

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 301 Womens 400 Metre IM**

Senior Rec: 4:24.51

A

18/12/2009

Hannah Miley

Junior Rec: 4:37.12

B

11/12/2005

Hannah Miley

Name	Age	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 Hannah Miley	21	Garioch	4:36.14 B	30.70	1:05.07	1:40.72	2:14.74	2:53.59	3:32.37	4:05.09	4:36.14
2 Lucy Gordon *	17	Co Newcastle	4:46.72	30.82	1:06.50	1:42.10	2:17.38	2:59.49	3:41.01	4:14.03	4:46.72
3 Emily Jones	15	Garioch	4:48.16	32.45	1:08.65	1:44.56	2:21.25	3:02.64	3:43.07	4:15.87	4:48.16
4 Corrie Scott	17	South Lanark	4:53.34	32.13	1:09.11	1:47.55	2:25.67	3:06.88	3:48.54	4:21.37	4:53.34
5 Blaine Small	17	Kelly Coll	4:54.12	31.21	1:06.81	1:44.27	2:20.25	3:02.86	3:46.12	4:20.94	4:54.12
6 Jennifer Dobson	17	Warrender	4:57.49	31.52	1:07.89	1:44.39	2:20.93	3:04.74	3:48.85	4:23.70	4:57.49
7 Orla Adams	15	Garioch	4:59.22	32.35	1:10.36	1:48.30	2:25.82	3:07.57	3:49.71	4:25.10	4:59.22
8 Kirstin McKinley	15	Milngavie &b	5:01.96	32.15	1:09.22	1:47.83	2:26.22	3:08.15	3:52.31	4:27.91	5:01.96
9 Kayrine Kelly	15	Stirling	5:03.37	32.13	1:09.05	1:47.94	2:26.18	3:09.76	3:53.90	4:29.30	5:03.37
10 Camilla Hattersley	15	Perth City	5:03.44	34.22	1:13.34	1:51.46	2:28.64	3:13.94	3:58.32	4:31.50	5:03.44

B - Final

11 Alison Todd	23	Co Belfast	5:01.29	31.95	1:09.28	1:48.80	2:27.81	3:09.72	3:52.05	4:27.31	5:01.29
12 Elizabeth Hughes	17	Co Aberdeen	5:02.94	32.02	1:09.93	1:45.90	2:23.79	3:08.07	3:52.88	4:28.08	5:02.94
13 Hayley Monteith	16	Co Aberdeen	5:03.62	34.08	1:15.00	1:54.38	2:32.52	3:13.84	3:54.86	4:30.36	5:03.62
14 Amy Fraser	16	B.E.S.T.	5:08.91	32.35	1:08.93	1:50.25	2:30.50	3:16.01	4:01.15	4:36.32	5:08.91
15 Shanon McClelland	15	Dumfries	5:09.52	33.99	1:13.92	1:54.27	2:34.64	3:16.85	3:59.96	4:35.60	5:09.52
16 Kim Figgins	15	South Lanark	5:12.42	32.69	1:10.75	1:50.12	2:28.51	3:15.01	4:02.02	4:37.58	5:12.42
17 Hannah Soutar	16	Heart of Mid	5:12.51	32.62	1:11.14	1:50.47	2:28.65	3:13.24	3:58.38	4:36.24	5:12.51
18 Shona Lambert	16	Warrender	5:14.63	34.07	1:12.25	1:50.68	2:29.16	3:15.19	4:01.86	4:39.37	5:14.63
19 Kirsty Simpson	14	Dun City Aqu	5:15.28	32.56	1:11.36	1:50.72	2:29.50	3:16.23	4:03.24	4:39.09	5:15.28
20 Kirsty Elliott	16	Warrender	5:18.75	34.16	1:13.27	1:53.63	2:32.36	3:18.12	4:04.99	4:42.41	5:18.75

Event 302 Mens 400 Metre IM

Senior Rec: 4:04.89

A

06/08/2009

Lewis Smith

Name	Age	Club	Time	50	100	150	200	250	300	350	400
A Final											
1 Lewis Smith	22	Warrender	4:15.31 B	27.84	58.78	1:31.02	2:03.63	2:39.22	3:16.05	3:45.76	4:15.31
2 Ross Muir	19	F.I.R.S.T.	4:18.50 B	28.52	1:00.65	1:31.98	2:03.81	2:40.03	3:16.70	3:47.82	4:18.50
3 Craig McNally	18	Warrender	4:19.97 B	28.36	1:01.57	1:33.91	2:06.38	2:45.03	3:22.83	3:52.22	4:19.97
4 Dan Wallace	17	Warrender	4:21.12 B	27.26	58.83	1:32.36	2:05.87	2:42.59	3:19.74	3:51.00	4:21.12
5 Cameron Brodie	18	Kelly Coll	4:25.78	27.98	1:00.33	1:34.69	2:08.05	2:45.25	3:23.15	3:54.77	4:25.78
6 Mark Szaranek	15	Carnegie	4:26.68	28.09	1:01.88	1:35.36	2:08.89	2:46.98	3:25.98	3:56.93	4:26.68
7 Euan Inglis	17	Co Aberdeen	4:34.46	29.40	1:04.46	1:40.05	2:14.56	2:52.27	3:30.59	4:03.53	4:34.46
8 Stuart McIntosh	17	Co Aberdeen	4:37.87	28.88	1:03.61	1:38.62	2:12.52	2:52.50	3:33.57	4:06.51	4:37.87
9 Joe Lipworth	17	Dun City Aqu	4:38.14	28.98	1:03.80	1:39.06	2:13.31	2:53.09	3:32.93	4:06.30	4:38.14
10 Connor Wilson	17	Warrender	4:40.81	29.89	1:06.40	1:42.50	2:17.68	2:56.55	3:35.69	4:08.53	4:40.81

B - Final

11 Stephen Milne	16	Perth City	4:32.07	28.58	1:01.19	1:34.96	2:08.80	2:48.84	3:29.86	4:01.91	4:32.07
12 Connor Mollison	18	Warrender	4:36.04	30.29	1:02.87	1:37.70	2:12.86	2:52.71	3:33.06	4:04.71	4:36.04
13 Ramsay Elfendi	16	F.I.R.S.T.	4:40.94	29.25	1:02.94	1:38.77	2:14.28	2:55.45	3:36.86	4:09.83	4:40.94
14 Murray Lawrence	17	Warrender	4:41.10	29.47	1:04.31	1:41.75	2:19.28	2:58.21	3:37.53	4:10.11	4:41.10
15 Andrew Hosie	18	West Lothian	4:41.19	29.70	1:03.58	1:38.64	2:13.97	2:55.07	3:37.16	4:09.82	4:41.19
16 Alastair Miley	16	Garioch	4:43.36	29.64	1:04.83	1:40.28	2:15.20	2:57.38	3:39.37	4:12.02	4:43.36
17 Christopher Allan	16	H Aqu Dubai	4:45.78	30.15	1:06.38	1:42.63	2:18.01	2:58.14	3:39.79	4:13.37	4:45.78
18 Euan Dunbar	16	Co Aberdeen	4:48.35	29.12	1:04.47	1:41.65	2:17.72	3:00.05	3:42.52	4:15.54	4:48.35
19 Mark Deans	16	Co Glasgow	4:50.68	31.76	1:08.78	1:46.39	2:23.94	3:05.12	3:46.55	4:19.52	4:50.68
20 David Morgan	16	Co Glasgow	4:52.28	29.17	1:03.73	1:40.95	2:17.64	3:00.44	3:44.69	4:19.34	4:52.28

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 303 Womens 50 Metre Butterfly**

