



## 2024 AUTUMN MEET MEET INFORMATION

*University of Aberdeen Performance Swimming invites you to the 2024 Autumn Meet:*

<b>Venue</b>	Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX
<b>Pool</b>	25 metres, 10 lanes, 2 metres deep, deck level, full electronic timing, backstroke ledges. There will be no swim down facility available
<b>Dates</b>	<b>Saturday 5<sup>th</sup> &amp; Sunday 6<sup>th</sup> October 2024</b>
<b>Licence Numbers</b>	Licence No: L2/ND/047/OCT24
<b>Sessions</b>	Session 1: Warm up: 0830 – 0930 am Start: 0935 am Finish: 1235 pm (Approx) Session 2: Warm up: 1315 – 1415 pm Start: 1420 pm Finish: 1720 pm (Approx) Session 3: Warm up: 0830 – 0930 am Start: 0935 am Finish: 1235 pm (Approx) Session 4: Warm up: 1315 – 1415 pm Start: 1420 pm Finish: 1720 pm (Approx) (Subject to change if necessary)
<b>Arrival</b>	Entry to the Aquatics Centre building is from 0800 with access to the pool deck at 0815 at the very earliest.
<b>Events</b>	<b>All events will be swum as heat declared winner</b> 50m Freestyle 100m Butterfly, Backstroke, Breaststroke, Freestyle and Individual Medley 200m Butterfly, Backstroke, Breaststroke, Freestyle and Individual Medley
<b>Competition Categories</b>	Events will be swum separately in the following competition categories:  Female and 'Male & Open'
<b>Ages</b>	<b>All events will be swum as age at last day of competition (6<sup>th</sup> October 2024)</b>  <b>Individual Age Groups:</b> 11-12, 13-14, 15-16 and 17-18 years but will be swum combined as 11-14 and 15-18 years
<b>Accreditation</b>	A licence has been granted and accreditation will be applied for to SASA North District on conclusion of the meet
<b>Rules</b>	Meet will be held under World Aquatics rules and SASA regulations.
<b>Eligibility to Enter</b>	Entries will be considered from competitors registered as members of Scottish Swimming, Swim England or Swim Wales. Entries from composite teams are welcome at this meet.
<b>Consideration Times</b>	There will be no consideration times for this event, but times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited. Please note that NT entries will be rejected.
<b>Entries</b>	All entries must be on Hy-Tek Team Manager entry file.



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	<p>Entry files may be obtained by: Downloading from North District Website (<a href="http://www.sasanorth.org.uk">www.sasanorth.org.uk</a>) Downloading from Swim Scotland Website (<a href="http://www.swimscotland.co.uk">www.swimscotland.co.uk</a>) By emailing entries secretary Sean Dawson <a href="mailto:smdawson23@outlook.com">smdawson23@outlook.com</a></p> <p>In the event that the meet is over-subscribed, entries will be accepted fastest first across age groups as evenly as is practical. In the event that an event or an age group is undersubscribed, any time made available will be allocated to other events or age groups in that session.</p> <p>A draft programme and a list of reserve/rejected swimmers, if applicable, will be emailed to each club for checking within 7 days of the closing date.</p> <p>Please email completed entry files to – Sean Dawson <a href="mailto:smdawson23@outlook.com">smdawson23@outlook.com</a> Summary sheet should be sent to – Sean Dawson <a href="mailto:smdawson23@outlook.com">smdawson23@outlook.com</a></p> <p><b>CLOSING DATE FOR ELECTRONIC ENTRIES IS</b> Friday 6<sup>th</sup> September 2024. Please note summary sheet and payment must be received by this date.</p> <p><b>NO LATE ENTRIES WILL BE CONSIDERED</b></p>
<b>Entry Fees</b>	<p>All events will be £8.00 per entry</p> <p><b>Entry Fees must be received on or before the closing date</b> and will only be accepted by Direct Bank Transfer using the bank details below.</p> <p><b>Account No:</b> 00581285, <b>Sort Code:</b> 80-12-08, Please use Reference: <b>UOAM24</b></p>
<b>Early Withdrawals</b>	<p>Withdrawals prior to the event may be e-mailed to Sean Dawson <a href="mailto:smdawson23@outlook.com">smdawson23@outlook.com</a> to arrive by 1700 at the latest on Thursday 3<sup>rd</sup> October 2024</p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p>
<b>Withdrawals at the Meet</b>	<p>Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders desk at least 45 minutes prior to the start of the appropriate session. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.</p>
<b>Marshalling</b>	<p>There will be marshalling for all events. All swimmers must attend marshalling before their events and are advised to attend in good time.</p> <p>The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat entering the <u>final</u> marshalling area will not be permitted to swim. Reserves must marshal unless they have withdrawn.</p>
<b>Awards</b>	<p>Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> places in each age group. There will be no medal presentations. Instead medals can be collected from the designated medal desk by the swimmer or team manager.</p>



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<b>Technical officials</b>	<p>A completed technical officials sheet should be sent to the Meet Officials Coordinator by email <a href="mailto:uoasto@gmail.com">uoasto@gmail.com</a> arriving no later than Friday 20<sup>th</sup> September 2024. Any changes or queries regarding technical officials should also be directed to the Meet Officials Coordinator.</p> <p>All clubs are respectfully requested to provide a minimum of 1 official per session when 6 or more swimmers are accepted. Clubs that have 10 swimmers or more accepted should provide a minimum of 2 officials per session, one of which should be a qualified Judge 1 or above. Without sufficient officials the meet will not be able to gain accreditation.</p> <p>Mentoring requests will be considered by the Session Referee. It may be more likely for officials mentoring requests to be honoured if the clubs attending the meet provide a supply of qualified officials (Judge 1 &amp; above), however we cannot guarantee all requests to be granted.</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or Chief Inspector of Turns, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1 or Judge 2S, please see the Officials Sheet.</p> <p>Serving technical officials will be offered a meal after each morning session if working both sessions.</p>
<b>Coaches Pack</b>	<p>A Coaches' pack will be available for coaches or team managers to collect from the recorders' desk outside the timing room on the pool deck. This will include withdrawal sheets and purchased meal tickets along with any other relevant information.</p> <p>A copy of the participant and warm up information sheets will be distributed electronically in advance of the event via the WhatsApp Broadcast. Start sheets for all sessions will be distributed electronically via the event WhatsApp Broadcast in advance of the meet.</p>
<b>Photos/Videos</b>	<p>Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (QR Codes will be available at the venue and in the participant information).</p> <p><b>In line with Child Wellbeing &amp; Protection guidelines, the use of mobile phones shall not be permitted either in the toilets, shower areas or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment.</b></p> <p>Videos and photographs should only be posted on secure social media pages &amp; club websites. We would be grateful if you could ensure that all members of your club are aware of this requirement.</p>
<b>Media &amp; Photography</b>	<p>Throughout this event, UoA Performance Swimming may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images may be uploaded to our website and our social network sites.</p>

	<p>Should any competitor wish not to be photographed, please complete the Media/Photography Refusal of Consent Form which is available on request to the Meet Director. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to UoA Performance Swimming after which the data will be removed.</p>
<p><b>Data Protection</b></p>	<p>In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.</p> <p>This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -</p> <ul style="list-style-type: none"> <li>○ Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and</li> <li>○ Swim England for inclusion on Rankings</li> </ul> <p>Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.</p>
<p><b>Transgender Competition Policy</b></p>	<p>As of the 1<sup>st</sup> January 2024 the Scottish Swimming Transgender &amp; Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found <a href="#">HERE</a>. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.</p> <p>As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
<p><b>Swimwear Policy</b></p>	<p>Swimmers 13 years and younger can <b>not</b> now compete wearing technical suits in Scottish Swimming licensed or registered events.</p>
<p><b>Additional Notes</b></p>	<ol style="list-style-type: none"> <li>1. All swimmers entered must have paid their National Governing Body membership fee or equivalent for the current year. Registration numbers must be shown on entry files.</li> <li>2. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</li> <li>3. Swimmers must follow the instructions given to them by the meet officials and pool staff and behave in a reasonable manner at all times.</li> <li>4. Programmes will not be available for purchase at the event</li> <li>5. Lockers provided in the changing rooms should be used for clothes and other belongings at all times, to keep cubicles free for other swimmers. The meet organisers cannot be held responsible for items lost during the course of the meet. Pool staff will remove any items left in cubicles and place them in lost property.</li> <li>6. No hot drinks or glass items should be taken onto poolside or into the changing area.</li> </ol>



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	<p>7. To comply with child Wellbeing &amp; Protection policies please ensure that swimmers wear clothing and pool shoes when leaving poolside. No poolside changing will be permitted.</p> <p>8. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.</p> <p>9. Warm-up Supervisors will be present at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors.</p> <p>Swimmers must leave the pool when the end of their warm up is announced. No fins, paddles or snorkels will be permitted in the main pool warm up sessions. No diving into the pool during warm-up except in the designated lanes during the one-way sprints. Full warm up details will be issued prior to the meet.</p> <p>10. Poolside access should be limited to club coaches and team managers up to a maximum of one coach/chaperone per 10 swimmers. Coaches &amp; Team Managers are reminded that they must have a PVG and CWPS in place through Scottish Swimming before attending the event.</p> <p>11. Vuvuzelas and air horns are not permitted at this meet.</p> <p>12. Please note that there will be no access to poolside for spectators. Spectator access will be limited to the spectator gallery.</p> <p>13. Relevant Results will be posted at the pool during each session and will be distributed to the clubs immediately following the meet. Results will also be available on Meet Mobile.</p> <p>14. Coaches and Team Managers can request meals (Lunch available) at a cost of £8 per head per day and requests should be submitted with the summary sheet and payment must be made along with the entry fees.</p> <p>15. Officials should take their own water bottles – igloos may be provided filled with water for use. The venue water fountains will also be in use.</p> <p>16. Over the top starts on all strokes may be used</p> <p>17. Different persons have authority and overall responsibility for the running of the meet at different stages. A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.</p>
<b>Meet Director</b>	Michelle Hall      Email: <a href="mailto:uoameetdirector@gmail.com">uoameetdirector@gmail.com</a>



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## PROGRAMME OF EVENTS

Session 1 - Saturday Morning				
Event No	Distance	Comp Sex	Age Group	Stroke
101	200m	Male & Open	11 to 14	Individual Medley
102	100m	Female	15 to 18	Backstroke
103	200m	Male & Open	15 to 18	Backstroke
104	100m	Female	11 to 14	Freestyle
105	100m	Male & Open	11 to 14	Breaststroke
106	200m	Female	15 to 18	Butterfly
107	100m	Male & Open	15 to 18	Butterfly
108	200m	Female	11 to 14	Breaststroke
109	200m	Male & Open	11 to 14	Freestyle
110	100m	Female	15 to 18	Individual Medley
111	50m	Male & Open	15 to 18	Freestyle

Session 3 - Sunday Morning				
Event No	Distance	Comp Sex	Age Group	Stroke
301	200m	Female	11 to 14	Individual Medley
302	100m	Male & Open	15 to 18	Backstroke
303	200m	Female	15 to 18	Backstroke
304	100m	Male & Open	11 to 14	Freestyle
305	100m	Female	11 to 14	Breaststroke
306	200m	Male & Open	15 to 18	Butterfly
307	100m	Female	15 to 18	Butterfly
308	200m	Male & Open	11 to 14	Breaststroke
309	200m	Female	11 to 14	Freestyle
310	100m	Male & Open	15 to 18	Individual Medley
311	50m	Female	15 to 18	Freestyle

Session 2 - Saturday Afternoon				
Event No	Distance	Comp Sex	Age Group	Stroke
201	200m	Male & Open	15 to 18	Individual Medley
202	100m	Female	11 to 14	Backstroke
203	200m	Male & Open	11 to 14	Backstroke
204	100m	Female	15 to 18	Freestyle
205	100m	Male & Open	15 to 18	Breaststroke
206	200m	Female	11 to 14	Butterfly
207	100m	Male & Open	11 to 14	Butterfly
208	200m	Female	15 to 18	Breaststroke
209	200m	Male & Open	15 to 18	Freestyle
210	100m	Female	11 to 14	Individual Medley
211	50m	Male & Open	11 to 14	Freestyle

Session 4 - Sunday Afternoon				
Event No	Distance	Comp Sex	Age Group	Stroke
401	200m	Female	15 to 18	Individual Medley
402	100m	Male & Open	11 to 14	Backstroke
403	200m	Female	11 to 14	Backstroke
404	100m	Male & Open	15 to 18	Freestyle
405	100m	Female	15 to 18	Breaststroke
406	200m	Male & Open	11 to 14	Butterfly
407	100m	Female	11 to 14	Butterfly
408	200m	Male & Open	15 to 18	Breaststroke
409	200m	Female	15 to 18	Freestyle
410	100m	Male & Open	11 to 14	Individual Medley
411	50m	Female	11 to 14	Freestyle



## 2024 AUTUMN MEET MEET INFORMATION

### SUMMARY SHEET

Club Name/Abbr:				
Club Contact Name:				
Contact Number:				
Contact Email:				
Total Entries	No. 'Male & Open' Entries =	@ £8.00 per event	Total £	
	No. Female Entries =	@ £8.00 per event	Total £	
Coaches Meals (Day 1)	No. Passes =	@ £8.00 per head	Total £	
Coaches Meals (Day 2)	No. Passes =	@ £8.00 per head	Total £	
			<b>Total £</b>	

**Closing date for Entries: Friday 6<sup>th</sup> September 2024.** Entry files and summary sheet must be received by this date. Please return this summary sheet to Sean Dawson [smdawson23@outlook.com](mailto:smdawson23@outlook.com)

Online payment should be made to: **Account Name:** University of Aberdeen Performance Swimming  
**Account No:** 00581285, **Sort Code:** 80-12-08, (Bank of Scotland) **Quote Reference:** UOAM24

**In the event of Refunds please provide club bank details:**

<b>Account name:</b>	<b>Account Number:</b>	<b>Account Sort Code:</b>

<b>Declaration</b>	<i>I confirm that all swimmers entered in this competition have registered with their national federation for the current year and swimmers and parents have been made aware of photographic restrictions at the venue.</i>		
<b>Signature:</b>	<b>Position in Club:</b>	<b>Date:</b>	

(This must be completed by all competing Clubs)



# 2024 AUTUMN MEET MEET INFORMATION

## OFFICIALS SHEET

<b>Club Name:</b>	<b>STO Contact Name:</b>
<b>Contact Email Address:</b>	<b>Contact Telephone Number:</b>

Officials Name	Mentoring Signature Required (Yes/No)*	Sessions Available: (1/2/3/4)	Timekeeper	Judge 1 (J1)	Judge 2 (J2)	Starter (J2S)	Referee

\*Note: Please ensure that the Technical Officials Coordinator is updated if mentor signatures are no longer required. This will help the referees allocate mentor sessions more efficiently. Mentoring will be at the discretion of the referee(s).

Please return form to [uoasto@gmail.com](mailto:uoasto@gmail.com) by Friday 20<sup>th</sup> September 2024