Print \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club Position \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

On behalf of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Club)

Date \_\_\_/\_\_\_\_/2017

**SUMMARY SHEET**

**\*\*This sheet must be completed and returned with cheque & filled in and returned with Entries via E-mail\*\***

|  |  |  |  |
| --- | --- | --- | --- |
| **CLUB:** |  | | |
| **Contact Name:** |  | | |
| **Address:** |  | | |
|  |
| **Town:** |  | **Postcode:** |  |
|  |  |  |  |
| **Tel No:** |  |  |  |
| **E-Mail:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | |
|  | **(Helps us speed up the communication of accepted entries & draft Programs)** | | |
|  |  |  |  |
| **Breakdown of fees:** |  |  |  |
| **Total Male Entries: @£6.50** | |  | **£** |
| **Total Female: @£6.50** | |  | **£** |
| **Total Coaches Lunches:@£9.00 per day** | |  | **£** |
|  |  | **Total** | **£** |
| **Please Make Cheques Payable to East Lothian Swim Team** | | | |

**Return to:**

**Senga Restorick**

**78 Preston Crescent**

**Prestonpans**

**EH32 9RB**

**Tel: 07736943777**

**e-mail:-** [hc.swimhaddington@gmail.com](mailto:hc.swimhaddington@gmail.com)

**Named STO’s and Timekeepers**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Position** | **Sessions** | **Preferred Role** | **Contact Details** |
|  | **STO/TK** | **1 [ ] 2[ ]** |  |  |
|  | **STO/TK** | **1 [ ] 2[ ]** |  |  |
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|  | **STO/TK** | **1 [ ] 2[ ]** |  |  |

**Please complete electronically and return to** [hc.swimhddington@gmail.com](mailto:hc.swimhddington@gmail.com)

**Thank you for your assistance**