



**Scottish
Swimming**

Open Water

2022 Scottish National Open Water Swimming Championships

**Monikie Country Park
Monikie, Angus, DD5 3QN**

4th July 2022

**Licence No:
OW/2022/L1/04**

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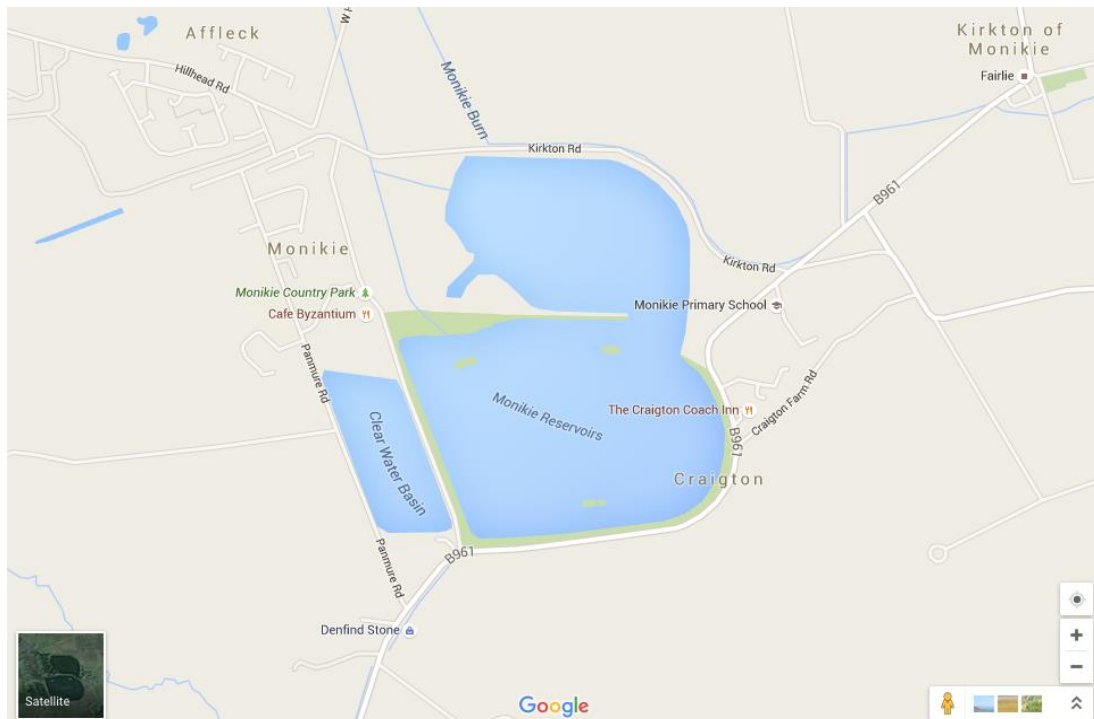
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VENUE DETAILS & PROGRAMME OF EVENTS

Venue: Monikie Park, Monikie, Angus DD5 3QN

The venue is well signposted off the A92 going inland between Monifieth and Carnoustie. If you use postcode for Satnav it takes you close to The Craighton Coach Inn. The park entrance is on Panmure Road. There are large areas of open grass and woodland and 3 ponds. There is a children's play area and wildlife walks. The Event is to be held on the North Pond on which the water sports are usually run. Spectators can walk right around the pond.

For more information please go to [Monikie Country Park, Angus | Visit Angus](#)



Car Parking

There is a car park near the entrance where you will need to park.

There is a cost of £2.70 per car for the whole day.

Programme of Events:

Times are subject to change.

Event	Registration	Briefing
5km	08:45 - 09:30	09:30
1km	11:00 - 11:30	09:30
500m	12:30 - 13:15	13:15
2km	12:30 - 13:15	13:15
Relay (roughly 250m, two male two female)		13:15

Eligibility Information

- Ages are at 31st December 2022 with exception of the 10y, this category is age on day
- Minimum ages are 10y for 500m and relay, 11y for 1km, 12y for 2km and 13y for 5km
- Entries for some events may be restricted in numbers on a first come first served basis
- Entries are welcome from swimming members of Scottish Swimming, Swim England, Swim Wales or other FINA-affiliated body
- All individual events are open to Temporary Members of Scottish Swimming
- The events will be held under FINA/Scottish Swimming rules
- Note the FINA Rules regarding the use of wetsuits. You must read and understand these before you enter the Championships. See Scottish Swimming website for details.

ENTRY INFORMATION

Entries from Scottish Swimming Members

Entries for Scottish Swimming members other than those for Temporary Members must be made online. Bookings open on 24th May. Booking link can be found [here](#)
The medical questionnaire will be completed online as part of this process so a separate paper form is not required.

Entries from Swim England, Swim Wales, other FINA-affiliated bodies

Entries must be submitted by clicking [here](#) and payment made via BACS to

The Royal Bank of Scotland, Sort Code: 832709 Account No: 00292938
Please use Ref – 6920/surname

Entries will not be accepted without payment being made.

Temporary Membership and Entries

Entries may be accepted from swimmers who are not currently members of Scottish Swimming or another national governing body affiliated to FINA, providing they submit a valid application for Temporary Membership and an additional fee of £10, details for temporary membership payment can be found on the temporary membership form which can be found [here](#). Such applicants must submit a completed temporary membership form by email to snows@scottishswimming-ow.com. Entries must be submitted by clicking [here](#). Payment for entries must be made via BACS to

The Royal Bank of Scotland, Sort Code: 832709 Account No: 00292938
Please use Ref – 6920/surname/TM

Entries will not be accepted without payment being made.

Entries will not be accepted if the request does not comply with the Scottish Swimming rules and a refund will be given

Closing date for all entries is 23:59 on Monday 13th June 2022

Late entries MAY be accepted at the sole discretion of the organisers.

Entry Fees

500m	£15.00
1km	£15.00
2km	£20.00
5km	£25.00
Relay	£35.00

Awards & Presentations

Approximate times for presentation of prizes will be confirmed in the meet programme prior to the event.

Medal Categories for 5km event:

13y, 14-15y, 16-17y, 18-24y, 25-34y, 35-44y, 45-54y, 55-64y, 65y+over, and Open

Medal Categories for 2km event:

12-13y, 14-15y, 16-17y, 18-24y, 25-34y, 35-44y, 45-54y, 55-64y, 65y+over, and Open

Medal Categories for 1km event:

11 y, 12-13y, 14-15y, 16y+over

Medal Categories for 500m event:

10y, 11y

EVENT CONDITIONS/REGULATIONS

Changing room and Showers

- There will be no access to formal changing rooms at the venue. Swimmers could get changed in the public toilets at the car park.
- There will be no access to showers at the venue.

Competitors may be required to submit to a medical examination prior to the event

Competitors must wear swimming caps provided

Competitors should be aware that swimming in open water events brings with it a small risk of contracting some water-borne diseases and they should contact their GP if they feel ill in the days following an event.

The organising committee reserve the right not to accept entries from swimmers who they believe may not be capable of completing the event within the cut off times,

- 500m – 15 minutes
- 1km - 30 minutes
- 2km - 1 hour
- 5km - 2 hours

Competitors still swimming on expiry of these times will be required to leave the water without completing the race.

- Entry to all events is expressly subject to each and all of the conditions in this document and the regulations and may, where appropriate, also require compliance with the facility provider's regulations.
- No guarantee can be given by Scottish Swimming that the event will take place at a particular time or any particular date and Scottish Swimming reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought to the venue: glasses, fireworks, smoke canisters, flares, glass bottles, weapons of any sort. Any person in possession of such items may be refused access at the absolute discretion of any steward or officer of Scottish Swimming and/or police officer.
- No foul or abusive language, including racial or sexual abuse, may be used.
- No alcohol may be consumed at the event.

- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Scottish Swimming at the event without the express written permission of Scottish Swimming.
- Any person attending the event must at all times comply with any and all reasonable instructions of any steward or officer of Scottish Swimming and/or police officer.
- Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

GENERAL INFORMATION

Please note that there will be no catering available for swimmers or spectators. Food and drinks will only be provided for volunteers.

Further information will be sent to competitors a week before the event.

For enquiries prior to entering please contact:

Kirsty Ewen Email: snows@scottishswimming-ow.com Tel: 07792 057 153

Media & Photography Information

Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete this [form](#). If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to Scottish Swimming.

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. **The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in changing areas, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.