

Session 6 – Results

Final of Event 201 Womens 200 Metre IM

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Hannah Miley	89	Garioch	2:12.52	30.08	1:03.63	1:41.79	2:12.52
2 Keri-Anne Payne	87	Stockport Mo	2:13.41	29.85	1:03.29	1:42.65	2:13.41
3 Emma Smithurst	91	Co Manch Aq	2:15.45	29.87	1:03.60	1:43.74	2:15.45
4 Sophie Allen	92	Lincoln Vulc	2:15.54	29.65	1:04.55	1:43.28	2:15.54
5 Helena Thornton	91	Nova Cent'n	2:18.27	31.08	1:06.13	1:45.57	2:18.27
6 Stacey Tadd	89	Bath Univ	2:20.58	31.13	1:07.29	1:47.30	2:20.58
7 Eloise Barber	92	Carnegie	2:22.23	30.20	1:07.72	1:49.53	2:22.23
8 Kimberley Colton	89	Nova Cent'n	2:22.30	30.46	1:07.19	1:49.34	2:22.30
9 Katie Raybould	90	Loughboro Un	2:23.13	30.61	1:07.84	1:49.03	2:23.13
--- Elizabeth Simmonds	91	Loughboro Un	DQ				

B - Final

11 Jessica Thielmann	93	Co Newcastle	2:21.47	30.17	1:08.57	1:48.79	2:21.47
12 Alice Tennant *	93	Co Glasgow	2:21.70	30.68	1:07.38	1:49.65	2:21.70
13 Katie Johnson	87	Co Sheffield	2:23.05	30.88	1:08.26	1:50.15	2:23.05
14 Fiona Donnelly *	95	Nova Cent'n	2:23.14	31.10	1:07.43	1:50.79	2:23.14
15 Kathryn Woolston-Thomas	95	Co Sund'land	2:23.67	30.60	1:06.76	1:51.93	2:23.67
16 Kirsty Hart	90	Ren 96	2:23.68	30.61	1:07.67	1:49.40	2:23.68
17 Corrie Scott	93	South Lanark	2:23.90	31.63	1:09.95	1:51.64	2:23.90
18 Laura Dawson *	93	Co Newcastle	2:24.81	30.43	1:07.64	1:51.50	2:24.81
19 Sally Wood	90	Warrender	2:25.08	32.20	1:09.23	1:51.74	2:25.08
20 Kate Weaver	89	Loughboro Un	2:27.80	30.34	1:09.79	1:53.99	2:27.80

Final of Event 202 Mens 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 David Davies	85	Loughboro Un	3:48.69	27.28	56.42	1:25.55	1:54.84	2:23.71	2:52.42	3:21.37	3:48.69
2 Robbie Renwick	88	Co Glasgow	3:49.92	26.56	55.59	1:24.75	1:53.86	2:22.75	2:51.68	3:20.65	3:49.92
3 Chris Alderton	87	Wear Valley	3:51.50	26.33	55.06	1:24.08	1:53.83	2:23.42	2:53.28	3:22.53	3:51.50
4 Lewis Smith	88	Warrender	3:52.24	27.39	56.38	1:25.94	1:55.27	2:24.30	2:53.59	3:23.28	3:52.24
5 Ross Davenport	84	Loughboro Un	3:53.43	26.77	55.74	1:25.07	1:54.47	2:23.75	2:53.43	3:23.61	3:53.43
6 Jonathan Greig	89	StirlingSwim	3:55.31	26.71	56.20	1:26.03	1:55.93	2:25.77	2:56.05	3:26.21	3:55.31
7 Daniel Fogg	87	Loughboro Un	3:57.73	27.33	56.98	1:26.56	1:56.44	2:26.15	2:56.78	3:27.67	3:57.73
8 Ross Douglas	89	Swansea Perf	3:57.89	27.03	56.69	1:26.73	1:57.03	2:27.07	2:57.81	3:28.17	3:57.89
9 Roberto Pavoni	91	Brentwood	4:02.20	27.59	58.37	1:29.22	2:00.38	2:31.14	3:02.19	3:32.91	4:02.20
10 Thomas Parris	91	Hastings	4:02.76	26.77	56.25	1:26.44	1:56.92	2:27.34	2:58.90	3:30.83	4:02.76

B - Final

11 Thomas Haffield	88	Co Cardiff	3:54.82	27.67	57.33	1:27.50	1:57.85	2:26.99	2:56.35	3:25.53	3:54.82
12 Tom Greenfield	89	Co Cardiff	3:55.69	26.68	56.00	1:25.86	1:55.77	2:25.89	2:56.13	3:26.48	3:55.69
13 Ieuan Lloyd	93	Co Cardiff	3:57.46	27.48	57.36	1:27.75	1:58.00	2:28.03	2:58.12	3:28.39	3:57.46
14 Richard Butler	91	KingstonHull	3:59.08	27.14	56.56	1:26.61	1:57.14	2:27.83	2:58.94	3:29.67	3:59.08
15 Ben Higson	86	Co Glasgow	4:01.47	27.60	57.77	1:28.44	1:59.59	2:30.76	3:01.98	3:32.16	4:01.47
16 Dan Waddingham	90	Swansea Perf	4:02.65	27.84	57.86	1:28.44	1:59.88	2:30.51	3:02.20	3:32.72	4:02.65
17 Alistair Brown	89	Edinburgh Un	4:03.01	27.78	58.00	1:28.80	1:59.81	2:30.73	3:01.99	3:32.76	4:03.01
18 Matthew Henry	90	Kelly Coll	4:03.72	28.44	58.65	1:29.00	1:59.96	2:31.32	3:02.85	3:33.87	4:03.72
19 Daniel Mills	91	Nova Cent'n	4:04.34	28.03	58.26	1:28.82	2:00.07	2:31.12	3:03.03	3:34.17	4:04.34
20 Lewis Dyson	93	Bo Kirklees	4:05.45	27.98	58.20	1:29.00	2:00.63	2:31.78	3:03.41	3:34.69	4:05.45

Session 6 – Results

Final of Event 203 Womens 100 Metre Breaststroke

Name	Yr	Club	Time	50	100
A Final					
1 Louise Henley	85	Edinburgh Un	1:10.47	33.36	1:10.47
2 Georgia Holderness	87	Millfield	1:10.48	33.79	1:10.48
3 Lowri Tynan	87	Wrexham	1:10.84	33.36	1:10.84
4 Georgina Heyn	84	Ealing SC	1:10.99	33.61	1:10.99
5 Emma Bird	91	Nova Cent'n	1:11.01	33.97	1:11.01
6 Kerry Buchan	87	South Aberde	1:11.14	33.91	1:11.14
7 Alex Diamond	91	Bath Univ	1:11.72	33.41	1:11.72
8 Stacey Tadd	89	Bath Univ	1:11.78	34.38	1:11.78
9 Kathryn Johnstone	90	Edinburgh Un	1:12.26	34.06	1:12.26
10 Rachael Wilson	88	Derwentside	1:12.58	33.79	1:12.58

B - Final

11 Robyn Matthews	91	Swansea Perf	1:12.44	34.36	1:12.44
12 Fiona Booth	86	Edinburgh Un	1:12.60	34.30	1:12.60
13 Emma White	90	Loughboro Un	1:14.04	35.26	1:14.04
14 Roisin Donnelly	93	InCAS	1:14.06	35.05	1:14.06
15 Victoria Gourlay	92	South Lanark	1:15.31	34.99	1:15.31
16 Orla Adams	95	Garioch	1:15.34	35.60	1:15.34
17 Sophie Taylor	96	Donc Dartes	1:16.09	36.08	1:16.09
18 Anna Peyton	92	Co Manch Aq	1:16.28	35.74	1:16.28
19 Chloe Coates	94	Middlesboro	1:16.98	36.82	1:16.98
20 Fiona Gray	90	StirlingSwim	1:19.05	36.37	1:19.05

Final of Event 204 Mens 100 Metre Backstroke

Name	Yr	Club	Time	50	100
A Final					
1 Marco Loughran	89	Guildford Ct	54.48	26.66	54.48
2 Matthew Clay	82	Bath Univ	54.58	26.20	54.58
3 Matthew Bowe	83	Loughboro Un	54.87	26.46	54.87
4 Ryan Bennett	90	Gallica SC	56.04	27.23	56.04
*5 Scott Hathaway	88	Loughboro Un	56.80	27.67	56.80
*5 Andrew Hodgson	87	Newton Hall	56.80	27.77	56.80
7 John Sargent	85	Hatfield	57.03	27.79	57.03
8 Billy Purnell	88	Warrender	57.08	28.12	57.08
9 Scott Houston	87	Co Glasgow	57.11	27.87	57.11
10 James Lovatt	89	Loughboro Un	57.13	27.72	57.13

B - Final

11 Darren Ward	85	Edinburgh Un	57.61	27.79	57.61
12 Charles Hockin	89	Loughboro Un	57.86	28.04	57.86
13 Joseph Canlan-Shaw	88	Loughboro Un	58.28	28.37	58.28
14 Andrew Donaldson	91	Ren 96	58.40	28.63	58.40
15 James Crawford	88	Ealing SC	58.44	28.29	58.44
16 James Cowburn	90	Stockport Mo	59.18	29.00	59.18
17 Jonathan Carlisle	92	Co Sund'land	59.53	29.09	59.53
18 Andrew Haslett	90	Warrender	59.63	29.35	59.63
19 Kieran McGuckin	90	F.I.R.S.T.	59.84	28.58	59.84
20 James Thomson	89	Edinburgh Un	1:00.18	29.50	1:00.18

Session 6 – Results

Final of Event 205 Womens 200 Metre Backstroke

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Gemma Spofforth	87	Portsmouth N	2:07.56	30.41	1:02.86	1:36.09	2:07.56
2 Stephanie Proud	88	Chester le S	2:09.79	31.02	1:03.63	1:36.72	2:09.79
3 Rachel Lefley	90	Loughboro Un	2:12.43	32.12	1:05.31	1:39.03	2:12.43
4 Lauren Collins	91	Stourbridge	2:13.97	31.20	1:04.66	1:39.22	2:13.97
5 Natalie Durant	90	Ealing SC	2:15.48	32.59	1:06.48	1:41.28	2:15.48
6 Rebecca Orr	87	Co Glasgow	2:15.55	32.57	1:06.78	1:41.17	2:15.55
7 Katy Venters	91	Bo Kirklees	2:16.61	32.44	1:06.33	1:41.58	2:16.61
8 Georgia Hohmann	94	Nova Cent'n	2:17.31	32.35	1:06.51	1:41.57	2:17.31
9 Katie Avramova	91	Ealing SC	2:17.66	31.89	1:06.68	1:42.07	2:17.66
10 Zoe Hester	91	Plymouth Lea	2:21.83	32.66	1:07.82	1:45.07	2:21.83

B - Final

11 Natasha Hofton	95	Nova Cent'n	2:18.11	32.30	1:08.01	1:43.29	2:18.11
12 Fiona Donnelly *	95	Nova Cent'n	2:20.26	33.80	1:09.36	1:45.00	2:20.26
13 Kate Williams	94	Billingham	2:20.81	32.82	1:08.23	1:44.84	2:20.81
14 Kirsty Hart	90	Ren 96	2:21.04	33.66	1:09.20	1:45.45	2:21.04
15 Emma Saunders	94	Co Manch Aq	2:21.09	32.75	1:08.59	1:45.70	2:21.09
16 Rebecca Jenkins	90	Loughboro Un	2:21.27	33.06	1:08.90	1:45.67	2:21.27
17 Rosie Hood	91	Warrender	2:22.20	33.71	1:09.46	1:45.86	2:22.20
18 Emily Allsopp	94	Buxton	2:23.22	34.08	1:10.28	1:46.82	2:23.22
19 Elizabeth Hughes	94	Co Aberdeen	2:23.78	33.57	1:09.85	1:47.11	2:23.78
20 Marnie Stewart	92	Warrender	2:23.97	34.03	1:10.27	1:47.68	2:23.97

Final of Event 206 Mens 200 Metre Butterfly

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Joseph Roebuck	85	Loughboro Un	1:58.25	26.72	56.08	1:27.10	1:58.25
2 Adam Mallett	89	Lincoln Vulc	1:59.38	27.28	57.71	1:28.65	1:59.38
3 Iain Macmillan	86	Edinburgh Un	1:59.41	27.19	56.93	1:28.28	1:59.41
4 Ian Powell	85	Beau Sejour	2:00.15	27.43	57.52	1:28.13	2:00.15
5 Andrew Mayor *	86	Nova Cent'n	2:01.31	27.15	58.32	1:29.48	2:01.31
6 James Faure	88	Bath Univ	2:01.35	27.72	58.67	1:30.05	2:01.35
7 Stuart Houston	89	Co Glasgow	2:01.40	26.66	57.31	1:28.55	2:01.40
8 Edward Downes	87	Loughboro Un	2:01.60	27.18	57.53	1:29.24	2:01.60
9 Rich Tullett	90	Swansea Perf	2:02.85	28.27	59.59	1:30.91	2:02.85
10 Daniel Vickers	90	Stockport Mo	2:03.08	27.71	59.15	1:30.35	2:03.08

B - Final

11 Cameron Brodie *	92	Kelly Coll	2:02.91	27.71	59.27	1:31.41	2:02.91
12 Matthew McCusker	91	Ren 96	2:03.58	28.13	59.70	1:31.14	2:03.58
13 Jamie Evans *	88	StirlingSwim	2:04.57	27.47	58.69	1:30.89	2:04.57
14 Edward Castro	88	Bath Univ	2:04.96	26.69	56.62	1:28.82	2:04.96
15 Richard Sellers	88	Bath Univ	2:05.75	28.19	1:00.82	1:32.99	2:05.75
16 Calum McGhee	91	North Lanark	2:06.19	28.11	59.89	1:32.87	2:06.19
17 Ross Muir	91	F.I.R.S.T.	2:06.55	28.58	1:00.24	1:32.81	2:06.55
18 Adam Harrington	91	Crawley	2:07.44	27.70	1:01.12	1:34.41	2:07.44
19 Braxston Timm	92	Co Sheffield	2:08.57	28.43	1:00.76	1:34.42	2:08.57
20 Alasdair Stirling	93	South Lanark	2:10.64	27.98	1:01.01	1:35.48	2:10.64

Session 6 – Results

Final of Event 207 Womens 50 Metre Freestyle

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Fran Halsall	90	Loughboro Un	24.59	11 Sarah Eaglesham *	92	Co Chester	26.84
2 Emma Wilkins	91	Plymouth Lea	25.55	12 Rebecca Turner	92	Co Sheffield	26.88
3 Amy Smith	87	Loughboro Un	25.72	13 Charlotte Graham	90	Co Coventry	26.99
4 Jessica Sylvester	87	Nova Cent'n	25.90	14 Katie Avramova	91	Ealing SC	27.19
5 Katherine Wyld	86	Nova Cent'n	26.08	15 Catherine Pickthall	84	Loughboro Un	27.32
6 Georgina Heyn	84	Ealing SC	26.15	16 Kate Weaver	89	Loughboro Un	27.38
7 Clare Dawson	87	StirlingSwim	26.30	17 Emma Saunders	94	Co Manch Aq	27.43
8 Katy Sexton	82	Portsmouth N	26.49	18 Ashleigh Hyland	89	Bangor	27.45
9 Lucy Ellis	93	StirlingSwim	26.58	19 Alice Tennant *	93	Co Glasgow	27.55
10 Lucy Worrall	92	Stockport Mo	26.84	20 Eloise Barber	92	Carnegie	27.62

Final of Event 208 Mens 50 Metre Breaststroke

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Chris Jones *	81	Ealing SC	28.53	11 Jamie Ross	87	StirlingSwim	29.77
2 Daniel Sliwinski	90	Gallica SC	28.54	12 Iain Scanlon	90	Loughboro Un	29.90
3 Craig Elliot	87	Co Sund'land	28.60	13 Ross Clark	87	Dun City Aqu	30.00
4 Liam Tancock	85	Loughboro Un	28.62	14 James Tait	86	Loughboro Un	30.12
5 Kristopher Gilchrist	83	Edinburgh Un	28.64	15 Chris Bayliss	88	Loughboro Un	30.13
6 Andrew Rodgie	88	Edinburgh Un	29.11	16 Tom Rooke	90	Crawley	30.15
7 Rob Holderness	90	Millfield	29.21	17 Andrew Willis	90	Bracknell	30.39
8 Chris Watkinson	86	Loughboro Un	29.22	18 Paul Sutherland	90	Bath Univ	30.41
9 Max Partridge	89	Co Sheffield	29.62	19 Adam Freundlich	88	Loughboro Un	30.42
10 Douglas Scott	91	South Lanark	29.67	20 Jonas Whitehead	91	Garioch	30.58

Event 209 Womens 800 Metre Freestyle

Name	Yr	Club	Time	50 450	100 500	150 550	200 600	250 650	300 700	350 750	400 800
1 Rebecca Adlington	89	Nova Cent'n	8:16.81	29.22	1:00.48	1:31.73	2:02.89	2:34.22	3:05.85	3:37.32	4:08.95
				4:40.33	5:11.95	5:43.28	6:14.71	6:45.97	7:17.26	7:47.56	8:16.81
2 Joanne Jackson	86	Loughboro Un	8:17.81	29.20	1:00.45	1:32.16	2:03.23	2:34.73	3:05.97	3:37.36	4:08.96
				4:40.36	5:11.71	5:43.16	6:14.68	6:45.94	7:17.36	7:48.15	8:17.81
3 Jazz Carlin	90	Swansea Perf	8:27.88	29.79	1:01.69	1:33.89	2:05.95	2:37.70	3:09.79	3:41.90	4:13.88
				4:45.23	5:16.97	5:48.77	6:20.76	6:52.88	7:25.21	7:57.18	8:27.88
4 Cassie Patten	87	Stockport Mo	8:40.58	30.52	1:02.55	1:34.98	2:07.37	2:40.10	3:12.40	3:45.28	4:18.03
				4:51.00	5:24.21	5:57.50	6:30.72	7:03.88	7:36.71	8:09.74	8:40.58
5 Hannah Miley	89	Garioch	8:40.85	30.41	1:03.15	1:35.67	2:08.05	2:40.48	3:13.14	3:46.01	4:18.48
				4:50.97	5:23.58	5:57.06	6:30.45	7:04.42	7:37.37	8:09.99	8:40.85
6 Ann Morris	93	Nova Cent'n	8:41.57	29.52	1:01.54	1:34.45	2:07.33	2:40.25	3:13.21	3:45.95	4:18.88
				4:51.29	5:24.09	5:57.30	6:30.49	7:03.59	7:37.11	8:09.43	8:41.57
7 Sophie Casson	85	Loughboro Un	8:46.88	29.32	1:01.68	1:34.17	2:07.38	2:40.14	3:13.34	3:46.32	4:19.42
				4:52.32	5:25.69	5:59.21	6:32.73	7:06.61	7:40.43	8:13.99	8:46.88
8 Eleanor Faulkner	93	Co Sheffield	8:50.88	29.30	1:02.13	1:35.80	2:09.58	2:43.22	3:17.02	3:51.02	4:24.81
				4:57.89	5:31.05	6:04.55	6:38.01	7:11.23	7:44.97	8:18.23	8:50.88
9 Katy Whitfield	89	Stockport Mo	8:51.52	30.50	1:03.58	1:36.74	2:10.21	2:43.88	3:17.17	3:50.53	4:24.02
				4:57.47	5:30.91	6:04.34	6:37.73	7:11.52	7:44.92	8:18.57	8:51.52
10 Megan Gilchrist	90	Swansea Perf	8:53.97	30.58	1:03.70	1:37.13	2:10.84	2:44.31	3:17.88	3:51.35	4:24.93
				4:58.55	5:32.34	6:05.99	6:39.96	7:13.71	7:47.64	8:21.32	8:53.97
11 Aynsley Heseltine	92	Co Sheffield	8:54.20	30.65	1:02.86	1:36.10	2:09.50	2:43.32	3:16.96	3:50.86	4:24.65
				4:58.21	5:31.64	6:05.53	6:39.29	7:13.25	7:47.10	8:21.20	8:54.20
12 Louisa Farrer-Fisher	90	Leander	8:54.40	29.82	1:02.13	1:34.68	2:07.85	2:40.92	3:14.09	3:47.45	4:21.12
				4:54.96	5:29.30	6:03.67	6:38.16	7:12.88	7:47.67	8:21.90	8:54.40
13 Rachel Martin	95	Nova Cent'n	9:01.60	30.73	1:04.42	1:38.60	2:12.80	2:46.86	3:21.19	3:55.56	4:30.03
				5:03.73	5:38.08	6:12.49	6:47.09	7:21.34	7:55.26	8:28.66	9:01.60

Session 6 – Results

Event 209 Womens 800 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
14 Alice McCall	91	Wigan Best	9:03.45	31.34	1:04.40	1:38.30	2:12.11	2:45.75	3:19.21	3:53.31	4:27.41
				5:01.64	5:35.93	6:10.71	6:45.12	7:20.02	7:54.63	8:29.47	9:03.45
15 Erin Jeffery	89	Loughboro Un	9:08.27	30.39	1:03.80	1:37.52	2:11.53	2:45.54	3:19.93	3:54.26	4:29.01
				5:03.81	5:39.11	6:14.33	6:49.66	7:24.65	7:59.82	8:34.65	9:08.27
16 Katie Cooper	94	Co Manch Aq	9:08.55	30.89	1:04.03	1:37.77	2:12.25	2:46.89	3:21.58	3:56.41	4:31.53
				5:06.00	5:40.77	6:15.88	6:50.84	7:25.92	8:00.55	8:34.60	9:08.55
17 Helen McRoberts	91	Warrender	9:10.11	31.26	1:04.61	1:38.22	2:12.50	2:46.56	3:21.25	3:55.86	4:30.80
				5:05.42	5:40.61	6:15.81	6:51.00	7:26.22	8:01.66	8:36.70	9:10.11
18 Hazel Colbourne	89	Loughboro Un	9:16.49	31.61	1:06.24	1:41.24	2:16.55	2:51.52	3:26.79	4:02.33	4:37.66
				5:12.91	5:48.09	6:23.81	6:58.74	7:34.09	8:08.96	8:43.70	9:16.49
19 Grace Conlon	95	Lincoln Vulc	9:17.26	31.86	1:06.36	1:41.21	2:16.17	2:51.19	3:26.50	4:01.66	4:36.96
				5:12.03	5:47.40	6:22.51	6:57.79	7:32.87	8:08.14	8:43.06	9:17.26
20 Marnie Stewart	92	Warrender	9:19.08	32.04	1:05.70	1:40.60	2:15.16	2:50.29	3:25.36	4:00.77	4:35.94
				5:11.42	5:47.32	6:23.51	6:59.19	7:34.72	8:09.96	8:45.25	9:19.08
21 Rachael Bennett	92	Kelly Coll	9:21.68	31.45	1:05.76	1:40.02	2:14.61	2:49.53	3:24.87	4:00.28	4:36.01
				5:11.19	5:46.84	6:22.68	6:58.84	7:34.64	8:10.54	8:46.33	9:21.68
22 Gabrielle Hignett	95	Derventio	9:23.80	31.82	1:06.68	1:42.30	2:18.12	2:53.67	3:29.54	4:05.43	4:41.11
				5:16.62	5:52.27	6:27.94	7:03.45	7:39.02	8:14.56	8:49.26	9:23.80
23 Jennifer Tatters	95	Co Sund'land	9:25.35	31.64	1:06.33	1:41.40	2:17.27	2:52.54	3:27.86	4:03.23	4:38.98
				5:14.38	5:50.72	6:26.29	7:02.71	7:38.46	8:14.58	8:50.07	9:25.35
24 Pamela Beck	94	South Aberde	9:26.71	32.12	1:07.33	1:42.60	2:16.71	2:50.91	3:25.60	4:00.89	4:36.24
				5:13.30	5:49.79	6:26.33	7:03.03	7:39.45	8:15.38	8:51.57	9:26.71
25 Amy Fraser	94	Galashiels	9:30.89	31.89	1:06.21	1:40.74	2:15.97	2:51.70	3:27.46	4:03.62	4:39.94
				5:16.83	5:53.39	6:30.05	7:06.91	7:43.74	8:20.42	8:56.44	9:30.89
26 Emma Reid	89	Milngavie &b	9:31.08	32.75	1:07.82	1:43.25	2:18.93	2:55.04	3:31.22	4:07.65	4:44.08
				5:20.20	5:56.18	6:31.84	7:07.66	7:43.77	8:19.81	8:56.01	9:31.08
27 Camilla Hattersley	95	Perth City	9:31.89	32.33	1:07.97	1:44.17	2:20.44	2:56.49	3:32.49	4:08.86	4:45.03
				5:21.22	5:57.18	6:33.07	7:09.21	7:45.28	8:21.32	8:57.16	9:31.89
28 Martha Hirst	95	Gallica SC	9:32.90	32.82	1:08.28	1:43.58	2:19.51	2:55.32	3:31.21	4:07.25	4:44.69
				5:20.50	5:56.56	6:33.50	7:09.85	7:45.66	8:22.23	8:58.85	9:32.90
29 Ellie Stephenson	94	Middlesboro	9:34.06	32.21	1:07.28	1:42.36	2:18.43	2:54.27	3:31.05	4:07.02	4:43.65
				5:19.86	5:56.78	6:32.87	7:09.93	7:46.36	8:23.13	8:58.74	9:34.06
30 Kayrine Kelly	95	StirlingSwim	9:34.45	32.60	1:08.60	1:44.65	2:21.07	2:57.55	3:34.22	4:10.89	4:47.50
				5:23.65	6:00.22	6:36.58	7:12.70	7:49.18	8:25.17	9:01.15	9:34.45
31 Megan Donnelly	94	Co Glasgow	9:34.69	32.75	1:08.04	1:43.69	2:19.77	2:55.86	3:32.13	4:08.12	4:44.50
				5:20.97	5:58.08	6:34.81	7:11.94	7:48.17	8:25.33	9:01.56	9:34.69
32 Faye Henesy	95	Nova Cent'n	9:34.79	32.60	1:07.80	1:43.46	2:19.35	2:55.32	3:31.65	4:07.88	4:44.49
				5:20.62	5:56.88	6:33.20	7:09.60	7:46.20	8:22.92	8:58.79	9:34.79
33 Elizabeth Hughes	94	Co Aberdeen	9:38.44	32.32	1:08.23	1:44.33	2:21.08	2:57.78	3:34.97	4:11.49	4:48.88
				5:24.86	6:01.75	6:37.90	7:14.97	7:51.00	8:27.37	9:02.99	9:38.44
34 Rachel Tedeschi	93	Co Glasgow	9:39.39	32.60	1:07.07	1:42.08	2:17.07	2:52.98	3:28.75	4:05.92	4:42.46
				5:20.67	5:56.74	6:34.02	7:12.55	7:50.48	8:27.12	9:04.70	9:39.39
35 Rachel Sharples	96	East Lothian	9:40.16	32.03	1:07.81	1:43.78	2:20.85	2:57.10	3:34.16	4:11.01	4:48.50
				5:24.58	6:01.66	6:38.37	7:15.64	7:52.43	8:29.08	9:05.01	9:40.16
36 Rona Plowman	94	Highland	9:41.11	32.19	1:08.12	1:43.93	2:19.94	2:56.56	3:32.77	4:09.41	4:46.11
				5:23.00	5:59.78	6:37.03	7:14.21	7:51.42	8:28.53	9:05.44	9:41.11
37 Gemma Wimberley	93	Heart Of Mid	9:48.50	32.03	1:08.29	1:44.69	2:21.77	2:58.34	3:35.39	4:12.46	4:49.82
				5:26.67	6:04.24	6:41.64	7:19.15	7:56.55	8:34.39	9:11.67	9:48.50
38 Rachel Smedley	94	Co Newcastle	9:50.02	32.64	1:08.66	1:45.54	2:22.24	2:59.20	3:36.25	4:13.53	4:50.55
				5:28.25	6:06.04	6:43.67	7:21.18	7:58.71	8:36.16	9:13.43	9:50.02
39 Phoebe Whitehead	94	Garioch	9:58.81	33.55	1:09.91	1:46.89	2:23.73	3:01.00	3:38.39	4:16.31	4:54.11
				5:32.16	6:10.49	6:48.85	7:26.57	8:04.88	8:42.99	9:21.68	9:58.81
--- Sally Wood	90	Warrender	DNF								

Session 6 – Results

Event 210 Mens 4x200 Metre Freestyle Relay

Team	Time	50	100	150	200	250	300	350	400	800	
			450	500	550	600	650	700	750		
1 Warrender	S	7:37.96	26.45	54.91	1:23.65	1:51.74	2:17.73	2:46.95	3:16.21	3:44.80	
			4:11.66	4:41.77	5:13.38	5:44.58	6:11.17	6:39.82	7:09.11	7:37.96	
2 Ren 96	S	7:47.51	27.14	56.41	1:26.81	1:56.68	2:24.16	2:54.26	3:25.25	3:55.36	
			4:22.46	4:51.99	5:22.66	5:52.91	6:19.72	6:48.54	7:17.95	7:47.51	
3 Co Sheffield	S	7:55.45	27.22	57.28	1:28.00	1:57.59	2:24.35	2:54.42	3:25.41	3:57.17	
			4:24.06	4:54.64	5:26.48	5:57.41	6:24.33	6:54.42	7:25.18	7:55.45	
4 Co Glasgow	S	7:59.64	28.05	58.49	1:30.64	2:01.21	2:27.86	2:57.70	3:29.44	4:00.62	
			4:28.20	4:59.14	5:31.45	6:03.43	6:29.91	6:59.52	7:29.50	7:59.64	
5 Warrender	J	8:08.87	28.85	1:00.04	1:31.56	2:02.36	2:30.85	3:01.82	3:33.52	4:05.07	
			4:33.57	5:06.25	5:37.82	6:09.52	6:36.64	7:07.61	7:38.41	8:08.87	
6 South Aberde	S	8:11.38	28.53	59.72	1:31.36	2:02.27	2:29.52	3:00.82	3:33.16	4:04.65	
			4:33.51	5:06.41	5:39.27	6:11.17	6:38.60	7:08.34	7:39.51	8:11.38	
7 South Lanark	S	8:13.93	28.50	59.60	1:32.22	2:03.71	2:29.40	2:59.70	3:31.49	4:02.29	
			4:30.25	5:01.25	5:34.17	6:07.63	6:35.45	7:07.30	7:41.22	8:13.93	
8 Ren 96	J	8:21.24	28.69	1:00.32	1:33.17	2:05.36	2:33.04	3:04.29	3:37.59	4:10.51	
			4:39.19	5:11.83	5:47.21	6:20.72	6:47.80	7:18.82	7:50.24	8:21.24	
9 F.I.R.S.T.	J	8:30.42	28.43	59.73	1:32.19	2:04.80	2:33.00	3:05.02	3:38.56	4:10.86	
			4:40.39	5:14.64	5:49.66	6:24.05	6:52.60	7:25.03	7:57.91	8:30.42	
10 Garioch	S	8:32.30	30.83	1:04.56	1:38.85	2:12.57	2:42.15	3:15.60	3:50.12	4:24.35	
			4:52.61	5:24.28	5:57.74	6:31.42	6:59.26	7:30.23	8:01.73	8:32.30	
11 Co Aberdeen	J	8:36.92	29.27	1:01.49	1:34.35	2:06.20	2:35.51	3:09.14	3:44.64	4:19.40	
			4:48.07	5:21.49	5:56.14	6:30.46	6:58.78	7:30.71	8:03.57	8:36.92	
12 Carnegie	J	8:38.57	28.79	1:00.24	1:31.82	2:01.63	2:31.00	3:05.31	3:40.77	4:15.17	
			4:44.71	5:19.06	5:54.46	6:28.52	6:57.35	7:30.48	8:05.25	8:38.57	