

Glenrothes ASC Graded Autumn Meet

Saturday 22nd September 2018.

Michael Woods Sports and Leisure Centre, Glenrothes.

Licence no: L3/ED/051/SEP18

Meet Information

Date Saturday 22nd September 2018.

Venue Michael Woods Sport and Leisure Centre, Glenrothes, Fife.

Pool 8 lane, 25m pool, electronic timing, anti-wave lane ropes.

Events 9 and under 25m all strokes plus 100m IM.

10/11 years 50m all strokes plus 100m IM.

12 and over 50m back, breast and fly plus 100m free and IM.

The mixed sex relay teams must contain at least 1 boy or girl per team.

The canon relay should consist of a boy and a girl from each of the 3 age groups, all 6 swimmers will swim 25m freestyle. If necessary swimmers can swim up an age group in any of the relay events.

All events will be heat declared.

Age Groups 9 & under, 10/11 years, and 12 & over. Age as of 22nd Sept.

Sessions There will be 2 sessions as follows:

Morning Warm-up 9am Start 10am

Afternoon Warm-up 1.30pm Start 2.30pm

Entry Fees The entry fee for each swimmer shall be £20 irrespective of the number of events entered.

Canon relay entry fees are £5 per team.

**Cheques should be made payable to “Glenrothes ASC”.**

Entries will not be accepted without the correct fee or if the entry file is incorrectly completed.

Entries It is the responsibility of Entry Secretaries to ensure all entry times and dates of birth are correct.

Where an event is over-subscribed, priority will be given to swimmers entering all 5 events for their age group, then those entering 4, 3 etc. Rejected entries will be refunded in full.

A draft programme will be made available to Entry Secretaries prior to the meet date. Withdrawals on the day must be made to recorders no later than 45 minutes prior to the start of each session. There are no refunds for entries withdrawn after the draft programme is prepared. Entries should be made on Hy-Tek entry files which can be obtained by e-mailing the Entry Secretary quoting your club name.

Entry Secretary Heather McIntyre,

The Bungalow,

Carslogie Rd,

Cupar, KY15 4HY

Tel 01334 656559

[heathermcintyre2000@gmail.com](mailto:heathermcintyre2000@gmail.com)

All entry file requests, entries and cheques should be directly to the entry secretary. Payment for entry fees can also be made by online bank transfer, please contact entry secretary if you wish to pay by this means.

Closing Date The closing date for entries is midnight on Wednesday 29th August 2018.

Cheques to arrive no later than 7 days after closing date.

Awards Medals will be awarded to the first eight in all individual events, and to the Top 3 teams in the relay events.

Accreditation A level 3 licence has been granted L3/ED/051/SEP18 under SASA rules therefore all entrants must have paid their membership fee to SASA or equivalent governing body. Any entry submitted without the correct SASA (or equivalent) registration number will be rejected.

Technical Officials We will be pleased to welcome Technical Officials from visiting clubs. Lunches and refreshments will be offered. Please provide names to the Meet Convenor at swimglenrothes@hotmail.com 7 days prior to the meet.

Coaches Meal Passes Coaches Meal Passes are available at a cost of £8.00 each. Please fill in the appropriate part of the summary sheet, if required.

Amenities The restaurant will be open most of the day for meals and snacks. Michael Woods Centre provides good spectator accommodation, and there is ample parking facilities.

Consideration Times: Please do not submit entry times faster than the consideration times below:

|  |  |  |  |
| --- | --- | --- | --- |
| Event | 9 and under | 10/11 years | 12 and over |
| 25m Fly | 23 |  |  |
| 50m Fly |  | 44 | 40 |
| 25m Back | 23 |  |  |
| 50m Back |  | 42 | 40 |
| 25m Breast | 26 |  |  |
| 50m Breast |  | 48 | 46 |
| 25m Free | 19 |  |  |
| 50m Free |  | 36 |  |
| 100m Free |  |  | 1.15 |

There are no consideration times for the 100m IM events.

