

MIDLOTHIAN SWIMMING CLUB

Invites entries to the

**Midlothian Spring Meet**

Saturday 29th February and Sunday 1st March 2020

At

**The Mercat Gait Centre**

**Preston Road, Prestonpans**

**EH32 9EN**

**Tel. No. 01875 815483**

**Licence Number: L2/ED/036/FEB20**

**Midlothian Swimming Club**

**Midlothian Spring Meet**

Date(s) : Saturday 29th February & Sunday 1st March 2020

Venue : Mercat Gait, Prestonpans, East Lothian

Time: Warm up sessions 1 and 3 - 09:00 Start 10:00

Warm up sessions 2 and 4 - 13:30 Start 14:30

Pool : 6 lane 25 metre competition pool; full electronic timing with 3 lane display

scoreboard; anti-wave lane ropes; spacious spectator area; free car parking;

cafeteria

Ages : As at 1st March 2020

.

Age groups : 10-12, 13/14, 15 and over

Entry fees : £6.00 per event

Coaches meals £6 each per day

Awards All events are heat declared winners

Medals will be presented for each age group for 1st, 2nd and 3rd

 Trophy for best club based on overall points 7,5,4,3,2,1 for top 6 in each event

 **Award for top visiting club**

**Officials**

* We ask clubs assistance in providing timekeepers and qualified judges
* Details of the judges and timekeepers available should be emailed to gala convenor once the draft programme has been published.

**Entries**

Entries are via Hytek Team Manager and queries to Susan Liddle at

Susan.liddle@googlemail.com

Technical officials queries to the Gala Convenor, Matt Evans - matt.evans@edinburgh.gov.uk

**Closing date for entries : Noon** Wednesday 29th January 2020

**Meet Rules**

* Swimmers may only enter their own age group.
* No Swimmer under the age of 10yrs is permitted to swim in accordance with accreditation

requirements.

* All swimmers of Scottish Clubs must have or have a current SASA registration number.
* All swimmers of non-Scottish clubs must be registered with their governing body.
* Electronic timing will be in operation. In the event of electronic timing failure, the back-up

 manual timing will be used.

* Coaches and Team Managers must ensure that all swimmers can dive safely into deep/shallow water as per the current legislation. There will be **NO** diving at the shallow end of the pool.
* Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.
* It is the responsibility of each club to ensure their swimmers are aware of the meet rules and

guidelines.

**Miscellaneous**

* The main pool will be available for warm-up purposes prior to the start of each session. The time may be split to allow suitable water time and space to all age groups.
* Swimmers must report to the competition stewards in the designated marshalling area at least five heats in advance.
* Over the top starts may be used at the discretion of the promoter to facilitate the smooth running of the event.
* Spectator programmes will be available at the entrance to the spectators gallery

upstairs in the Mercait Gait Centre.

* Award presentations will take place at the end of each session. The overall spring meet trophy will be presented as soon as possible after the completion of all four sessions.
* Result sheets will be posted on the spectator gallery glazed wall as early as possible after each event. Final results will be posted at [www.swimscotland.co.uk](http://www.swimscotland.co.uk)
* Please note that only swimmers named on the start sheets should report to marshalling.
* The event organisers reserve right to alter the programme including warm-up and start times to ensure the smooth running of the meet.
* The venue management permits no photography of any kind. This includes mobile telephones with camera capability. Anyone found taking images would be asked to leave the premises
* All mobile telephones should be switched off within the centre.
* **The meet is licensed and level 2 accreditation will be applied for.**

**Events**

**Session 1 Saturday 29th February 2020 Warm up 09:00 - Start 10:00**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Event** | **Gender** | **Age** | **Distance** | **Stroke** |  |
| **101** | **Girls** | **All age groups** | **50m** | **Butterfly** | **HDW** |
| **102** | **Boys** | **All age groups** | **50m** | **Breaststroke** | **HDW** |
| **103** | **Girls** | **14 and under** | **100m** | **Ind. Medley** | **HDW** |
| **104** | **Boys** | **All age groups** | **200m** | **Backstroke** | **HDW** |
| **105** | **Girls** | **All age groups** | **200m** | **Freestyle** | **HDW** |
| **106** | **Boys** | **Open** | **400m** | **Ind Medley** | **HDW** |

