

**East District Distance Time Trial - Extended**

Meet Information

**30th January 2022**

L1/667/SS/JAN22

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| **About the East District Distance Time Trials** | The East District is holding an extension to the November time trial on 30th January 2022 to provide an opportunity for swimmers to gain entry times for future East District meets. There are no finals or awards. Priority will be given to those swimmers oversubscribed from the November 2021 Meet.  Level 2 licence: **L1/667/SS/JAN22**  The events will be 200m for all strokes and 400m individual medley and freestyle in line with Scottish Swimming’s return to competition. All events will be swum mixed. |
| **Dates** | 30th January 2022 |
| **Venue** | Mercat Gait, Prestonpans |
| **Age Groups** | 12, 13, 14, 15, 16, 17, 18 & over  **Age as at 31st December 2021** |
| **Events** | 200m Freestyle  200m Backstroke,  200m Breaststroke  200m Butterfly  400m Individual Medley  400m Freestyle |
| **East District Contact** | Lynne Rafferty, East District Event Planning  Email: [sasaeastdistricteventplanning@gmail.com](mailto:sasaeastdistricteventplanning@gmail.com) |
| **Entry deadline** | The entry deadline is 12 noon on Thursday 13th January 2022 |
| **Eligibility** | **All swimmers must be aged 12 or over at 31 December 2021** and registered members of SASA, training with a club affiliated to Scottish Swimming at the time of the competition.  Only swimmers who are first claim members of an East District club and therefore eligible to swim in an EDAGs may enter this time trial.  There will be two sessions.  Priority will be given to those swimmers oversubscribed from the November 2021 Meet.  Swimmer numbers for events will be agreed by the swim committee and the facility after entries are received. If it is necessary to reject entries, this will be done at the discretion of the swim committee. |
| **Entry Guide** | This information regarding entry is a guide and is subject to change.  Entry into the meets will be by clubs on official entry files. Swimmers may be entered if they are considered as currently swimming at District level. It is likely that the competition as a whole will be oversubscribed and clubs should only enter swimmers with coach approval. Swimmers may be entered for up to 6 events in total.  Entries from multi classification swimmers are welcome into the designated events for their classification. Classified para-swimmers may be entered into the event if they are at district level. Clubs should include in their email with entries that their files include para-swimmers.  Swimmers not accepted to the event will have their entry fee will be refunded in full.  The East District swim committee reserve the right to make decisions on oversubscriptions in any way that is necessary to meet the conditions for the competition. Covid-19/facility policies may restrict the numbers of swimmers for the time available. This means that any swimmer accepted into the meet, **may not** be able to swim all events they enter, to make best use of the time available.  Times must be submitted for all events entered. Times should have been recorded by a swimmer  between 1 January 2019 – current date can be submitted. Times do not need to be accredited times but they should be real times achieved at meets or at club time trials. Whilst we do not ask for proof of time for the meet, we will be undertaking random checks and clubs may be asked pre and post event to provide additional information.  The cost per event will be £8.50 |
| **Spectating** | There will be no spectating at the venue |
| **COVID-19** | We want to ensure return to competition, as far as is possible, for everyone attending, is a safe and healthy environment that will be an enjoyable and successful.  All competition in Scotland will be operated in line with the [Scottish Government](https://www.gov.scot/publications/coronavirus-covid-19-staying-safe-and-protecting-others/) and [Public Health Scotland](https://www.publichealthscotland.scot/our-areas-of-work/covid-19/covid-19-health-protection-guidance/overview-and-latest-guidance/) guidance and with the [Scottish Swimming Competition Management Guidance Document](https://www.scottishswimming.com/clubs/covid-19-guidance.aspx), current at the time of the competition taking place.  There may be specific conditions of attendance at the meet. Full details will be issued nearer the date of the competition.  All competitors and other attendees are required to adhere to the conditions of the competition to ensure that we all stay compliant and safe. **Anyone failing to follow the conditions will be refused access or removed from the venue and no refund will be offered**  **At present Scotland is at below Level 0. However, these levels of restriction may have changed by the competition dates. SASA East District will be guided by and will implement all relevant requirements requested by sportscotland, Scottish Swimming and the Scottish Government at that time.** |
| **Competition Disclaimer**  **PLEASE NOTE:** | While every reasonable effort will be made for the competition to happen, potential changes in COVID restrictions may restrict or prevent the competition from taking place. The conditions for the meet and whether the competition ultimately take place is dependent on the local restrictions in place on facilities, the sporting activity and the participants.  No guarantee can be given by SASA East District that the meet will take place at a particular time, on any particular date or at any particular venue. SASA East District reserves the right to cancel the meet without notice and without liability for doing so if required. The competition will not be rescheduled if it is unable to take place on the scheduled dates.  In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA East District. SASA East District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation |

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| **Dates** | **Sunday 30th January** | | | |
| **Pool** | Prestonpans | 6 lane 25m competition pool | | |
| **Session Times** | **Sunday 30th January** | | | |
|  | **Session** | | **Warm Up** | **Start** |
|  | **1** | | **0900** | **0950** |
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|  | **2** | | **1315** | **1400** |

**Schedule of Events**

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| **Session 1 - Morning** |
| 400 IM Mixed |
| 200 Fly Mixed |
| 200 Free Mixed |
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| **Session 2 - Afternoon** |
| 400 Free Mixed |
| 200 Breast Mixed |
| 200 Back Mixed |
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| **Entry Process** | Entries will be by computer files, which will be downloadable from www.swimscotland.co.uk   * Entries should be sent by email to: [sasaeastdistrictentries@gmail.com](mailto:sasaeastdistrictentries@gmail.com) * The subject line **MUST be Club Code/DTT** * Please ensure that you request a read receipt if you wish confirmation of entries being received   **Please complete the Electronic Summary Sheet by 12 noon on Thursday 13th January 2022**   * Link to Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager   <https://hytek.active.com/downloads.html> Select Team Manager, then **Lite**  **The closing date for receipt of entries is 12 noon on Thursday 13th January 2022** |
| **Payment** | Payment can be made by bank transfer as follows:  Account name: SASA East District  Bank Bank of Scotland  Branch Musselburgh  Account No 06001834  Sort Code 80-17-68  Your reference – please quote Club Code/EDTT  **Cost Per entry £8.50**  **No entries will be accepted without the correct fee, Summary Sheet or with the Entry Files incorrectly completed** |
| **Draft**  **Programmes** | * Any queries with regards to entries should be directed to [sasaeastdistrictentries@gmail.com](mailto:sasaeastdistrictentries@gmail.com) with a closing date for queries. * Any withdrawals or amendments prior to 12 noon Wednesday 26th January should be notified on the electronic withdrawal form. * Start sheets will be issued via broadcast on Friday 28th January by 12 noon. * Any further withdrawals should be notified via the electronic withdrawal form as soon as identified. This will enable the District to identify opportunities for additional swims for athletes. |
| **Awards** | There are no finals or awards at this event |
| **Event Regulations** | Entry and Entries to all events is expressly subject to the SASA regulations in place at the time of the meet.  **SASA East District reserves absolutely the right to eject from events any person failing to**  **comply with each and all of the Event Regulations. It is the club’s responsibility to ensure all attendees are aware of any special requirements as documented in the event management plan – details to follow.** |
| **Accreditation Passes** | There will be no accreditation passes provided, swimmers will be checked in on the relevant day  All coach and poolside personnel will be expected to have a valid PVG and East District Pass.  **Numbers of coaches and personnel attending with each club will be restricted due to COVID-19/facility policies. Coach names must be submitted to the** [**event organiser**](mailto:sasaeastdistricteventplanning@gmail.com) **beforehand for permission. On receipt of applications a confirmation email will be issued prior to the date of the competition.**  **A WhatsApp broadcast will be used for Meet information and start sheets in the run up to and during the event. The broadcast code will be issued to entry secretaries and will be available to confirmed coaches and entry secretaries only.** |