Senior Rec: 26.94 A 07/08/2009 Louise Pate

Name	Age	Club	Time	Name	Age	Club	Time
A Final				B - Final			
1 Fiona Donnelly	15	Warrender	27.92	11 Holly Ross	19	Edinburgh Un	29.41
2 Sarah Eaglesham	18	Edinburgh Un	28.58	12 Kirsty Simpson	14	Dun City Aqu	29.78
3 Lucy Sanderson	16	Kelly Coll	28.81	13 Alix Eastham	15	Eyemouth	29.83
4 Kerry Buchan	23	Edinburgh Un	29.06	14 Emma Hunter	17	East Lothian	29.84
5 Lauren Averell	15	Milngavie &b	29.28	15 Rachel Sharples	14	East Lothian	30.11
6 Julie Hunter	14	Grangemouth	29.31	16 Camille Brash	16	Warrender	30.16
7 Nicole Govan	15	Stirling	29.34	17 Gillian Clark	14	East Lothian	30.18
8 Raquel Matos	15	East Lothian	29.40	18 Nicola Pearson	16	West Dunbart	30.35
9 Kelsey Cook	16	South Aberde	29.51	19 Megan Finlayson	18	Co Glasgow	30.38
10 Reut Benaim	16	Kelly Coll	29.84	20 Rebekah Wilson	17	B.E.S.T.	30.61

Event 304 Mens 50 Metre Butterfly

Senior Rec: 23.49 A 11/12/2003 Todd Cooper

Junior Rec: 25.17 B 15/12/2000 Alasdair Hall

Name	Age	Club	Time	Name	Age	Club	Time
A Final				B - Final			
1 Andrew Mayor *	24	Co Newcastle	24.72 B	11 Michael McGovern	19	Dun City Aqu	26.09
2 Daniel Scott	20	Co Glasgow	24.85 B	12 Andrew Aitchison	19	Edinburgh Un	26.22
3 Rory Lamont	19	West Dunbart	25.00 B	13 Jamie Evans	22	Stirling	26.30
4 Calum McGhee	19	North Lanark	25.66	14 Andrew Thomson	17	South Aberde	26.34
5 Craig McNally	18	Warrender	25.73	15 Craig Thomson	20	South Aberde	26.41
6 Mark Szaranek	15	Carnegie	25.91	16 Stephen Lamb	18	North Lanark	26.58
7 Jamie Coulter	17	Edinburgh Un	26.02	17 Jamie Wilmshurst	18	Dun City Aqu	26.62
8 Stuart Conley	21	Edinburgh Un	26.18	18 Jamie Graham	17	Co Glasgow	26.66
9 Niall McLeod	17	South Lanark	26.20	19 Connor Hughes	16	South Lanark	26.81
10 Euan Dunbar	16	Co Aberdeen	26.32	20 Felix Gifford	16	Delting	26.84

Event 305 Womens 200 Metre Freestyle

Senior Rec: 1:56.91 A 09/08/2009 Lucy Ellis

Junior Rec: 1:56.91 B 09/08/2009 Lucy Ellis

Name	Age	Club	Time	50	100	150	200
A Final							
1 Hannah Miley	21	Garioch	1:59.12	28.62	58.74	1:29.21	1:59.12
2 Fiona Donnelly	15	Warrender	2:01.25	28.80	59.47	1:30.48	2:01.25
3 Sara Hamilton	16	South Aberde	2:01.61	28.12	59.03	1:30.64	2:01.61
4 Rachael O'Donnell	14	Carnegie	2:02.38	28.67	59.90	1:31.32	2:02.38
5 Emily Jones	15	Garioch	2:03.26	28.97	1:00.29	1:31.74	2:03.26
6 Nicole Wilson	19	Warrender	2:04.05	29.62	1:01.14	1:32.80	2:04.05
7 Nadia Edling	18	Kelly Coll	2:04.28	28.98	1:00.25	1:32.48	2:04.28
8 Sarah Eaglesham	18	Edinburgh Un	2:06.12	29.48	1:01.29	1:33.83	2:06.12
9 Jennifer Dobson	17	Warrender	2:09.70	30.60	1:02.94	1:36.28	2:09.70
10 Nichola Lamb	17	Carnegie	2:10.19	29.65	1:02.47	1:36.10	2:10.19
B - Final							
11 Kirstin McKinley	15	Milngavie &b	2:04.67	30.13	1:02.44	1:33.81	2:04.67
12 Rosie Ogg	20	Stirling	2:06.67	29.76	1:02.15	1:34.44	2:06.67
13 Amy Fraser	16	B.E.S.T.	2:07.07	29.99	1:02.37	1:35.04	2:07.07
14 Amy Harper	18	Heart of Mid	2:08.32	29.14	1:01.81	1:35.21	2:08.32
15 Rebecca Murray	13	F.I.R.S.T.	2:08.90	29.83	1:02.78	1:35.92	2:08.90
16 Leanna Marshall	16	North Lanark	2:09.42	29.52	1:01.97	1:35.65	2:09.42
17 Jessica Wilkie	16	Heart of Mid	2:09.45	29.53	1:02.39	1:36.15	2:09.45
18 Jessica Wilcox	15	B.E.S.T.	2:09.74	29.67	1:02.06	1:35.91	2:09.74
19 Camilla Hattersley	15	Perth City	2:10.79	30.18	1:03.27	1:37.38	2:10.79

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 306 Mens 200 Metre Freestyle****Senior Rec:** 1:44.04**A** 09/08/2009 **Andrew Hunter****Junior Rec:** 1:50.65**B** 29/08/2004 **Robbie Renwick**

Name	Age	Club	Time	50	100	150	200
A Final							
1 Robbie Renwick	22	Co Glasgow	1:46.73 B	24.80	52.38	1:19.84	1:46.73
2 Alistair Brown	21	Edinburgh Un	1:50.75	25.80	54.09	1:22.52	1:50.75
3 Iain Macmillan	24	Edinburgh Un	1:51.04	26.49	54.65	1:23.35	1:51.04
4 Richard Shafers	19	Edinburgh Un	1:51.36	26.44	54.72	1:23.32	1:51.36
5 Andrew Donaldson	19	Co Glasgow	1:52.12	26.19	54.56	1:23.42	1:52.12
6 Kieran McGuckin	20	Edinburgh Un	1:52.52	26.07	55.07	1:24.03	1:52.52
7 Peter Stewart	18	Dun City Aqu	1:53.09	25.74	54.24	1:23.27	1:53.09
8 Cameron Smith	18	Edinburgh Un	1:54.30	26.49	55.41	1:25.07	1:54.30
9 Stephen Milne	16	Perth City	1:55.92	26.74	56.76	1:26.48	1:55.92
10 Ian Porteous	20	Co Glasgow	1:58.25	26.75	56.27	1:27.39	1:58.25

B - Final

11 Martin Cremin	19	Stirling	1:55.10	27.25	56.88	1:26.43	1:55.10
12 Felix Gifford	16	Delting	1:55.58	26.99	57.19	1:26.63	1:55.58
13 Jamie Wilmshurst	18	Dun City Aqu	1:55.78	27.31	56.66	1:26.61	1:55.78
14 Jordan Hughes	14	N Ayrshire	1:56.72	27.52	57.23	1:27.84	1:56.72
15 Ewan Govan	16	Milngavie &b	1:57.00	26.18	55.44	1:26.31	1:57.00
16 Jack Thorpe	16	Milngavie &b	1:57.21	26.84	56.97	1:27.75	1:57.21
17 Elliot Boon	16	Kelly Coll	1:58.25	27.49	57.81	1:28.61	1:58.25
18 Jamie McKinley	17	Co Glasgow	1:58.29	26.95	56.52	1:27.14	1:58.29
19 Graeme Hunter	21	Perth City	1:58.34	26.59	56.55	1:27.50	1:58.34
20 Connor Wilson	17	Warrender	2:02.78	28.48	59.14	1:30.81	2:02.78

Event 307 Womens 100 Metre Backstroke**Senior Rec:** 1:00.86**A** 18/01/2009 **Hannah Miley****Junior Rec:** 1:01.46**B** 17/12/2000 **Louise Coull**

Name	Age	Club	Time	50	100
A Final					
1 Fiona Donnelly	15	Warrender	1:01.44 B	30.31	1:01.44
2 Hannah Miley	21	Garioch	1:01.77	30.47	1:01.77
3 Emma Hunter	17	East Lothian	1:02.06	30.02	1:02.06
4 Charlotte McKenzie	14	F.I.R.S.T.	1:02.11	30.17	1:02.11
5 Nicole Wilson	19	Warrender	1:03.69	31.49	1:03.69
6 Chelsea Lawson	14	Carnegie	1:04.53	31.44	1:04.53
7 Lucy Hope	13	B.E.S.T.	1:05.30	31.64	1:05.30
8 Claire Moir	16	South Aberde	1:05.47	31.77	1:05.47
9 Kerry Buchan	23	Edinburgh Un	1:05.67	31.94	1:05.67
10 Elizabeth Hughes	17	Co Aberdeen	1:06.68	31.93	1:06.68

