



**InCAS Graded Sprint Meet**  
Carnegie Leisure Centre, Dunfermline – 28<sup>th</sup> October 2006



**Session 1 – Results**

**Event 101 Girls 10 & Under 50 Metre Freestyle**

Name	Age	Team	Time	Name	Age	Team	Time
1 Chelsea Lawson	10	InCAS	32.82	23 Beth Grant	10	Hearts	41.17
2 Maxine Rae	10	Kelso	33.16	24 Shannon Graham	9	Cardenden	41.35
3 Rachael O'Donnell	10	InCAS	34.75	25 Rhiannon MacKay	10	Hearts	42.58
4 Lucy Hope	9	Kelso	35.19	26 Alison Tate	8	Dunfermline	43.57
5 Laura-Kate O'Brien	10	InCAS	35.62	27 Catherine Allan	9	Co Dundee	44.09
6 Ruth Laird	10	Dunfermline	35.74	28 Rachael Morgan	9	InCAS	44.11
7 Kirsty Sutherland	10	Midlothian	35.76	29 Julia Leng	9	Peebles	44.56
8 Chloe Mitchell	10	Kelso	36.12	30 Erin Brown	9	InCAS	45.40
9 Sarah Minns	10	Cardenden	36.49	31 Sally Christie	8	Carnegie	45.59
9 Kirsty Davies	10	Dunfermline	36.49	32 Charlotte Crawford	9	Carnegie	46.19
11 Zoe Mitchell	10	Carnegie	36.88	33 Nicolle Arnold	10	Glenrothes	46.94
12 Elspeth Young	10	InCAS	37.07	34 Bryonie Campbell	10	Fins	47.27
13 Eleanor England	10	Carnegie	37.84	35 Emily Smith	9	Cardenden	48.44
14 Hannah Dodds	10	Hearts	38.24	36 Robyn Goodwin	10	Co Dundee	49.71
15 Jenny Jubb	10	Midlothian	38.57	37 Chloe Mackintosh	10	Peebles	49.82
16 Claire Cronan	10	Armadale	38.90	38 Olivia Wight	8	Co Dundee	53.29
17 Kirsty Burgess	10	Leith	39.49	39 Sophie Mitchell	9	Leith	54.29
18 Rebecca Carrie	10	Co Dundee	39.91	40 Sarah Morgan	6	InCAS	55.11
19 Kerry Woods	10	Peebles	39.97	41 Emily Robertson	10	Fins	57.81
20 Molly Duncan	9	Co Dundee	40.52	42 Amy Marshall	7	InCAS	1:05.21
21 Laura Green	10	InCAS	40.67	43 Zoe Shepherd	7	InCAS	1:08.66
22 Kirsty Reid	10	Armadale	40.96				

**Event 102 Boys 10 & Under 50 Metre Freestyle**

Name	Age	Team	Time	Name	Age	Team	Time
1 Sandy Waller	10	Hearts	35.65	10 Gavin Finlayson	10	Fins	41.79
2 Jamie Ferguson	10	Fins	36.17	11 Peter Saunders	9	InCAS	42.17
3 Drew Carters	10	Peebles	37.08	12 Jake Allan	10	Glenrothes	42.87
4 Kevin White	10	Leith	38.99	13 Ryan Paterson	9	Armada	43.02
5 David Condie	9	InCAS	40.29	14 Scott Mitchell	9	Co Dundee	43.22
6 Bruce Millar	10	Fins	40.32	15 Jack Douglas	9	Armada	47.91
7 Jamie Waller	8	Hearts	40.38	16 David Hesketh	10	Dunfermline	49.46
8 Euan Berry	10	Fins	41.01	17 Gregor Arbuckle	9	Hearts	52.73
9 Ross Farquhar	10	Hearts	41.27	18 Chris Scott	9	Peebles	54.37

**Event 103 Girls 11-12 50 Metre Butterfly**

Name	Age	Team	Time	Name	Age	Team	Time
1 Caitlin Liddle	12	Midlothian	35.61	14 Nicola Saunders	11	InCAS	46.56
2 Kerry Falconer	12	Dunfermline	39.59	15 Beth Gray	11	Midlothian	46.78
3 Kirstie Greenhill	12	Dunfermline	40.99	16 Rachel Mackay	11	Hearts	46.90
4 Leah Marshall	12	InCAS	41.19	17 Lucy Brownlee	11	Hearts	47.15
5 Claire Scott	12	Peebles	41.41	18 Beth Rankin	11	Hearts	47.66
6 Alana Thain	12	Buckie	42.04	19 Jenny Walker	11	Leith	48.02
7 Amy Flynn	11	Midlothian	42.31	20 Robyn Hesketh	12	Dunfermline	50.51
8 Kelly Law	12	Fins	42.72	21 Louise Watt	12	Leith	50.59
9 Lauren Stenhouse	11	InCAS	42.90	22 Hannah Johnson	11	Peebles	51.30
10 Shannon Clark	11	Carnegie	44.27	23 Megan Reid	11	Carnegie	51.64
11 Sophie Haig	11	Glenrothes	44.48	24 Roisin Lynch	11	Carnegie	51.92
12 Kelly Balfour	12	Fins	44.77	25 Emma Eldridge	11	Fins	53.36
13 Nicola Ross	12	Buckie	46.25	26 Rebecca Allan	11	Glenrothes	1:01.51



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**Session 1 – Results**

**Event 104 Boys 11-12 50 Metre Butterfly**

Name	Age	Team	Time	Name	Age	Team	Time
1 Kyle Davidson	11	Glenrothes	37.60	13 Daniel Croft	11	Fins	46.69
2 Calum Ferguson	11	Dunfermline	38.89	14 Robbie Glachan	12	Fins	47.47
3 Calum Reid	12	Glenrothes	39.06	15 Graeme Johnstone	11	InCAS	49.69
4 Jack King	11	Hearts	39.26	16 William Robertson	12	Fins	50.97
5 Sam Waterston	12	Midlothian	39.33	17 Brian Robb	11	Peebles	51.42
6 Ross Hunter	12	InCAS	40.83	18 Cameron Kilgour	11	Hearts	53.08
7 Jack Bisset	12	Midlothian	41.54	19 Duncan Srachan	12	Co Dundee	53.30
8 John Duncan	12	Midlothian	41.73	20 Christopher Apps	11	Peebles	54.01
9 Greg Watson	11	Fins	42.59	21 Ben Hunter	11	InCAS	54.11
10 Luke Stevenson	12	Fins	42.80	22 Connor Fisher	11	Glenrothes	55.29
11 Kieran Watson	11	Dunfermline	43.16	23 Paddy Jenkins	11	Armadale	1:03.63
12 Neil Gibson	12	Midlothian	44.45				

**Event 105 Girls 13-14 50 Metre Backstroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Nicola Thorburn	13	Midlothian	35.98	14 Amy Ross	13	Buckie	40.73
2 Claire Rankin	14	Hearts	36.34	15 Ailis Paterson	14	Midlothian	41.86
3 Laura Gray	13	Midlothian	36.48	16 Shaunna Anderson	14	Midlothian	42.20
4 Lara Sinclair	14	Midlothian	37.56	17 Louise Waterston	14	Midlothian	42.33
5 Zoe Paterson	13	Armadaale	37.82	18 Imogen Lee	14	Leith	43.30
6 Kirsty Ferguson	14	Fins	37.94	19 Kimberley Braid	14	Glenrothes	44.06
7 Allie Blyth	14	Midlothian	38.05	20 Rachel Finlayson	14	Fins	44.59
8 Lorraine Johnstone	14	InCAS	38.24	21 Catherine Duthie	13	Dunfermline	44.78
9 Vicky McFarlane	14	Midlothian	38.65	22 Louise Shepherd	13	InCAS	46.83
10 Caitlin Burt	13	Glenrothes	39.79	23 Keira Johnston	13	Leith	48.44
11 Imogen Frank	13	Peebles	40.32	24 Natalie Shanley	13	Fins	55.21
12 Ashley Lapinskie	14	Midlothian	40.40	25 Eilidh Grant	13	Leith	56.42
13 Rachel Gibson	14	Midlothian	40.57				

**Event 106 Boys 13-14 50 Metre Backstroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Brian Minns	14	Cardenden	34.03	5 Donald Griffiths	14	InCAS	37.20
2 Stewart Johnston	14	Peebles	35.34	6 Iain Condie	13	InCAS	37.70
3 Andrew Robertson	14	Fins	35.87	7 David Graham	13	Midlothian	38.90
4 Blair McKenzie	13	Midlothian	36.63	8 Igor Brown Balabokhine	14	Leith	46.70

**Event 107 Girls 10 & Under 50 Metre Breaststroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Rachael O'Donnell	10	InCAS	46.01	19 Rebecca Carrie	10	Co Dundee	56.03
2 Laura-Kate O'Brien	10	InCAS	47.29	20 Beth Grant	10	Hearts	57.22
3 Jenny Jubb	10	Midlothian	47.49	21 Rhiannon MacKay	10	Hearts	57.31
4 Kirsty Reid	10	Armadaale	48.03	22 Nicolle Arnold	10	Glenrothes	57.96
5 Elspeth Young	10	InCAS	48.77	23 Molly Duncan	9	Co Dundee	58.43
6 Zoe Mitchell	10	Carnegie	48.87	24 Rachael Morgan	9	InCAS	58.60
7 Kirsty Davies	10	Dunfermline	48.91	25 Kerry Woods	10	Peebles	58.62
8 Lucy Hope	9	Kelso	49.57	26 Sally Christie	8	Carnegie	58.64
9 Chelsea Lawson	10	InCAS	49.65	27 Julia Leng	9	Peebles	59.07
10 Kirsty Burgess	10	Leith	49.70	28 Emily Robertson	10	Fins	59.87
11 Chloe Mitchell	10	Kelso	50.01	29 Bryonie Campbell	10	Fins	1:00.37
12 Claire Cronan	10	Armadaale	50.40	30 Catherine Allan	9	Co Dundee	1:01.59
13 Laura Green	10	InCAS	51.72	31 Emily Smith	9	Cardenden	1:03.05
14 Kirsty Sutherland	10	Midlothian	51.83	32 Alison Tate	8	Dunfermline	1:05.50
15 Charlotte Crawford	9	Carnegie	52.87	33 Sophie Mitchell	9	Leith	1:06.10
16 Hannah Dodds	10	Hearts	53.34	34 Sarah Morgan	6	InCAS	1:08.83
17 Erin Brown	9	InCAS	54.57	35 Olivia Wight	8	Co Dundee	1:21.88
18 Shannon Graham	9	Cardenden	54.81	36 Amy Marshall	7	InCAS	1:27.93



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**Session 1 – Results**

**Event 108 Boys 10 & Under 50 Metre Breaststroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Sandy Waller	10	Hearts	50.32	9 Ryan Paterson	9	Armadale	59.32
2 Drew Carters	10	Peebles	50.49	9 David Condie	9	InCAS	59.32
3 Kevin White	10	Leith	53.07	11 Jamie Waller	8	Hearts	59.68
4 Ross Farquhar	10	Hearts	53.67	12 Peter Saunders	9	InCAS	1:00.85
5 Bruce Millar	10	Fins	53.98	13 Gavin Finlayson	10	Fins	1:01.52
6 Chris Scott	9	Peebles	54.59	14 Gregor Goodwin	8	Co Dundee	1:03.04
7 Euan Berry	10	Fins	55.70	15 Gregor Arbuckle	9	Hearts	1:03.56
8 Jamie Ferguson	10	Fins	57.22	16 David Hesketh	10	Dunfermline	1:04.04

**Event 109 Girls 11-12 100 Metre IM**

Name	Age	Team	Time	50	100
1 Caitlin Liddle	12	Midlothian	1:21.16	36.97	1:21.16
2 Kerry Falconer	12	Dunfermline	1:27.51	41.03	1:27.51
3 Leah Marshall	12	InCAS	1:29.36	40.88	1:29.36
4 Kirstie Greenhill	12	Dunfermline	1:29.48	43.52	1:29.48
5 Claire Scott	12	Peebles	1:30.22	41.07	1:30.22
6 Lauren Stenhouse	11	InCAS	1:30.78	41.95	1:30.78
7 Alana Thain	12	Buckie	1:31.54	42.99	1:31.54
8 Kelly Law	12	Fins	1:32.79	43.22	1:32.79
9 Amy Flynn	11	Midlothian	1:33.88	43.75	1:33.88
10 Shannon Clark	11	Carnegie	1:34.27	44.74	1:34.27
11 Sophie Haig	11	Glenrothes	1:34.74	44.39	1:34.74
12 Lucy Brownlee	11	Hearts	1:36.02	45.25	1:36.02
13 Jenny Walker	11	Leith	1:36.24	47.33	1:36.24
14 Kelly Balfour	12	Fins	1:37.32	46.39	1:37.32
15 Beth Gray	11	Midlothian	1:37.35	46.58	1:37.35
16 Rachel Mackay	11	Hearts	1:38.12	45.54	1:38.12
17 Nicola Saunders	11	InCAS	1:39.32	47.85	1:39.32
18 Nicola Ross	12	Buckie	1:40.74	48.53	1:40.74
19 Nicola Tate	12	Dunfermline	1:41.53	47.72	1:41.53
20 Megan Reid	11	Carnegie	1:42.68	49.46	1:42.68
21 Robyn Hesketh	12	Dunfermline	1:43.16	49.54	1:43.16
22 Louise Watt	12	Leith	1:44.18	50.54	1:44.18
23 Roisin Lynch	11	Carnegie	1:45.49	50.58	1:45.49
24 Hannah Johnson	11	Peebles	1:48.45	50.11	1:48.45
25 Megan Corby	12	Dunfermline	1:51.16	54.80	1:51.16

**Event 110 Boys 11-12 100 Metre IM**

Name	Age	Team	Time	50	100
1 Kyle Davidson	11	Glenrothes	1:26.08	39.07	1:26.08
1 Calum Ferguson	11	Dunfermline	1:26.08	38.90	1:26.08
3 Sam Waterston	12	Midlothian	1:26.77	41.80	1:26.77
4 Jack Bisset	12	Midlothian	1:27.06	40.76	1:27.06
5 Kieran Watson	11	Dunfermline	1:30.81	43.38	1:30.81
6 Neil Gibson	12	Midlothian	1:31.62	45.02	1:31.62
7 Greg Watson	11	Fins	1:32.58	44.04	1:32.58
8 John Duncan	12	Midlothian	1:33.59	40.89	1:33.59
9 Jordan Buist	11	Cardenden	1:34.43	44.58	1:34.43
10 Luke Stevenson	12	Fins	1:36.31	44.38	1:36.31
11 William Robertson	12	Fins	1:37.33	46.52	1:37.33
12 Robbie Glachan	12	Fins	1:37.69	45.64	1:37.69
13 Daniel Croft	11	Fins	1:41.35	50.86	1:41.35
14 Brian Robb	11	Peebles	1:42.51	48.81	1:42.51
15 Christopher Apps	11	Peebles	1:43.70	52.19	1:43.70
16 Duncan Srachan	12	Co Dundee	1:46.21	51.53	1:46.21
17 Graeme Johnstone	11	InCAS	1:46.28	51.59	1:46.28
18 Ben Hunter	11	InCAS	1:46.38	51.44	1:46.38
19 Joseph Shepherd	12	InCAS	1:52.42	48.31	1:52.42



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**Session 1 – Results**

**Event 111 Girls 13-14 50 Metre Freestyle**

Name	Age	Team	Time	Name	Age	Team	Time
1 Kirsten McCallum	14	InCAS	30.71	15 Imogen Lee	14	Leith	34.80
2 Nicola Thorburn	13	Midlothian	31.64	16 Caitlin Burt	13	Glenrothes	34.94
3 Allie Blyth	14	Midlothian	31.83	17 Amy Ross	13	Buckie	35.10
4 Claire Buist	13	Cardenden	31.85	18 Ashley Lapinskie	14	Midlothian	35.14
5 Claire Rankin	14	Hearts	32.07	19 Shaunna Anderson	14	Midlothian	35.58
6 Kirsty Ferguson	14	Fins	32.24	20 Keira Johnston	13	Leith	36.32
7 Lara Sinclair	14	Midlothian	32.94	21 Catherine Duthie	13	Dunfermline	37.05
8 Laura Gray	13	Midlothian	32.98	22 Louise Shepherd	13	InCAS	37.82
9 Rachel Gibson	14	Midlothian	33.11	23 Louise Waterston	14	Midlothian	38.32
10 Zoe Paterson	13	Armadale	33.55	24 Ailis Paterson	14	Midlothian	39.98
11 Imogen Frank	13	Peebles	33.60	25 Rachel Finlayson	14	Fins	40.79
12 Vicky McFarlane	14	Midlothian	34.06	26 Sacha Corby	13	Dunfermline	42.55
13 Lorraine Johnstone	14	InCAS	34.10	27 Eilidh Grant	13	Leith	45.69
14 Kimberley Braid	14	Glenrothes	34.40	28 Natalie Shanley	13	Fins	46.36

**Event 112 Boys 13-14 50 Metre Freestyle**

Name	Age	Team	Time	Name	Age	Team	Time
1 Stewart Johnston	14	Peebles	28.78	5 Iain Condie	13	InCAS	31.98
2 Andrew Robertson	14	Fins	30.36	6 David Graham	13	Midlothian	33.33
3 Blair McKenzie	13	Midlothian	31.37	7 Igor Brown Balabokhine	14	Leith	38.24
4 Donald Griffiths	14	InCAS	31.65				

**Event 113 Girls 10 & Under 50 Metre Butterfly**

Name	Age	Team	Time	Name	Age	Team	Time
1 Lucy Hope	9	Kelso	43.58	11 Molly Duncan	9	Co Dundee	55.78
2 Hannah Dodds	10	Hearts	43.59	12 Rachael Morgan	9	InCAS	55.85
3 Elspeth Young	10	InCAS	44.03	13 Erin Brown	9	InCAS	56.44
4 Eleanor England	10	Carnegie	45.03	14 Rhiannon MacKay	10	Hearts	57.90
5 Shannon Graham	9	Cardenden	46.73	15 Sally Christie	8	Carnegie	58.76
6 Kirsty Burgess	10	Leith	48.42	16 Emily Robertson	10	Fins	1:04.06
7 Kirsty Reid	10	Armadale	48.66	17 Sarah Morgan	6	InCAS	1:13.19
8 Rebecca Carrie	10	Co Dundee	49.00	18 Olivia Wight	8	Co Dundee	1:20.73
9 Laura Green	10	InCAS	50.07	19 Amy Marshall	7	InCAS	1:40.76
10 Beth Grant	10	Hearts	52.72				

**Event 114 Boys 10 & Under 50 Metre Butterfly**

Name	Age	Team	Time	Name	Age	Team	Time
1 Sandy Waller	10	Hearts	44.89	8 Gavin Finlayson	10	Fins	55.96
2 Drew Carters	10	Peebles	46.90	9 Ross Farquhar	10	Hearts	56.14
3 Euan Berry	10	Fins	50.77	10 Ryan Paterson	9	Armadale	57.85
4 David Condie	9	InCAS	51.43	11 Bruce Millar	10	Fins	58.04
5 Scott Mitchell	9	Co Dundee	52.02	12 Jamie Waller	8	Hearts	59.15
6 Kevin White	10	Leith	53.31	13 David Hesketh	10	Dunfermline	59.57
7 Peter Saunders	9	InCAS	55.38	14 Gregor Arbuckle	9	Hearts	1:03.92

**Event 115 Girls 11-12 50 Metre Backstroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Claire Scott	12	Peebles	39.73	9 Amy Flynn	11	Midlothian	43.97
2 Leah Marshall	12	InCAS	40.51	10 Alana Thain	12	Buckie	44.12
3 Lauren Stenhouse	11	InCAS	40.57	11 Kirstie Greenhill	12	Dunfermline	44.78
4 Kerry Falconer	12	Dunfermline	40.95	12 Sophie Haig	11	Glenrothes	45.33
5 Emma Hope	11	Kelso	42.07	13 Nicola Saunders	11	InCAS	45.57
6 Kelly Law	12	Fins	42.33	14 Rachel Mackay	11	Hearts	46.01
7 Shannon Clark	11	Carnegie	43.37	15 Catherine Dickson	12	Peebles	46.54
8 Beth Gray	11	Midlothian	43.53	16 Lucy Brownlee	11	Hearts	46.64



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**Session 1 – Results**

16 Kelly Balfour	12	Fins	46.64	24 Louise Watt	12	Leith	49.67
18 Robyn Hesketh	12	Dunfermline	46.67	25 Hannah Johnson	11	Peebles	49.93
19 Nicola Tate	12	Dunfermline	47.19	26 Beth Rankin	11	Hearts	50.43
20 Jenny Walker	11	Leith	47.28	27 Emma Eldridge	11	Fins	50.98
21 Roisin Lynch	11	Carnegie	48.53	28 Megan Corby	12	Dunfermline	51.20
22 Megan Reid	11	Carnegie	49.11	29 Ashley Wilson	12	Glenrothes	51.50
23 Nicola Ross	12	Buckie	49.25	--- Caitlin Liddle	12	Midlothian	X37.75 -Too Fast

**Event 116 Boys 11-12 50 Metre Backstroke**

Name	Age	Team	Time	Name	Age	Team	Time
1 Calum Ferguson	11	Dunfermline	38.75	12 Greg Watson	11	Fins	46.48
2 John Duncan	12	Midlothian	39.23	13 Cameron Kilgour	11	Hearts	46.69
3 Jack Bisset	12	Midlothian	41.14	14 Daniel Croft	11	Fins	46.98
4 Kyle Davidson	11	Glenrothes	41.22	15 Connor Fisher	11	Glenrothes	47.15
5 Calum Reid	12	Glenrothes	41.93	16 Brian Robb	11	Peebles	47.24
6 Sam Waterston	12	Midlothian	42.02	17 Ben Hunter	11	InCAS	47.93
7 Neil Gibson	12	Midlothian	42.69	18 Joseph Shepherd	12	InCAS	48.23
8 William Robertson	12	Fins	44.31	19 Gary Oliphant	11	Fins	49.72
9 Robbie Glachan	12	Fins	44.89	20 Graeme Johnstone	11	InCAS	51.12
10 Euan Marr-Wheatly	12	Leith	44.98	21 Christopher Apps	11	Peebles	52.22
11 Jack King	11	Hearts	45.81	22 Paddy Jenkins	11	Armadale	57.76