

Session 9 – Results

Final of Event 301 Mens 200 Metre IM

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Joseph Roebuck	85	Loughboro Un	2:00.92	25.60	56.59	1:31.93	2:00.92
2 Lewis Smith	88	Warrender	2:00.93	26.53	57.77	1:32.41	2:00.93
3 Liam Tancock	85	Loughboro Un	2:01.34	25.39	55.62	1:31.24	2:01.34
4 Michael Jamieson	88	Edinburgh Un	2:04.20	27.04	59.88	1:34.65	2:04.20
5 Edward Downes	87	Loughboro Un	2:06.24	26.96	59.92	1:36.01	2:06.24
6 Thomas Haffield	88	Co Cardiff	2:06.85	27.82	1:00.66	1:37.69	2:06.85
7 James Crawford	88	Ealing SC	2:06.88	27.02	58.37	1:36.76	2:06.88
8 James Thomson	89	Edinburgh Un	2:07.19	27.87	59.90	1:36.28	2:07.19
9 Ieuan Lloyd	93	Co Cardiff	2:07.35	27.50	1:00.57	1:37.36	2:07.35
10 Andrew Willis	90	Bracknell	2:08.88	27.60	1:00.73	1:37.35	2:08.88

B - Final

11 Tom Greenfield	89	Co Cardiff	2:05.76	26.82	59.42	1:36.96	2:05.76
12 Ewan Johnston	90	Warrender	2:07.48	26.88	59.09	1:37.21	2:07.48
13 Ben Higson	86	Co Glasgow	2:08.36	27.27	1:01.11	1:39.24	2:08.36
14 Jamie Evans *	88	StirlingSwim	2:08.52	26.84	59.29	1:37.83	2:08.52
15 Ross Muir	91	F.I.R.S.T.	2:08.97	28.72	1:01.22	1:36.80	2:08.97
16 Cameron Brodie *	92	Kelly Coll	2:09.37	27.06	1:00.16	1:38.69	2:09.37
17 Sean Asher	88	Co Coventry	2:09.58	27.45	1:01.45	1:38.33	2:09.58
18 Dan Wallace	93	Warrender	2:10.93	27.94	1:02.12	1:39.42	2:10.93
19 Jamie Coulter	93	West Lothian	2:13.55	28.42	1:04.06	1:43.47	2:13.55
--- Ross Woolley	92	Warrender	DQ				

Final of Event 302 Womens 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 Sasha Matthews	91	Nova Cent'n	4:11.65	29.11	1:01.17	1:33.45	2:05.84	2:37.78	3:10.05	3:41.54	4:11.65
2 Hannah Miley	89	Garioch	4:11.72	29.31	1:01.28	1:33.43	2:05.63	2:37.59	3:09.88	3:41.77	4:11.72
3 Ann Morris	93	Nova Cent'n	4:13.95	29.58	1:01.57	1:33.64	2:06.30	2:38.44	3:11.01	3:43.05	4:13.95
4 Cassie Patten	87	Stockport Mo	4:14.00	29.75	1:01.42	1:33.83	2:06.35	2:38.62	3:10.88	3:43.16	4:14.00
5 Robyn Matthews	91	Swansea Perf	4:18.25	30.37	1:02.10	1:34.83	2:07.58	2:40.07	3:13.14	3:45.87	4:18.25
6 Megan Gilchrist	90	Swansea Perf	4:18.68	29.93	1:01.81	1:34.50	2:07.36	2:40.49	3:13.51	3:46.46	4:18.68
7 Louisa Farrer-Fisher	90	Leander	4:19.71	29.52	1:00.93	1:33.25	2:06.15	2:39.43	3:13.27	3:46.79	4:19.71
8 Aimee Willmott	93	Middlesboro	4:20.43	30.14	1:02.53	1:35.12	2:08.31	2:41.21	3:14.73	3:47.74	4:20.43
9 Katy Whitfield	89	Stockport Mo	4:21.30	30.60	1:03.39	1:36.56	2:09.56	2:42.64	3:15.73	3:48.89	4:21.30
10 Aynsley Heseltine	92	Co Sheffield	4:26.88	30.33	1:03.28	1:36.36	2:10.18	2:43.90	3:18.33	3:52.65	4:26.88