B - Final

11 Ellie Brisbane	15	Carnegie	1:05.78	32.27	1:05.78
12 Camille Brash	16	Warrender	1:07.15	32.61	1:07.15
13 Rachel Sharples	14	East Lothian	1:07.20	32.72	1:07.20
14 Nicole Duffy	16	Sth Ayrshire	1:07.21	32.03	1:07.21
15 Lynn Macarthur	16	North Lanark	1:07.23	32.15	1:07.23
16 Jennifer King	12	N Ayrshire	1:07.49	32.97	1:07.49
17 Julie Williams	14	Milngavie &b	1:07.63	32.37	1:07.63
18 Caitlin Rees	15	Co Aberdeen	1:07.82	32.42	1:07.82
19 Emma Stewart	14	East Lothian	1:08.33	33.18	1:08.33
20 Kirsty Simpson	14	Dun City Aqu	1:08.38	32.59	1:08.38

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 308 Mens 100 Metre Backstroke**

Senior Rec: 51.88 A 16/08/2003 Gregor Tait
Junior Rec: 56.87 B 03/03/2001 Darren Ward

Name	Age	Club	Time	50	100
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A Final

1	Ryan Bennett	20	Preston	53.44 B	25.99	53.44
2	Craig McNally	18	Warrender	55.08 B	27.21	55.08
3	Graeme Lyons	24	West Dunbart	55.37 B	26.79	55.37
4	James Thomson	21	Edinburgh Un	56.35 B	27.23	56.35
5	Andrew Donaldson	19	Co Glasgow	57.43	27.85	57.43
6	Callum Shaw	19	Edinburgh Un	57.58	28.06	57.58
7	Ross Woolley	18	Edinburgh Un	57.68	28.22	57.68
8	Ross McCafferty	18	South Lanark	58.52	28.28	58.52
9	Ryan Davidson	17	F.I.R.S.T.	58.81	28.17	58.81
10	Euan Alston	16	North Lanark	59.17	28.63	59.17

B - Final

11	Andrew McGovern	18	Co Aberdeen	57.67	27.96	57.67
12	Michael McGovern	19	Dun City Aqu	58.17	28.09	58.17
13	Joe Lipworth	17	Dun City Aqu	58.18	28.04	58.18
14	Stephen Milne	16	Perth City	59.87	29.21	59.87
15	Craig Thomson	20	South Aberde	1:00.34	29.01	1:00.34
16	Gregor Birrell	16	F.I.R.S.T.	1:00.54	28.93	1:00.54
17	Lee Emmerson	15	Dumfries	1:00.55	29.05	1:00.55
18	Cameron Oguz	15	Aberdeen	1:00.82	29.67	1:00.82
19	Connor Wilson	17	Warrender	1:01.14	29.83	1:01.14
20	Stuart McIntosh	17	Co Aberdeen	1:02.18	29.94	1:02.18

Event 309 Womens 200 Metre Breaststroke

Senior Rec: 2:20.61 A 10/12/2009 Hannah Miley
Junior Rec: 2:29.49 B 15/01/2006 Rebecca Hillis

Name	Age	Club	Time	50	100	150	200
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A Final

1	Hannah Miley	21	Garioch	2:28.51 B	35.32	1:13.06	1:50.68	2:28.51
2	Emily Jones	15	Garioch	2:31.66	34.70	1:13.24	1:52.11	2:31.66
3	Corrie Scott	17	South Lanark	2:33.17	35.22	1:13.84	1:53.22	2:33.17
4	Orla Adams	15	Garioch	2:36.43	35.47	1:14.72	1:55.13	2:36.43
5	Alison Todd	23	Co Belfast	2:37.74	35.67	1:15.46	1:56.19	2:37.74
6	Rosie Wynne	13	Sth Ayrshire	2:38.05	36.75	1:17.69	1:58.26	2:38.05
7	Hayley Monteith	16	Co Aberdeen	2:41.67	36.10	1:16.75	1:58.67	2:41.67
8	Amy-Jo Bellany	16	Broch	2:42.36	36.28	1:17.02	1:59.40	2:42.36
9	Blaine Small	17	Kelly Coll	2:43.77	36.92	1:18.11	2:00.80	2:43.77
10	Hannah Soutar	16	Heart of Mid	2:48.45	36.95	1:19.85	2:04.00	2:48.45

B - Final

11	Victoria Gourlay	18	South Lanark	2:40.10	36.49	1:17.85	1:59.18	2:40.10
12	Raquel Matos	15	East Lothian	2:41.29	36.71	1:18.83	2:00.77	2:41.29
13	Eleanor Brooke	19	Edinburgh Un	2:41.73	35.88	1:17.40	1:58.87	2:41.73
14	Jennifer Rogerson	17	Stirling	2:42.09	36.19	1:17.16	1:59.70	2:42.09
15	Morven Sneddon	15	Co Aberdeen	2:45.77	36.34	1:18.96	2:02.68	2:45.77
16	Kayley Davidson	12	F.I.R.S.T.	2:46.05	37.66	1:20.16	2:03.58	2:46.05
17	Rebekah Wilson	17	B.E.S.T.	2:47.39	37.20	1:19.99	2:04.15	2:47.39
18	Caitlin McGowan	17	South Lanark	2:48.02	38.11	1:21.01	2:04.07	2:48.02
19	Shannon McClelland	15	Dumfries	2:48.64	38.41	1:21.90	2:05.40	2:48.64
20	Morven McNab	14	South Lanark	2:51.37	38.00	1:20.93	2:06.07	2:51.37

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 310 Mens 200 Metre Breaststroke****Senior Rec:** 2:04.16**A** 13/12/2009 **Kris Gilchrist****Junior Rec:** 2:15.13**B** 14/12/2003 **Mark Branch**

Name	Age	Club	Time	50	100	150	200
A Final							
1 Andrew Rodgie	22	Edinburgh Un	2:13.27 B	29.36	1:03.09	1:37.60	2:13.27
2 Douglas Scott	19	South Lanark	2:13.45 B	29.91	1:04.21	1:38.49	2:13.45
3 Craig Benson	16	Warrender	2:16.55	31.94	1:07.47	1:43.20	2:16.55
4 Ross Muir	19	F.I.R.S.T.	2:17.34	31.50	1:07.60	1:42.47	2:17.34
5 Dan Wallace	17	Warrender	2:19.81	32.32	1:09.42	1:44.45	2:19.81
6 Joseph Welstead	20	Stirling	2:21.73	31.68	1:08.25	1:45.41	2:21.73
7 Euan Inglis	17	Co Aberdeen	2:21.93	31.68	1:08.27	1:45.44	2:21.93
8 Cameron Brodie	18	Kelly Coll	2:22.89	33.22	1:09.82	1:47.03	2:22.89
9 Calum Tait	16	Milngavie &b	2:23.05	31.77	1:07.62	1:44.58	2:23.05
10 Mark Tully	18	East Lothian	2:27.41	32.51	1:09.79	1:48.42	2:27.41

B - Final

11 Chris Kerr	17	Warrender	2:24.12	32.20	1:08.05	1:44.82	2:24.12
12 Jordan Taylor	21	Edinburgh Un	2:27.08	33.52	1:10.64	1:48.65	2:27.08
13 Murray Lawrence	17	Warrender	2:27.36	33.77	1:11.52	1:50.11	2:27.36
14 Scott Wilcox	17	B.E.S.T.	2:28.31	33.09	1:11.25	1:49.73	2:28.31
15 Jack McComish	15	South Lanark	2:28.34	33.59	1:10.91	1:49.64	2:28.34
16 Connor Hughes	16	South Lanark	2:29.17	32.54	1:10.42	1:50.27	2:29.17
17 Jordan Coia	15	Forres	2:29.59	34.02	1:12.40	1:51.27	2:29.59
18 Elliot Boon	16	Kelly Coll	2:31.48	34.38	1:13.14	1:52.45	2:31.48
19 Ross Hunter	16	Dun City Aqu	2:32.15	32.64	1:11.72	1:52.75	2:32.15
20 Daniel Lim	14	Warrender	2:33.11	33.62	1:12.11	1:52.31	2:33.11

Event 313 Womens 4x100 Metre Freestyle Relay**Senior Rec:** 3:52.79**A** 18/01/2009 **Warrebdor Bath** **Club****Junior Rec:** 3:57.99**B** 30/03/1985 **National Team****Club Rec:** 4:13.89C**Standard TBE**

Team	Time	50	100	150	200	250	300	350	400
1 Edinburgh Un	3:50.93 A	27.55	57.56	1:25.34	1:55.94	2:23.97	2:53.73	3:20.78	3:50.93
2 Warrender	3:56.23 B	28.70	58.68	1:27.84	2:00.16	2:28.32	2:58.79	3:26.25	3:56.23
3 East Lothian	3:56.82 B	27.78	57.26	1:25.86	1:57.39	2:25.90	2:57.53	3:25.66	3:56.82
4 South Aberde	3:59.26 C	28.84	1:00.29	1:29.10		2:29.50	3:02.08	3:28.99	3:59.26
5 B.E.S.T.	4:01.25 C	29.13	59.82	1:28.68	2:00.32	2:29.30	3:00.93	3:29.79	4:01.25
6 Heart of Mid	4:02.87 C	28.49	59.04	1:28.61	2:00.67	2:30.52	3:02.57	3:31.39	4:02.87
7 Carnegie J	4:03.15 C	28.73	58.74	1:28.16	2:00.40	2:30.09	3:02.44	3:31.80	4:03.15
8 Co Aberdeen	4:05.77 C	29.68	1:01.80	1:30.87	2:04.08	2:33.71		3:34.87	4:05.77
9 East Lothian B	4:08.76 C	29.20	1:01.00	1:31.35	2:03.56	2:33.50	3:06.54	3:35.63	4:08.76
10 Stirling	4:08.99 C	29.36	1:00.78	1:30.42	2:03.08	2:33.02	3:05.85	3:36.26	4:08.99
11 Dun City Aqu	4:09.61 C	29.54	1:01.84	1:32.33	2:06.14	2:35.39	3:07.42	3:36.42	4:09.61
12 Co Glasgow	4:10.29 C	29.91	1:02.70	1:32.20	2:04.76	2:34.59	3:07.19	3:37.32	4:10.29
13 Warrender B	4:13.56 C	30.45	1:03.10	1:33.08	2:06.65	2:37.33	3:10.69	3:40.06	4:13.56
14 West Lothian	4:13.75 C	30.17	1:02.70	1:33.36	2:07.26	2:37.32	3:10.29	3:40.58	4:13.75
15 Garioch	4:14.04	30.34	1:03.87	1:34.97	2:09.03	2:40.29	3:15.10	3:43.29	4:14.04
16 Ren 96	4:14.42	31.02	1:06.05	1:36.47	2:09.47	2:39.53	3:12.05	3:41.75	4:14.42
17 Eyemouth	4:15.57	29.89	1:01.83	1:32.44	2:05.03	2:34.72	3:08.71	3:40.37	4:15.57
18 Co Glasgow B	4:16.43	30.97	1:03.40	1:34.41	2:08.19	2:39.19		3:43.36	4:16.43
19 Stirling B	4:18.10	31.04	1:05.59	1:36.03	2:09.90	2:40.67	3:14.26	3:44.63	4:18.10
20 Carnegie B	4:18.38	30.99	1:05.46	1:35.77	2:09.01	2:38.33	3:12.30	3:42.72	4:18.38
21 West Lothian B	4:21.59	31.39	1:05.04	1:36.81	2:11.30	2:42.54	3:15.84	3:46.87	4:21.59
22 Heart of Mid B	4:26.32	30.45	1:03.34	1:36.41	2:13.17	2:45.36	3:20.93	3:52.12	4:26.32
23 South Lanark B	4:27.73	32.29	1:07.60	1:39.98	2:14.97	2:47.25	3:22.50	3:53.77	4:27.73
--- North Lanark	DQ	29.53		1:31.23	2:10.65	2:34.44	3:08.10	3:36.04	DQ
--- South Lanark	DQ	29.85	1:02.69	1:32.89	2:05.87	2:35.62	3:09.20	3:36.86	DQ

