



MILNGAVIE AND BEARSDEN ASC

WINTER GRADED MEET

3rd & 4th March 2018

Drumchapel Swimming Pool
Drumry Road, Drumchapel, Glasgow, G15 8NS

Session 1 and 3: Warm-up 0900hrs Start 1000hrs
Session 2 and 4: Warm-up 1330hrs Start 1430hrs

Held under Licence from SASA West District
Licence Number: WD/L2/035/0318

Closing Date for Entries: **Friday 9th February 2018**



MEET INFORMATION

DATE	Saturday 3 rd and Sunday 4 th March 2018
TIMES	Session 1 and 3: Warm-up 0900hrs Start 1000hrs Session 2 and 4: Warm-up 1330hrs Start 1430hrs
VENUE	Drumchapel Swimming Pool, Drumry Road, Drumchapel, Glasgow G15 8NS
POOL	25m long, 6 lanes with anti-turbulence lane ropes. Warm up/swim down pool will be available. Electronic timing and scoreboard.
AGE GROUPS	The age bands are 8-9 yrs, 10-11 yrs, 12-13 yrs and 14-17 yrs. Age as at last day of meet - 4 th March 2018.
EVENTS	Events are as per the Programme below
AWARDS	All events will be Heat Declared Winners - HDW. There will be medals for 1st, 2nd, 3rd places in each age category. No formal presentations are scheduled. Announcements will be made of the medallists in each event and medals will be available poolside for collection during each session.
ENTRY FEES	£5.00 per individual event.
COACH PASS	Lunch can be provided for coaches at a charge of £8.00 per day. Please indicate on Entry Summary form and return with entries.
OFFICIALS	We would ask every club competing to provide two technical officials each session, ideally at least 1 being a Judge or above to try and ensure accreditation of the Meet. We will provide lunch for officials volunteering for both sessions a day and we will pay travel expenses where appropriate.
FACILITIES	There are no catering facilities at the pool however the Club will run a café selling snacks, tea, coffee etc for swimmers and spectators.
ENTRIES	All entry times must be short course or conversions to short course and must not be faster than the consideration times detailed below. Entries will not be accepted without a SASA registration number (or equivalent). Entries must be supplied as a hy-tek entry file by email to: mandbswimentries@gmail.com Closing date for entries is Friday 9th February 2018. No Late Entries will be accepted
QUERIES	Any queries or questions please contact mandbswimentries@gmail.com

PROGRAMME

****Entry times must not be faster than those listed below****

Saturday 3 rd March			
Session 1		Session 2	
Event	Time	Event	Time
#101 Girls 10-11 100 Fly	1:28.00	#201 Girls 10-11 100 IM	1:31.90
#102 Boys 10-11 100 Fly	1:27.60	#202 Boys 10-11 100 IM	1:30.90
#103 Girls 8-9 50 Breast	52.20	#203 Girls 8-9 50 Back	46.90
#104 Boys 8-9 50 Breast	52.20	#204 Boys 8-9 50 Back	46.90
#105 Girls 12-13 100 Back	1:17.30	#205 Girls 12-13 50 Fly	35.00
#106 Boys 12-13 100 Back	1:17.30	#206 Boys 12-13 50 Fly	34.30
#107 Girls 14-17 200 Free	2:23.20	#207 Girls 14-17 100 Back	1:11.00
#108 Boys 14-17 200 Free	2:08.44	#208 Boys 14-17 100 Back	1:03.23
#109 Girls 10-11 50 Back	38.00	#209 Girls 10-11 100 Breast	1:40.20
#110 Boys 10-11 50 Back	38.00	#210 Boys 10-11 100 Breast	1:40.10
#111 Girls 8-9 50 Fly	45.90	#211 Girls 12-13 100 Free	1:09.50
#112 Boys 8-9 50 Fly	45.90	#212 Boys 12-13 100 Free	1:06.80
#113 Girls 12-13 200 IM	2:49.80	#213 Girls 14-17 200 Fly	2:34.60
#114 Boys 12-13 200 IM	2:46.00	#214 Boys 14-17 200 Fly	2:20.40
#115 Girls 14-17 100 Breast	1:20.60	#215 Girls 8-9 50 Free	38.00
#116 Boys 14-17 100 Breast	1:11.88	#216 Boys 8-9 50 Free	38.00
#117 Girls 8-9 100 IM	1:43.80		
#118 Boys 8-9 100 IM	1:43.80		

Sunday 4 th March			
Session 3		Session 4	
Event	Time	Event	Time
#301 Girls 10-11 50 Fly	38.00	#401 Girls 14-17 100 Fly	1:10.60
#302 Boys 10-11 50 Fly	38.00	#402 Boys 14-17 100 Fly	1:02.10
#303 Girls 12-13 100 Breast	1:28.80	#403 Girls 10-11 50 Breast	44.00
#304 Boys 12-13 100 Breast	1:27.40	#404 Boys 10-11 50 Breast	44.00
#305 Girls 14-17 200 Back	2:34.11	#405 Girls 12-13 50 Free	31.30
#306 Boys 14-17 200 Back	2:16.54	#406 Boys 12-13 50 Free	31.60
#307 Girls 10-11 100 Free	1:18.70	#407 Girls 14-17 100 Free	1:05.80
#308 Boys 10-11 100 Free	1:17.80	#408 Boys 14-17 100 Free	58.00
#309 Girls 12-13 50 Back	36.70	#409 Girls 10-11 100 Back	1:28.10
#310 Boys 12-13 50 Back	36.50	#410 Boys 10-11 100 Back	1:27.00
#311 Girls 14-17 200 Breast	2:54.07	#411 Girls 12-13 50 Breast	41.10
#312 Boys 14-17 200 Breast	2:35.79	#412 Boys 12-13 50 Breast	40.70
#313 Girls 12-13 100 Fly	1:18.00	#413 Girls 14-17 200 IM	2:37.50
#314 Boys 12-13 100 Fly	1:16.70	#414 Boys 14-17 200 IM	2:21.81
		#415 Girls 10-11 50 Free	34.00
		#416 Boys 10-11 50 Free	34.00

MEET RULES

- The Meet will be held under SASA rules.
- Enclosed is a Health and Safety Declaration Form to be completed (mandatory). Please return this with your Entry Summary Form.
- A SASA West District Level 2 Licence has been granted for this meet. Accreditation of results will be applied for after the Meet.
- All swimmers must have a current SASA registration number or be registered with the appropriate governing body.
- Swimmers may only enter their own age group.
- No swimmers under the age of 8 years are permitted to swim in accordance with licence requirements.
- Over the top starts will be used where possible. A one-start rule will be implemented throughout this competition
- Electronic timing will be in operation. In the event of the electronic timing failing, manual timing will be used hence the need to have sufficient STO's to ensure accreditation of the Meet.
- Only Swimmers, Coaches, Team Managers and Meet Officials will be admitted poolside.
- Coaches and Team Managers must ensure that all their swimmers can safely dive into deep or shallow water as per current planned legislation. There will be NO diving at the shallow end of the pool.
- Swimmers must act on the instructions given by the Meet Officials and behave in a reasonable manner at all times.
- It is the responsibility of each club to ensure that their swimmers are aware of the Meet rules.
- The Meet Management reserves the right to alter the programme and warm-up times if necessary.
- Anything not covered above or printed in the event programme will be at the discretion of the Meet Management.

ENTRIES & WITHDRAWLS

- All entries must be made on the electronic files, which can be downloaded from Swim Scotland or can be obtained by emailing mandbswimentries@gmail.com quoting your club name.
- Completed Entry Files should be submitted to the above e-mail address.
- Closing date for entries will be **midnight, Friday 9th February 2018**. No late entries will be accepted.
- Entries will be accepted on a time basis. Events will be seeded by entry times. It is the responsibility of Entry Secretaries to ensure all entry times and dates of birth are correct.
- Where an event is over-subscribed, entries may be scratched, to ensure the smooth and timely running of the meet. Every attempt will be made to make scratches proportionally across all age groups.
- Where possible the accepted entries for each age group will be equal, however in the event of an age group being under-subscribed, then Milngavie & Bearsden ASC reserve the right to include additional entries from other age groups to avoid the possibility of empty lanes occurring.

