

# *Borders Region*

## **TIME TRIALS**

**Saturday 23 October 2021**

**GALASHIELS  
SWIMMING POOL**

License No : **L3/ED/003/OCT21**

*Meet Information*

# **BORDERS REGION TIME TRIALS**

Galashiels Swimming Pool- 25metres, 6 lanes  
No Electronic Timing

## **Background**

As we are now in below Level 0 and getting back to some normality the East District and all three Regions (Borders, Fife & Lothians) are working together to give as much opportunity to as many swimmers as is possible to take part and post new and up to date times for swims.

East District are holding two Time Trials at the RCP on 25 September and 9 October (level 2 license). Times achieved at these events will be entered into rankings.

Borders Region is holding a Time Trial on 23 October with a level 3 license. This event is to allow swimmers who do not wish to enter/ have not been accepted into the East District Event an opportunity to race.

The aim of the Time Trials over all the dates is to keep everything as simple and easy as possible. The aim is to make this return to competition an enjoyable event not only for the swimmers but coaches and volunteers too.

Times achieved in any of the Regional or District events can be used for entry into the Scottish Winter Meet 2021.

At the discretion of the District, these times may be used for any District event run up to the end of March 2022.

## Meet conditions:

- Swimmers must be aged 12 years or over as of 31 December 2021
- All entrants must be registered with SASA
- Swimmers can only swim under their first claim club designation.
- Swimmers can only swim in one of the Time Trials (East District – either date or the Borders Time Trial) they cannot swim in more than one.
- The Regional event has a level 3 license – times will not be sent or appear on rankings
- Times may be used as detailed above
- All entries must have a time
- Entries with NT will be rejected outright
- In the event of the Borders Time Trials being oversubscribed, entries may require to be rejected to comply with meet conditions for the competition, COVID19 Government guidance and facility policies as these may see a restriction on numbers allowed within the facility.
- Any swimmer not accepted for an event will be refunded the relevant cost.

Age Groups: 12 years, 13, 14, 15, 16, 17, 18 +  
as at 31<sup>st</sup> December 2021

Events: 100m Backstroke, Breaststroke, Butterfly & Freestyle  
200m Individual Medley

All events will be heat declared winners – there are no awards or medals for the Time Trials

Event Cost: £3.00 per event entered

Session Times: Warm up: 1300 Start time: 13:45 (subject to change)

Event Contact: David Payne – Borders Region Convenor  
Email: [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com)

Closing date: noon 13 October 2021

# BORDERS REGION TIME TRIAL

## Entry process

- Entries by supplied computer files only. These are downloadable from [www.swimscotland.co.uk](http://www.swimscotland.co.uk)
- Time must be submitted for all events entered. NT will see the entry rejected outright.
- Times should be recorded for the swimmer between 1 January 2019 – current.
- Times do not need to be accredited times, but they should be real times achieved at meets or at club time trials.
- Whilst we are not asking for proof of times to be supplied random checks will be made, and club/s may be asked to confirm how and when a time has been achieved.
- Completed entry files must be emailed to [sasaeastdistrictentries@gmail.com](mailto:sasaeastdistrictentries@gmail.com) along with the completed summary sheet which is downloadable from [www.swimscotland.co.uk](http://www.swimscotland.co.uk) **no later than noon 13 October 2021.**
- (please ensure that you request a read receipt if you wish confirmation of entries received)
- When emailing the subject line **MUST be the official club code/BRTT**
- **PLEASE** do not use your own coding for the club – only the official Scottish Swimming four letter code is acceptable.
- It is the club responsibility to ensure swimmers are of the standard to compete in the event

## Schedule of Events

200 metre Individual Medley	(Girls)
100 metre Butterfly	(Boys)
100 metre Butterfly	(Girls)
100 metre Backstroke	(Boys)
100 metre Backstroke	(Girls)
200 metre Individual Medley	(Boys)
100 metre Breaststroke	(Girls)
100 metre Breaststroke	(Boys)
100 metre Freestyle	(Girls)
100 metre Freestyle	(Boys)

### Spectators

There will be no spectating available at this event to maximise the number of swimmers able to attend and get back to racing.

### Coaches/ Team Managers

It is the responsibility of each club to ensure they have the correct ratio of team staff to number of swimmers. All team staff must be a member of SASA and hold a current PVG with their club

Due to restriction on numbers allowed within the facility and the poolside we request that names of coaches/ staff you wish to have on poolside are emailed into [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com) as soon as possible. Confirmation of team staff acceptances will be emailed as soon as we can once swimmer entries are collated. Priority will be given to swimmers.

### Marshalling

Marshalling will be at the changing room end of the pool with a maximum of 2 heats in advance. It is understood that swimmers have not been in a competition environment for some time so if a swimmer is not there on time, we may call for them and give them the opportunity to report and race.

### Presentations/ Points

That are no presentations of points awarded for the Time Trials on any of the dates.

## **Technical Officials/ Volunteers**

We will require Technical Officials and volunteers to help throughout the day and this is an ideal way of being able to see your swimmer race. All Borders clubs will be expected to contribute officials to the event.

Please contact [BRSCSwimSec@gmail.com](mailto:BRSCSwimSec@gmail.com) if you can/ wish to help but please note that without the required number of officials, we may not meet the conditions of our license and may even have to cancel the event.

## **COVID19**

We want to ensure return to competition, as far as is possible, for everyone attending, is safe and health environment that will be an enjoyable and successful return to competition for the swimmers and coaches.

All competition in Scotland will be operated inline with the [Scottish Government](#) and [Public Health Scotland](#) guidance and with the [Scottish Swimming competition Management](#) guidance Document, current at the time of the competition taking place.

There may be specific conditions of attendance at the meet. Full details will be issued nearer the date of the competition. All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered.