



Tranent Amateur Swimming Club

Invite you to their annual

Christmas Gala

at

Mercat Gate Leisure Centre

Prestonpans

On

Saturday 1st December 2018



General Information:

- Date:** Saturday 1st December 2018
- Venue:** Mercat Gait Leisure Centre, Prestonpans
- Pool:** 6 lane 25metre pool with anti-wave lane ropes; full electronic timing with 3 lane display board. The pool has a spectator area and cafeteria.
- Times:**
- | | Girls warm-up | Boys warm-up | Start |
|--|----------------------|---------------------|--------------|
| | 09.00am – 09:20am | 09:20am- 9:40am | 09:45am |
| | 13:.30am - 13:50pm | 13:50am- 14.10pm | 14:15pm |
- Ages:** As at 1st December 2018
- Age Groups:** Session 1: 8yrs and under, 9-10yrs
Session 2: 11-12yrs, 13-14yrs, 15/over
- Events:** All events are heat declared winner, please see page 3 for event list. All events will be swam as open and split for the results into age groups
- Awards:** Medals for top 3 in each age group for individual events, medals for top 3 in relay events.
- Entry Fees:** £4.00 per 25m event
£5.00 per 50m event
£5.50 per 100m event
£9 per Relay.
- Coaches Pass:** Includes program/start sheets, result sheets
- Coaches Xmas Meal Ticket:** £10.00 each.
- Closing Date for Entries:** Noon on Tuesday 6th November 2018
- Hy-Tek entries should be sent to: Susan Liddle by email:
susan.liddle@googlemail.com

Program of Events:

Session 1:

Event 101	Girls	8/under	25m	Butterfly
Event 102	Boys	8/under	25m	Butterfly
Event 103	Girls	9- 10 yrs	50m	Butterfly
Event 104	Boys	9- 10 yrs	50m	Butterfly
Event 105	Girls	8/under – 10 yrs	50m	Backstroke
Event 106	Boys	8/under – 10 yrs	50m	Backstroke
Event 107	Girls	8/under – 10 yrs	50m	Breaststroke
Event 108	Boys	8/under – 10 yrs	50m	Breaststroke
Event 109	Girls	8/under – 10 yrs	50m	Freestyle
Event 110	Boys	8/under – 10 yrs	50m	Freestyle
Event 111	Girls	9 – 10 yrs	100m	Individual Medley
Event 112	Boys	9 – 10 yrs	100m	Individual Medley
Event 113	Mixed		200m	4x50m Free Relay

Session 2:

Event 201-	Girls	11 – 15/over	50m	Butterfly
Event 202-	Boys	11 – 15/over	50m	Butterfly
Event 203-	Girls	11 – 15/over	50m	Backstroke
Event 204-	Boys	11 – 15/over	50m	Backstroke
Event 205-	Girls	11 – 15/over	50m	Breaststroke
Event 206-	Boys	11 – 15/over	50m	Breaststroke
Event 207-	Girls	11 – 15/over	100m	Freestyle
Event 208-	Boys	11 – 15/over	100m	Freestyle
Event 209-	Girls	11 – 15/over	100m	Individual Medley
Event 210-	Boys	11 – 15/over	100m	Individual Medley
Event 211-	Mixed		200m	4x50m Free Relay

Relays must be made up of 2 girls and 2 boys

Morning relays must consist of 2 swimmers age 8/under and 2 swimmers age 9- 10yrs

Afternoon relays must consist of 2 swimmers age 13/under and 2 swimmers age 14/over

Tranent Amateur Swimming Club Christmas Gala – Saturday 1st December 2018

Entry Form Summary

Name of Club - Club Code –

Contact Name – Address –

Telephone –

Number of Male entries @ £4.00 each = Total:

@ £5.00 each = Total:

@ £5.50 each = Total:

Number of Female entries @ £4.00 each = Total:

@ £5.00 each = Total:

@ £5.50 each = Total:

Total Number of Relay entries @ £9 each = Total:

Number of Coaches Xmas Meal Ticket @ £10 each = Total:

Total Amount enclosed:

Signed:

Position:

Please make cheques payable to: **Tranent Amateur Swimming Club**

No later than noon Tuesday 6th November 2018

Susan Liddle
9 Rullion Road
Penicuik
EH26 9HS

Specific Information

MEET RULES

The meet shall be held under S.A.S.A. Rules.

All competitors must have a current SASA registration number.

No photographic or video equipment will be allowed in any area under the jurisdiction of the meet organisers without prior approval of the meet director. Application must be made on the approved SASA form.

The organisers reserve the right to restrict entries in order to facilitate the smooth running of the meet.

Clubs should ensure entry details are accurate.

A draft programme will be issued prior to the event. Rejected entries will be refunded in full.

Notification of withdrawals and reserve swimmers must be made to the recorders no later than 45 minutes prior to the start of each session.

WARM-UP/EVENTS

Swimmers may only commence warm-up when advised to do so.

No diving allowed other than in controlled sprint lanes.

The meet stewards will designate sprint lanes.

No congregating will be allowed at either end of the pool lanes.

Swimmers must report to the designated marshalling area a minimum of four heats in advance. It is the responsibility of the Club Coaches to ensure their swimmers marshal in plenty of time as no alternative will be given for missed swims.

MISCELLANEOUS

The organisers reserve the right to exclude or refuse admission to any competitor, spectator or team official.

Swimmers must act on the instructions given by meet officials and behave in a reasonable manner at all times.

Neither Tranent ASC nor The Mercat Gait Leisure Centre can be held responsible for loss or damage to any property.

Swimmers should use the lockers provided and not leave belongings lying around unattended.

No glassware may be taken into the showers or poolside. Anyone doing so is liable to expulsion from the meet.

No large kit bags to be taken poolside. Outdoor footwear must not be worn on the poolside area.

Swimmers **MUST** wear dry clothing and footwear at all times when not in poolside area.

The use of mobile phones is prohibited by Mercat Gait Leisure Centre

It is the responsibility of each club to ensure that their swimmers are aware of the meet rules.

The Tranent A.S.C. Committee retains the right to amend any of the above conditions as necessary.

Anything not covered above or in the event programme will be at the organisers' discretion.

OFFICIALS

Each club attending must provide at least one timekeeper and one judge or two timekeepers per session.

Swimming Technical Officials (STO) are asked to make themselves available at least half an hour prior to the start of each session for registration and briefing.

STO's must wear whites.