**Session 2 Saturday 29th February 2020 Warm up 13:30 - Start 14:30**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Event** | **Gender** | **Age** | **Distance** | **Stroke** |  |
| **201** | **Girls** |  **Open** | **400m** | **Freestyle** | **HDW** |
| **202** | **Boys** | **All age groups** | **200m** | **Butterfly** | **HDW** |
| **203** | **Girls** | **All age groups** | **50m** | **Backstroke** | **HDW** |
| **204** | **Boys** | **All age groups** | **50m** | **Freestyle** | **HDW** |
| **205** | **Girls** | **All age groups** | **200m** | **Breaststroke** | **HDW** |

**Session 3 Sunday 1st March 2020 Warm up 09:00 - Start 10:00**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Event** | **Gender** | **Age** | **Distance** | **Stroke** |  |
| **301** | **Boys** | **All age groups** | **50m** | **Butterfly** | **HDW** |
| **302** | **Girls** | **All age groups** | **50m** | **Breaststroke** | **HDW** |
| **303** | **Boys** | **14 and under** | **100m** | **Ind. Medley** | **HDW** |
| **304** | **Girls** | **All age groups** | **200m** | **Backstroke** | **HDW** |
| **305** | **Boys** | **All age groups** | **200m** | **Freestyle** | **HDW** |
| **306** | **Girls** | **Open** | **400m** | **Ind Medley** | **HDW** |

**Session 4 Sunday 1st March 2020 Warm up 13:30 - start 14:30**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Event** | **Gender** | **Age** | **Distance** | **Stroke** |  |
| **401** | **Boys** | **Open** | **400m** | **Freestyle** | **HDW** |
| **402** | **Girls** | **All age groups** | **200m** | **Butterfly** | **HDW** |
| **403** | **Boys** | **All age groups** | **50m** | **Backstroke** | **HDW** |
| **404** | **Girls** | **All age groups** | **50m** | **Freestyle** | **HDW** |
| **405** | **Boys** | **All age groups** | **200m** | **Breaststroke** | **HDW** |

Midlothian Spring Meet

Saturday 29th February & Sunday 1st March 2020

Entries Summary Sheet

\*\* Please completed this form electronically and return it with your entries. \*\*

|  |  |
| --- | --- |
| Club Name: |  |
| Contact Name: |  |
| Address: |  |
|  |  |
| Post Code: |  |
| Telephone: |  |
| e-mail-address: |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Individual Female Entries |  | @ £6.00 each: | £ |
| Individual Male Entries |  | @ £6.00 each | £ |
|  |  |  |  |
| Coaches Meals |  | @ £6.00 each: | £ |
| Total Amount Enclosed |  |  | £ |

Please make cheques payable to: Midlothian Swimming Club

Return this form along with entries by email no later than **Noon** Wednesday 29th January 2020

Susan Liddle

9 Rullion Road

Penicuik

EH26 9HS

Susan.liddle@googlemail.com

Queries to: matt.evans@edinburgh.gov.uk

 Midlothian Swimming Club

**Midlothian Spring Meet**

**Saturday 29th February and Sunday 1st March 2020**

*In order to comply with accreditation and health and safety requirements, this form must be completed and returned along with entry information.*

I confirm that all the entered swimmers have paid their current S.A.S.A. Annual Membership Fee (Scottish clubs) or are affiliated members of their governing body (non-Scottish clubs).

I understand that any swimmer entered without a registration number (British clubs) or not affiliated to their governing body (non-British clubs) will be automatically rejected.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current/planned legislation.

I confirm that information regarding the use of photographic equipment has been passed on to swimmers and parents intending to travel to the meet.

 Signed: ..............................................

 Position in club: ..............................................

 On behalf of: .............................................. (Name of club)

Return this form with entries no later than

**Noon Wednesday 29th January 2020** to:

**Susan Liddle**

**9 Rullion Road**

**Penicuik**

**EH26 9HS**

**e-mail:** **susan.liddle@googlemail.com**

**MIDLOTHIAN SWIMMING CLUB**

Midlothian Spring Meet

Saturday 29th February, Sunday 1st March 2020

**Technical Officials Notification Form**

|  |  |
| --- | --- |
| Club |  |
| Club Contact |  |
| Tel No. |  |
| E-mail Address |  |

 **(Saturday)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **STO Duty** | **S1****(please** | **S2****tick)** | **Meal** |
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 **(Sunday)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **STO Duty** | **S1****(please** | **S2****tick)** | **Meal** |
|  |  |  |  |  |
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Please email this form once the draft programme has been published to -

matt.evans@edinburgh.gov.uk