



PORTOBELLO ASC

MAD MARCH MEET 2018

Promoted by



Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN

17/3/18

Licence No L3/ED/041/APR17

18/3/18

Licence No. L2/ED/042/APR17



MEETINFORMATION

Invitation

Portobello Amateur Swimming Club invite you to the 2018 Mad March Meet at the Mercat Gait Pool, Prestonpans. The event will be run under FINA and SASA rules.

Meet Information

Date and Venue

-The meet will be held over two days, 17 March Saturday is a level 3 meet and 18 March Sunday runs as a level 2 meet.

-The venue is the Mercat Gait Pool, Prestonpans, East Lothian, EH32 9EN.

Pool Facilities

This is a 6-lane, 25m venue with anti-turbulent lane ropes, full electronic timing, spectator area, café providing hot and cold drinks, snacks and meals plus vending machines and a club swim shop.

Age groups

Individual age groups are as follows;

8 years

9 years

10 years

11 years

12 years

13 years

14 years

15 & over years

Relay age groups are as follows;

8/9 years

10/11 years

12/13 years

14+ years

All ages are as at 17 March 2018.

Please note that swimmers may 'swim up' an age group in relays **only** if sufficient swimmers of that age group are unavailable.

Events

Saturday 17 March

8 years 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m Butterfly, 100m IM, 4 x 50m Freestyle Relay, 4 x 50m Medley Relay (combined 8/9 years)

9 years 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m Butterfly, 100m IM, 4 x 50m Freestyle Relay, 4 x 50m Medley Relay (combined 8/9 years)

10 and 11 years 50m Freestyle, 50m Breaststroke, 50m Backstroke, 50m Butterfly, 200m IM, 200m Freestyle, 4 x 50m Freestyle Relay, 4 x 50m Medley Relay (combined 10/11 years).

Sunday 18 March

All other age groups

50m Freestyle, 200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM, 4 x 50m Freestyle Relay, 4 x 50m Medley Relay (12/13 and 14+ age groups). Results will be declared in respective age groups.

Meet Format

All Saturday heats will be swum in age groups. All Sunday heats will be swum with all age groups combined and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal but if an age group is under-subscribed PASC reserve the right to include additional entries from other age groups. All swims will be HDW.

Entry Times

Entries not accepted will be refunded. Entry times will be short course times. PASC reserve the right to fill any vacant lanes with their swimmers where an event is under subscribed.

Prize Structure

Medals will be awarded to the 1st, 2nd and 3rd place finishes in each age group/event. There will be awards for best male and best female in each age group. Points will be awarded for the top 6 places in each age group as follows; 1st – 6 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points, 6th – 1 points.

Appropriate club clothing should be worn for all presentations. Swimmers, or their appointed depute, should be available for presentations otherwise they may forfeit any award.

Competitor Cards and Starts

Start sheets will be supplied prior to the start of each session. Time cards will not be used.

Starts

Over the top starts will be used wherever practicable.

Session Times

Saturday 29 April – Sessions 1 and 2 (Doors open 08.30hrs)

Session 1: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

Session 2: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.15hrs

Sunday 30th April – Sessions 1 and 2 (Doors open 08.30hrs)

Session 1: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

Session 2: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.15hrs

Accreditation

All entrants must have paid their membership fee to S.A.S.A. or equivalent governing body.

Closing Date for Entries

Noon on the 15 February 2018

Event File Request

The event will be run using Hy Tek Meet Manager. Please send an e-mail, quoting your club, name, address and contact telephone number to **Susan Liddle** at **susan.liddle@googlemail.com**

Cheques and other paperwork should be posted to;
Susan Liddle,
9 Rullion Road,
Penicuik,
EH26 9HS

It is the responsibility of all club entry secretaries to ensure that all competitor entry times, dates of birth, etc are correct. A draft programme will be made available to all club entry secretaries as soon as possible after the closing date. Corrections to entries that will displace a swimmer already accepted will not be allowed.

Entry Fees

Cheques should be made payable to Portobello ASC. Entries will not be accepted without a SASA registration number or equivalent. All refunds will be paid by BACS payment.

Coaches Pass

Clubs will receive two complimentary passes that allow them, on presentation, poolside access and start sheets. Only pass holders, swimmers and officials will be allowed on poolside.