B - Final

11 Sarah Eaglesham *	92	Co Chester	4:17.62	29.88	1:02.07	1:34.51	2:07.62	2:40.04	3:12.82	3:45.62	4:17.62
12 Erin Jeffery	89	Loughboro Un	4:19.81	29.57	1:01.43	1:34.08	2:06.91	2:40.03	3:13.47	3:47.05	4:19.81
13 Helen McRoberts	91	Warrender	4:23.92	30.61	1:04.11	1:37.26	2:10.71	2:43.90	3:17.55	3:51.36	4:23.92
14 Rachel Martin	95	Nova Cent'n	4:23.94	30.20	1:03.25	1:36.61	2:10.10	2:43.42	3:17.06	3:51.04	4:23.94
15 Jenny Starling	90	Co Sheffield	4:24.04	30.08	1:02.63	1:35.99	2:09.54	2:43.23	3:17.00	3:50.94	4:24.04
16 Lucy Gordon *	93	Co Newcastle	4:27.03	30.62	1:03.67	1:37.33	2:11.36	2:45.51	3:20.35	3:54.77	4:27.03
17 Alice McCall	91	Wigan Best	4:27.30	31.36	1:04.41	1:38.03	2:11.62	2:45.53	3:19.59	3:53.77	4:27.30
18 Aisha Thornton *	91	Warrington W	4:27.40	30.51	1:03.67	1:37.34	2:11.71	2:45.45	3:20.49	3:54.36	4:27.40
19 Marnie Stewart	92	Warrender	4:33.05	31.24	1:04.68	1:39.23	2:14.08	2:48.93	3:24.12	3:59.40	4:33.05
20 Alicia Holdsworth	94	Bo Kirklees	4:33.30	30.89	1:05.07	1:39.76	2:14.66	2:49.37	3:24.41	3:59.23	4:33.30

Session 9 – Results

Final of Event 303 Mens 100 Metre Breaststroke

Name	Yr	Club	Time	50	100
A Final					
1 Darren Mew	79	Bath Univ	1:01.37	28.43	1:01.37
2 Kristopher Gilchrist	83	Edinburgh Un	1:01.51	29.26	1:01.51
3 Daniel Sliwinski	90	Gallica SC	1:01.96	28.74	1:01.96
4 Rob Holderness	90	Millfield	1:02.17	29.15	1:02.17
5 Chris Jones *	81	Ealing SC	1:02.70	29.42	1:02.70
6 Andrew Rodgie	88	Edinburgh Un	1:03.42	29.37	1:03.42
7 Craig Elliot	87	Co Sund'land	1:03.63	29.27	1:03.63
8 Chris Watkinson	86	Loughboro Un	1:03.91	29.58	1:03.91
9 Jamie Ross	87	StirlingSwim	1:04.46	30.81	1:04.46
10 Douglas Scott	91	South Lanark	1:05.11	29.86	1:05.11

B - Final

11 Richard Webb	87	Bath Univ	1:02.41	29.66	1:02.41
12 James Tait	86	Loughboro Un	1:04.86	30.41	1:04.86
13 Craig Benson	94	Warrender	1:05.53	30.97	1:05.53
14 Christopher Steeples	92	Derventio	1:05.88	30.89	1:05.88
15 Ross Clark	87	Dun City Aqu	1:06.17	30.66	1:06.17
16 Iain Scanlon	90	Loughboro Un	1:06.25	30.62	1:06.25
17 Tom Rooke	90	Crawley	1:06.45	31.23	1:06.45
18 Steven Binnie	86	StirlingSwim	1:06.64	30.62	1:06.64
19 Mark Campbell	91	Co Aberdeen	1:06.67	31.28	1:06.67
20 Paul Sutherland	90	Bath Univ	1:07.34	31.04	1:07.34

Final of Event 304 Womens 100 Metre Backstroke

Name	Yr	Club	Time	50	100
A Final					
1 Gemma Spofforth	87	Portsmouth N	59.56	29.32	59.56
2 Georgia Davies	90	Swansea Perf	1:01.56	30.44	1:01.56
3 Katy Sexton	82	Portsmouth N	1:01.93	30.23	1:01.93
4 Rachel Lefley	90	Loughboro Un	1:02.45	30.78	1:02.45
5 Katie Avramova	91	Ealing SC	1:02.98	30.81	1:02.98
6 Lauren Collins	91	Stourbridge	1:03.31	30.84	1:03.31
7 Natalie Durant	90	Ealing SC	1:03.88	31.29	1:03.88
8 Rebecca Orr	87	Co Glasgow	1:04.07	31.27	1:04.07
9 Katy Venters	91	Bo Kirklees	1:04.72	31.87	1:04.72
10 Georgia Hohmann	94	Nova Cent'n	1:05.42	31.71	1:05.42

B - Final

11 Zoe Hester	91	Plymouth Lea	1:04.49	31.77	1:04.49
12 Emma Saunders	94	Co Manch Aq	1:04.99	32.15	1:04.99
13 Kirsty Hart	90	Ren 96	1:05.31	32.14	1:05.31
14 Natasha Hofton	95	Nova Cent'n	1:05.47	31.88	1:05.47
15 Emma Hunter	93	East Lothian	1:05.69	31.81	1:05.69
16 Kate Williams	94	Billingham	1:06.16	32.67	1:06.16
17 Laura Jamison	91	Nova Cent'n	1:06.26	31.71	1:06.26
18 Fiona Donnelly *	95	Nova Cent'n	1:06.45	32.05	1:06.45
19 Rosie Hood	91	Warrender	1:07.33	33.00	1:07.33
20 Emily Allsopp	94	Buxton	1:08.15	32.84	1:08.15

Session 9 – Results

Final of Event 305 Mens 200 Metre Backstroke

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Marco Loughran	89	Guildford Ct	1:58.47	27.95	58.24	1:28.59	1:58.47
2 Andrew Hodgson	87	Newton Hall	2:00.89	28.65	59.26	1:30.13	2:00.89
3 Scott Hathaway	88	Loughboro Un	2:01.37	28.18	59.21	1:30.49	2:01.37
4 Scott Houston	87	Co Glasgow	2:02.43	28.51	59.83	1:31.44	2:02.43
5 John Sargent	85	Hatfield	2:03.08	28.30	59.06	1:31.04	2:03.08
6 Billy Purnell	88	Warrender	2:03.45	28.93	1:00.05	1:31.92	2:03.45
7 James Lovatt	89	Loughboro Un	2:04.05	28.68	1:00.21	1:32.40	2:04.05
8 Joseph Canlan-Shaw	88	Loughboro Un	2:06.40	29.75	1:01.64	1:33.77	2:06.40
9 Andrew Donaldson	91	Ren 96	2:07.09	29.80	1:02.15	1:34.96	2:07.09
10 James Cowburn	90	Stockport Mo	2:07.93	29.99	1:01.66	1:34.71	2:07.93

B - Final

11 Craig McNally	92	Warrender	2:05.36	30.33	1:01.93	1:33.75	2:05.36
12 Andrew Haslett	90	Warrender	2:06.45	29.87	1:02.34	1:34.51	2:06.45
13 Richard Butler	91	KingstonHull	2:06.89	30.04	1:02.70	1:35.41	2:06.89
14 Jonathan Carlisle	92	Co Sund'land	2:07.37	29.80	1:01.68	1:34.35	2:07.37
15 Richard Schafers	91	Unattached	2:09.08	30.12	1:02.92	1:36.11	2:09.08
16 Alex Baker	93	Hatfield	2:09.72	29.95	1:02.90	1:36.58	2:09.72
17 Ieuan Lloyd	93	Co Cardiff	2:10.95	30.16	1:03.51	1:37.34	2:10.95
18 Justin Austin	92	Gallica SC	2:13.21	30.57	1:04.48	1:39.53	2:13.21
19 Hamish Wise	90	Dun City Aqu	2:17.35	32.00	1:06.74	1:42.21	2:17.35
-- Andrew Martin	91	Co Manch Aq	DNF				

Final of Event 306 Womens 200 Metre Butterfly

Name	Yr	Club	Time	50	100	150	200
A Final							
1 Jemma Lowe	90	Swansea Perf	2:10.50	29.56	1:02.84	1:36.42	2:10.50
2 Hannah Miley	89	Garioch	2:10.83	30.47	1:04.23	1:37.92	2:10.83
3 Jessica Dickens	90	Edinburgh Un	2:10.96	29.94	1:03.49	1:36.96	2:10.96
4 Emma Smithurst	91	Co Manch Aq	2:10.98	29.89	1:02.96	1:36.61	2:10.98
5 Jade Barclay	89	Loughboro Un	2:15.22	30.26	1:03.81	1:38.76	2:15.22
6 Louise Pate	88	Edinburgh Un	2:15.89	29.47	1:03.27	1:39.05	2:15.89
7 Kirsty Hart	90	Ren 96	2:18.53	31.11	1:06.32	1:42.81	2:18.53
8 Kimberley Colton	89	Nova Cent'n	2:18.62	30.72	1:06.89	1:42.68	2:18.62
9 Tilly Gray	91	Derwentio	2:18.78	30.63	1:05.23	1:40.80	2:18.78
10 Kirsty Armstrong	89	Loughboro Un	2:20.22	30.84	1:06.64	1:43.24	2:20.22

B - Final

11 Blaine Small	93	Carnegie	2:18.27	31.46	1:07.38	1:42.63	2:18.27
12 Jessica Thielmann	93	Co Newcastle	2:18.75	30.73	1:05.46	1:41.90	2:18.75
13 Kathryn Woolston-Thomas	95	Co Sund'land	2:18.94	31.50	1:06.65	1:42.73	2:18.94
14 Jennifer Dobson	93	Warrender	2:23.71	32.73	1:08.12	1:45.74	2:23.71
15 Alice McCall	91	Wigan Best	2:24.96	32.56	1:08.73	1:46.17	2:24.96
16 Jennifer Davis	91	Warrender	2:25.30	31.76	1:08.45	1:46.23	2:25.30
17 Faye Henesy	95	Nova Cent'n	2:25.56	32.98	1:10.07	1:47.62	2:25.56
18 Amy Fraser	94	Galashiels	2:25.58	32.54	1:09.06	1:46.89	2:25.58
19 Lorna Breeze	92	Co Sund'land	2:26.31	32.54	1:09.50	1:47.39	2:26.31
20 Lucy Gordon *	93	Co Newcastle	2:27.32	31.99	1:09.07	1:48.19	2:27.32

Session 9 – Results

Final of Event 307 Mens 50 Metre Freestyle

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Simon Burnett	83	Windsor	22.32	*11 Patrick Clement	90	Haslemere	23.66
2 Charlie Turner	84	Ealing SC	22.44	*11 Jak Scott	91	StirlingSwim	23.66
3 Craig Gibbons	85	Loughboro Un	22.49	13 Daniel Scott	90	Co Glasgow	23.68
4 Grant Turner	89	Loughboro Un	22.73	14 Daniel Hester	86	Bath Univ	23.71
5 Owen Morgan	84	Haslemere	22.86	15 Thomas Parris	91	Hastings	24.08
6 Paul Robinson	87	Co Newcastle	23.17	16 Charles Hockin	89	Loughboro Un	24.10
7 Robert Iddiols	89	Windsor	23.33	17 Alasdair Stirling	93	South Lanark	24.50
8 Andrew Bushell	88	Loughboro Un	23.45	18 David Pennington	83	Edinburgh Un	24.56
9 Craig Houston	85	Co Glasgow	23.51	19 Dan Waddingham	90	Swansea Perf	24.73
10 Joseph Tellett	85	Bath Univ	23.76	20 Callum Hillicks *	91	Crawley	25.11

Final of Event 308 Womens 50 Metre Breaststroke

Name	Yr	Club	Time	Name	Yr	Club	Time
A Final				B - Final			
1 Lowri Tynan	87	Wrexham	32.50	11 Roisin Donnelly	93	InCAS	34.41
2 Georgia Holderness	87	Millfield	32.60	12 Sophie Taylor	96	Donc Dartes	34.58
3 Kathryn Johnstone	90	Edinburgh Un	32.79	13 Anna Peyton	92	Co Manch Aq	34.72
4 Georgina Heyn	84	Ealing SC	32.83	14 Orla Adams	95	Garioch	34.90
*5 Alex Diamond	91	Bath Univ	32.94	15 Chloe Coates	94	Middlesboro	35.00
*5 Fiona Booth	86	Edinburgh Un	32.94	16 Emma White	90	Loughboro Un	35.25
7 Corrie Scott	93	South Lanark	33.22	17 Eleanor Brooke	91	South Aberde	35.55
8 Ashleigh Hyland	89	Bangor	33.30	18 Shona Booth	89	Perth City	35.58
9 Kerry Buchan	87	South Aberde	33.38	19 Fiona Gray	90	StirlingSwim	35.63
10 Victoria Gourlay	92	South Lanark	34.55	20 Katie Johnson	87	Co Sheffield	35.93

Event 309 Mens 800 Metre Freestyle

Name	Yr	Club	Time	50 450	100 500	150 550	200 600	250 650	300 700	350 750	400 800
1 David Davies	85	Loughboro Un	7:50.49	27.63	56.81	1:26.31	1:55.95	2:25.63	2:55.42	3:25.04	3:54.76
				4:24.45	4:54.30	5:24.03	5:53.96	6:23.82	6:53.74	7:23.23	7:50.49
2 Daniel Fogg	87	Loughboro Un	8:00.18	27.70	57.26	1:26.97	1:56.78	2:26.95	2:57.21	3:27.16	3:57.76
				4:27.63	4:58.08	5:28.29	5:59.10	6:29.78	7:00.68	7:31.19	8:00.18
3 Gareth Keating	90	Swansea Perf	8:14.58	28.34	58.62	1:29.23	2:00.08	2:31.02	3:01.89	3:33.04	4:04.22
				4:35.16	5:06.38	5:37.86	6:09.37	6:40.98	7:12.27	7:43.78	8:14.58
4 Daniel Mills	91	Nova Cent'n	8:20.50	28.21	58.36	1:29.45	2:00.61	2:31.60	3:02.95	3:34.53	4:06.31
				4:37.86	5:09.97	5:41.61	6:14.05	6:46.08	7:18.32	7:50.06	8:20.50
5 Jeffery Hill	89	Bath Univ	8:21.18	27.51	58.42	1:29.81	2:01.38	2:33.10	3:04.99	3:36.92	4:09.21
				4:41.04	5:12.93	5:44.71	6:16.54	6:48.08	7:19.96	7:51.56	8:21.18
6 Martin Cremin	91	StirlingSwim	8:25.12	28.49	59.18	1:30.71	2:02.04	2:33.89	3:05.46	3:37.44	4:09.23
				4:41.15	5:12.96	5:45.27	6:17.11	6:49.51	7:21.29	7:53.69	8:25.12
7 Adam Harrington	91	Crawley	8:25.74	28.18	59.82	1:31.92	2:03.82	2:35.80	3:07.98	3:39.93	4:11.76
				4:43.47	5:15.25	5:47.25	6:19.43	6:51.47	7:23.65	7:55.48	8:25.74
8 Luke Bridgman	88	Haslemere	8:26.26	27.72	57.46	1:27.60	1:58.25	2:29.65	3:02.26	3:34.78	4:07.88
				4:41.25	5:14.63	5:47.33	6:20.03	6:52.96	7:25.87	7:56.78	8:26.26
9 Matthew Henry	90	Kelly Coll	8:28.08	28.62	59.12	1:29.80	2:01.44	2:32.74	3:04.77	3:36.85	4:09.58
				4:41.81	5:14.69	5:47.12	6:20.17	6:52.81	7:25.40	7:57.28	8:28.08
10 Alistair Brown	89	Edinburgh Un	8:31.17	28.07	58.54	1:29.95	2:02.03	2:34.27	3:06.56	3:39.02	4:11.29
				4:43.63	5:15.75	5:48.12	6:20.85	6:53.60	7:26.42	7:59.00	8:31.17
11 William Jolly	91	Lincoln Vulc	8:32.17	28.72	59.92	1:32.30	2:04.31	2:36.93	3:09.23	3:42.01	4:14.55
				4:47.45	5:19.96	5:52.83	6:25.15	6:57.73	7:30.10	8:02.08	8:32.17
12 Lewis Dyson	93	Bo Kirklees	8:32.56	28.86	1:00.00	1:32.58	2:05.27	2:37.94	3:10.57	3:43.25	4:15.96
				4:48.85	5:21.68	5:54.67	6:27.16	6:59.36	7:31.40	8:02.50	8:32.56
13 Edward Castro	88	Bath Univ	8:32.57	29.30	1:01.06	1:32.91	2:05.36	2:37.91	3:10.15	3:42.35	4:14.99
				4:47.47	5:19.59	5:52.67	6:25.63	6:58.52	7:31.92	8:03.36	8:32.57

Session 9 – Results

Event 309 Mens 800 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
14 Lawrence Lowman	89	Hatfield	8:33.77	28.35	59.66	1:31.70	2:04.10	2:36.45	3:09.14	3:41.59	4:14.22
				4:46.75	5:19.43	5:52.19	6:25.57	6:58.39	7:31.60	8:03.18	8:33.77
15 Cameron Smith	92	East Lothian	8:39.06	28.39	59.53	1:31.61	2:04.19	2:36.64	3:09.50	3:42.15	4:15.43
				4:48.61	5:22.12	5:55.38	6:29.24	7:02.21	7:35.44	8:07.51	8:39.06
16 Ian Porteous	90	Ren 96	8:39.26	27.99	58.56	1:29.83	2:01.69	2:33.83	3:06.52	3:39.69	4:13.28
				4:46.58	5:19.84	5:53.35	6:26.86	7:00.69	7:33.84	8:07.31	8:39.26
17 Dan Wallace	93	Warrender	8:39.72	28.43	59.30	1:31.78	2:04.52	2:37.48	3:10.54	3:43.62	4:16.76
				4:49.87	5:22.88	5:56.30	6:29.58	7:02.64	7:35.88	8:08.35	8:39.72
18 Chris Wilkinson	91	Billingham	8:40.80	28.77	1:00.54	1:32.85	2:05.62	2:38.42	3:11.25	3:44.56	4:17.75
				4:50.98	5:23.87	5:56.89	6:29.83	7:03.30	7:36.42	8:09.49	8:40.80
19 Lewis Wiseman-Ord	93	Co Newcastle	8:41.19	27.40	58.03	1:29.67	2:01.54	2:34.05	3:07.15	3:40.14	4:13.68
				4:47.00	5:20.40	5:54.02	6:28.02	7:01.45	7:35.21	8:08.31	8:41.19
20 Calum McGhee	91	North Lanark	8:41.50	29.65	1:01.80	1:34.75	2:07.66	2:40.85	3:13.85	3:46.88	4:19.96
				4:52.79	5:25.79	5:58.63	6:31.70	7:04.52	7:37.52	8:09.88	8:41.50
21 James Radcliffe	90	Gallica SC	8:42.72	28.80	1:00.71	1:33.16	2:05.82	2:38.91	3:11.90	3:45.25	4:18.31
				4:51.83	5:25.15	5:58.72	6:31.88	7:05.46	7:38.72	8:11.28	8:42.72
22 Lewis King	90	Hatfield	8:42.85	29.24	1:00.96	1:33.31	2:06.04	2:38.86	3:11.70	3:44.81	4:18.01
				4:51.01	5:24.29	5:57.38	6:31.28	7:04.87	7:38.42	8:11.79	8:42.85
23 Michael Caldwell	91	South Aberde	8:45.51	29.65	1:01.81	1:34.63	2:07.92	2:40.97	3:14.24	3:47.71	4:21.43
				4:54.77	5:28.47	6:01.90	6:35.89	7:09.29	7:42.99	8:15.56	8:45.51
24 Euan Inglis	93	Co Aberdeen	8:46.42	29.35	1:01.69	1:34.71	2:08.02	2:41.20	3:14.53	3:47.83	4:21.05
				4:54.37	5:27.67	6:00.92	6:34.59	7:07.82	7:41.37	8:14.52	8:46.42
25 Fraser Smith	90	Co Glasgow	8:50.27	28.55	1:01.02	1:33.61	2:06.48	2:39.65	3:12.65	3:46.24	4:19.58
				4:53.08	5:26.29	6:00.13	6:34.02	7:08.60	7:43.18	8:17.39	8:50.27
26 Connor Wilson	93	Warrender	8:56.56	30.55	1:03.55	1:36.97	2:11.00	2:44.62	3:18.58	3:51.75	4:25.53
				4:59.48	5:33.92	6:07.68	6:41.62	7:15.36	7:49.66	8:23.26	8:56.56
27 Jamie McKinley	93	Co Glasgow	8:57.49	30.19	1:02.90	1:36.75	2:10.72	2:45.16	3:19.44	3:53.77	4:28.00
				5:02.26	5:36.71	6:11.18	6:45.33	7:19.81	7:53.67	8:26.74	8:57.49
28 Alastair Turner	92	Ren 96	9:05.12	29.21	1:01.14	1:35.23	2:09.59	2:44.34	3:18.79	3:53.21	4:28.01
				5:02.35	5:38.11	6:13.17	6:48.04	7:22.33	7:54.48	8:30.58	9:05.12
29 Stuart McIntosh	93	Co Aberdeen	9:11.26	30.69	1:04.12	1:38.39	2:13.06	2:47.80	3:22.82	3:57.76	4:32.81
				5:07.43	5:42.59	6:17.22	6:52.74	7:28.03	8:03.20	8:37.50	9:11.26

Event 310 Womens 4x100 Metre Freestyle Relay

Team	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Co Newcastle	S		3:59.41	28.82	59.28	1:28.22	1:59.68	2:27.60	2:58.83	3:27.71	3:59.41
					1) Amy Jessett 90	2) Jessica Thielmann 93	3) Laura Dawson * 93	4) Lucy Gordon * 93			
2 Warrender	S		4:01.14	29.26	1:00.19	1:29.98	2:02.03	2:30.86	3:02.11	3:30.59	4:01.14
					1) Helen McRoberts 91	2) Jennifer Davis 91	3) Yasmin Khera 94	4) Sally Wood 90			
3 South Aberde	S		4:04.02	30.32	1:02.48	1:32.11	2:04.15	2:33.14	3:04.04	3:32.53	4:04.02
					1) Pamela Beck 94	2) Rachel Masson 95	3) Kerry Buchan 87	4) Eleanor Brooke 91			
4 Carnegie	S		4:04.93	29.77	1:01.71	1:32.20	2:06.04	2:35.18	3:06.22	3:34.02	4:04.93
					1) Ailsa Hershaw 93	2) Kirsten McCallum 92	3) Blaine Small 93	4) Eloise Barber 92			
5 Ren 96	S		4:08.20	29.59	1:00.47	1:30.10	2:04.51	2:34.75	3:08.20	3:36.71	4:08.20
					1) Kirsty Hart 90	2) Danielle Joyce 96	3) Connie Mackay 95	4) Lorna Smith 88			
6 South Lanark	S		4:08.37	29.08	1:00.58	1:31.19	2:04.67	2:35.00	3:08.65	3:36.91	4:08.37
					1) Lindsay Bloomer 93	2) Ailsa McNab 94	3) Iona Campbell 92	4) Corrie Scott 93			
7 Co Glasgow	J		4:09.75	30.84	1:05.11	1:35.58	2:08.34	2:38.01	3:10.62	3:38.82	4:09.75
					1) Megan Donnelly 94	2) Kirstin McKinley 95	3) Rachel Tedeschi 93	4) Alice Tennant * 93			
8 StirlingSwim	S		4:12.21	29.79	1:02.03	1:32.10	2:05.07	2:36.47	3:10.80	3:40.61	4:12.21
					1) Katie McKenna 92	2) Stephanie Hanley 92	3) Genna Doctor 92	4) Rosie Ogg 90			