**GLENROTHES AMATEUR SWIMMING CLUB**

**AUTUMN GRADED MEET 2018**

**PROGRAMME OF EVENTS:**

|  |  |
| --- | --- |
| Event Number |  |
| Morning Session |  |
| 101 | Boys 9 and under 100m IM |
| 102 | Girls 9 and under 100m IM |
| 103 | Boys 10/11 years 100m IM |
| 104 | Girls 10/11 years 100m IM |
| 105 | Boys 12 and over 100m IM |
| 106 | Girls 12 and over 100m IM |
| 107 | Boys 9 and under 25m Fly |
| 108 | Girls 9 and under 25m Fly |
| 109 | Boys 10/11 years 50m Fly |
| 110 | Girls 10/11 years 50m Fly |
| 111 | Boys 12 and over 50m Fly |
| 112 | Girls 12 and over 50m Fly |
| 113 | Boys 9 and under 25m Back |
| 114 | Girls 9 and under 25m Back |
| 115 | Boys 10/11 years 50m Back |
| 116 | Girls 10/11 years 50m Back |
| 117 | Boys 12 and over 50m Back |
| 118 | Girls 12 and over 50m Back |
| Afternoon Session |  |
| 201 | Boys 9 and under 25m Breast |
| 202 | Girls 9 and under 25m Breast |
| 203 | Boys 10/11 years 50m Breast |
| 204 | Girls 10/11 years 50m Breast |
| 205 | Boys 12 and over 50m Breast |
| 206 | Girls 12 and over 50m Breast |
| 207 | Boys 9 and under 25m Free |
| 208 | Girls 9 and under 25m Free |
| 209 | Boys 10/11 years 50m Free |
| 210 | Girls 10/11 years 50m Free |
| 211 | Boys 12 and over 100m Free |
| 212 | Girls 12 and over 100m Free |
| 213 | Mixed 9 and under 4 x 25m Freestyle Relay |
| 214 | Mixed 10/11 years 4 x 50m Freestyle Relay |
| 215 | Mixed 12 and over 4 x 50m Freestyle Relay |
| 216 | Mixed 6 x 25m Canon Freestyle Relay |

Miscellaneous Glenrothes ASC retains the right to amend any of the above conditions if necessary.

In the event of postponement, cancellation or abandonment of the event, refunds if, any, will be made at the absolute discretion of Glenrothes ASC. Glenrothes ASC will have no liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

Neither Glenrothes ASC nor Michael Woods Sports Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended.

**GLENROTHES AMATEUR SWIMMING CLUB**

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**In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the entry secretary with your cheque.**

I confirm that all entered swimmers have paid their current S.A.S.A registration fee (Scottish clubs) or are affiliated members of their governing body (non Scottish clubs).

I understand that any swimmer entered without a registration number (Scottish clubs) or not affiliated to their governing body (non-Scottish clubs) will be automatically rejected.

I confirm that all entered swimmers are trained and are competent to dive into deep water in a safe manner as prescribed by current guidelines, any swimmer unable to so, will start in the water and notify the referee that this will be the case.

**SIGNED:**

**NAME (print)**

**POSITION IN CLUB:**

**CLUB**

**GLENROTHES AMATEUR SWIMMING CLUB**

**AUTUMN GRADED MEET 2018**

**SUMMARY SHEET**

**\*\* This form must be completed and returned with your cheque. \*\***

Club: .....................................................................................................

Contact Name: .....................................................................................................

Address: ......................................................................................................

......................................................................................................

Post Code: .............................. Tel No. ....................................................

**e-mail address:** ………………………………..…………………………………

(important for urgent distribution of information and updates pertaining to the meet).

Total Male Entries @ £20.00 …………….. £…………………………

Total Female Entries @ £20.00 ……………… £…………………………

Lunch Ticket @ £8.00 …………….. £........................................

Total cheque enclosed £ ……...…………...........

**Please make cheques payable to GLENROTHES ASC**

**Form to be returned to: Heather McIntyre**

**Meet Entry Secretary**

**The Bungalow,**

**Carslogie Road,**

**Cupar, KY15 4HY**

**Tel 01334 656559**

**Email:** [**heathermcintyre2000@gmail.com**](mailto:heathermcintyre2000@gmail.com)