- Milngavie & Bearsden ASC reserve the right to enter swimmers from our own swim team into any race. There will be no spare lane or time only swims without prior approval of the Meet Referee.
- Participating clubs will be provided with a list of confirmed swims and scratches and a copy of the Draft Programme within 2 weeks of the closing date. Any scratches will be fully refunded.
- Withdrawals made after issue of the draft programme will be charged in full.
- Please e-mail any withdrawals to the mandbswimentries@gmail.com as soon as possible after issue of the programme and by midnight Thursday 1st March at the latest. Any withdrawals after this time will have to be made during the relevant session on the day of the meet. Please include the following details on all e-mail withdrawals: Name of swimmer, Age group, Event No and Stroke.
- Withdrawals on the day must be into the recorders desk no later than 45 minutes prior to the start of each session using the withdrawal form in the coach's pack for the purposes. Reserves will be allocated to any available lanes at the beginning of each session.
- Start lists will be issued to all clubs, prior to the start of a session, once all the withdrawals have been processed.
- Under no circumstances should any swimmer other than the one named on the start sheet compete in an event.
- It is the responsibility of the swimmer to go to the marshalling area in good time for the start of the race.

PHOTOGRAPHY

- The Scottish Swimming policy on the use of photographic equipment (cameras, camcorders, mobile phones, etc.) will be applied at this meet.
- Application forms for approval to use photographic equipment can be obtained from the entrance desk at the top of the spectator's balcony.
- Unauthorised use of photographic equipment is not permitted.
- NO PHOTOGRAPHY WILL BE ALLOWED within the changing area.

MISCELLANEOUS

- Swimmers and coaches must not take glassware into the showers or onto poolside otherwise they will be liable for expulsion from the Meet.
- Milngavie & Bearsden ASC, or Drumchapel Pool cannot be held responsible for loss or damage to swimmers, team staff or spectators property. Swimmers are strongly advised to secure property in the lockers provided in the changing rooms and not to leave belongings lying around unattended.
- Swimmers outwith the poolside area must wear dry clothing and footwear at all times.
- Outdoor footwear must not be worn poolside

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Health and Safety Declaration

In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entries:

I confirm that all entered swimmers have paid their current SASA annual membership fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that the notice about not using photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the meet.

I confirm that all swimmers have trained and are competent to dive into the pool, any swimmer unable to do so, must start in the water and must notify the officials that this will be the case.

Signed:	
Print Name:	
Position in Club:	
Club:	

Return completed form with entries, to arrive no later than Friday 9th February 2018:

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Entry Summary Sheet

**** This form must be completed and returned with payment by the closing date. ****

Club Name:	
Contact:	
Position in Club:	
Address:	
Post Code:	
Home Tel No:	
Mobile Tel No:	
E-mail:	(Important for distribution of information and updates pertaining to the meet)
.....	Male Entries @ £5.00/entry £.....
.....	Female Entries @ £5.00/entry £.....
.....	Total Entries @ £5.00/entry £.....
.....	Coach's lunch passes @ £8.00/day £.....
Total cheque enclosed	<u>£.....</u>
Please make cheques payable to M&B ASC .	
Direct bank transfer to Sort Code: 80-05-57 Account No: 00120245	<u>£.....</u>
Ref: "Your Club Name" 2018 M&B Winter Graded Meet.	
Return completed form and cheques, no later than Friday 9th February 2018 to:	
Jason Gillespie 3 Burnbrae Avenue Bearsden; G61 3ES E-mail: mandbswimentries@gmail.com	