

Session 12 – Results

Final of Event 401 Mens 100 Metre Butterfly

Name	Yr	Club	Time	50	100
A Final					
1 Ian Hulme	84	Co Sund'land	52.09	24.13	52.09
2 Antony James	89	Plymouth Lea	52.13	25.08	52.13
3 Matthew Bowe	83	Loughboro Un	52.40	24.56	52.40
4 Iain Macmillan	86	Edinburgh Un	53.45	25.19	53.45
5 James Doolan	90	Co Salford	53.67	24.67	53.67
6 Ian Powell	85	Beau Sejour	54.26	25.30	54.26
7 Andrew Mayor *	86	Nova Cent'n	54.33	25.22	54.33
8 Matthew Clay	82	Bath Univ	54.52	24.77	54.52
9 Ryan Bennett	90	Gallica SC	54.55	24.95	54.55
10 Stuart Houston	89	Co Glasgow	54.91	25.73	54.91

B - Final

11 Daniel Scott	90	Co Glasgow	54.73	25.22	54.73
12 Adam Mallett	89	Lincoln Vulc	55.00	26.36	55.00
13 Thomas Laxton	89	Loughboro Un	55.33	25.94	55.33
14 Braxston Timm	92	Co Sheffield	56.25	26.46	56.25
15 Jamie Evans	88	StirlingSwim	56.33	26.30	56.33
16 Cameron Brodie *	92	Kelly Coll	56.55	26.60	56.55
17 Edward Castro	88	Bath Univ	56.71	27.07	56.71
18 James Faure	88	Bath Univ	57.06	27.09	57.06
19 Richard Sellers	88	Bath Univ	57.12	26.72	57.12
20 Callum Hillicks *	91	Crawley	57.90	26.40	57.90

Final of Event 402 Womens 100 Metre Freestyle

Name	Yr	Club	Time	50	100
A Final					
1 Katherine Wyld	86	Nova Cent'n	55.52	27.12	55.52
2 Emma Wilkins	91	Plymouth Lea	55.84	26.80	55.84
3 Amy Smith	87	Loughboro Un	55.89	26.93	55.89
4 Jessica Sylvester	87	Nova Cent'n	56.08	26.98	56.08
5 Lucy Worrall	92	Stockport Mo	56.62	27.55	56.62
6 Rebecca Turner	92	Co Sheffield	56.74	27.93	56.74
7 Clare Dawson	87	StirlingSwim	57.05	27.28	57.05
8 Louisa Farrer-Fisher	90	Leander	57.33	27.95	57.33
9 Lauren Collins	91	Stourbridge	57.60	27.88	57.60
10 Georgina Heyn	84	Ealing SC	58.41	28.31	58.41

B - Final

11 Hannah Miley	89	Garioch	57.45	28.09	57.45
12 Sarah Eaglesham *	92	Co Chester	57.79	28.04	57.79
13 Natalie Durant	90	Ealing SC	57.95	27.95	57.95
14 Katy Sexton	82	Portsmouth N	58.02	28.13	58.02
15 Sasha Matthews	91	Nova Cent'n	58.07	28.15	58.07
16 Emma Saunders	94	Co Manch Aq	58.18	28.50	58.18
17 Kathryn Woolston-Thomas	95	Co Sund'land	58.38	28.44	58.38
18 Katie Avramova	91	Ealing SC	58.69	28.37	58.69
19 Eleanor Faulkner	93	Co Sheffield	58.99	28.72	58.99
20 Alice Tennant *	93	Co Glasgow	59.57	28.67	59.57

Session 12 – Results

Final of Event 403 Mens 200 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	
A Final								
1	Andrew Hunter	86	StirlingSwim	1:47.67	25.45	53.15	1:20.72	1:47.67
2	Robert Bale	90	Loughboro Un	1:47.86	25.44	53.10	1:20.60	1:47.86
3	David Carry	81	Stockport Mo	1:48.39	25.82	53.28	1:21.08	1:48.39
4	Robbie Renwick	88	Co Glasgow	1:48.46	25.28	52.59	1:20.17	1:48.46
5	Ben Hockin	86	Loughboro Un	1:48.56	24.98	52.02	1:20.30	1:48.56
6	Chris Walker-Hebborn	90	Teamipswich	1:49.59	25.70	53.52	1:21.71	1:49.59
7	Daniel Coombs	88	Loughboro Un	1:50.45	25.85	53.79	1:21.90	1:50.45
8	Jak Scott	91	StirlingSwim	1:50.66	25.84	54.23	1:23.00	1:50.66
9	Chris Alderton	87	Wear Valley	1:53.47	25.95	54.09	1:23.34	1:53.47
10	Daniel Hester	86	Bath Univ	1:54.44	25.69	53.71	1:22.93	1:54.44

B - Final

11	Jonathan Greig	89	StirlingSwim	1:50.21	26.10	54.18	1:22.37	1:50.21
12	Steven Beckerleg	89	Plymouth Lea	1:51.46	26.10	54.42	1:22.64	1:51.46
13	Simon Burnett	83	Windsor	1:52.00	26.00	55.12	1:24.25	1:52.00
14	Stuart Greig	89	StirlingSwim	1:52.39	26.15	54.56	1:23.25	1:52.39
15	Joshua Walsh	91	Gallica SC	1:52.74	26.31	54.91	1:24.08	1:52.74
16	Ross Douglas	89	Swansea Perf	1:52.91	26.34	54.93	1:24.00	1:52.91
17	Dan Waddingham	90	Swansea Perf	1:53.17	26.66	55.28	1:24.13	1:53.17
18	Ben Higson	86	Co Glasgow	1:53.38	26.94	55.92	1:24.92	1:53.38
19	Ewan Johnston	90	Warrender	1:53.97	26.64	55.25	1:24.42	1:53.97
20	Scott Houston	87	Co Glasgow	1:54.83	26.26	55.05	1:24.91	1:54.83

Final of Event 404 Womens 200 Metre Breaststroke

Name	Yr	Club	Time	50	100	150	200	
A Final								
1	Hannah Miley	89	Garioch	2:31.50	34.96	1:13.83	1:52.57	2:31.50
2	Emma Bird	91	Nova Cent'n	2:31.61	35.55	1:13.11	1:53.47	2:31.61
3	Stacey Tadd	89	Bath Univ	2:32.05	34.37	1:12.70	1:52.03	2:32.05
4	Georgia Holderness	87	Millfield	2:32.80	35.06	1:14.31	1:52.69	2:32.80
5	Kerry Buchan	87	South Aberde	2:35.15	35.81	1:15.80	1:55.58	2:35.15
6	Helena Thornton	91	Nova Cent'n	2:37.16	36.05	1:16.06	1:56.47	2:37.16
7	Emma White	90	Loughboro Un	2:37.27	35.80	1:15.42	1:56.25	2:37.27
8	Kathryn Johnstone	90	Edinburgh Un	2:37.29	34.33	1:13.74	1:54.77	2:37.29
9	Robyn Matthews	91	Swansea Perf	2:38.18	35.15	1:14.99	1:56.20	2:38.18
10	Roisin Donnelly	93	InCAS	2:42.31	35.52	1:15.86	1:58.42	2:42.31

B - Final

11	Katie Raybould	90	Loughboro Un	2:39.89	35.64	1:15.84	1:57.02	2:39.89
12	Sophie Taylor	96	Donc Dartes	2:44.22	36.60	1:18.93	2:02.16	2:44.22
13	Victoria Gourlay	92	South Lanark	2:44.70	35.45	1:16.21	1:59.63	2:44.70
14	Eleanor Brooke	91	South Aberde	2:45.27	37.03	1:19.56	2:02.47	2:45.27
15	Orla Adams	95	Garioch	2:45.33	36.92	1:18.85	2:02.14	2:45.33
16	Shannon Loder	94	Gallica SC	2:46.39	38.34	1:19.73	2:03.29	2:46.39
17	Anna Peyton	92	Co Manch Aq	2:46.86	36.56	1:18.30	2:02.41	2:46.86
18	Jennifer Dobson	93	Warrender	2:48.61	36.76	1:19.40	2:03.86	2:48.61
19	Fiona Gray	90	StirlingSwim	2:48.82	37.35	1:20.03	2:03.81	2:48.82
20	Hayley Monteith	94	Co Aberdeen	2:49.66	37.63	1:20.66	2:04.44	2:49.66

Session 12 – Results

Final of Event 405 Mens 50 Metre Backstroke

Name	Yr	Club	Time	Name	Yr	Club	Time		
A Final				B - Final					
1	Craig Gibbons	85	Loughboro Un	26.10	11	James Cowburn	90	Stockport Mo	27.83
2	Darren Ward	85	Edinburgh Un	26.50	12	Joseph Jelley	89	Loughboro Un	28.11
3	Scott Hathaway	88	Loughboro Un	26.63	13	Andrew Arthur	94	Milngavie & b	28.24
4	Billy Purnell	88	Warrender	26.71	14	Jonathan Carlisle	92	Co Sund'land	28.29
5	James Lovatt	89	Loughboro Un	27.17	15	Michael McGovern	91	Co Aberdeen	28.61
6	Joseph Canlan-Shaw	88	Loughboro Un	27.40	16	Tom Rooke	90	Crawley	28.81
7	Craig McNally	92	Warrender	27.44	17	Justin Austin	92	Gallica SC	29.02
8	Andrew Shepherd	84	Co Sheffield	27.58	18	Richard Molloy	90	Loughboro Un	29.05
9	Kieran McGuckin	90	F.I.R.S.T.	27.83	19	Daniel Heeley	90	Co Carlisle	29.55
10	Andrew Donaldson	91	Ren 96	28.30	---	Callum Hillicks *	91	Crawley	DNF

Final of Event 406 Womens 50 Metre Butterfly

Name	Yr	Club	Time	Name	Yr	Club	Time		
A Final				B - Final					
1	Louise Pate	88	Edinburgh Un	27.57	11	Fiona Donnelly *	95	Nova Cent'n	29.15
2	Eloise Barber	92	Carnegie	28.07	12	Katie Johnson	87	Co Sheffield	29.32
3	Sarah Eaglesham *	92	Co Chester	28.26	13	Kirsty Armstrong	89	Loughboro Un	29.58
4	Fiona Booth	86	Edinburgh Un	28.51	14	Libby Francis	92	St Thomas	29.84
5	Emma Smithurst	91	Co Manch Aq	28.58	15	Alice Tennant *	93	Co Glasgow	29.99
*6	Catherine Pickthall	84	Loughboro Un	28.62	16	Ashley Williamson	90	Dun City Aqu	30.21
*6	Laura Dawson *	93	Co Newcastle	28.62	17	Amy Jessett	90	Co Newcastle	30.23
8	Kimberley Colton	89	Nova Cent'n	28.64	18	Nicole Govan	95	StirlingSwim	30.42
9	Georgina Heyn	84	Ealing SC	29.25	19	Jennifer Davis	91	Warrender	30.66
10	Blaine Small	93	Carnegie	29.38	20	Roisin Donnelly	93	InCAS	30.73

Final of Event 407 Mens 400 Metre IM

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
A Final												
1	Lewis Smith	88	Warrender	4:15.92	27.17	58.14	1:31.61	2:03.99	2:40.11	3:16.69	3:46.80	4:15.92
2	Joseph Roebuck	85	Loughboro Un	4:19.18	27.11	57.72	1:32.23	2:06.83	2:42.71	3:19.82	3:49.25	4:19.18
3	Ieuan Lloyd	93	Co Cardiff	4:27.65	28.56	1:01.36	1:36.26	2:11.16	2:48.92	3:27.35	3:58.32	4:27.65
4	James Thomson	89	Edinburgh Un	4:28.24	29.14	1:02.61	1:37.25	2:12.08	2:48.97	3:26.41	3:58.53	4:28.24
5	Andrew Haslett	90	Warrender	4:28.55	28.30	1:01.64	1:35.85	2:09.17	2:46.92	3:25.28	3:58.12	4:28.55
6	Andrew Willis	90	Bracknell	4:28.78	28.61	1:02.32	1:37.20	2:11.46	2:48.25	3:25.92	3:58.13	4:28.78
7	Tom Greenfield	89	Co Cardiff	4:29.05	27.77	1:00.44	1:35.21	2:09.91	2:49.16	3:28.63	3:59.68	4:29.05
8	Rich Tullett	90	Swansea Perf	4:30.55	28.43	1:01.11	1:36.20	2:10.83	2:50.34	3:29.90	4:00.49	4:30.55
9	Ross Muir	91	F.I.R.S.T.	4:33.35	29.28	1:01.91	1:35.96	2:10.07	2:48.90	3:27.73	4:01.02	4:33.35
10	Matthew McCusker	91	Ren 96	4:35.79	28.52	1:01.40	1:37.83	2:13.49	2:53.04	3:32.76	4:04.81	4:35.79
B - Final												
11	Jamie Ross	87	StirlingSwim	4:33.55	30.02	1:04.81	1:40.86	2:16.40	2:52.90	3:30.46	4:02.53	4:33.55
12	Ross Woolley	92	Warrender	4:33.57	29.13	1:02.59	1:37.32	2:11.78	2:50.47	3:30.61	4:03.03	4:33.57
13	Dan Wallace	93	Warrender	4:35.86	29.73	1:02.71	1:38.77	2:14.77	2:53.02	3:31.53	4:04.93	4:35.86
14	Sean Asher	88	Co Coventry	4:40.75	28.94	1:02.18	1:38.74	2:15.08	2:54.72	3:35.95	4:08.72	4:40.75
15	Callum Ross *	90	Unattached	4:41.33	28.30	1:01.56	1:39.02	2:15.24	2:58.37	3:41.17	4:12.30	4:41.33
16	Steven Binnie	86	StirlingSwim	4:41.76	29.60	1:04.07	1:41.31	2:18.56	2:57.55	3:37.36	4:10.96	4:41.76
17	James Radcliffe	90	Gallica SC	4:42.22	28.95	1:02.61	1:40.35	2:17.73	2:57.90	3:39.06	4:11.41	4:42.22
18	Lewis Wiseman-Ord	93	Co Newcastle	4:42.25	29.15	1:02.86	1:40.27	2:17.86	2:58.78	3:39.80	4:11.50	4:42.25
19	Euan Inglis	93	Co Aberdeen	4:43.66	30.70	1:05.95	1:42.84	2:19.21	2:59.18	3:39.01	4:11.83	4:43.66
20	Craig Thomson	90	South Aberde	4:45.13	29.02	1:03.24	1:39.56	2:15.58	2:56.77	3:39.31	4:13.41	4:45.13

Session 12 – Results

Event 408 Womens 1500 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
1	Hannah Miley	89	Garioch	16:46.11	30:37	1:03.54	1:37.32	2:10.96	2:44.79	3:18.64	3:52.85	4:26.44
				5:00.36	5:34.32	6:07.53	6:41.07	7:14.58	7:48.19	8:22.05	8:55.39	
				9:29.18	10:02.97	10:36.91	11:10.45	11:44.08	12:18.02	12:51.97	13:25.37	
				13:59.24	14:33.01	15:06.77	15:40.35	16:13.22	16:46.11			
2	Megan Gilchrist	90	Swansea Perf	16:49.32	30:78	1:03.86	1:37.65	2:11.59	2:45.53	3:19.51	3:53.65	4:27.65
				5:01.66	5:35.49	6:09.21	6:42.79	7:16.53	7:50.40	8:24.09	8:57.69	
				9:31.48	10:05.40	10:39.12	11:12.89	11:46.39	12:20.13	12:53.86	13:27.74	
				14:01.68	14:35.38	15:09.20	15:43.03	16:16.91	16:49.32			
3	Jessica Thielmann	93	Co Newcastle	17:04.42	30:57	1:03.83	1:37.69	2:11.82	2:45.70	3:19.98	3:53.80	4:27.92
				5:02.04	5:36.28	6:10.60	6:45.06	7:19.55	7:54.24	8:27.86	9:02.14	
				9:36.17	10:10.52	10:44.83	11:19.44	11:53.95	12:28.51	13:02.96	13:37.74	
				14:12.42	14:47.12	15:21.73	15:56.38	16:30.76	17:04.42			
4	Aynsley Heseltine	92	Co Sheffield	17:05.24	30:78	1:03.94	1:37.61	2:11.73	2:45.72	3:19.87	3:53.82	4:28.03
				5:02.11	5:36.41	6:10.56	6:45.06	7:19.31	7:54.18	8:28.09	9:02.55	
				9:36.67	10:11.26	10:45.65	11:20.49	11:54.87	12:29.72	13:04.10	13:38.90	
				14:13.53	14:48.27	15:22.78	15:57.40	16:31.33	17:05.24			
5	Aisha Thornton *	91	Warrington W	17:11.78	30:95	1:03.91	1:37.67	2:11.69	2:45.92	3:19.98	3:54.59	4:28.86
				5:03.53	5:38.22	6:13.05	6:47.46	7:22.43	7:57.12	8:31.31	9:05.93	
				9:40.54	10:15.03	10:50.00	11:24.56	11:59.01	12:33.92	13:08.45	13:43.08	
				14:18.17	14:53.25	15:28.35	16:03.64	16:38.18	17:11.78			
6	Helen McRoberts	91	Warrender	17:26.07	31:34	1:05.01	1:38.67	2:12.96	2:47.34	3:21.99	3:56.86	4:31.89
				5:06.99	5:42.16	6:17.15	6:52.63	7:27.79	8:03.17	8:38.55	9:13.95	
				9:49.18	10:25.04	11:00.47	11:36.06	12:11.52	12:46.90	13:22.33	13:58.00	
				14:33.27	15:08.91	15:43.51	16:18.80	16:53.07	17:26.07			
7	Pamela Beck	94	South Aberde	17:42.60	32:53	1:07.91	1:43.22	2:17.50	2:52.36	3:27.32	4:02.43	4:37.33
				5:12.71	5:47.87	6:22.89	6:58.74	7:34.78	8:10.61	8:46.56	9:22.63	
				9:58.23	10:33.87	11:10.21	11:46.54	12:22.59	12:58.19	13:34.48	14:11.07	
				14:47.61	15:23.36	15:59.31	16:35.25	17:10.21	17:42.60			
8	Emily Jones	95	Garioch	17:42.93	31:38	1:05.70	1:40.95	2:16.52	2:51.84	3:27.34	4:03.03	4:38.51
				5:14.04	5:49.65	6:25.29	7:01.27	7:36.84	8:12.78	8:48.87	9:24.66	
				10:00.62	10:36.42	11:12.30	11:47.97	12:23.83	12:59.49	13:35.24	14:10.85	
				14:46.63	15:22.38	15:57.81	16:33.68	17:09.01	17:42.93			
9	Rachael Bennett	92	Kelly Coll	17:43.88	31:41	1:05.18	1:39.16	2:13.71	2:48.47	3:23.75	3:58.87	4:34.55
				5:10.14	5:46.07	6:21.98	6:58.21	7:34.28	8:10.42	8:46.26	9:22.53	
				9:57.82	10:34.07	11:10.11	11:46.69	12:22.78	12:58.89	13:34.49	14:11.10	
				14:47.54	15:23.94	15:59.87	16:35.95	17:10.91	17:43.88			
10	Marnie Stewart	92	Warrender	17:48.13	31:71	1:05.61	1:40.59	2:15.87	2:51.05	3:26.33	4:01.91	4:37.10
				5:12.79	5:48.39	6:24.43	7:00.36	7:36.60	8:12.57	8:48.80	9:24.77	
				10:00.84	10:36.53	11:12.85	11:48.88	12:25.45	13:01.81	13:38.30	14:14.16	
				14:50.73	15:26.83	16:02.76	16:38.29	17:14.12	17:48.13			
11	Becky Wilde	93	Co Newcastle	17:49.44	31:02	1:05.09	1:40.26	2:15.61	2:51.28	3:26.60	4:02.27	4:37.96
				5:14.03	5:49.92	6:25.97	7:01.98	7:38.14	8:14.23	8:50.33	9:26.48	
				10:02.68	10:38.59	11:15.15	11:51.57	12:28.11	13:04.41	13:41.20	14:17.21	
				14:53.45	15:29.50	16:05.49	16:41.48	17:16.49	17:49.44			
12	Camilla Hattersley	95	Perth City	17:49.49	32:24	1:07.91	1:44.13	2:20.36	2:55.92	3:32.20	4:08.00	4:44.10
				5:19.88	5:56.24	6:32.04	7:07.80	7:43.16	8:19.28	8:55.02	9:31.07	
				10:06.96	10:42.64	11:18.49	11:54.50	12:30.39	13:06.45	13:42.20	14:18.05	
				14:53.50	15:29.38	16:05.19	16:40.76	17:16.13	17:49.49			
13	Elizabeth Hughes	94	Co Aberdeen	18:00.66	31:40	1:06.09	1:41.55	2:17.52	2:53.30	3:29.84	4:05.77	4:42.08
				5:18.02	5:54.22	6:30.44	7:06.87	7:42.97	8:19.54	8:55.79	9:32.14	
				10:07.76	10:44.02	11:20.32	11:57.05	12:32.64	13:08.99	13:45.36	14:21.92	
				14:57.87	15:34.44	16:11.13	16:47.94	17:23.81	18:00.66			

Session 12 – Results

Event 408 Womens 1500 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
14	Ellie Stephenson	94	Middlesboro	18:03.86	32.52	1:08.11	1:44.08	2:20.49	2:56.17	3:32.10	4:07.91	4:44.27
				5:20.01	5:56.20	6:32.09	7:08.18	7:43.69	8:20.21	8:56.09	9:32.61	
				10:08.61	10:45.58	11:21.95	11:58.70	12:34.95	13:12.02	13:48.30	14:25.15	
15	Gabrielle Hignett	95	Derventio	18:15.44	32.32	1:08.11	1:44.06	2:20.02	2:55.99	3:32.11	4:08.32	4:44.70
				5:21.52	5:57.99	6:34.36	7:11.15	7:47.58	8:24.55	9:01.34	9:38.27	
				10:14.95	10:51.79	11:28.52	12:05.52	12:42.07	13:19.14	13:56.07	14:33.07	
				15:10.21	15:47.60	16:24.70	17:01.67	17:38.73	18:15.44			
16	Martha Hirst	95	Gallica SC	18:18.00	33.09	1:08.78	1:44.54	2:20.56	2:56.55	3:32.42	4:08.74	4:45.34
				5:21.68	5:58.62	6:34.88	7:11.90	7:48.32	8:25.12	9:01.38	9:38.81	
				10:15.14	10:52.15	11:28.82	12:06.64	12:44.31	13:21.60	13:58.44	14:36.47	
				15:13.71	15:50.97	16:27.83	17:06.11	17:43.10	18:18.00			
17	Emma Reid	89	Milngavie & b	18:23.35	33.07	1:08.36	1:44.28	2:20.30	2:56.50	3:32.98	4:09.56	4:46.17
				5:22.97	5:59.61	6:36.00	7:12.51	7:48.83	8:25.25	9:01.70	9:38.29	
				10:14.85	10:51.68	11:28.65	12:05.98	12:43.82	13:22.03	13:59.72	14:38.40	
				15:16.54	15:54.73	16:32.31	17:09.65	17:46.61	18:23.35			
18	Evie Keane	94	Derventio	18:25.91	32.39	1:07.52	1:43.37	2:19.22	2:55.04	3:31.18	4:07.58	4:43.94
				5:20.86	5:57.63	6:34.87	7:11.52	7:48.49	8:26.26	9:03.58	9:41.44	
				10:19.66	10:55.80	11:33.80	12:12.08	12:50.10	13:28.42	14:07.03	14:43.77	
				15:21.23	15:59.51	16:36.87	17:13.01	17:49.77	18:25.91			
19	Kayrine Kelly	95	StirlingSwim	18:32.75	33.43	1:10.12	1:47.43	2:24.53	3:01.72	3:39.15	4:16.73	4:53.66
				5:31.42	6:08.83	6:46.07	7:23.55	8:01.10	8:38.35	9:15.64	9:52.59	
				10:29.48	11:06.45	11:43.55	12:20.55	12:57.71	13:34.71	14:12.83	14:50.45	
				15:28.76	16:05.79	16:43.42	17:20.67	17:57.42	18:32.75			
20	Phoebe Whitehead	94	Garioch	18:34.26	33.29	1:10.06	1:47.22	2:24.31	3:01.19	3:38.17	4:14.77	4:51.63
				5:28.58	6:05.79	6:42.77	7:19.73	7:56.76	8:33.96	9:11.13	9:48.43	
				10:25.58	11:03.05	11:39.86	12:17.36	12:55.04	13:32.75	14:10.28	14:48.25	
				15:25.95	16:03.43	16:41.24	17:19.68	17:57.00	18:34.26			
21	Liz Hierons	93	Co Newcastle	18:42.21	32.19	1:07.81	1:43.82	2:20.28	2:57.00	3:34.19	4:11.68	4:49.25
				5:27.00	6:04.75	6:42.61	7:20.27	7:58.50	8:35.88	9:13.48	9:51.14	
				10:28.80	11:06.27	11:44.16	12:22.19	12:59.98	13:37.82	14:16.21	14:54.33	
				15:32.58	16:11.00	16:49.60	17:27.91	18:05.98	18:42.21			
22	Freja Ostergard	95	Silkeborg	18:42.30	33.77	1:10.10	1:47.26	2:24.66	3:02.10	3:39.51	4:16.85	4:54.11
				5:31.77	6:08.93	6:46.79	7:24.28	8:01.83	8:39.21	9:16.72	9:53.99	
				10:32.26	11:09.85	11:47.92	12:25.63	13:03.57	13:41.37	14:19.82	14:57.68	
				15:35.39	16:13.17	16:51.38	17:29.15	18:06.06	18:42.30			
23	Zoe Kirkwood	95	Co Newcastle	18:44.65	32.96	1:08.67	1:45.69	2:23.48	3:01.00	3:38.22	4:15.76	4:52.92
				5:30.98	6:09.13	6:46.51	7:24.53	8:02.78	8:40.31	9:17.75	9:56.07	
				10:34.07	11:12.02	11:50.09	12:27.83	13:06.38	13:44.00	14:22.10	15:00.35	
				15:38.56	16:16.00	16:54.28	17:31.17	18:07.87	18:44.65			
24	Cara Tosh	95	Co Glasgow	18:45.09	33.66	1:09.86	1:47.25	2:25.39	3:03.14	3:40.57	4:18.61	4:56.53
				5:34.39	6:11.57	6:48.83	7:26.64	8:04.79	8:42.39	9:20.42	9:58.11	
				10:36.25	11:14.07	11:52.88	12:30.09	13:08.32	13:46.44	14:24.65	15:02.36	
				15:40.68	16:18.36	16:57.03	17:34.51	18:11.17	18:45.09			
25	Tilly Sawrey	95	Heart Of Mid	18:45.34	33.41	1:10.23	1:46.61	2:24.23	3:01.07	3:38.93	4:16.02	4:54.19
				5:32.06	6:10.34	6:47.38	7:25.63	8:02.85	8:41.14	9:18.45	9:56.90	
				10:34.63	11:13.21	11:51.09	12:29.51	13:06.65	13:45.16	14:22.84	15:01.15	
				15:38.58	16:17.15	16:54.71	17:32.70	18:09.44	18:45.34			
26	Rachel Sharples	96	East Lothian	18:48.25	31.58	1:07.01	1:43.79	2:20.78	2:58.06	3:35.53	4:13.23	4:50.78
				5:28.96	6:06.57	6:43.60	7:20.58	7:57.76	8:35.53	9:14.08	9:52.67	
				10:31.55	11:10.42	11:49.15	12:27.26	13:05.73	13:43.67	14:21.86	15:00.37	
				15:38.84	16:17.40	16:56.13	17:34.39	18:11.82	18:48.25			

Session 12 – Results

Event 408 Womens 1500 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
				450	500	550	600	650	700	750	800	
				850	900	950	1000	1050	1100	1150	1200	
				1250	1300	1350	1400	1450	1500			
27	Nikoline Laidlaw	95	StirlingSwim	18:49.85	34.32	1:11.73	1:49.11	2:27.41	3:05.35	3:43.69	4:21.97	5:00.38
				5:38.15	6:16.76	6:54.76	7:33.86	8:11.59	8:49.88	9:27.68	10:05.92	
				10:43.75	11:21.74	11:59.48	12:37.87	13:15.86	13:53.52	14:30.83	15:08.78	
				15:45.62	16:23.49	17:00.86	17:38.32	18:14.48	18:49.85			
28	Yong Sonn Breslin	95	Co Glasgow	18:50.94	33.96	1:10.71	1:48.12	2:25.91	3:03.90	3:41.68	4:19.80	4:57.44
				5:35.51	6:13.25	6:50.96	7:28.66	8:06.84	8:44.80	9:22.67	10:00.29	
				10:37.96	11:15.96	11:54.17	12:32.39	13:10.56	13:48.95	14:27.03	15:05.38	
				15:43.25	16:21.27	16:59.33	17:37.48	18:14.79	18:50.94			
29	Ailsa McNab	94	South Lanark	18:53.40	33.34	1:10.19	1:47.40	2:24.84	3:02.38	3:40.29	4:18.11	4:55.99
				5:33.83	6:11.96	6:49.83	7:28.14	8:05.87	8:43.97	9:22.22	10:00.59	
				10:38.81	11:16.87	11:55.44	12:33.90	13:12.33	13:50.18	14:28.16	15:06.69	
				15:44.80	16:22.58	17:00.86	17:38.98	18:16.83	18:53.40			
30	Ailsa Small	95	Warrender	19:05.82	34.50	1:12.25	1:50.36	2:28.72	3:07.08	3:45.91	4:24.19	5:02.53
				5:41.04	6:19.67	6:57.60	7:35.54	8:13.58	8:51.59	9:29.49	10:07.40	
				10:45.30	11:23.60	12:01.91	12:40.47	13:18.85	13:57.52	14:36.07	15:14.53	
				15:53.28	16:32.08	17:10.55	17:49.56	18:28.27	19:05.82			
31	Stacey Leach	94	Forres	19:22.03	33.71	1:11.04	1:48.96	2:27.12	3:05.35	3:44.19	4:23.04	5:01.96
				5:40.62	6:19.79	6:58.55	7:37.50	8:16.44	8:55.90	9:35.31	10:14.65	
				10:54.00	11:33.69	12:12.71	12:52.23	13:31.60	14:10.46	14:49.95	15:29.29	
				16:08.60	16:47.97	17:27.18	18:05.68	18:44.55	19:22.03			

Event 409 Mens 4x100 Metre Medley Relay

Team	Time	50	100	150	200	250	300	350	400	
1 Edinburgh Un 1) Darren Ward 85	S 3:46.17	27.40	56.43	1:25.45	1:59.67	2:25.06	2:54.18	3:19.08	3:46.17	
		2) Andrew Rodgie 88	3) Iain Macmillan 86	4) Michael Jamieson 88						
2 Warrender 1) Billy Purnell 88	S 3:48.73	27.74	57.34	1:27.02	2:00.47	2:26.30	2:55.91	3:21.26	3:48.73	
		2) Lewis Smith 88	3) Ewan Johnston 90	4) Craig Hamilton 91						
3 Co Glasgow 1) Scott Houston 87	S 3:52.80	28.12	57.47	1:29.70	2:06.78	2:31.65	3:01.12	3:26.00	3:52.80	
		2) Ben Higson 86	3) Daniel Scott 90	4) Robbie Renwick 88						
4 Co Newcastle 1) James O'Connell 94	S 4:03.01	31.02	1:05.16	1:36.22	2:13.46	2:40.02	3:12.09	3:35.95	4:03.01	
		2) James Garland 93	3) James Welford 90	4) Paul Robinson 87						
5 South Lanark 1) Allan Campbell 92	S 4:03.70	31.10	1:04.28	1:33.53	2:07.87	2:34.66	3:06.76	3:33.37	4:03.70	
		2) Douglas Scott 91	3) Alasdair Stirling 93	4) Ryan Doherty 93						
6 Dun City Aqu 1) Joe Lipworth 93	S 4:04.67	31.03	1:04.26	1:34.54	2:09.83	2:37.70	3:11.50	3:36.56	4:04.67	
		2) Ross Clark 87	3) Stuart Conley 89	4) Peter Stewart 92						
7 Ren 96 1) Andrew Donaldson 91	S 4:04.75	29.89	1:00.69	1:33.64	2:12.39	2:39.81	3:10.47	3:36.50	4:04.75	
		2) David Padden 93	3) Matthew McCusker 91	4) Ian Porteous 90						
8 Warrender 1) Dan Wallace 93	J 4:06.41	30.72	1:02.81	1:33.46	2:08.60	2:37.27	3:10.61	3:37.29	4:06.41	
		2) Craig Benson 94	3) Murray Lawrence 93	4) Jordan Dunn 93						
9 Co Sheffield 1) Braxston Timm 92	S 4:06.70	29.63	1:01.86	1:33.95	2:11.66	2:39.75	3:11.97	3:37.95	4:06.70	
		2) James Pepper 91	3) Thomas Sunter 92	4) Daniel Cocking 90						
10 East Lothian 1) William Suayngam 94	S 4:08.73	31.27	1:06.12	1:36.14	2:13.00	2:41.35	3:13.63	3:39.89	4:08.73	
		2) Mark Tully 92	3) Bruce Halloran 91	4) Cameron Smith 92						
11 F.I.R.S.T. 1) Kieran McGuckin 90	S 4:10.47	28.69	59.95	1:33.05	2:11.70	2:40.18	3:12.44	3:39.95	4:10.47	
		2) Ryan Davidson 93	3) Ross Muir 91	4) Ramsay Elfendi 94						
12 Co Aberdeen 1) Michael McGovern 91	S 4:11.21	30.72	1:01.70	1:33.03	2:09.47	2:38.90	3:13.14	3:40.43	4:11.21	
		2) Mark Campbell 91	3) Sean Dawson 88	4) Finn Hope 94						

Session 12 – Results

Event 409 Mens 4x100 Metre Medley Relay (continued)

Team	Time	50	100	150	200	250	300	350	400
13 South Aberde 1) <i>Craig Thomson 90</i>	S 4:15.39	30.73	1:02.60	1:35.29	2:12.84	2:42.70	3:19.87	3:46.52	4:15.39
		2) <i>James Yule 94</i>	3) <i>Rhys Jones 93</i>			4) <i>Michael Caldwell 91</i>			
14 West Lothian 1) <i>Jamie Coulter 93</i>	S 4:18.15	31.22	1:05.89	1:38.45	2:17.16	2:45.93	3:19.10	3:46.48	4:18.15
		2) <i>Ross Fleming 93</i>	3) <i>Andrew Hosie 93</i>			4) <i>Andrew Benson 89</i>			
15 Garioch 1) <i>Alastair Miley 94</i>	S 4:20.73	33.31	2:17.11	1:39.26	3:23.42	2:47.36	4:20.73	3:50.90	4:20.73
		2) <i>Jonas Whitehead 91</i>	3) <i>David Smith 93</i>			4) <i>Greig Rennie 94</i>			
16 Sth Ayrshire 1) <i>Lewis Cater 93</i>	S 4:21.13	34.46	1:09.75	1:43.31	2:21.72	2:50.39	3:24.18	3:50.92	4:21.13
		2) <i>Craig Corson 93</i>	3) <i>Ewan Cameron 89</i>			4) <i>Perran Cater 92</i>			
17 Ren 96 1) <i>Scott MacFarlane 94</i>	J 4:25.04	33.46	1:08.56	1:43.77	2:25.69	2:55.08	3:28.82	3:55.72	4:25.04
		2) <i>Campbell Kerr 93</i>	3) <i>David Morgan 94</i>			4) <i>Scott Jackson 94</i>			
18 Carnegie 1) <i>Lewis Kirby 95</i>	J 4:31.80	33.86	1:08.81	1:45.65	2:28.45	2:57.80	3:30.19	3:59.09	4:31.80
		2) <i>Blair Hershaw 95</i>	3) <i>Mark Szaraneck 95</i>			4) <i>Myles Hershaw 95</i>			

Event 410 Womens 4x100 Metre Medley Relay

Team	Time	50	100	150	200	250	300	350	400
1 Edinburgh Un 1) <i>Fiona Booth 86</i>	S 4:15.74	32.14	1:06.11	1:38.94	2:17.47	2:45.36	3:17.71	3:45.29	4:15.74
		2) <i>Louise Henley 85</i>	3) <i>Louise Pate 88</i>			4) <i>Kathryn Johnstone 90</i>			
2 Warrender 1) <i>Rosie Hood 91</i>	S 4:27.98	32.61	1:06.41	1:41.66	2:22.18	2:52.81	3:27.93	3:57.25	4:27.98
		2) <i>Sally Wood 90</i>	3) <i>Jennifer Davis 91</i>			4) <i>Helen McRoberts 91</i>			
3 Co Newcastle 1) <i>Lucy Gordon * 93</i>	S 4:29.50	34.06	1:09.83	1:46.38	2:27.41	2:56.73	3:31.04	3:59.22	4:29.50
		2) <i>Jessica Thielmann 93</i>	3) <i>Laura Dawson * 93</i>			4) <i>Amy Jessett 90</i>			
4 Co Sheffield 1) <i>Rebecca Turner 92</i>	S 4:30.71	33.06	1:07.49	1:42.67	2:24.74	2:53.58	3:29.44	3:58.99	4:30.71
		2) <i>Lucy Spencer 93</i>	3) <i>Eleanor Faulkner 93</i>			4) <i>Aynsley Heseltine 92</i>			
5 Warrender 1) <i>Anna Green 94</i>	J 4:32.37	33.52	1:10.38	1:46.04	2:27.43	2:57.14	3:32.67	4:01.16	4:32.37
		2) <i>Jennifer Dobson 93</i>	3) <i>Camille Brash 94</i>			4) <i>Yasmin Khera 94</i>			
6 Ren 96 1) <i>Lorna Smith 88</i>	S 4:32.85	31.99	1:06.17	1:43.47	2:26.68	2:55.43	3:28.92	3:59.46	4:32.85
		2) <i>Emma McDougall 90</i>	3) <i>Kirsty Hart 90</i>			4) <i>Connie Mackay 95</i>			
7 South Aberde 1) <i>Claire Moir 94</i>	S 4:35.19	34.65	1:11.22	1:44.90	2:22.87	2:55.61	3:33.35	4:02.40	4:35.19
		2) <i>Kerry Buchan 87</i>	3) <i>Pamela Beck 94</i>			4) <i>Eleanor Brooke 91</i>			
8 Carnegie 1) <i>Ailsa Hershaw 93</i>	S 4:36.54	33.31	1:10.37	1:47.60	2:29.37	2:59.42	3:33.64	4:03.26	4:36.54
		2) <i>Eloise Barber 92</i>	3) <i>Blaine Small 93</i>			4) <i>Kirsten McCallum 92</i>			
9 South Lanark 1) <i>Jennifer Scott 96</i>	S 4:38.71	34.39	1:13.27	1:46.19	2:27.42	2:58.82	3:37.35	4:06.24	4:38.71
		2) <i>Corrie Scott 93</i>	3) <i>Victoria Gourlay 92</i>			4) <i>Lindsay Bloomer 93</i>			
10 StirlingSwim 1) <i>Stephanie Hanley 92</i>	S 4:39.43	34.30	1:10.09	1:46.33	2:28.64	2:59.83	3:38.32	4:07.62	4:39.43
		2) <i>Fiona Gray 90</i>	3) <i>Nicole Govan 95</i>			4) <i>Rosie Ogg 90</i>			
11 InCAS 1) <i>Samantha MacMillan 95</i>	J 4:39.77	34.51	1:11.65	1:46.18	2:26.62	2:58.25	3:35.70	4:06.31	4:39.77
		2) <i>Roisin Donnelly 93</i>	3) <i>Rachael O'Donnell 96</i>			4) <i>Chelsea Lawson 96</i>			
12 Co Glasgow 1) <i>Alice Tennant * 93</i>	J 4:41.37	33.83	1:08.95	1:47.03	2:29.88	3:02.02	3:38.12	4:08.62	4:41.37
		2) <i>Rachel Tedeschi 93</i>	3) <i>Megan Donnelly 94</i>			4) <i>Kirstin McKinley 95</i>			
13 Co Aberdeen 1) <i>Hayley Monteith 94</i>	J 4:46.98	35.03	1:12.74	1:50.23	2:34.38	3:06.20	3:43.44	4:14.08	4:46.98
		2) <i>Morven Sneddon 95</i>	3) <i>Elizabeth Hughes 94</i>			4) <i>Lauren Kane 93</i>			
14 Heart Of Mid 1) <i>Gemma Wimberley 93</i>	J 4:47.06	34.93	1:12.25	1:49.72	2:34.63	3:06.81	3:44.39	4:14.57	4:47.06
		2) <i>Claire Osborne 94</i>	3) <i>Jessica Wilkie 94</i>			4) <i>Hannah Soutar 94</i>			
15 West Lothian 1) <i>Ishbel Rodger 94</i>	S 4:47.21	35.21	1:11.23	1:49.95	2:34.06	3:06.62	3:45.48	4:14.87	4:47.21
		2) <i>Aillie McGowan 90</i>	3) <i>Kirsten Dippie 93</i>			4) <i>Holly Ross 91</i>			
16 F.I.R.S.T. 1) <i>Charlotte McKenzie 96</i>	S 4:47.45	32.71	1:08.93	1:48.26	2:34.85	3:06.74	3:44.34	4:14.88	4:47.45
		2) <i>Kirsty Park 94</i>	3) <i>Isabelle Cowen 92</i>			4) <i>Lauren Forsyth 96</i>			

Session 12 – Results

Event 410 Womens 4x100 Metre Medley Relay (continued)

Team		Time	50	100	150	200	250	300	350	400
17 Garioch	J	4:49.45	36.22	1:14.36	1:52.57	2:36.27	3:08.66	4:17.39	4:49.45	
		<i>1) Phoebe Whitehead 94</i>	<i>2) Orla Adams 95</i>	<i>3) Rosie Maddock 93</i>			<i>4) Emily Jones 95</i>			
18 StirlingSwim	J	4:49.70	34.75	1:12.34	1:50.60	2:35.01	3:07.18	3:44.61	4:15.99	4:49.70
		<i>1) Claire Wilson 95</i>	<i>2) Jennifer Rogerson 93</i>	<i>3) Kayrine Kelly 95</i>			<i>4) Nikoline Laidlaw 95</i>			
19 Dun City Aqu	S	4:52.04	34.56	1:13.19	1:50.08	2:33.98	3:06.47	3:47.76	4:18.70	4:52.04
		<i>1) Ashley Williamson 90</i>	<i>2) Hannah Ward 93</i>	<i>3) Megan Finlayson 92</i>			<i>4) Claire Dobson 94</i>			