



Stars of the Future Novice Meet

Sunday 17th November 2024
Peebles Swimming Pool

License Number L3/ED/070/NOV24

- Times:** Warm-up 12:30, Start time 1:00pm
- Age Groups:** 8 and under, 9 years, 10 years, 11 years, 12 years, 13 years, 14 years. Age is on the day – 17th November 2024. We will not accept entries from swimmers under the age of 7 on 17th November 2024.
- Entry Fees:** £5.00 per individual swim and £7.50 per relay team
- Entry file requests:** pasc_account@hotmail.co.uk
- Entry Deadline:** Entries should be made on Hy-tek entry files by no later than noon on Friday 1st November.
- Technical Officials:** Clubs should each provide at least one official and one timekeeper.
- Pool:** 4 lane, 25m pool, anti-wave lane ropes.
The start end at Peebles swimming pool is 1.8 meter deep.
- Poolside:** A max of 2 adults per club will be allowed poolside during the event (excluding officials and timekeepers). Club staff in attendance must be accredited in accordance with Scottish Swimming/East District rules.
- Spectator seating:** There is limited spectator viewing available in the reception area.
- Parking:** Limited car parking is available at the pool. Parking is available at the nearby Kingsmeadows car park.
- Sessions:** 12:30pm warm up for 1:00pm session start.

STARS OF THE FUTURE

MEET RULES

1. The current World Aquatics and SASA rules of competitive swimming will apply.
2. The meet shall be run in accordance with SASA's Transgender & Non-Binary Competition Policy.
3. All swimmers must have a current SASA or equivalent registration number.
4. All events will be Heat Declared Winners.
5. Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
6. Age groups shall be 8 and under, 9 years, 10 years, 11 years, 12 years, 13 years and 14 years, determined by age on the day.
7. The organisers reserve the right to restrict entries to allow for the smooth running of the meet. Rejected entries will be refunded in full. Whilst we aim to give priority to the slower swimmers, to allow us to predict the run time of this meet, No Time (NT) entries will not be accepted. Please ensure that a minimum of a coach's stopwatch time is submitted for every entry.
8. Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times. It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
9. Coaches must ensure swimmers can dive safely into water. Swimmers may start on the blocks or in the water. Swimmers should notify the referee if they wish to start in the water.
10. Over the top starts may be used to help the smooth running of the event.
11. During warm-up swimmers must keep moving in the direction instructed. Diving will only be permitted in the designated sprint lanes.
12. No glassware may be taken into showers or poolside.
13. Outdoor footwear must not be worn on the poolside area.
14. Swimmers must wear dry clothing and footwear at all times when not on the poolside area.
15. The use of mobile phones is prohibited in the changing rooms and toilets.
16. Relay teams should be selected from swimmers already in the meet.
17. Medley relay teams shall consist of at least one swimmer from the female category and at least one swimmer from the male & open category. All swimmers must be from the applicable age group.
18. Squadron relay teams shall consist of 6 swimmers with at least one swimmer from the following age groups: 10 & under, 12 & under, 14 & under. Swimmers should swim in age order, start with the youngest age swimmer.
19. Medals will be awarded to the 1st to 3rd placed swimmers for each event and age group.
20. There will be no presentation other than club trophies, swimmers should collect medals and awards from the medal table throughout the meet.
21. Teams shall be awarded 4 points for a win, 3 points for second place, 2 points for third place and 1 point for fourth place in each event.

22. Two trophies will be awarded: one to the team with the most points overall and another to the team with the most relay points. A tie will be decided in favour of the team with the most wins. Trophies are to be held for 1 year.
23. It is the responsibility of each Club to ensure that their swimmers and representatives are aware of the Meet rules.
24. The PASC ASC committee retains the right to amend any of the above conditions as necessary.
25. Anything not covered in the above or in the event programme will be at the organisers' discretion.

Health and Safety Announcement

Controlling the Use of Photographic Equipment

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. **The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.

Please scan the QR code to read the Scottish Swimming wellbeing statement



Transgender & Non-Binary Competition

The Scottish Swimming Transgender & Non-Binary Competition Policy was implemented on 1st January 2024. The policy and FAQs can be found at <https://www.scottishswimming.com/about-us/equality>. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

Safeguarding

The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the Meet Organiser.

The secondary point of contact is the Scottish Swimming Safeguarding Manager.

Scottish Swimming Swimsuit Policy

Please note that for swimmers aged 13 or younger, the Scottish Swimsuit Policy will be in place. Please make sure your swimmers/parents have read the policy and understand which suits can / cannot be worn ahead of the weekend. If they are wearing one of the suits which have been banned for this age group, they will not be allowed to compete. The policy can be found at:

<https://www.scottishswimming.com/oursports/swimming/swimsuits> there is also a visual guide here:

<https://ocssport.ams3.cdn.digitaloceanspaces.com/scotswim-full/2022/06/Technicalswimsuitposter2022.pdf>

PROGRAMME OF EVENTS

Event	Sex	Age	Stroke	Distance
1	Female	8&U, 9 -10 years	Backstroke	50m
2	Male&Open	8&U, 9 -10 years	Backstroke	50m
3	Female	11 - 14 years	Backstroke	100m
4	Male&Open	11 - 14 years	Backstroke	100m
5	Female	8&U, 9 -10 years	Breaststroke	50m
6	Male&Open	8&U, 9 -10 years	Breaststroke	50m
7	Female	11 - 14 years	Breaststroke	100m
8	Male&Open	11 - 14 years	Breaststroke	100m
9	Female	8&U, 9 -10 years	Ind Medley	100m
10	Male&Open	8&U, 9 -10 years	Ind Medley	100m
11	Female	11 - 14 years	Ind Medley	200m
12	Male&Open	11 - 14 years	Ind Medley	200m
13	Female	8&U & 9 years	Butterfly	25m
14	Male&Open	8&U & 9 years	Butterfly	25m
15	Female	10 years	Butterfly	50m
16	Male&Open	10 years	Butterfly	50m
17	Female	11 - 14 years	Butterfly	100m
18	Male&Open	11 - 14 years	Butterfly	100m
19	Female	8&U, 9 -10 years	Freestyle	50m
20	Male&Open	8&U, 9 -10 years	Freestyle	50m
21	Female	11 - 14 years	Freestyle	100m
22	Male&Open	11 - 14 years	Freestyle	100m
23	Mixed	10&U	Medley relay	4 x 25m
24	Mixed	11-12 years	Medley relay	4 x 50m
25	Mixed	13-14 years	Medley relay	4 x 50m
26	Mixed	6 swimmers with at least one swimmer from age groups 10&U, 12&U, 14&U	Squadron relay	6 x 25m

PRESENTATION OF TROPHIES

PEEBLES ASC

Stars of the Future Meet

Saturday 17th November 2024

Summary Entry Form

This form must be completed and returned with entries

Club Name:

Contact Name:

Address:

Post Code:

Telephone:

E mail:

Total Female Entries @ £5.00 each = £

Total Male and Open Entries @ £5.00 each = £

Relay Entries @ £7.50 per team = £

Total Amount Enclosed: £

Signed:

Please make payments by bank transfer to the following

Account Name Peebles Amateur Swimming Club

Bank Bank of Scotland

Account 00692308

Sort Code 80-09-33

Reference (please quote) Club Code/PASC Stars.

Payments may be made by cheque on request.

Please return completed forms to **pasc_account@hotmail.co.uk**