**British Gas Scottish National Open Short Course Championships**Tollcross Park Leisure Centre, Glasgow – 7th - 9th January 2011**Session 9 – Results****Event 314 Mens 4x100 Metre Freestyle Relay****Senior Rec:** 3:16.62 **A** 18/01/2009 **City of Glasgow****Junior Rec:** 3:41.97 **B** 15/08/2003 **Warrender Baths** **Club****Club Rec:** 3:16.62C **Standard TBE**

Team	Time	50	100	150	200	250	300	350	400
1 Co Glasgow	3:23.51 B	24.47	51.22	1:15.60	1:42.36	2:06.73	2:34.31	2:57.76	3:23.51
2 Warrender	3:30.25 B	24.83	53.05	1:18.80	1:47.49	2:12.16	2:39.68	3:04.21	3:30.25
3 Dun City Aqu	3:33.23 B	25.40	53.32	1:18.59	1:46.70	2:12.27	2:40.16	3:04.87	3:33.23
4 Co Aberdeen	3:37.20 B	25.70	53.78	1:19.82	1:49.27	2:15.25	2:44.17	3:08.85	3:37.20
5 Carnegie J	3:39.00 B	26.69	55.64	1:21.99	1:50.95	2:17.63	2:47.22	3:12.30	3:39.00
6 F.I.R.S.T.	3:39.11 B	26.11	54.70	1:20.67	1:49.09	2:15.48	2:44.79	3:10.75	3:39.11
7 Dun City Aqu B	3:39.35 B	26.28	55.38	1:22.02	1:51.61	2:17.61	2:45.68	3:11.24	3:39.35
8 South Lanark	3:39.70 B	26.04	54.45	1:21.58	1:51.06	2:16.38	2:45.75	3:11.19	3:39.70
9 North Lanark	3:40.33 B	26.10	54.53	1:20.41	1:48.72	2:14.87	2:43.48	3:11.03	3:40.33
10 Ren 96	3:40.76 B	26.30	54.81	1:20.81	1:50.28	2:16.30	2:46.00	3:11.42	3:40.76
11 Co Glasgow B	3:41.95 B	27.06	57.01	1:22.85	1:50.72	2:16.22	2:44.19	3:11.32	3:41.95
12 Stirling	3:42.07	25.98	55.41	1:22.66	1:53.35	2:19.40	2:48.62	3:13.81	3:42.07
13 Warrender B	3:43.51	27.13	55.90	1:21.89	1:50.43	2:17.77	2:48.08	3:14.50	3:43.51
14 South Aberde	3:43.71	26.05	53.62	1:20.48	1:50.77	2:16.76	2:45.73	3:13.38	3:43.71
15 East Lothian	3:43.72	26.22	55.47	1:21.41	1:50.86	2:17.69	2:47.07	3:14.47	3:43.72
16 West Lothian	3:45.65	26.31	55.31	1:21.52	1:50.97	2:18.95	2:49.38	3:15.80	3:45.65
17 F.I.R.S.T. J	3:47.30	26.72	1:23.43	1:54.19	2:21.24	2:51.13	3:17.79	3:47.30	
18 Garioch	3:48.00	26.21	54.66	1:21.65		2:18.49	2:49.04	3:17.02	3:48.00
19 Co Aberdeen B	3:51.19	27.11	56.20	1:23.03	1:53.03	2:22.61	2:55.97	3:22.16	3:51.19
20 South Lanark B	3:57.02	27.57	57.02	1:24.79	1:56.23	2:25.79	3:02.46	3:25.03	3:57.02
21 West Lothian B	4:00.24	28.49	59.78	1:28.73		2:29.10	3:00.90	3:29.04	4:00.24
22 East Lothian B	4:01.58	26.71	56.75	1:25.70		2:27.91	3:01.39	3:30.31	4:01.58
--- Edinburgh Un B	DQ	24.17	51.38	1:15.48	1:43.15	2:06.89	2:33.79	2:58.00	DQ
--- Edinburgh Un	DQ	24.39	51.09	1:15.44	1:41.77	2:05.98	2:32.69	2:56.37	DQ