



Scottish Amateur Swimming Association
East District Open Championships

FIPRE, Glenrothes – 4th June 2006



Session 4 – Results

Event 401 Womens 400 Metre IM

| Name | Age | Team | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|--------------------|-----|------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|
| 1 Jennifer Dobson | 13 | Dunedin | 5:13.74 | 35.08 | 1:13.21 | 1:53.38 | 2:32.78 | 3:18.22 | 4:03.42 | 4:39.88 | 5:13.74 |
| 2 Rebecca Stephen | 14 | Dunedin | 5:19.17 | 34.64 | 1:13.85 | 1:54.64 | 2:34.10 | 3:19.40 | 4:04.53 | 4:43.26 | 5:19.17 |
| 3 Rebekah Wilson | 13 | Duns | 5:23.01 | 34.40 | 1:13.81 | 1:55.80 | 2:39.75 | 3:23.74 | 4:09.59 | 4:47.61 | 5:23.01 |
| 4 Lindsey Strachan | 14 | Hearts | 5:28.78 | 34.97 | 1:15.74 | 1:57.38 | 2:37.99 | 3:26.83 | 4:17.05 | 4:53.51 | 5:28.78 |
| 5 Ailsa Hershaw | 13 | Unattached | 5:29.49 | 35.70 | 1:18.30 | 2:01.44 | 2:42.74 | 3:28.02 | 4:13.75 | 4:52.57 | 5:29.49 |
| 6 Kristi Wilson | 16 | Hearts | 5:33.81 | 37.26 | 1:23.94 | 2:05.95 | 2:46.65 | 3:32.80 | 4:19.65 | 4:57.19 | 5:33.81 |
| 7 Fiona Bale | 15 | Duns | 5:36.32 | 34.37 | 1:16.03 | 2:02.03 | 2:45.48 | 3:33.19 | 4:21.09 | 5:00.13 | 5:36.32 |
| 8 Helen Holt | 15 | Warrender | 5:38.25 | 35.47 | 1:20.27 | 2:04.09 | 2:46.62 | 3:33.32 | 4:21.40 | 5:00.81 | 5:38.25 |
| 9 Alison Fleming | 17 | Hearts | 5:40.64 | 37.47 | 1:23.21 | 2:08.39 | 2:53.50 | 3:37.56 | 4:23.38 | 5:02.58 | 5:40.64 |
| 10 Rosa Brownlee | 14 | Hearts | 5:43.40 | 37.61 | 1:21.91 | 2:05.17 | 2:47.74 | 3:36.04 | 4:24.97 | 5:05.42 | 5:43.40 |
| 11 Devon Dewar | 15 | Hearts | 5:53.94 | 37.20 | 1:21.90 | 2:05.91 | 2:49.81 | 3:41.44 | 4:34.38 | 5:14.35 | 5:53.94 |
| 12 Beth Scanlon | 14 | Dunedin | 6:07.13 | 37.99 | 1:23.65 | 2:09.15 | 2:53.78 | 3:48.18 | 4:42.37 | 5:25.05 | 6:07.13 |

Event 402 Mens 50 Metre Backstroke

| Name | Age | Team | Time | Name | Age | Team | Time |
|-----------------|-----|------------|-------|--------------------|-----|------------|-------|
| 1 Daniel Scott | 16 | Glenrothes | 27.55 | 5 Daniel Stevenson | 16 | Carnegie | 31.03 |
| 2 Jordan Taylor | 17 | Hearts | 29.46 | 6 Kevin Dickson | 14 | Duns | 32.45 |
| 3 Jason Sluman | 17 | Haddington | 29.66 | 7 Euan Storrar | 14 | Unattached | 32.82 |
| 4 Euan Stokes | 17 | Dunedin | 29.78 | 8 Liam Fisher | 17 | Glenrothes | 34.25 |

Event 403 Womens 100 Metre Freestyle

| Name | Age | Team | Time | 50 | 100 |
|------------------------|-----|------------|---------|-------|---------|
| 1 Kathryn Johnstone | 16 | Carnegie | 59.67 | 29.17 | 59.67 |
| 2 Ailie McGowan | 16 | Unattached | 1:00.62 | 29.41 | 1:00.62 |
| 3 Jennifer Davis | 15 | Carnegie | 1:02.13 | 29.81 | 1:02.13 |
| 4 Lindsey Strachan | 14 | Hearts | 1:02.45 | 30.36 | 1:02.45 |
| 5 Karolina Golen | 16 | Dunedin | 1:02.73 | 30.64 | 1:02.73 |
| 6 Fiona Bale | 15 | Duns | 1:02.86 | 30.38 | 1:02.86 |
| 7 Caitlyn Morrison | 15 | Fauldhouse | 1:03.14 | 30.24 | 1:03.14 |
| 8 Gemma Baird | 19 | Dunedin | 1:03.58 | 30.42 | 1:03.58 |
| 9 Sarah Chapman | 14 | Fins | 1:04.16 | 31.50 | 1:04.16 |
| 10 Blaine Small | 13 | Glenrothes | 1:04.26 | 30.82 | 1:04.26 |
| 11 Nicola Whyte | 14 | Fins | 1:04.27 | 30.77 | 1:04.27 |
| 12 Stephanie Woods | 15 | Carnegie | 1:04.71 | 31.24 | 1:04.71 |
| 13 Karen Meyer | 20 | Peebles | 1:05.25 | 30.89 | 1:05.25 |
| 14 Fiona Gibson | 13 | Warrender | 1:05.52 | 31.36 | 1:05.52 |
| 15 Lisa Main | 13 | Dunedin | 1:05.75 | 31.30 | 1:05.75 |
| 16 Morven Strachan | 16 | Hearts | 1:05.78 | 31.50 | 1:05.78 |
| 16 Lisa Anderson | 18 | Fins | 1:05.78 | 31.92 | 1:05.78 |
| 18 Sarah-Jane McIntyre | 13 | Glenrothes | 1:06.40 | 32.46 | 1:06.40 |
| 19 Gillian Etherington | 15 | Carnegie | 1:06.65 | 32.45 | 1:06.65 |
| 20 Amanda Woodhouse | 15 | Carnegie | 1:06.93 | 32.42 | 1:06.93 |
| 21 Laura Shaw | 17 | Carnegie | 1:07.45 | 32.60 | 1:07.45 |
| 22 Rachael Alexander | 15 | Carnegie | 1:07.76 | 32.35 | 1:07.76 |
| 23 Tammi Warrender | 14 | Fins | 1:07.87 | 32.79 | 1:07.87 |
| 24 Hayley McLaughlin | 15 | Carnegie | 1:08.81 | 33.08 | 1:08.81 |

Event 404 Mens 200 Metre IM

| Name | Age | Team | Time | 50 | 100 | 150 | 200 |
|-----------------|-----|------------|---------|-------|---------|---------|---------|
| 1 Andrew Rodgie | 18 | Carnegie | 2:16.81 | 30.37 | 1:07.19 | 1:45.39 | 2:16.81 |
| 2 Iain Scanlon | 16 | Dunedin | 2:18.56 | 30.79 | 1:06.53 | 1:46.71 | 2:18.56 |
| 3 Jordan Taylor | 17 | Hearts | 2:20.09 | 30.91 | 1:06.82 | 1:46.45 | 2:20.09 |
| 4 Andrew Benson | 17 | Livingston | 2:22.62 | 30.19 | 1:08.33 | 1:49.54 | 2:22.62 |
| 5 Daniel Lee | 15 | Dunedin | 2:25.28 | 33.52 | 1:09.59 | 1:52.16 | 2:25.28 |
| 6 Robbie Purvis | 14 | Warrender | 2:25.93 | 31.76 | 1:11.01 | 1:52.83 | 2:25.93 |
| 7 Euan Stokes | 17 | Dunedin | 2:27.45 | 32.43 | 1:10.31 | 1:53.19 | 2:27.45 |



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Session 4 – Results

Event 404 Mens 200 Metre IM (continued)

| Name | Age | Team | Time | 50 | 100 | 150 | 200 |
|-------------------|-----|------------|---------|-------|---------|---------|---------|
| 8 Thomas Sneddon | 15 | Dunedin | 2:29.04 | 33.51 | 1:11.24 | 1:54.05 | 2:29.04 |
| 9 Dan Wallace | 13 | Duns | 2:29.66 | 33.30 | 1:12.11 | 1:55.66 | 2:29.66 |
| 10 Kevin Dickson | 14 | Duns | 2:29.80 | 31.35 | 1:10.96 | 1:57.00 | 2:29.80 |
| 11 Bruce Halloran | 15 | Haddington | 2:30.32 | 32.66 | 1:12.67 | 1:56.60 | 2:30.32 |
| 12 Daniel Wood | 16 | Unattached | 2:30.99 | 33.76 | 1:12.57 | 1:54.94 | 2:30.99 |
| 13 Reece Taylor | 15 | Teviotdale | 2:31.65 | 33.22 | 1:12.44 | 1:56.95 | 2:31.65 |
| 14 Blair Hush | 14 | Fins | 2:33.21 | 32.42 | 1:13.11 | 1:58.66 | 2:33.21 |
| 15 Mark Steeples | 14 | Warrender | 2:33.41 | 35.12 | 1:12.73 | 1:58.18 | 2:33.41 |
| 16 Nairn Pike | 16 | Hearts | 2:38.01 | 34.93 | 1:15.79 | 2:01.31 | 2:38.01 |

Event 405 Womens 200 Metre Breaststroke

| Name | Age | Team | Time | 50 | 100 | 150 | 200 |
|---------------------|-----|------------|---------|-------|---------|---------|---------|
| 1 Kathryn Johnstone | 16 | Carnegie | 2:46.02 | 38.25 | 1:21.11 | 2:03.10 | 2:46.02 |
| 2 Sarah Chapman | 14 | Fins | 2:46.50 | 38.43 | 1:20.24 | 2:03.45 | 2:46.50 |
| 3 Roisin Donnelly | 13 | Unattached | 2:50.35 | 37.61 | 1:20.10 | 2:05.38 | 2:50.35 |
| 4 Laura Anderson | 16 | Glenrothes | 2:50.45 | 39.06 | 1:22.21 | 2:06.32 | 2:50.45 |
| 5 Stephanie Woods | 15 | Carnegie | 2:51.95 | 40.71 | 1:24.94 | 2:08.46 | 2:51.95 |
| 6 Rebekah Wilson | 13 | Duns | 2:52.25 | 39.27 | 1:23.51 | 2:08.77 | 2:52.25 |
| 7 Rebecca Stephen | 14 | Dunedin | 2:52.32 | 39.93 | 1:23.85 | 2:08.11 | 2:52.32 |
| 8 Sarah Kelly | 14 | Dunedin | 2:54.58 | 40.08 | 1:25.36 | 2:09.63 | 2:54.58 |
| 9 Alison Fleming | 17 | Hearts | 2:54.65 | 39.82 | 1:24.58 | 2:09.45 | 2:54.65 |
| 10 Fiona Bale | 15 | Duns | 2:55.50 | 38.77 | 1:23.19 | 2:09.55 | 2:55.50 |
| 11 Paula Preston | 16 | Warrender | 2:57.16 | 41.53 | 1:27.21 | 2:12.19 | 2:57.16 |
| 12 Hannah Caithness | 13 | Haddington | 2:57.33 | 40.93 | 1:25.67 | 2:11.70 | 2:57.33 |
| 13 Hannah Graham | 17 | Haddington | 3:00.03 | 39.95 | 1:25.98 | 2:13.20 | 3:00.03 |
| 14 Lisa Main | 13 | Dunedin | 3:00.66 | 39.67 | 1:25.00 | 2:12.84 | 3:00.66 |
| 15 Kristi Wilson | 16 | Hearts | 3:07.13 | 42.56 | 1:31.07 | 2:19.03 | 3:07.13 |

Event 406 Mens 100 Metre Butterfly

| Name | Age | Team | Time | 50 | 100 |
|--------------------|-----|------------|---------|-------|---------|
| 1 Alistair Brown | 17 | Dunedin | 1:00.40 | 29.18 | 1:00.40 |
| 2 Andrew Rodgie | 18 | Carnegie | 1:01.38 | 28.85 | 1:01.38 |
| 3 Daniel Scott | 16 | Glenrothes | 1:02.77 | 28.82 | 1:02.77 |
| 4 Jason Sluman | 17 | Haddington | 1:03.07 | 29.45 | 1:03.07 |
| 5 Robbie Purvis | 14 | Warrender | 1:05.14 | 31.09 | 1:05.14 |
| 6 Jak Scott | 15 | Dunedin | 1:05.17 | 29.89 | 1:05.17 |
| 7 Richard Martin | 20 | Livingston | 1:05.27 | 29.90 | 1:05.27 |
| 8 Daniel Stevenson | 16 | Carnegie | 1:06.63 | 32.35 | 1:06.63 |
| 9 Craig Rodgie | 17 | Carnegie | 1:08.20 | 32.14 | 1:08.20 |
| 10 Blair Hush | 14 | Fins | 1:08.39 | 31.94 | 1:08.39 |
| 11 Kevin Dickson | 14 | Duns | 1:09.09 | 32.15 | 1:09.09 |
| 12 Bruce Halloran | 15 | Haddington | 1:13.16 | 33.49 | 1:13.16 |

Event 407 Womens 50 Metre Butterfly

| Name | Age | Team | Time | Name | Age | Team | Time |
|--------------------|-----|------------|-------|------------------------|-----|------------|-------|
| 1 Kirstin Walker | 16 | Dunedin | 30.28 | 7 Laura Anderson | 16 | Glenrothes | 33.49 |
| 2 Karen Meyer | 20 | Peebles | 30.64 | 9 Helen Holt | 15 | Warrender | 34.15 |
| 3 Gemma Baird | 19 | Dunedin | 31.44 | 10 Lisa Anderson | 18 | Fins | 34.47 |
| 4 Blaine Small | 13 | Glenrothes | 32.04 | 11 Rachael Alexander | 15 | Carnegie | 34.89 |
| 5 Morven Strachan | 16 | Hearts | 32.19 | 12 Beth Scanlon | 14 | Dunedin | 35.69 |
| 6 Roisin Donnelly | 13 | Unattached | 32.79 | 13 Gillian Etherington | 15 | Carnegie | 35.73 |
| 7 Lindsey Strachan | 14 | Hearts | 33.49 | | | | |



Scottish Amateur Swimming Association
East District Open Championships

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Session 4 – Results

Event 408 Mens 1500 Metre Freestyle

| Name | Age | Team | Time | 50 | 100 | 150 | 200 | 250 | 300 | 350 | 400 |
|-----------------|-----|--------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| | | | | 450 | 500 | 550 | 600 | 650 | 700 | 750 | 800 |
| | | | | 850 | 900 | 950 | 1000 | 1050 | 1100 | 1150 | 1200 |
| | | | | 1250 | 1300 | 1350 | 1400 | 1450 | 1500 | | |
| 1 Phillip Kelly | 17 | Dunedin | 16:58.58 | 29.46 | 1:02.55 | 1:35.10 | 2:07.80 | 2:40.81 | 3:14.29 | 3:47.54 | 4:20.59 |
| | | | | 4:53.72 | 5:27.14 | 6:00.11 | 6:33.47 | 7:06.53 | 7:39.94 | 8:12.97 | 8:44.62 |
| | | | | 9:23.69 | 9:59.22 | 10:34.24 | 11:09.39 | 11:44.76 | 12:20.40 | 12:55.96 | 13:31.82 |
| | | | | 14:06.74 | 14:42.24 | 15:17.66 | 15:52.51 | 16:26.59 | 16:58.58 | | |
| 2 Daniel Lee | 15 | Dunedin | 17:05.76 | 31.08 | 1:04.54 | 1:37.98 | 2:11.91 | 2:45.52 | 3:19.30 | 3:53.62 | 4:27.63 |
| | | | | 5:01.82 | 5:36.00 | 6:10.22 | 6:44.70 | 7:18.58 | 7:52.85 | 8:27.14 | 9:02.03 |
| | | | | 9:36.36 | 10:10.43 | 10:44.95 | 11:19.36 | 11:54.52 | 12:28.96 | 13:03.84 | 13:38.41 |
| | | | | 14:13.33 | 14:48.39 | 15:23.74 | 15:58.34 | 16:32.45 | 17:05.76 | | |
| 3 Chris Scott | 18 | Dunedin | 17:32.42 | 29.95 | 1:03.09 | 1:35.71 | 2:08.53 | 2:42.28 | 3:15.87 | 3:50.18 | 4:24.59 |
| | | | | 4:59.33 | 5:34.22 | 6:09.28 | 6:44.41 | 7:19.97 | 7:55.56 | 8:31.47 | 9:07.40 |
| | | | | 9:43.42 | 10:19.76 | 10:56.68 | 11:33.17 | 12:09.29 | 12:45.76 | 13:22.81 | 13:59.24 |
| | | | | 14:35.12 | 15:11.15 | 15:47.50 | 16:23.07 | 16:57.61 | 17:32.42 | | |
| 4 Jak Scott | 15 | Dunedin | 18:49.55 | 30.84 | 1:05.00 | 1:40.52 | 2:16.09 | 2:52.12 | 3:28.24 | 4:04.64 | 4:41.18 |
| | | | | 5:18.71 | 5:56.11 | 6:33.87 | 7:12.13 | 7:50.70 | 8:27.86 | 9:06.72 | 9:44.99 |
| | | | | 10:23.61 | 11:02.18 | 11:42.57 | 12:21.12 | 13:00.41 | 13:40.74 | 14:20.29 | 15:00.97 |
| | | | | 15:40.12 | 16:19.60 | 16:58.47 | 17:37.56 | 18:13.57 | 18:49.55 | | |
| 5 Derek Hoey | 17 | Aquanauts Li | 18:49.69 | 31.35 | 1:05.85 | 1:42.05 | 2:18.82 | 2:55.77 | 3:32.81 | 4:10.22 | 4:47.87 |
| | | | | 5:25.33 | 6:02.87 | 6:40.71 | 7:18.80 | 7:57.08 | 8:35.96 | 9:14.24 | 9:52.03 |
| | | | | 10:29.72 | 11:07.90 | 11:46.28 | 12:24.53 | 13:02.75 | 13:41.30 | 14:19.68 | 14:59.24 |
| | | | | 15:38.36 | 16:17.16 | 16:55.68 | 17:34.61 | 18:13.34 | 18:49.69 | | |
| 6 Reece Taylor | 15 | Teviotdale | 18:57.35 | 32.36 | 1:08.87 | 1:47.08 | 2:25.40 | 3:03.95 | 3:42.46 | 4:21.58 | 5:00.19 |
| | | | | 5:38.84 | 6:17.37 | 6:56.09 | 7:34.62 | 8:12.87 | 8:51.46 | 9:29.29 | 10:07.22 |
| | | | | 10:45.33 | 11:23.08 | 12:00.97 | 12:39.03 | 13:17.17 | 13:55.49 | 14:33.55 | 15:12.06 |
| | | | | 15:50.63 | 16:29.13 | 17:07.31 | 17:45.50 | 18:23.02 | 18:57.35 | | |
| 7 Nairn Pike | 16 | Hearts | 20:18.91 | 33.42 | 1:12.26 | 1:52.51 | 2:33.20 | 3:14.19 | 3:55.65 | 4:37.24 | 5:17.33 |
| | | | | 5:58.08 | 6:38.47 | 7:19.26 | 7:59.73 | 8:40.66 | 9:21.77 | 10:03.48 | 10:45.26 |
| | | | | 11:25.84 | 12:07.65 | 12:48.84 | 13:29.67 | 14:11.92 | 14:52.88 | 15:35.03 | 16:15.90 |
| | | | | 16:57.07 | 17:38.13 | 18:18.18 | 18:58.15 | 19:39.50 | 20:18.91 | | |

Final of Event 402 Mens 50 Metre Backstroke

| Name | Age | Team | Time | Name | Age | Team | Time |
|-----------------|-----|------------|-------|--------------------|-----|----------|-------|
| 1 Daniel Scott | 16 | Glenrothes | 27.67 | 4 Euan Stokes | 17 | Dunedin | 30.03 |
| 2 Jordan Taylor | 17 | Hearts | 29.39 | 5 Daniel Stevenson | 16 | Carnegie | 31.31 |
| 3 Jason Sluman | 17 | Haddington | 29.63 | 6 Kevin Dickson | 14 | Duns | 33.37 |

Final of Event 403 Womens 100 Metre Freestyle

| Name | Age | Team | Time | 50 | 100 |
|---------------------|-----|------------|---------|-------|---------|
| 1 Kathryn Johnstone | 16 | Carnegie | 59.36 | 29.24 | 59.36 |
| 2 Ailie McGowan | 16 | Unattached | 1:00.69 | 29.45 | 1:00.69 |
| 3 Jennifer Davis | 15 | Carnegie | 1:02.59 | 30.03 | 1:02.59 |
| 4 Fiona Bale | 15 | Duns | 1:03.30 | 30.43 | 1:03.30 |
| 5 Lindsey Strachan | 14 | Hearts | 1:04.10 | 30.72 | 1:04.10 |
| 6 Karolina Golen | 16 | Dunedin | 1:04.75 | 31.04 | 1:04.75 |

Final of Event 404 Mens 200 Metre IM

| Name | Age | Team | Time | 50 | 100 | 150 | 200 |
|-----------------|-----|------------|---------|-------|---------|---------|---------|
| 1 Andrew Rodgie | 18 | Carnegie | 2:12.41 | 28.54 | 1:01.97 | 1:40.73 | 2:12.41 |
| 2 Iain Scanlon | 16 | Dunedin | 2:13.23 | 29.51 | 1:05.08 | 1:43.43 | 2:13.23 |
| 3 Jordan Taylor | 17 | Hearts | 2:21.44 | 31.27 | 1:08.99 | 1:49.37 | 2:21.44 |
| 4 Robbie Purvis | 14 | Warrender | 2:24.25 | 31.46 | 1:09.58 | 1:51.41 | 2:24.25 |
| 5 Andrew Benson | 17 | Livingston | 2:25.13 | 30.37 | 1:09.62 | 1:51.80 | 2:25.13 |
| 6 Daniel Lee | 15 | Dunedin | 2:29.65 | 34.80 | 1:12.08 | 1:55.94 | 2:29.65 |



Scottish Amateur Swimming Association
East District Open Championships

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Session 4 – Results

Final of Event 405 Womens 200 Metre Breaststroke

| Name | Age | Team | Time | 50 | 100 | 150 | 200 |
|---------------------|-----|------------|---------|-------|---------|---------|---------|
| 1 Kathryn Johnstone | 16 | Carnegie | 2:44.04 | 37.55 | 1:20.03 | 2:01.86 | 2:44.04 |
| 2 Sarah Chapman | 14 | Fins | 2:46.63 | 38.84 | 1:21.73 | 2:05.03 | 2:46.63 |
| 3 Laura Anderson | 16 | Glenrothes | 2:48.88 | 38.48 | 1:21.21 | 2:05.22 | 2:48.88 |
| 4 Roisin Donnelly | 13 | Unattached | 2:49.59 | 38.35 | 1:21.34 | 2:04.78 | 2:49.59 |
| 5 Rebekah Wilson | 13 | Duns | 2:54.08 | 39.49 | 1:23.66 | 2:09.35 | 2:54.08 |
| 6 Stephanie Woods | 15 | Carnegie | 2:54.26 | 38.88 | 1:22.74 | 2:09.00 | 2:54.26 |

Final of Event 406 Mens 100 Metre Butterfly

| Name | Age | Team | Time | 50 | 100 |
|------------------|-----|------------|---------|-------|---------|
| 1 Daniel Scott | 16 | Glenrothes | 59.47 | 28.10 | 59.47 |
| 2 Alistair Brown | 17 | Dunedin | 1:00.13 | 28.54 | 1:00.13 |
| 3 Andrew Rodgie | 18 | Carnegie | 1:00.85 | 28.04 | 1:00.85 |
| 4 Jason Sluman | 17 | Haddington | 1:02.09 | 29.07 | 1:02.09 |
| 5 Jak Scott | 15 | Dunedin | 1:04.91 | 30.07 | 1:04.91 |
| 6 Robbie Purvis | 14 | Warrender | 1:08.72 | 31.91 | 1:08.72 |

Final of Event 407 Womens 50 Metre Butterfly

| Name | Age | Team | Time | Name | Age | Team | Time |
|------------------|-----|---------|-------|-------------------|-----|------------|-------|
| 1 Kirstin Walker | 16 | Dunedin | 30.05 | 4 Blaine Small | 13 | Glenrothes | 31.68 |
| 2 Karen Meyer | 20 | Peebles | 31.03 | 5 Morven Strachan | 16 | Hearts | 32.20 |
| 3 Gemma Baird | 19 | Dunedin | 31.21 | 6 Roisin Donnelly | 13 | Unattached | 32.88 |

Event 410 Womens 200 Metre Freestyle Relay

| Team | Relay Time | 50 | 100 | 150 | 200 |
|-----------|------------|-------|---------|---------|---------|
| 1 Dunedin | 1:55.13 | 28.02 | 56.88 | 1:25.73 | 1:55.13 |
| 2 Hearts | 1:57.55 | 29.17 | 58.66 | 1:27.23 | 1:57.55 |
| 3 Dunedin | B 2:01.10 | 29.68 | 1:00.93 | 1:32.32 | 2:01.10 |
| 4 Fins | 2:01.18 | 30.76 | 1:02.17 | 1:32.56 | 2:01.18 |
| 5 Fins | B 2:07.07 | 36.24 | 1:06.26 | 1:37.02 | 2:07.07 |