Meals for Coaches

Tea, coffee and lunches for coaches will be provided at a cost of £10 per day. Coaches wishing to avail themselves of this facility should complete the attached form and send a cheque for the appropriate amount along with entry forms.

Technical Officials

Each club attending should provide at least one timekeeper and one judge **or** two timekeepers per session. Swimming Technical Officials (STO) are asked to make themselves available at least half an hour prior to the start of each session for registration and briefing. STO's must wear whites.

Programmes and Results

Programmes will be available for each session. Provisional results will be posted on poolside and on the glazed screen behind the spectator area. Final results will be available on the Swim Scotland website, www.swimscotland.org.uk

Additional Relevant Information

- The main pool will be available for warm-up purposes prior to the start of each session. The time may be split to allow suitable water time and space to all age groupings
- All swimmers must check in with marshals in the allocated poolside area. Swimmers should report to the marshalling area 4 heats in advance of their race
- Spectator tickets and programmes will be available in the reception lobby
- Award presentations will take place during each session with the exception of the overall individual and club prizes. These will be presented as soon as possible after the completion of sessions 2 and 4
- Result sheets will be posted on the spectator gallery glazed wall as early as possible after each event. Final results will be posted at www.swimscotland.co.uk
- Photography or video is strictly only by permission of the Venue's management and with completion of relevant forms.
- Portobello ASC will run a swim shop during the meet
- Please note that only swimmers named on the start sheets should report to marshalling.
- The right to alter the programme and warm-up timings is reserved
- Please refer to the Event Regulations section for further information
- All mobile telephones should be switched off within the swim centre
- Football colours are not permitted to be worn on poolside
- Should you wish any further information or clarification of any item please contact the undersigned.

Lesley Scott, PASC Gala Convenor

Tel. 0131 661 3127, Mob. 07813892875

E-mail. Lesley.scott@blueyonder.co.uk

Saturday 17 March 2018

Session 1: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

EVENT	TYPE	AGE GROUP	GENDER	DISTANCE	STROKE
101	HDW	8/9 years	Boys	50m	Freestyle
102	HDW	8/9 years	Girls	50m	Freestyle
103	HDW	10/11 years	Boys	50m	Backstroke
104	HDW	10/11 years	Girls	50m	Backstroke
105	HDW	8/9 years	Boys	50m	Breaststroke
106	HDW	8/9 years	Girls	50m	Breaststroke
107	HDW	10/11 years	Boys	50m	Butterfly
108	HDW	10/11 years	Girls	50m	Butterfly
109	HDW	8/9 years	Boys	100m	IM
110	HDW	10/11 years	Girls	200m	Freestyle
111	HDW	10/11 years	Boys	200m	Freestyle
112	HDW	8/9 years	Girls	4 x 50m	Freestyle Relay
113	HDW	8/9 years	Boys	4 x 50m	Freestyle Relay
114	HDW	10/11 years	Girls	4 x 50m	Medley Relay
115	HDW	10/11 years	Boys	4 x 50m	Medley Relay

Session 2: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.15hrs

EVENT	TYPE	AGE GROUP	GENDER	DISTANCE	STROKE
201	HDW	8/9 years	Girls	50m	Butterfly
202	HDW	8/9 years	Boys	50m	Butterfly
203	HDW	10/11 years	Girls	50m	Breaststroke
204	HDW	10/11 years	Boys	50m	Breaststroke
205	HDW	8/9 years	Girls	50m	Backstroke
206	HDW	8/9 years	Boys	50m	Backstroke
207	HDW	10/11 years	Girls	50m	Freestyle
208	HDW	10/11 years	Boys	50m	Freestyle
209	HDW	8/9	Girls	100m	IM
210	HDW	10/11	Boys	200m	IM
211	HDW	10/11	Girls	200m	IM
212	HDW	8/9 years	Boys	4 x 50m	Medley Relay
213	HDW	8/9 years	Girls	4 x 50m	Medley Relay
214	HDW	10/11	Boys	4 x 50m	Freestyle Relay
215	HDW	10/11	Girls	4 x 50m	Freestyle Relay

