



*Borders Region  
Time Trials  
Junior Meet*

***Meet Information***

**Saturday 20 November 2021**

**GALASHIELS SWIMMING POOL**

License No : L3/ED/005/NOV21

# **BORDERS REGION JUNIOR MEET**

Galashiels Swimming Pool- 25metres, 6 lanes  
No Electronic Timing

## **Background**

As we are now in below Level 0 and getting back to some normality the Borders Region are working together to give as much opportunity to as many swimmers as is possible to take part and post new and up to date times for swims.

Borders Region is holding a Junior Meet on 20 November with a level 3 license.

The Junior Meet is to keep everything as simple and easy as possible. The aim is to make this return to competition an enjoyable event not only for the swimmers but coaches and volunteers too.

## **Meet conditions:**

- Swimmers must be aged 11 years or under as of 31 December 2021
- All entrants must be registered with SASA
- Swimmers can only swim under their first claim club designation.
- The event has a level 3 license
- No Time Entries will be accepted.
- In the event of the Borders Junior Meet being oversubscribed, entries may require to be rejected to comply with meet conditions for the competition, COVID19 Government guidance and facility policies as these may see a restriction on numbers allowed within the facility.
- Any swimmer not accepted for an event will be refunded the relevant cost.
- All events will be swum on a heat declared winner basis.
- Events may be swum in mixed age groups but results would be collated by age group.
- Coaches and team managers must ensure that all their swimmers can safely dive into deep/shallow water as per current legislation.

Age Groups: 8 yrs and under, 9 yrs, 10 yrs, 11 yrs  
as at 31<sup>st</sup> December 2021

Events: 50m Backstroke, Breaststroke, Butterfly & Freestyle  
100m Freestyle  
100m IM  
4 x 25 freestyle relay  
4 x 25 freestyle kick relay

Event Cost: £3.00 per individual event entered. £4 per relay team.

Session Times: Warm up: 1300 Start time: 13:45 (subject to change)

Event Contact: David Payne – Borders Region Convenor  
Email: [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com)

Closing date: Midday on Mon 8 November 2021

# BORDERS REGION JUNIOR MEET

## Entry process

- Entries by supplied computer files only. These are downloadable from [www.swimscotland.co.uk](http://www.swimscotland.co.uk)
- NT entries will be accepted.
- Any times submitted do not need to be accredited times, but they should be real times achieved at meets or at club time trials.
- Proof of entry time is not required.
- Relay teams can be any mix of age or gender but all relay participants must have taken part in at least 1 individual event. The intent is to encourage maximum participation.
- Clubs can enter as many relay teams as they wish.
- Completed entry files must be emailed to [joanne.davidson84@btinternet.com](mailto:joanne.davidson84@btinternet.com) along with the completed summary sheet which is downloadable from [www.swimscotland.co.uk](http://www.swimscotland.co.uk) **no later than midday on Mon 8 November 2021.**
- (please ensure that you request a read receipt if you wish confirmation of entries received)
- When emailing the subject line **MUST be the official club code/BRJM**
- **PLEASE** do not use your own coding for the club – only the official Scottish Swimming four letter code is acceptable.
- It is the club responsibility to ensure swimmers are of the standard to compete in the event. In particular, swimmers expecting to do a dive-start **MUST** be capable of diving safely into 0.9m water. If in doubt, swimmers must carry out a water start.

## **WARM UP**

- The warm up period may only commence when advised by the announcer.
- Depending upon swimmer numbers, there are expected to be 2 mixed warm up sessions split by clubs. Details will be confirmed once swimmer numbers are known.
- At least 5 minutes of each warm up session will be allowed for diving, as advised by the announcer and no diving will be allowed until such an announcement is made.
- Swimmers must keep moving during warm up to avoid congestion in the pool.

## **Schedule of Events**

100 metre Freestyle	(Girls)
100 metre Freestyle	(Boys)
50 metre Butterfly	(Girls)
50 metre Butterfly	(Boys)
50 metre Backstroke	(Girls)
50 metre Backstroke	(Boys)
50 metre Breaststroke	(Girls)
50 metre Breaststroke	(Boys)
50 metre Freestyle	(Girls)
50 metre Freestyle	(Boys)
100IM	(Girls)
100IM	(Boys)
4 x 25 Freestyle Relays	(Mixed)
4 x 25 Freestyle Kick Relay	(Mixed)

## **Spectators**

There will be no spectating available at this event as the reception area will be used for club seating to maximise the number of swimmers able to attend and get back to racing.

## **Coaches/ Team Managers**

It is the responsibility of each club to ensure they have the correct ratio of team staff to number of swimmers. All team staff must be a member of SASA and hold a current PVG with their club

Due to restriction on numbers allowed within the facility and the poolside we request that names of coaches/ staff you wish to have on poolside are emailed into [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com) as soon as possible. Confirmation of team staff acceptances will be emailed as soon as we can once swimmer entries are collated. Priority will be given to swimmers.

## **Marshalling**

Marshalling will be at the changing room end of the pool with a maximum of 2 heats in advance. It is understood that swimmers have not been in a competition environment for some time so if a swimmer is not there on time, we may call for them and give them the opportunity to report and race.

## **Presentations/ Points**

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each age group and in each event except for the relays for which medals will be award to the winning team members only.

A decision on whether to conduct presentation ceremonies will be taken once it is clear how many entries have been received and how busy the session will be.

## **Drinking Water**

Swimmers will be expected to bring enough drinking water for the duration of the event. This is because the only supply of potable water will not easily be accessible during the meet.

## **Technical Officials/ Volunteers**

We will require Technical Officials and volunteers to help throughout the day and this is an ideal way of being able to see your swimmer race. Please contact [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com) if you can/ wish to help but please note that without the required number of officials, we may not meet the conditions of our license.

## **COVID19**

We want to ensure that the return to competition is, as far as possible, a safe and healthy environment for everyone attending and that it will be an enjoyable and successful return to competition for the swimmers and coaches.

All competition in Scotland will be operated inline with the [Scottish Government](#) and [Public Health Scotland](#) guidance and with the [Scottish Swimming competition Management](#) guidance Document, current at the time of the competition taking place.

There may be specific conditions of attendance at the meet. Full details will be issued nearer the date of the competition. All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered.