

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results****Event 401 Mens 25-29 400 Metre Freestyle**

1	Chris Grabham	29	Ren 96	4:25.77	30.53	1:03.99	1:37.56	2:11.57	2:45.54	3:20.08	3:53.74	4:25.77
2	Bobby Oag	25	Orkney	4:39.08	30.64	1:05.19	1:40.57	2:15.55	2:50.91	3:26.05	4:01.40	4:39.08
3	Peter Bristow	28	Heart Of Mid	4:55.42	31.83	1:07.47	1:44.11	2:21.77	2:59.82	3:38.22	4:17.01	4:55.42

Event 401 Mens 30-34 400 Metre Freestyle

1	John McKay	30	AngusMasters	4:33.21	30.63	1:04.99	1:39.71	2:14.66	2:49.53	3:24.68	3:59.32	4:33.21
2	David Bell	34	Heart Of Mid	4:38.92	31.54	1:06.40	1:41.81	2:17.78	2:53.54	3:30.02	4:05.01	4:38.92
3	Andy Wheeler	34	Silver City	4:41.63	32.15	1:07.38	1:43.73	2:20.60	2:55.77	3:31.39	4:06.72	4:41.63
4	Gerard McGauley	33	Ren 96	4:46.57	32.39	1:07.90	1:44.21	2:20.82	2:57.38	3:34.22	4:11.00	4:46.57
5	Peter Fenwick	31	Thurso	5:13.34	34.89	1:12.95	1:52.10	2:31.78	3:12.55	3:53.01	4:33.80	5:13.34

Event 401 Mens 35-39 400 Metre Freestyle

1	James Bromham	39	Inverness	4:51.71	32.40	1:08.24	1:45.58	2:22.77	2:59.58	3:37.20	4:14.96	4:51.71
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Event 401 Mens 40-44 400 Metre Freestyle

1	Robin Balfour	41	Dunfermline	4:39.00	31.33	1:04.96	1:39.34	2:14.35	2:49.85	3:25.87	4:02.57	4:39.00
2	Myles Little	42	Carlisle Mas	4:46.62	32.23	1:07.47	1:43.53	2:20.02	2:56.72	3:33.77	4:11.30	4:46.62
3	Craig Noble	42	GlasgowNm	4:47.22	31.84	1:07.32	1:44.05	2:21.26	2:57.61	3:34.46	4:11.59	4:47.22
4	Philip Croxall	42	Colne	4:54.17	34.24	1:12.90	1:51.36	2:29.40	3:07.04	3:44.04	4:19.95	4:54.17
5	David Fleetwood	41	Glasgow Wn	5:00.63	33.63	1:10.76	1:49.31	2:28.39	3:06.91	3:45.62	4:24.43	5:00.63

Event 401 Mens 45-49 400 Metre Freestyle

1	Kevin Reynard	46	Silver City	4:51.71	32.65	1:09.38	1:46.70	2:25.09	3:02.92	3:40.14	4:17.73	4:51.71
2	Aivaras Ratkevicius	47	Silver City	4:52.61	33.81	1:10.52	1:47.47	2:24.69	3:01.96	3:39.16	4:16.42	4:52.61
3	Mohamed Allam	48	Ren 96	5:00.04	35.55	1:13.82	1:52.09	2:30.53	3:09.01	3:47.15	4:24.84	5:00.04
4	Alastair Caird	49	AngusMasters	5:07.73	35.86	1:14.10	1:53.05	2:32.18	3:11.49	3:50.81	4:29.87	5:07.73
5	Mark Jones	48	Warrender	5:11.03	34.35	1:11.65	1:51.10	2:31.21	3:11.74	3:52.19	4:32.83	5:11.03
6	Stuart McPhail	49	Ren 96	5:15.37	35.85	1:14.80	1:55.12	2:35.63	3:15.99	3:56.38	4:36.49	5:15.37
7	Alistair Leanord	48	GlasgowNm	5:41.21	37.40	1:18.30	2:00.75	2:44.79	3:28.64	4:13.49	4:58.21	5:41.21
8	William Hayhoe	49	Motherwell M	5:45.60	37.19	1:19.63	2:03.36	2:48.06	3:32.99	4:18.24	5:03.77	5:45.60
9	Jim McCafferty	45	Thurso	5:50.54	38.86	1:21.46	2:05.91	2:51.77	3:36.97	4:21.80	5:06.60	5:50.54

Event 401 Mens 50-54 400 Metre Freestyle

1	Brian Bain	51	Silver City	5:25.79	35.65	1:14.87	1:55.51	2:37.10	3:19.23	4:02.07	4:44.64	5:25.79
2	Guy Fawkes	52	Billingham	5:27.75	36.69	1:16.96	1:58.93	2:41.36	3:23.68	4:06.04	4:48.42	5:27.75
3	Gary Hurr	50	GlasgowNm	5:31.54	36.96	1:17.44	1:59.36	2:42.01	3:25.17	4:07.63	4:49.58	5:31.54
4	Martin Hodge	53	Silver City	5:32.58	38.16	1:19.35	2:01.33	2:44.59	3:27.15	4:09.36	4:51.77	5:32.58
5	Jack Ewing	52	West Lothian	5:37.00	38.72	1:20.48	2:02.77	2:45.77	3:29.70	4:12.86	4:55.84	5:37.00
6	Martin Waterhouse	53	Oban	5:39.60	36.63	1:18.59	2:02.58	2:47.20	4:15.67	5:39.59	5:39.60	
7	Gianfranco Mazzoni	51	Inverclyde M	5:56.35	39.14	1:21.18	2:04.69	2:50.53	3:36.97	4:24.20	5:11.09	5:56.35
8	Cameron Ferguson	51	Ren 96	6:13.05	39.06	1:23.51	2:10.65	2:58.55	3:46.53	4:36.30	5:24.74	6:13.05
9	Ian Longster	53	Billingham	6:26.38	41.48	1:28.86	2:18.75	3:08.96	3:59.36	4:49.45	5:39.30	6:26.38
10	Ian Muscroft	53	Billingham	6:46.84	44.77	1:34.45	2:27.72	3:21.35	4:15.24	5:07.63	5:58.57	6:46.84

Event 401 Mens 55-59 400 Metre Freestyle

1	Eddie Riach	58	Ren 96	4:53.87	33.05	1:09.70	1:46.71	2:24.49	3:02.42	3:40.53	4:18.00	4:53.87
2	Bill Reid	57	Silver City	5:36.24	36.74	1:17.89	2:00.28	2:43.79	3:26.97	4:10.24	4:53.53	5:36.24
3	Pete Summers	58	Silver City	6:01.43	39.93	1:24.09	2:10.40	2:56.85	6:01.54	6:01.43		

Event 401 Mens 65-69 400 Metre Freestyle

1	Sandy Galletley	69	Warrender	5:40.66	40.25	1:23.75	2:07.62	2:51.12	3:34.18	4:16.95	4:59.80	5:40.66
2	Tony Catterall	65	Colne	5:51.71	39.96	1:22.96	2:07.64	2:52.68	3:37.59	4:23.05	5:07.99	5:51.71

Event 401 Mens 70-74 400 Metre Freestyle

1	Bruce Cook	73	Inverclyde M	7:14.17	48.80	1:43.44	2:39.03	3:35.22	4:31.62	5:26.58	6:22.35	7:14.17
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**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

2	Arthur Puckrin	73	Billingham	9:59.74	1:12.02	2:28.94	3:44.73	5:01.76	6:17.87	7:33.85	8:47.93	9:59.74
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Event 401 Mens 75-79 400 Metre Freestyle

1	Jim Roddie	75	Glasgow Wn	9:01.84	55.19	2:00.03	3:08.83	4:18.95	5:30.85	6:43.97	7:56.00	9:01.84
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Event 402 Womens 18-24 400 Metre Freestyle

1	Lorna Docherty	24	Co Glasgow	4:55.14	31.89	1:08.04	1:45.29	2:23.54	3:01.64	3:39.98	4:18.51	4:55.14
2	Fiona Andrews	22	Ren 96	5:12.98	33.94	1:10.98	1:49.75	2:29.55	3:09.85	3:50.73	4:31.88	5:12.98
3	Lauren Porteous	22	Ren 96	6:14.52	42.08	1:28.31	2:15.20	3:03.32	3:50.77	4:39.64	5:28.39	6:14.52

Event 402 Womens 25-29 400 Metre Freestyle

1	Carol Thain	26	Heart Of Mid	4:42.07	31.90	1:06.93	1:43.08	2:19.33	2:54.95	3:30.95	4:06.92	4:42.07
2	Emma Ross	25	West Lothian	4:54.65	33.20	1:09.24	1:46.27	2:23.90	3:01.69	3:39.79	4:17.85	4:54.65
3	Helen Muscroft	27	Billingham	5:10.70	35.88	1:15.11	1:54.94	2:34.96	3:14.93	3:54.60	4:34.10	5:10.70
4	Jennifer Riach	27	Glasgow Wn	5:19.24	36.67	1:16.35	1:57.08	2:37.92	3:17.89	3:58.35	4:38.67	5:19.24
5	Kirsten Gray	28	Inverness	5:24.40	35.32	1:14.20	1:54.83	2:36.11	3:17.77	3:59.91	4:42.77	5:24.40
6	Lorraine Riddle	27	Billingham	5:52.67	39.51	1:22.27	2:06.74	2:51.71	3:36.09	4:21.07	5:06.89	5:52.67

Event 402 Womens 35-39 400 Metre Freestyle

1	Janet McLean	38	Carnegie	4:54.97	33.63	1:10.04	1:47.35	2:25.12	3:02.84	3:40.89	4:18.60	4:54.97
2	Julie Steventon	35	Glasgow Wn	5:11.19	33.55	1:11.73	1:51.63	2:32.34	3:13.09	3:53.47	4:33.93	5:11.19
3	Catherine Murray	36	Thurso	5:34.91	37.25	1:18.19	2:00.43	2:43.27	3:26.55	4:09.87	4:53.74	5:34.91
4	Heather Dale	38	Silver City	5:36.99	36.51	1:17.49	2:00.32	2:43.58	3:27.57	4:11.35	4:54.95	5:36.99

Event 402 Womens 40-44 400 Metre Freestyle

1	Karen Driver	40	Colne	4:54.29	34.22	1:10.87	1:47.79	2:25.34	3:02.86	3:40.64	4:18.34	4:54.29
2	Juliet Loudon	40	Ren 96	5:43.64	37.33	1:18.72	2:02.42	2:46.15	3:30.21	4:15.45	5:00.26	5:43.64
3	Vicky Taylor	41	AngusMasters	5:53.37	38.45	1:22.10	2:06.79	2:51.84	3:37.67	4:22.97	5:08.76	5:53.37
4	Trudy Brown	41	Perth Mas	6:25.49	44.19	1:31.94	2:20.56	3:09.76	3:59.33	4:48.54	5:38.04	6:25.49
5	Lynn Park	41	Silver City	6:44.42	46.51	1:35.32	2:25.84	3:17.63	4:09.60	5:02.51	5:54.07	6:44.42
6	Helen Beveridge	43	Inverness	7:13.13	46.32	1:38.65	2:33.42	3:29.42	4:25.85	5:23.28	6:19.85	7:13.13

Event 402 Womens 45-49 400 Metre Freestyle

1	Karen McBeath	49	Forres	5:02.20	33.15	1:09.95	1:48.77	2:28.65	3:07.78	3:46.73	4:26.06	5:02.20
2	Elaine Porteous	45	Ren 96	5:33.19	39.02	1:20.89	2:03.26	2:45.54	3:28.12	4:10.52	4:52.57	5:33.19
3	Carolyn Swanson	47	Thurso	6:04.18	42.23	1:27.86	2:14.76	3:01.96	3:48.72	4:34.61	5:20.62	6:04.18

Event 402 Womens 50-54 400 Metre Freestyle

1	Dymphna Morris	50	Aer Lingus	4:54.28	34.51	1:11.32	1:48.94	2:26.68	3:03.90	3:41.70	4:19.15	4:54.28
2	Ursula Ryder	51	Dundee City	5:52.41	41.01	1:25.22	2:09.85	2:54.33	3:38.95	4:24.06	5:08.96	5:52.41
3	Andrea Gellan	54	West Lothian	5:59.45	38.99	1:22.46	2:07.40	2:53.35	3:39.96	4:26.88	5:13.91	5:59.45
4	Jan Price	53	South Main	6:07.25	40.35	1:25.87	2:13.25	3:00.48	3:47.57	4:35.19	5:22.10	6:07.25
5	Shirley Fawkes	51	Billingham	6:54.17	45.68	1:36.03	2:28.20	3:20.62	4:13.83	5:07.09	6:00.33	6:54.17
6	Gillian Sheehan	52	Billingham	7:14.59	47.94	1:40.66	2:34.90	3:29.95	4:25.92	5:22.90	6:19.61	7:14.59

Event 402 Womens 55-59 400 Metre Freestyle

1	Audrey Cooper	57	Silver City	5:35.54	38.75	1:20.58	2:02.71	2:45.40	3:28.18	4:10.90	4:53.67	5:35.54
2	Mary Docherty	55	Hamilton	5:51.04	39.78	1:23.06	2:07.75	2:52.78	3:37.59	4:22.56	5:07.93	5:51.04
3	Elaine Fraser	56	Ren 96	6:18.75	43.73	1:30.66	2:18.64	3:07.22	3:55.48	4:44.09	5:32.85	6:18.75
4	Daphne McCulloch	55	Glasgow Wn	6:59.27	45.14	1:35.98	2:27.39	3:20.00	4:14.39	5:09.65	6:05.47	6:59.27
5	Christine Muscroft	55	Billingham	7:58.79	53.06	2:59.90	4:04.14	5:05.82	6:06.83	7:05.38	7:58.79	
6	Linda McNeill	56	Glasgow Wn	8:04.12	55.82	1:55.06	2:55.82	3:56.71	4:58.01	6:01.29	7:03.10	8:04.12

Event 402 Womens 60-64 400 Metre Freestyle

1	Day Campbell	60	Silver City	6:42.80	45.89	1:35.56	2:26.20	3:16.96	4:08.09	4:59.99	5:52.19	6:42.80
2	Alison Freeland	61	Motherwell M	8:01.03	52.76	1:51.06	2:50.92	3:52.93	4:55.26	5:57.85	7:00.64	8:01.03

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

Event 402 Womens 70-74 400 Metre Freestyle

1	Sandra Lea	72	Inverness	8:41.72	50.77	1:53.87	3:01.08	4:10.11	5:18.66	6:27.54	7:36.32	8:41.72
2	Irene Allan	70	Co Glasgow	9:08.97	58.66	2:05.25	3:18.00	4:28.60	5:39.29	6:49.68	8:00.56	9:08.97

Event 403 Mens 18-24 50 Metre Breaststroke

1	Ross Johnston	24	Warrender	31.19
2	Graeme Hunter	22	Perth City	31.59
3	Andrew Benson	22	West Lothian	31.72
4	Simon Metcalfe	23	InCAS	38.24
5	Calum MacQueen	21	Ren 96	41.59

Event 403 Mens 25-29 50 Metre Breaststroke

1	Conor Morris	28	Aer Lingus	31.24
2	David Taylor	25	Warrender	32.03
3	Daniel Richardson	28	Billingham	33.30
4	Gary Nisbet	25	AngusMasters	36.31

Event 403 Mens 30-34 50 Metre Breaststroke

1	Andy Wheeler	34	Silver City	35.76
2	John McKay	30	AngusMasters	36.75
3	Stuart Cole	32	Silver City	38.48

Event 403 Mens 35-39 50 Metre Breaststroke

1	Gal Kantor	36	Ren 96	34.37
2	Stuart McPherson	36	Silver City	34.58
3	Kevin Spears	37	Carnegie	36.07
4	James Bromham	39	Inverness	37.67

Event 403 Mens 40-44 50 Metre Breaststroke

1	John Brand	42	West Lothian	35.25
2	Doug Robertson	44	Ren 96	40.14

Event 403 Mens 45-49 50 Metre Breaststroke

1	Kevin Reynard	46	Silver City	33.37
2	Gary McLean	45	West Lothian	35.87
3	Stephen Meeks	48	Inverness	36.24
4	Michael Andrew	48	Warrender	40.62
5	Bruce Fleming	45	AngusMasters	41.55
6	Paul Gibson	46	Carlisle Mas	42.73

Event 403 Mens 50-54 50 Metre Breaststroke

1	Stuart Forbes	50	Heart Of Mid	33.68
2	Graeme Schreiber	53	Ren 96	39.62
3	Stuart Williams	50	Inverness	39.81
4	Brian Bain	51	Silver City	40.00
5	Douglas Cook	53	Hamilton	41.95
6	Martin Jamieson	51	Ren 96	42.02
7	Alan Hutcheson	52	Motherwell M	46.22

Event 403 Mens 55-59 50 Metre Breaststroke

1	Graham Pearson	59	Carlisle Mas	35.58
2	Chris Moncrieff	55	Inverleith	35.68
3	Bill Reid	57	Silver City	37.42
4	Eddie Riach	58	Ren 96	39.19
5	Robert McDonald	56	Inverness	46.85

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

Event 403 Mens 60-64 50 Metre Breaststroke

1	James Arthur	63	Swansea Val	38.90
2	David Freeland	61	Motherwell M	47.37

Event 403 Mens 65-69 50 Metre Breaststroke

1	Hugh Cullen	67	Glasgow Wn	46.38
2	Bert Philip	65	Silver City	48.88
3	Tom McQuade	65	Motherwell M	51.46

Event 403 Mens 70-74 50 Metre Breaststroke

1	Farquhar Macrae	72	Silver City	44.48
2	Bruce Cook	73	Inverclyde M	45.43
3	John Ross	73	Heart Of Mid	56.16

Event 404 Womens 18-24 50 Metre Breaststroke

1	Fiona Andrews	22	Ren 96	36.82
2	Katy Taylor	24	Co Glasgow	39.27
3	Holly Ross	20	West Lothian	39.78

Event 404 Womens 25-29 50 Metre Breaststroke

1	Michelle Dryburgh	27	Inverness	37.11
2	Claire Nixon	29	Silver City	37.68
3	Dawn Stout	25	Orkney	39.65
4	Marie Clare McCormick	25	Ren 96	39.88
5	Helen Powley	28	West Lothian	43.14

Event 404 Womens 30-34 50 Metre Breaststroke

1	Elizabeth Bellinger	33	Out To Swim	37.56
2	Ruth Curran	32	West Lothian	38.05
3	Laura Crawford	34	West Lothian	39.68
4	Lynn Pitblado	30	Carnegie	39.85
5	Lara Ferguson	31	Carnegie	40.24
6	Angela Donald	31	Silver City	41.56
7	Lynsey Boyle	30	Ren 96	56.09

Event 404 Womens 35-39 50 Metre Breaststroke

1	Linda Lough	35	Heart Of Mid	36.07
2	Deborah Macdonald	37	Thurso	45.23
3	Fiona Lavety	35	Ren 96	48.51

Event 404 Womens 40-44 50 Metre Breaststroke

1	Wendy Szaranek	44	Carnegie	37.56
2	Jennifer Macdougall	41	Inverness	43.27
3	Terri Hinley	40	Dunfermline	44.11
4	Pamela Szaranek	40	Carnegie	45.83
5	Dawn Burke	42	Silver City	46.35
6	Heather Allan	40	Co Glasgow	46.54
7	Lynn Park	41	Silver City	46.97

Event 404 Womens 45-49 50 Metre Breaststroke

1	Toni Allan	45	Carnegie	40.23
2	Ruth Connolly	49	AngusMasters	44.67
3	Diane Lee	47	Ren 96	50.18
4	Una McLellan	45	West Lothian	53.69
5	Sharon Ross	48	West Lothian	54.40

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results****Event 404 Womens 50-54 50 Metre Breaststroke**

1	Jan Price	53	South Main	47.41
2	Katharine Gannon	51	Ren 96	51.39
3	Theresa McCallum	50	Hamilton	51.41

Event 404 Womens 55-59 50 Metre Breaststroke

1	Elaine Fraser	56	Ren 96	53.07
2	Jean Sinclair	59	Motherwell M	57.83

Event 404 Womens 60-64 50 Metre Breaststroke

1	Alison Freeland	61	Motherwell M	49.61
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Event 404 Womens 65-69 50 Metre Breaststroke

1	Jan Naylor	66	Inverleith	54.99
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Event 404 Womens 70-74 50 Metre Breaststroke

1	Sandra Lea	72	Inverness	1:00.21
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Event 404 Womens 75-79 50 Metre Breaststroke

1	Irene Coles	77	West Lothian	1:08.42
2	Marina McFall	76	Motherwell M	1:21.45

Event 404 Womens 80-84 50 Metre Breaststroke

1	Nancy Scott	80	Inverness	1:22.89
2	Janet Stobie	82	Motherwell M	1:35.81

Event 405 Mens 25-29 200 Metre Butterfly

1	David Taylor	25	Warrender	2:32.43	31.12	1:09.00	1:50.16	2:32.43
2	Glen Sloss	27	Ren 96	3:24.39	41.93	1:35.01	2:29.75	3:24.39

Event 405 Mens 35-39 200 Metre Butterfly

1	James Leitch	36	Ren 96	2:16.34	31.00	1:05.81	1:41.25	2:16.34
2	Fergus Sim	38	Ren 96	2:45.21	35.83	1:17.88	2:01.56	2:45.21

Event 405 Mens 40-44 200 Metre Butterfly

1	Doug Robertson	44	Ren 96	2:54.74	36.91	1:20.61	2:06.77	2:54.74
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Event 405 Mens 45-49 200 Metre Butterfly

1	Mark Shepherd	47	St Thomas	2:20.80	30.99	1:06.28	1:42.71	2:20.80
2	Mohamed Allam	48	Ren 96	2:49.28	39.08	1:25.43	2:07.58	2:49.28
3	Stuart McPhail	49	Ren 96	3:36.64	44.43	1:37.38	2:36.17	3:36.64

Event 405 Mens 50-54 200 Metre Butterfly

1	Ritchie Metcalfe	50	Dunfermline	3:29.24	45.85	1:39.47	2:34.87	3:29.24
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Event 405 Mens 60-64 200 Metre Butterfly

1	Ian Milne	60	Silver City	2:50.60	39.21	1:22.77	2:08.96	2:50.60
2	Robert O'Hanlon	64	Motherwell M	5:07.03	1:09.34	2:26.39	3:47.33	5:07.03

Event 405 Mens 65-69 200 Metre Butterfly

1	Tony Catterall	65	Colne	3:53.09	48.98	1:46.92	2:49.79	3:53.09
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Event 405 Mens 70-74 200 Metre Butterfly

1	Maurice McDonald	73	Liverpool	7:46.13	1:24.09	3:22.43	5:35.55	7:46.13
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**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results****Event 406 Womens 18-24 200 Metre Butterfly**

1	Kirsty Ewen	21	Forres	3:10.72	44.23	1:34.23	2:22.85	3:10.72
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Event 406 Womens 25-29 200 Metre Butterfly

1	Clare Ricketts	26	GlasgowNmds	2:30.43	33.19	1:11.59	1:51.85	2:30.43
2	Dawn Stout	25	Orkney	2:36.73	34.88	1:14.15	1:55.65	2:36.73
3	Marie Clare McCormick	25	Ren 96	3:10.91	41.44	1:30.62	2:21.58	3:10.91

Event 406 Womens 30-34 200 Metre Butterfly

1	Erica Jones	30	Silver City	2:42.86	35.42	1:15.83	1:59.04	2:42.86
2	Lynsey Boyle	30	Ren 96	3:59.35	53.21	1:53.97	2:56.49	3:59.35

Event 406 Womens 35-39 200 Metre Butterfly

1	Janet McLean	38	Carnegie	2:35.63	34.28	1:12.90	1:53.87	2:35.63
2	Helena McGrath	39	Westwood M	2:48.42	35.85	1:16.86	2:01.32	2:48.42
3	Laurel Brodie	36	Ren 96	3:00.32	38.81	1:24.29	2:12.16	3:00.32
4	Fiona Lavety	35	Ren 96	3:10.99	39.69	1:30.13	2:20.56	3:10.99

Event 406 Womens 40-44 200 Metre Butterfly

1	Wendy Szaranek	44	Carnegie	2:58.57	39.01	1:24.42	2:11.66	2:58.57
2	Karen Howells	40	Forres	2:59.45	39.10	1:25.33	2:13.96	2:59.45

Event 406 Womens 45-49 200 Metre Butterfly

1	June Falconer	47	Silver City	2:58.83	38.38	1:21.93	2:10.20	2:58.83
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Event 406 Womens 50-54 200 Metre Butterfly

1	Judy Hattle	51	Carlisle Mas	2:39.73	35.98	1:16.75	1:58.18	2:39.73
2	Andrea Gellan	54	West Lothian	4:00.50	53.78	1:56.61	3:00.63	4:00.50
3	Katharine Gannon	51	Ren 96	4:56.87	1:02.77	2:17.90	3:38.25	4:56.87

Event 407 Mens 18-24 100 Metre Backstroke

1	Darren Black	22	Ren 96	1:07.74	33.06	1:07.74
2	Ewan Smith	21	AngusMasters	1:20.58	38.13	1:20.58

Event 407 Mens 25-29 100 Metre Backstroke

1	Darren Marr	26	West Lothian	1:04.07	31.02	1:04.07
2	Kevin Buchan	28	West Lothian	1:06.54	32.15	1:06.54

Event 407 Mens 30-34 100 Metre Backstroke

1	James Donn	34	GlasgowNmds	1:01.19	29.63	1:01.19
2	David Bell	34	Heart Of Mid	1:08.06	33.23	1:08.06
3	John McKay	30	AngusMasters	1:10.90	34.19	1:10.90
4	Stuart Cole	32	Silver City	1:12.36	35.03	1:12.36
5	Dan Rosenfeld	33	West Lothian	1:13.16	35.09	1:13.16

Event 407 Mens 35-39 100 Metre Backstroke

1	Alan Macintyre	39	GlasgowNmds	1:07.99	32.73	1:07.99
2	James Bromham	39	Inverness	1:14.43	36.52	1:14.43
3	Fergus Sim	38	Ren 96	1:19.39	37.60	1:19.39

Event 407 Mens 40-44 100 Metre Backstroke

1	Iain Teaz	42	GlasgowNmds	1:04.12	31.28	1:04.12
2	Craig Noble	42	GlasgowNmds	1:09.66	33.65	1:09.66
3	Robin Balfour	41	Dunfermline	1:13.19	35.59	1:13.19

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results****Event 407 Mens 45-49 100 Metre Backstroke**

1	Stephen Harris	47	GlasgowNmds	1:10.95	34.29	1:10.95
2	Stephen Meeks	48	Inverness	1:17.94	37.83	1:17.94
3	Alastair Caird	49	AngusMasters	1:19.26	39.74	1:19.26
4	Kevin Reynard	46	Silver City	1:19.43	38.65	1:19.43
5	Paul Gibson	46	Carlisle Mas	1:19.74	38.45	1:19.74
6	Graeme Beacham	48	Ren 96	1:21.93	40.30	1:21.93

Event 407 Mens 50-54 100 Metre Backstroke

1	Brian Bain	51	Silver City	1:21.62	40.15	1:21.62
2	Barry Homer	50	Inverness	1:24.78	41.55	1:24.78

Event 407 Mens 55-59 100 Metre Backstroke

1	Graham Pearson	59	Carlisle Mas	1:31.93	45.65	1:31.93
2	Robert Szmidt	55	Ren 96	1:38.61	46.83	1:38.61

Event 407 Mens 60-64 100 Metre Backstroke

1	James Arthur	63	Swansea Val	1:20.95	39.03	1:20.95
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Event 407 Mens 70-74 100 Metre Backstroke

1	William Groves	74	Motherwell M	2:32.06	1:13.04	2:32.06
2	Arthur Puckrin	73	Billingham	3:05.34	1:33.21	3:05.34

Event 408 Womens 18-24 100 Metre Backstroke

1	Kirsty Aitken	23	Ren 96	1:10.95	35.53	1:10.95
2	Sarah Homer	19	Inverness	1:16.03	37.37	1:16.03
3	Fiona Andrews	22	Ren 96	1:18.15	37.68	1:18.15
4	Megan Mackie	24	Ren 96	1:18.89	38.56	1:18.89

Event 408 Womens 25-29 100 Metre Backstroke

1	Julia Beckett	25	Warrender	1:07.38	32.58	1:07.38
2	Carol Thain	26	Heart Of Mid	1:11.04	34.85	1:11.04
3	Dawn Stout	25	Orkney	1:15.45	37.92	1:15.45
4	Claire Nixon	29	Silver City	1:16.26	37.30	1:16.26
5	Sarah Davey	28	Glasgow Wn	1:18.69	37.69	1:18.69
6	Michelle Dryburgh	27	Inverness	1:19.58	38.62	1:19.58
7	Ina Reid	28	Dunfermline	1:36.24	45.90	1:36.24
8	Lynn Murdoch	27	Ren 96	1:47.90	51.55	1:47.90

Event 408 Womens 30-34 100 Metre Backstroke

1	Gina Hobson	34	Otter	1:10.00	34.41	1:10.00
2	Elizabeth Murray	32	Belfast	1:14.05	36.23	1:14.05
3	Carolynn Vogel	31	Dunfermline	1:16.30	37.35	1:16.30
4	Angela Donald	31	Silver City	1:23.61	41.68	1:23.61
5	Debbie Robertson	31	Nairn	1:24.09	40.98	1:24.09
6	Lynsey Boyle	30	Ren 96	1:59.63	58.47	1:59.63

Event 408 Womens 35-39 100 Metre Backstroke

1	Helena McGrath	39	Westwood M	1:17.36	37.51	1:17.36
2	Gillian King	36	Silver City	1:27.87	41.41	1:27.87
3	Deborah Macdonald	37	Thurso	1:31.95		

Event 408 Womens 40-44 100 Metre Backstroke

1	Vicky Taylor	41	AngusMasters	1:21.84	40.04	1:21.84
2	Mandy Craig-Gould	40	Nairn	1:23.06	39.37	1:23.06
3	Fiona McEwen	41	West Lothian	1:23.16	40.25	1:23.16

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

4	Juliet Loudon	40	Ren 96	1:25.09	40.84	1:25.09
5	Pamela Szaranek	40	Carnegie	1:30.14	43.47	1:30.14
6	Helen Beveridge	43	Inverness	1:43.71	51.15	1:43.71

Event 408 Womens 45-49 100 Metre Backstroke

1	June Falconer	47	Silver City	1:21.65	41.12	1:21.65
2	Carolyn Swanson	47	Thurso	1:38.86	49.38	1:38.86
3	Courtney Montgomery	47	StirlingSwim	1:45.38	50.50	1:45.38

Event 408 Womens 50-54 100 Metre Backstroke

1	Ursula Ryder	51	Dundee City	1:37.27	47.66	1:37.27
2	Marie Guidon	52	Aer Lingus	1:40.76	47.55	1:40.76
3	Jan Price	53	South Main	1:40.96	49.74	1:40.96
4	Katharine Gannon	51	Ren 96	2:12.59	1:03.18	2:12.59

Event 408 Womens 55-59 100 Metre Backstroke

1	Mary Docherty	55	Hamilton	1:34.65	46.54	1:34.65
2	Frances Cassidy	57	Inverness	1:40.96	49.46	1:40.96
3	Elaine Fraser	56	Ren 96	1:51.04	55.83	1:51.04
4	Linda McNeill	56	Glasgow Wn	2:05.88	1:01.72	2:05.88

Event 408 Womens 60-64 100 Metre Backstroke

1	Grizel Robertson	61	Motherwell M	2:26.08	1:13.53	2:26.08
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Event 408 Womens 65-69 100 Metre Backstroke

1	Jan Naylor	66	Inverleith	1:56.14	55.88	1:56.14
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Event 408 Womens 70-74 100 Metre Backstroke

1	Sandra Lea	72	Inverness	1:57.69	56.29	1:57.69
2	Irene Allan	70	Co Glasgow	2:15.61	1:03.42	2:15.61

Event 408 Womens 75-79 100 Metre Backstroke

1	Marina McFall	76	Motherwell M	2:55.42	1:24.17	2:55.42
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Event 408 Womens 80-84 100 Metre Backstroke

1	Nancy Scott	80	Inverness	2:27.67	1:13.63	2:27.67
2	Janet Stobie	82	Motherwell M	3:16.39	1:37.75	3:16.39

Event 409 Mens 18-24 50 Metre Freestyle

1	Graeme Hunter	22	Perth City	24.14
2	Derek Hoey	22	West Lothian	25.75
3	Ross Johnston	24	Warrender	26.34
4	Darren Black	22	Ren 96	27.19
*5	Ewan Smith	21	AngusMasters	29.75
*5	Simon Metcalfe	23	InCAS	29.75

Event 409 Mens 25-29 50 Metre Freestyle

1	Thomas Davidson	28	Carnegie	23.76
2	Phil Muspratt	26	Ren 96	23.84
3	Darren Marr	26	West Lothian	26.36
4	Gary Nisbet	25	AngusMasters	26.93
5	David Taylor	25	Warrender	27.16

Event 409 Mens 30-34 50 Metre Freestyle

1	Andy Hunter	33	Belfast	24.87
2	John McKay	30	AngusMasters	26.59

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

3	Andy Wheeler	34	Silver City	27.39
4	Dan Rosenfeld	33	West Lothian	27.51
5	Alan Marshall	30	West Lothian	28.57
6	Gerard McGauley	33	Ren 96	28.75
7	Peter Fenwick	31	Thurso	29.25

Event 409 Mens 35-39 50 Metre Freestyle

1	Stuart McPherson	36	Silver City	27.05
2	Alan Macintyre	39	GlasgowNmds	27.18
3	Justin Carter	38	Glasgow Wn	27.36
4	James Bromham	39	Inverness	28.01
5	Paul Higginbotham	38	Glasgow Wn	28.04
6	Kevin Spears	37	Carnegie	28.65
7	Fergus Sim	38	Ren 96	30.05
8	Gal Kantor	36	Ren 96	30.11

Event 409 Mens 40-44 50 Metre Freestyle

1	Iain Teaz	42	GlasgowNmds	25.07
2	Jason Kenney	41	Warrender	26.99
3	Philip Croxall	42	Colne	27.49
4	Steven Turner	43	Silver City	29.30
5	Doug Robertson	44	Ren 96	30.03
6	Martin Smith	42	Glasgow Wn	32.68

Event 409 Mens 45-49 50 Metre Freestyle

1	Kevin Reynard	46	Silver City	25.80
2	Stephen Harris	47	GlasgowNmds	26.88
3	Gary McLean	45	West Lothian	27.27
4	Michael Andrew	48	Warrender	29.12
5	Brian Carroll	48	Aer Lingus	30.39
6	Bruce Fleming	45	AngusMasters	30.55
7	Stuart McPhail	49	Ren 96	31.32
8	Alistair Leanord	48	GlasgowNmds	31.53
9	William Hayhoe	49	Motherwell M	32.08
10	Jim McCafferty	45	Thurso	32.50
11	Paul Donnelly	46	Motherwell M	33.29
12	John Fulton	48	Motherwell M	44.96

Event 409 Mens 50-54 50 Metre Freestyle

1	Stuart Forbes	50	Heart Of Mid	27.53
2	Brian Archibald	52	Motherwell M	27.76
3	Graeme Schreiber	53	Ren 96	29.23
4	Barry Homer	50	Inverness	30.93
5	Martin Waterhouse	53	Oban	31.57
6	Alan Hutcheson	52	Motherwell M	35.17
7	Cameron Ferguson	51	Ren 96	35.56
8	Douglas Cook	53	Hamilton	35.64
9	Ian Longster	53	Billingham	37.26

Event 409 Mens 55-59 50 Metre Freestyle

1	Tony Morris	56	Aer Lingus	28.58
*1	Chris Moncrieff	55	Inverleith	28.58
3	Eddie Riach	58	Ren 96	29.98
4	Pete Summers	58	Silver City	32.94
5	Robert Szmids	55	Ren 96	35.33

Event 409 Mens 60-64 50 Metre Freestyle

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

1	Ian Milne	60	Silver City	29.98
2	James Arthur	63	Swansea Val	30.53
3	David Freeland	61	Motherwell M	37.56
4	Roderick Galbraith	64	Ren 96	40.02

Event 409 Mens 65-69 50 Metre Freestyle

1	Bert Philip	65	Silver City	37.65
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Event 409 Mens 70-74 50 Metre Freestyle

1	Farquhar Macrae	72	Silver City	38.49
2	Maurice McDonald	73	Liverpool	41.23
3	John Ross	73	Heart Of Mid	51.45

Event 409 Mens 75-79 50 Metre Freestyle

1	Jim Roddie	75	Glasgow Wn	44.25
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Event 410 Womens 18-24 50 Metre Freestyle

1	Lorna Docherty	24	Co Glasgow	28.24
2	Sarah Homer	19	Inverness	29.86
3	Holly Ross	20	West Lothian	29.94
4	Fiona O'Prey	20	Co Glasgow	30.40
5	Megan Mackie	24	Ren 96	32.13

Event 410 Womens 25-29 50 Metre Freestyle

1	Julia Beckett	25	Warrender	27.86
2	Dawn Stout	25	Orkney	29.22
3	Kirsten Gray	28	Inverness	29.94
4	Claire Nixon	29	Silver City	30.37
5	Elodie Bourgault	26	Glasgow Wn	31.83
6	Michelle Dryburgh	27	Inverness	31.86
7	Helen Powley	28	West Lothian	31.93
8	Ina Reid	28	Dunfermline	35.94
9	Lynn Murdoch	27	Ren 96	42.10

Event 410 Womens 30-34 50 Metre Freestyle

1	Gina Hobson	34	Otter	27.92
2	Erica Jones	30	Silver City	28.53
3	Laura Crawford	34	West Lothian	30.74
4	Ruth Curran	32	West Lothian	31.37
5	Lynn Pitblado	30	Carnegie	31.54
6	Lara Ferguson	31	Carnegie	32.18
7	Debbie Robertson	31	Nairn	32.83
8	Sarah Riach	34	Ren 96	38.84
9	Lynsey Boyle	30	Ren 96	41.95

Event 410 Womens 35-39 50 Metre Freestyle

1	Chantal Guillot	39	Dunfermline	29.16
2	Heather Dale	38	Silver City	30.95
3	Fiona Lavety	35	Ren 96	31.28
4	Vicki Trim	37	Hamilton	32.09
5	Linda Lough	35	Heart Of Mid	32.34
6	Laurel Brodie	36	Ren 96	32.45
7	Catherine Murray	36	Thurso	33.07
8	Gillian King	36	Silver City	36.40

Event 410 Womens 40-44 50 Metre Freestyle

1	Anne Ewing	43	Warrender	29.10
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**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

2	Karen Howells	40	Forres	30.41
3	Mandy Craig-Gould	40	Nairn	33.51
4	Jennifer Macdougall	41	Inverness	35.18
5	Heather Allan	40	Co Glasgow	36.34
6	Helen Beveridge	43	Inverness	40.56

Event 410 Womens 45-49 50 Metre Freestyle

1	Karen McBeath	49	Forres	29.75
2	Dianne Fraser	45	Silver City	32.94
3	Toni Allan	45	Carnegie	33.54
4	Diane Lee	47	Ren 96	38.49
5	Courtney Montgomery	47	StirlingSwim	39.18
6	Sharon Ross	48	West Lothian	42.59
7	Una McLellan	45	West Lothian	45.84

Event 410 Womens 50-54 50 Metre Freestyle

1	Judy Hattle	51	Carlisle Mas	29.30
2	Ursula Ryder	51	Dundee City	35.04
3	Theresa McCallum	50	Hamilton	44.74
4	Lynn Shepherd	52	Billingham	49.62

Event 410 Womens 55-59 50 Metre Freestyle

1	Audrey Cooper	57	Silver City	34.62
2	Elaine Fraser	56	Ren 96	40.55
3	Frances Cassidy	57	Inverness	40.60
4	Jean Sinclair	59	Motherwell M	43.07

Event 410 Womens 60-64 50 Metre Freestyle

1	Alison Freeland	61	Motherwell M	45.35
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Event 410 Womens 70-74 50 Metre Freestyle

1	Sandra Lea	72	Inverness	45.94
2	Irene Allan	70	Co Glasgow	57.62

Event 410 Womens 75-79 50 Metre Freestyle

1	Irene Coles	77	West Lothian	55.51
2	Marina McFall	76	Motherwell M	1:02.79

Event 410 Womens 80-84 50 Metre Freestyle

1	Nancy Scott	80	Inverness	54.07
2	Janet Stobie	82	Motherwell M	1:09.86

Event 411 Mens 72-99 4 x 50 Metre Freestyle Relay

1	West Lothian	A	1:46.88	26.09	53.12	1:21.53	1:46.88
2	Ren 96	A	1:50.55	25.59	56.59	1:24.93	1:50.55

Event 411 Mens 120-159 4 x 50 Metre Freestyle Relay

1	West Lothian	A	1:45.76	26.25	52.65	1:19.54	1:45.76
2	Ren 96	A	1:50.92	28.93	59.06	1:25.22	1:50.92
3	Glasgow Wn	A	1:53.11	27.29	55.14	1:27.20	1:53.11
4	AngusMasters	A	1:53.34	26.75	57.08	1:27.29	1:53.34

Event 411 Mens 160-199 4 x 50 Metre Freestyle Relay

1	GlasgowNmDs	A	1:43.56	26.96	52.69	1:18.75	1:43.56
2	Silver City	A	1:53.78	29.46	1:00.17	1:26.79	1:53.78
3	Glasgow Wn	A	1:58.23	28.28	59.63	1:29.41	1:58.23

**Scottish Gas National Short Course Masters Championships**Tollcross Park Leisure Centre, Glasgow – 23rd April 2011**Session 4 – Results**

4	Ren 96	A	2:00.84	34.23	1:03.25	1:31.52	2:00.84
5	West Lothian	A	2:02.55	28.44	59.45	1:28.49	2:02.55

Event 411 Mens 200-239 4 x 50 Metre Freestyle Relay

1	Warrender	A	1:58.90	27.28	1:01.71	1:30.72	1:58.90
2	Ren 96	A	2:04.46	35.73	1:04.83	1:34.29	2:04.46
3	Motherwell M	A	2:04.73	32.65	1:04.49	1:37.39	2:04.73

Event 411 Mens 240-279 4 x 50 Metre Freestyle Relay

1	Silver City	A	2:17.54	33.72	1:12.58	1:44.33	2:17.54
2	Motherwell M	A	2:49.68	38.30	1:27.36	2:14.62	2:49.68
3	Glasgow Wn	A	2:54.51	47.09	1:28.32	2:13.02	2:54.51

Event 412 Womens 72-99 4 x 50 Metre Freestyle Relay

1	Co Glasgow	A	1:58.64	29.29	1:01.15	1:30.78	1:58.64
2	Ren 96	A	2:04.01	30.08	1:01.59	1:35.54	2:04.01

Event 412 Womens 100-119 4 x 50 Metre Freestyle Relay

1	Glasgow Wn	A	2:03.38	31.19	1:03.07	1:31.86	2:03.38
2	Ren 96	A	2:22.92	40.83	1:13.99	1:44.95	2:22.92

Event 412 Womens 120-159 4 x 50 Metre Freestyle Relay

1	West Lothian	A	2:03.45	31.98	1:02.85	1:32.74	2:03.45
2	Carnegie	A	2:04.97	31.60	1:05.07	1:35.34	2:04.97
3	Silver City	A	2:06.25	29.91	1:05.13	1:37.88	2:06.25
4	Ren 96	A	2:13.97	32.98	1:11.04	1:41.98	2:13.97
5	Inverness	A	2:16.98	35.38	1:15.07	1:46.57	2:16.98

Event 412 Womens 160-199 4 x 50 Metre Freestyle Relay

1	Glasgow Wn	A	2:21.29	34.69	1:16.35	1:51.47	2:21.29
2	Hamilton	A	2:25.41	35.30	1:19.75	1:53.43	2:25.41
3	Ren 96	A	2:25.59	41.11	1:17.44	1:51.87	2:25.59

Event 412 Womens 200-239 4 x 50 Metre Freestyle Relay

1	Silver City	A	2:21.20	32.35	1:14.21	1:48.99	2:21.20
2	West Lothian	A	2:48.73	43.07	1:14.65	1:51.76	2:48.73

Event 412 Womens 240-279 4 x 50 Metre Freestyle Relay

1	Motherwell M	A	3:41.44	47.51	1:51.08	2:57.57	3:41.44
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