Sunday 18 March 2018

Session 3: Warm-up 09.00hrs – 09.40hrs; Start 09.45hrs; Finish 12.45hrs

EVENT	TYPE	AGE GROUP	GENDER	DISTANCE	STROKE
301	HDW	12 & over	Girls	50m	Freestyle
302	HDW	12 & over	Boys	200m	IM
303	HDW	12 & over	Girls	200m	IM
304	HDW	12 & over	Boys	200m	Butterfly
305	HDW	12 & over	Girls	200m	Butterfly
306	HDW	12 & over	Boys	200m	Freestyle
307	HDW	12 & over	Girls	200m	Freestyle
308	HDW	12/13 years	Boys	4 x 50m	Medley Relay
309	HDW	12/13 years	Girls	4 x 50m	Medley Relay
310	HDW	14 & over years	Boys	4 x 50m	Freestyle Relay
311	HDW	14 & over years	Girls	4 x 50m	Freestyle Relay

Session 4: Warm-up 13.30hrs – 14.10hrs; Start 14.15hrs; Finish 17.15hrs

EVENT	TYPE	AGE GROUP	GENDER	DISTANCE	STROKE
401	HDW	12 & over	Boys	50m	Freestyle
402	HDW	12 & over	Girls	200m	Breaststroke
403	HDW	12 & over	Boys	200m	Breaststroke
404	HDW	12 & over	Girls	200m	Backstroke
405	HDW	12 & over	Boys	200m	Backstroke
406	HDW	14 & over years	Girls	4 x 50m	Medley Relay
407	HDW	14 & over years	Boys	4 x 50m	Medley Relay
408	HDW	12/13 years	Girls	4 x 50m	Freestyle Relay
409	HDW	12/13 years	Boys	4 x 50m	Freestyle Relay

Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Portobello ASC and/or any police officer.
- No guarantee can be given by Portobello ASC that the event will take place at a particular time or any particular date and Portobello ASC reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Portobello ASC. Portobello ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Portobello ASC and/or police officer.
- Spectators within the venue may throw no object.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- Photographic/video equipment only be allowed with consent and arrangement with venue's rules and regulations
- Mobile phones may only be used in designated areas within the building
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of Portobello ASC and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any steward or officer of Portobello ASC or any police officer may confiscate any such tickets offered for sale.
- Portobello ASC reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

ENTRY SUMMARY SHEET

Please forward this summary along with your fees within 3 days of the closing date to:

Mrs Susan Liddle, 9 Rullion Road, Penicuik, EH26 9HS

e-mail address: Susan.liddle@googlemail.com

Club:			
Contact:			
Address:			
Post Code:		Telephone No:	
e-mail address:			

[Double click anywhere in grid below then add the number of entries, etc. in column B](#)

No. of 50m Entries		@ £ 4.50 each:	£ -
No. of 100m Entries		@ £ 5.00 each:	£ -
No. of 200m Entries		@ £ 6.00 each:	£ -
No. of Relay Entries		@ £ 8.00 each:	£ -
No. of Additional Coaches Passes		@ £ 7.00 each:	£ -
No. of Coaches Meals (Saturday)		@ £ 10.00 each:	£ -
No. of Coaches Meals (Sunday)		@ £ 10.00 each	
Total Remittance			£ -

Please make cheque payable to "Portobello ASC"

I confirm that all swimmers entered have paid the correct level of SASA membership fee for 17/18.

Signed:

Position:

Date:

SWIMMING TECHNICAL OFFICIALS SHEET

Club	
Club Contact	
Tel No.	
E-mail Address	

OFFICIALS SHEET (SATURDAY)

Name	STO Duty	S1	S2

OFFICIALS SHEET (SUNDAY)

Name	STO Duty	S3	S4

Please return this form with your cheque by Thursday 15 February to Susan Liddle

Mrs Susan Liddle
9 Rullion Road,
Penicuik,
EH26 9HS

HEALTH & SAFETY UNDERTAKING

In order to comply with accreditation and health and safety requirements, this form must be completed and returned to the Entry Secretary with entries.

I confirm that all the entered swimmers have paid their current S.A.S.A Registration fee (Scottish Clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a Registration Number (Scottish Clubs) or not affiliated to their governing body (non-Scottish Clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to give into deep or shallow water in a safe manner as prescribed by current guidelines.

I hereby confirm all swimmers have agreed to submit to drug testing if selected to do so.

Signed:

Name (Print):

Position in Club:

Name of Club: