Event 101 Womens 16-24 200 Metre Freestyle

1	Rachel Breslin	24	Silver City	2:23.97	33.41	1:09.82	1:47.30	2:23.97
2	Fiona Donald	19	West Lothian	2:24.35	32.16	1:08.21	1:45.99	2:24.35
3	Kimberley Preston	19	Silver City	2:30.41	33.51	1:11.16	1:50.92	2:30.41
4	Anna Duff	17	Inverness	2:36.29	35.21	1:14.14	1:55.52	2:36.29
5	Kelly Finnie	20	Silver City	2:38.79	36.48	1:17.15	2:00.62	2:38.79

Event 101 Womens 25-29 200 Metre Freestyle

1	Carol Thain	27	Hearts	2:16.70	32.02	1:06.60	1:41.78	2:16.70
2	Emma Ross	26	West Lothian	2:17.16	32.70	1:07.65	1:42.56	2:17.16
3	Stephanie Owen	26	West Lothian	2:24.06	32.71	1:09.31	1:46.92	2:24.06
4	Kerrie Crisp	25	Dundee City A	2:30.37	34.90	1:13.25	1:52.33	2:30.37
5	Kirsten Gray	29	Hearts	2:30.75	34.58	1:11.96	1:51.12	2:30.75
6	Lynn Murdoch	28	Ren 96	3:43.87	50.37	1:48.03	2:45.92	3:43.87

Event 101 Womens 35-39 200 Metre Freestyle

1	Janet McLean	39	Carnegie	2:19.82	33.17	1:08.46	1:44.15	2:19.82
2	Catherine Murray	37	Silver City	2:30.80	36.07	1:14.09	1:52.39	2:30.80
3	Heather Dale	39	Silver City	2:38.02	36.22	1:16.17	1:58.19	2:38.02
4	Lynn Wilkinson	38	StirlingSwim	2:49.01	38.61	1:21.02	2:05.30	2:49.01

Event 101 Womens 40-44 200 Metre Freestyle

1	Jane Grant	42	Dundee City A	2:24.38	32.50	1:09.31	1:46.73	2:24.38
2	Claire Murray	43	Dundee City A	2:40.17	36.85	1:16.94	1:58.70	2:40.17
3	Terri Hinley	41	Dunfermline	2:46.10	37.55	1:18.85	2:02.83	2:46.10
4	Pamela Flett	41	Silver City	3:01.59	42.05	1:26.81	2:14.59	3:01.59

Event 101 Womens 45-49 200 Metre Freestyle

1	Sharon Ross	49	West Lothian	3:25.89	46.84	1:38.55	2:32.71	3:25.89

Event 101 Womens 50-54 200 Metre Freestyle

1	Ursula Ryder	52	Dundee City A	2:52.00	39.05	1:22.69	2:07.69	2:52.00
2	Barbara Thomson	54	Glasgow Wn	3:31.10	50.59	1:44.67	2:38.84	3:31.10
3	Katharine Gannon	52	Ren 96	4:00.55	56.35	1:58.14	2:59.41	4:00.55
4	Dawn MacBeth	52	Inverness	4:11.93	53.18	1:54.96	3:03.62	4:11.93

Event 101 Womens 55-59 200 Metre Freestyle

1	Audrey Cooper	58	Silver City	2:42.21	38.76	1:20.10	2:01.68	2:42.21
2	Julia Hector	59	StirlingSwim	2:56.73	39.01	1:23.65	2:10.96	2:56.73
3	Helen Manson	55	Silver City	3:17.95	45.38	1:35.94	2:27.36	3:17.95
4	Frances Cassidy	58	Inverness	3:21.75	45.62	1:35.02	2:28.62	3:21.75

Event 101 Womens 60-64 200 Metre Freestyle

1	Day Campbell	61	Silver City	3:20.17	46.73	1:37.85	2:29.74	3:20.17

Event 101 Womens 75-79 200 Metre Freestyle

1	Betty McMillan	75	Silver City	4:02.39	55.29	1:54.88	2:58.09	4:02.39
2	Patricia Tait	76	Inverclyde M	5:18.39	1:11.48	2:31.55	3:55.90	5:18.39

Event 101 Mens 16-24 200 Metre Freestyle

1	Andrew Melville	19	West Lothian	2:12.85	30.86	1:04.95	1:38.98	2:12.85
2	Calum MacQueen	22	Ren 96	2:22.86	34.20	1:09.99	1:46.72	2:22.86
3	John MacLean	24	Silver City	2:27.75	33.10	1:10.10	1:48.52	2:27.75

Event 101 Mens 25-29 200 Metre Freestyle

1	Andrew Hutchinson	27	Hearts	2:17.28	31.83	1:06.19	1:41.71	2:17.28
2	Andrew Kennedy	26	Motherwell W	2:28.43	31.86	1:08.22	1:46.78	2:28.43

Event 101 Mens 30-34 200 Metre Freestyle

1	Chris Grabham	30	Lomond Mstrs	2:06.42	30.20	1:03.46	1:35.68	2:06.42
2	John McKay	31	Angus Mstrs	2:11.17	30.23	1:03.44	1:37.04	2:11.17

Event 101 Mens 35-39 200 Metre Freestyle

1	James Littlejohn	39	Silver City	2:38.84	37.42	1:17.96	1:59.34	2:38.84

Event 101 Mens 40-44 200 Metre Freestyle

1	Craig Noble	43	Glasgow Nom	2:15.21	31.38	1:05.87	1:40.81	2:15.21
2	Jim Bromham	40	Inverness	2:18.55	32.69	1:07.45	1:42.94	2:18.55
3	Keith Dunnett	42	Silver City	2:19.90	33.30	1:08.83	1:44.92	2:19.90
4	David Fleetwood	42	Glasgow Wn	2:26.13	33.49	1:10.11	1:48.93	2:26.13

Event 101 Mens 45-49 200 Metre Freestyle

1	Mark Shepherd	48	Angus Mstrs	2:23.13	32.58	1:08.61	1:45.93	2:23.13
2	Mark Jones	49	Warrender	2:24.28	33.53	1:10.39	1:48.10	2:24.28
3	Gary McLean	46	West Lothian	2:25.53	33.04	1:10.71	1:50.65	2:25.53

Event 101 Mens 50-54 200 Metre Freestyle

1	Stuart Williams	51	Inverness	2:23.28	33.87	1:10.21	1:47.41	2:23.28
2	Peter Richardson	50	Glasgow Wn	2:37.19	35.73	1:14.93	1:56.30	2:37.19
3	Gary Hurr	51	Glasgow Nom	2:39.42	36.42	1:17.20	1:58.60	2:39.42
4	Morris Rollo	54	Sth Ayrshire	2:41.77	35.11	1:14.44	1:57.63	2:41.77
5	Fred McLaughlin	53	Inverclyde M	2:44.47	36.93	1:17.18	1:59.85	2:44.47

Event 101 Mens 55-59 200 Metre Freestyle

1	Martin Wagner	55	Unattached	2:33.48	35.12	1:12.88	1:53.01	2:33.48
2	Donald Macdonald	55	Sth Ayrshire	2:54.25	38.84	1:22.52	2:08.42	2:54.25

Event 101 Mens 60-64 200 Metre Freestyle

1	Graham Pearson	60	Carnegie	2:39.03	36.66	1:16.81	1:58.84	2:39.03

Event 102 Womens 16-24 50 Metre Breaststroke

1	Laura Robertson	24	Silver City	38.66	4	Danah Alsayed	17	West Lothian	42.48
2	Rachel Donald	17	West Lothian	40.45	---	Keshia Harris	23	Lomond Mstrs	DQ
3	Kirsten Dippie	19	West Lothian	42.11					

Event 102 Womens 25-29 50 Metre Breaststroke

1	Michelle Dryburgh	28	Inverness	39.34	3	Helen Powley	29	West Lothian	45.30
2	Tracey McNiven	28	West Lothian	42.69	4	Susanna Delmonte	26	Silver City	49.13

Event 102 Womens 30-34 50 Metre Breaststroke

1	Carolynn Vogel	32	Dunfermline	42.97	2	Anita Weidmann	34	Silver City	49.29

Event 102 Womens 35-39 50 Metre Breaststroke

1	Sarah Ward	35	Inverclyde M	40.70	3	Helen Christie	36	Motherwell W	47.92
2	Nicola Hughes	38	Motherwell W	44.28	4	Froya Rossvoll	37	Silver City	48.90

Event 102 Womens 40-44 50 Metre Breaststroke

1	Jennifer MacDougall	42	Inverness	44.74	3	Dawn Burke	43	Silver City	45.63
2	Terri Hinley	41	Dunfermline	45.15	4	Pamela Flett	41	Silver City	51.61

Event 102 Womens 45-49 50 Metre Breaststroke

1	Wendy Szaranek	45	Carnegie	39.49	3	Sharon Ross	49	West Lothian	53.98
2	Dorothy Scott	48	Inverclyde M	48.99					

Event 102 Womens 50-54 50 Metre Breaststroke

1	Linda Watters	50	Motherwell W	48.35	2	Lynne Mackay	54	Inverness	49.50

Event 102 Womens 55-59 50 Metre Breaststroke

1	Fiona Anderson	55	Inverleith	45.93

Event 102 Womens 60-64 50 Metre Breaststroke

1	Alison Freeland	62	Motherwell W	50.88

Event 102 Womens 65-69 50 Metre Breaststroke

1	Jan Naylor	67	Inverleith	57.33

Event 102 Womens 70-74 50 Metre Breaststroke

1	Sandra Lea	73	Inverness	1:00.18

Event 102 Womens 75-79 50 Metre Breaststroke

1	Irene Coles	78	West Lothian	1:07.98	3	Patricia Tait	76	Inverclyde M	1:29.19
2	Marina McFall	77	Motherwell W	1:20.84					

Event 102 Mens 16-24 50 Metre Breaststroke

1	Andrew Rodgie	24	Edinb Un Swp	30.17	6	Callum Brown	16	Angus Mstrs	35.13
2	James Thomson	23	Edinb Un Swp	31.42	7	Billy Falconer	18	Inverness	35.32
3	Andrew Benson	23	West Lothian	33.13	8	Lewis Meeks	17	Inverness	36.06
4	Alastair Honey	23	Silver City	34.34	9	Derek Hoey	23	West Lothian	36.44
5	Thomas Scobie	21	Angus Mstrs	34.41					

Event 102 Mens 25-29 50 Metre Breaststroke

1	Colin Kerr	25	West Lothian	35.06	4	Craig Smith	29	Silver City	41.83
2	Gary Nisbet	26	Angus Mstrs	37.12	5	Kevin Campbell	29	Motherwell W	42.79
3	Mark Hadfield	26	Silver City	39.86					

Event 102 Mens 30-34 50 Metre Breaststroke

1	Chris Ferguson	30	Silver City	33.70	3	Kevin Black	34	Motherwell W	36.52
2	Darren Davidson	30	StirlingSwim	36.46	4	Alan Marshall	31	West Lothian	38.78

Event 102 Mens 35-39 50 Metre Breaststroke

1	Stuart McPherson	37	Silver City	34.99	4	Richard Lawford	37	Silver City	38.57
2	David Bell	35	Hearts	36.57	---	Gilleasbuig Ferguson	37	Inverness	DQ
3	Duncan Stewart	37	Eyemouth	37.87					

Event 102 Mens 40-44 50 Metre Breaststroke

1	Steven Turner	44	Silver City	39.26

Event 102 Mens 45-49 50 Metre Breaststroke

1	Stephen Meeks	49	Inverness	36.49	4	Stewart Halliday	45	Dundee City A	40.08
2	Mark Jones	49	Warrender	37.91	5	Bruce Fleming	46	Angus Mstrs	41.24
3	Gary McLean	46	West Lothian	38.23	6	Scott Gardiner	49	West Lothian	44.39

Event 102 Mens 50-54 50 Metre Breaststroke

1	Stuart Williams	51	Inverness	36.94	5	Gary Hurr	51	Glasgow Nom	43.43
2	Phil Sawrey	52	Hearts	38.00	6	David Monks	53	Inverness	44.42
3	Gerry Moy	54	Lomond Mstrs	39.42	7	Gianfranco Mazzoni	52	Inverclyde M	45.42
4	Ritchie Metcalfe	51	Dunfermline	41.50					

Event 102 Mens 55-59 50 Metre Breaststroke

1	Bill Reid	58	Silver City	37.04

Event 102 Mens 60-64 50 Metre Breaststroke

1	Keith Rothwell	63	Afron Masters	43.98		2	David Freeland	62	Motherwell W 47.37

Event 102 Mens 65-69 50 Metre Breaststroke

1	George Jackson	67	East Anglian	45.30

Event 103 Womens 16-24 100 Metre Backstroke

1	Fiona Donald	19	West Lothian	1:15.50	36.73	1:15.50
2	Caitlyn Morrison	21	West Lothian	1:15.96	36.46	1:15.96
3	Amie Reid	21	Unattached	1:17.81	37.06	1:17.81
4	Emma Moore	22	Silver City	1:17.87	37.33	1:17.87
5	Anna Duff	17	Inverness	1:28.60	42.50	1:28.60

Event 103 Womens 25-29 100 Metre Backstroke

1	Rachael Keir	26	Silver City	1:08.93	33.33	1:08.93
2	Carol Thain	27	Hearts	1:10.36	34.88	1:10.36
3	Judy Lines	25	Hearts	1:12.90	36.18	1:12.90
4	Stephanie Owen	26	West Lothian	1:13.62	35.83	1:13.62
5	Michelle Dryburgh	28	Inverness	1:19.10	38.82	1:19.10
6	Lynn Murdoch	28	Ren 96	1:49.08	52.72	1:49.08

Event 103 Womens 35-39 100 Metre Backstroke

1	Janet McLean	39	Carnegie	1:15.10	36.43	1:15.10

Event 103 Womens 40-44 100 Metre Backstroke

1	Fiona McEwen	42	West Lothian	1:25.88	40.90	1:25.88
2	Pamela Flett	41	Silver City	1:44.81	50.98	1:44.81

Event 103 Womens 50-54 100 Metre Backstroke

1	Judy Hattle	52	Carnegie	1:17.54	37.88	1:17.54

Event 103 Womens 55-59 100 Metre Backstroke

1	Audrey Cooper	58	Silver City	1:33.44	46.45	1:33.44
2	Frances Cassidy	58	Inverness	1:43.05	50.77	1:43.05

Event 103 Womens 65-69 100 Metre Backstroke

1	Pat Jackson	65	East Anglian	1:37.81	46.86	1:37.81
2	Jan Naylor	67	Inverleith	2:01.95	58.11	2:01.95

Event 103 Womens 75-79 100 Metre Backstroke

1	Betty McMillan	75	Silver City	2:22.11	1:08.21	2:22.11
2	Marina McFall	77	Motherwell W	3:02.08	1:29.73	3:02.08

Event 103 Mens 16-24 100 Metre Backstroke

1	Ryan Nicoll	19	Angus Mstrs	1:08.76	32.91	1:08.76
2	Lewis Meeks	17	Inverness	1:10.05	33.51	1:10.05
3	Calum MacQueen	22	Ren 96	1:17.78	38.81	1:17.78
4	Nathan Kennedy	16	West Lothian	1:22.97	39.25	1:22.97
5	Lachlan MacBeth	19	Inverness	1:44.56	49.66	1:44.56

Event 103 Mens 25-29 100 Metre Backstroke

1	Andrew Addison	25	West Lothian	58.41	27.89	58.41
2	Darren Marr	27	West Lothian	1:03.74	30.24	1:03.74
3	Neil Young	28	Angus Mstrs	1:06.90	32.04	1:06.90
4	Andrew Hutchinson	27	Hearts	1:15.13	37.17	1:15.13
5	Andrew Kennedy	26	Motherwell W	1:17.09	37.97	1:17.09

Event 103 Mens 30-34 100 Metre Backstroke

1	John McKay	31	Angus Mstrs	1:12.21	34.96	1:12.21

Event 103 Mens 35-39 100 Metre Backstroke

1	David Bell	35	Hearts	1:10.41	34.50	1:10.41
2	Fergus Sim	39	Ren 96	1:14.58	35.98	1:14.58
3	Richard Lawford	37	Silver City	1:23.06	39.56	1:23.06
4	Gilleasbuig Ferguson	37	Inverness	1:24.04	40.87	1:24.04
5	Andy Olejnik	35	Burntisland	1:31.73	45.06	1:31.73

Event 103 Mens 40-44 100 Metre Backstroke

1	Craig Noble	43	Glasgow Nom	1:10.61	34.49	1:10.61
2	Keith Dunnett	42	Silver City	1:12.71	36.81	1:12.71
3	Jim Bromham	40	Inverness	1:14.06	36.76	1:14.06

Event 103 Mens 45-49 100 Metre Backstroke

1	Phil Brett	45	StirlingSwim	1:09.06		
2	Ian Norman	49	Hearts	1:11.49	33.93	1:11.49

Event 103 Mens 50-54 100 Metre Backstroke

1	Steve Allen	52	West Lothian	1:14.34	36.04	1:14.34
2	Barry Homer	51	Inverness	1:24.26	40.69	1:24.26

Event 103 Mens 55-59 100 Metre Backstroke

1	Bill Reid	58	Silver City	1:22.08	40.42	1:22.08
2	Robert Szmidt	56	Sth Ayrshire	1:40.89	48.30	1:40.89

Event 103 Mens 60-64 100 Metre Backstroke

--	Graham Pearson	60	Carnegie	DQ		

Event 103 Mens 65-69 100 Metre Backstroke

1	Robert O'Hanlon	65	Motherwell W	2:05.89	1:02.40	2:05.89

Event 104 Womens 16-24 50 Metre Butterfly

1	Rachel Donald	17	West Lothian	33.53	5	Caitlyn Morrison	21	West Lothian	34.84
2	Kirsten Dippie	19	West Lothian	33.81	6	Danah Alsayed	17	West Lothian	36.12
3	Rachel Breslin	24	Silver City	34.06	7	Emma Moore	22	Silver City	38.04
4	Kelly Finnie	20	Silver City	34.71					

Event 104 Womens 25-29 50 Metre Butterfly

1	Rachael Keir	26	Silver City	32.99	4	Kerrie Crisp	25	Dundee City A	35.24
2	Judy Lines	25	Hearts	34.69	5	Helen Powley	29	West Lothian	37.62
3	Kirsten Gray	29	Hearts	34.92					

Event 104 Womens 30-34 50 Metre Butterfly

1	Erica Jones	31	Silver City	31.46	2	Carolynn Vogel	32	Dunfermline	38.53

Event 104 Womens 35-39 50 Metre Butterfly

1	Heather Dale	39	Silver City	36.56	3	Catriona Holling	35	Inverclyde M	38.19
2	Sarah Ward	35	Inverclyde M	37.84	4	Nicola Hughes	38	Motherwell W	39.28

Event 104 Womens 40-44 50 Metre Butterfly

1	Jane Grant	42	Dundee City A	32.92

Event 104 Womens 45-49 50 Metre Butterfly

1	Wendy Szaranek	45	Carnegie	34.92	2	Dianne Fraser	46	Silver City	38.02

Event 104 Womens 50-54 50 Metre Butterfly

1	Judy Hattle	52	Carnegie	32.86	4	Katharine Gannon	52	Ren 96	58.79
2	Lynne Mackay	54	Inverness	42.16	5	Barbara Thomson	54	Glasgow Wn	1:06.14
3	Ursula Ryder	52	Dundee City A	42.55					

Event 104 Womens 55-59 50 Metre Butterfly

1	Fiona Anderson	55	Inverleith	39.34	2	Julia Hector	59	StirlingSwim	41.22

Event 104 Womens 60-64 50 Metre Butterfly

1	Day Campbell	61	Silver City	55.39

Event 104 Womens 65-69 50 Metre Butterfly

1	Pat Jackson	65	East Anglian	42.90	2	Jan Naylor	67	Inverleith	56.06

Event 104 Womens 70-74 50 Metre Butterfly

1	Sandra Lea	73	Inverness	55.53

Event 104 Mens 16-24 50 Metre Butterfly

1	Alastair Honey	23	Silver City	28.67	4	William Rose	16	Inverness	32.58
2	Derek Hoey	23	West Lothian	30.07	5	Nathan Kennedy	16	West Lothian	34.58
3	Andrew Melville	19	West Lothian	31.54	6	John MacLean	24	Silver City	35.16

Event 104 Mens 25-29 50 Metre Butterfly

1	Darren Marr	27	West Lothian	29.66	4	Chris Hughes	29	Lomond Mstrs	33.11
2	Gary Nisbet	26	Angus Mstrs	31.45	5	Scott Gauld	27	Silver City	34.16
3	Peter Bristow	29	Hearts	31.48					

Event 104 Mens 30-34 50 Metre Butterfly

1	Dan Rosenfeld	34	West Lothian	30.54	3	Kevin Black	34	Motherwell W	33.29
2	Alan Marshall	31	West Lothian	31.28					

Event 104 Mens 35-39 50 Metre Butterfly

1	Stuart McPherson	37	Silver City	29.46	4	Fergus Sim	39	Ren 96	31.78
2	Alex Balman	35	Incas	29.57	5	James Littlejohn	39	Silver City	37.33
3	Andy Wheeler	35	Silver City	31.35					

Event 104 Mens 45-49 50 Metre Butterfly

1	Mark Shepherd	48	Angus Mstrs	29.69	3	Phil Brett	45	StirlingSwim	33.05
2	Stephen Meeks	49	Inverness	31.67					

Event 104 Mens 50-54 50 Metre Butterfly

1	Barry Homer	51	Inverness	32.84	4	Fred McLaughlin	53	Inverclyde M	40.31
2	Phil Sawrey	52	Hearts	32.88	5	David Monks	53	Inverness	43.48
3	Gary Hurr	51	Glasgow Nom	36.80					

Event 104 Mens 60-64 50 Metre Butterfly

1	Keith Rothwell	63	Afron Masters	40.83

Event 104 Mens 65-69 50 Metre Butterfly

1	George Jackson	67	East Anglian	45.51

Event 105 Womens 16-24 200 Metre IM

1	Rachel Donald	17	West Lothian	2:36.91	33.79	1:13.84	2:00.78	2:36.91
2	Laura Robertson	24	Silver City	2:37.98	35.11	1:16.42	2:01.21	2:37.98
3	Fiona Donald	19	West Lothian	2:45.57	34.76	1:16.46	2:07.06	2:45.57
4	Anna Duff	17	Inverness	3:14.78	41.17	1:29.43	2:31.10	3:14.78

Event 105 Womens 25-29 200 Metre IM

1	Carol Thain	27	Hearts	2:33.15	35.06	1:12.38	1:57.27	2:33.15
2	Stephanie Owen	26	West Lothian	2:42.56	34.51	1:16.05	2:04.25	2:42.56

Event 105 Womens 35-39 200 Metre IM

1	Janet McLean	39	Carnegie	2:39.11	34.77	1:16.51	2:02.90	2:39.11

Event 105 Womens 45-49 200 Metre IM

1	Wendy Szaranek	45	Carnegie	2:50.46	36.79	1:24.27	2:11.54	2:50.46

Event 105 Womens 50-54 200 Metre IM

1	Katharine Gannon	52	Ren 96	4:10.49	59.09	2:05.51	3:09.65	4:10.49

Event 105 Womens 55-59 200 Metre IM

1	Audrey Cooper	58	Silver City	3:04.46	42.85	1:32.06	2:22.43	3:04.46

Event 105 Womens 60-64 200 Metre IM

1	Day Campbell	61	Silver City	4:00.38	58.54	2:04.06	3:09.71	4:00.38

Event 105 Womens 65-69 200 Metre IM

1	Jan Naylor	67	Inverleith	4:03.87	57.82	2:01.73	3:05.82	4:03.87

Event 105 Mens 16-24 200 Metre IM

1	Billy Falconer	18	Inverness	2:24.09	31.40	1:07.97	1:51.29	2:24.09
2	Andrew Benson	23	West Lothian	2:28.33	29.93	1:09.37	1:51.70	2:28.33
3	Andrew Melville	19	West Lothian	2:32.60	32.47	1:12.22	1:57.00	2:32.60
4	Calum MacQueen	22	Ren 96	2:49.10	39.10	1:21.73	2:12.22	2:49.10
5	Lachlan MacBeth	19	Inverness	3:44.27	46.90	1:44.82	3:01.91	3:44.27

Event 105 Mens 25-29 200 Metre IM

1	Peter Bristow	29	Hearts	2:34.07	32.73	1:13.81	1:57.75	2:34.07
2	Andrew Hutchinson	27	Hearts	2:38.33	34.72	1:16.40	2:03.04	2:38.33

Event 105 Mens 30-34 200 Metre IM

1	Chris Grabham	30	Lomond Mstrs	2:27.37	33.04	1:12.50	1:55.75	2:27.37
2	John McKay	31	Angus Mstrs	2:29.95	30.14	1:08.05	1:54.16	2:29.95
3	Darren Davidson	30	StirlingSwim	2:45.36	35.52	1:21.30	2:07.28	2:45.36

Event 105 Mens 35-39 200 Metre IM

1	Fergus Sim	39	Ren 96	2:45.91	33.05	1:14.92	2:05.23	2:45.91

Event 105 Mens 40-44 200 Metre IM

1	Keith Dunnett	42	Silver City	2:37.03	35.12	1:16.30	2:01.72	2:37.03
2	Steven Turner	44	Silver City	2:47.07	35.62	1:17.94	2:06.30	2:47.07
3	David Fleetwood	42	Glasgow Wn	2:47.36	35.44	1:20.76	2:08.20	2:47.36

Event 105 Mens 45-49 200 Metre IM

1	Mark Shepherd	48	Angus Mstrs	2:33.67	31.53	1:13.70	1:59.01	2:33.67
2	Stephen Meeks	49	Inverness	2:41.86	33.04	1:17.50	2:04.60	2:41.86
---	Ian Norman	49	Hearts	DQ				

Event 105 Mens 50-54 200 Metre IM

1	Steve Allen	52	West Lothian	2:41.62	33.87	1:14.95	2:02.50	2:41.62
2	Ritchie Metcalfe	51	Dunfermline	3:03.03	40.97	1:28.97	2:19.25	3:03.03

Event 105 Mens 55-59 200 Metre IM

1	Robert Szmidt	56	Sth Ayrshire	3:45.78	47.76	1:46.66	2:55.30	3:45.78

Event 105 Mens 60-64 200 Metre IM

1	Keith Rothwell	63	Afron Masters	3:29.65	44.40	1:45.76	2:41.22	3:29.65

Event 106 Womens 16-24 100 Metre Freestyle

1	Amie Reid	21	Unattached	1:06.57	31.65	1:06.57
2	Rachel Breslin	24	Silver City	1:07.71	32.86	1:07.71
3	Kimberley Preston	19	Silver City	1:09.27	33.13	1:09.27
4	Emma Moore	22	Silver City	1:10.16	34.34	1:10.16
5	Anna Duff	17	Inverness	1:12.63	35.04	1:12.63
6	Kelly Finnie	20	Silver City	1:13.18	34.90	1:13.18
7	Keshia Harris	23	Lomond Mstrs	1:48.69	51.35	1:48.69

Event 106 Womens 25-29 100 Metre Freestyle

1	Rachael Keir	26	Silver City	1:03.35	30.43	1:03.35
2	Emma Ross	26	West Lothian	1:04.35	31.26	1:04.35
3	Kirsten Gray	29	Hearts	1:06.73	32.64	1:06.73
4	Kerrie Crisp	25	Dundee City A	1:07.86	32.88	1:07.86
5	Helen Powley	29	West Lothian	1:15.85	34.92	1:15.85
6	Susanna Delmonte	26	Silver City	1:22.75	40.38	1:22.75
7	Lynn Murdoch	28	Ren 96	1:41.94	47.34	1:41.94

Event 106 Womens 30-34 100 Metre Freestyle

1	Erica Jones	31	Silver City	1:03.89	30.86	1:03.89
2	Anita Weidmann	34	Silver City	1:35.49	45.69	1:35.49

Event 106 Womens 35-39 100 Metre Freestyle

1	Janet McLean	39	Carnegie	1:05.77	31.88	1:05.77
2	Heather Dale	39	Silver City	1:08.33	33.26	1:08.33
3	Catherine Murray	37	Silver City	1:08.82	33.47	1:08.82
4	Catriona Holling	35	Inverclyde M	1:12.32	34.47	1:12.32
5	Lynn Wilkinson	38	StirlingSwim	1:18.27	38.21	1:18.27
6	Froya Rossvoll	37	Silver City	1:22.33	39.12	1:22.33

Event 106 Womens 40-44 100 Metre Freestyle

1	Jane Grant	42	Dundee City A	1:03.86	31.14	1:03.86
2	Fiona McEwen	42	West Lothian	1:11.52	33.97	1:11.52
3	Claire Murray	43	Dundee City A	1:15.70	35.64	1:15.70
4	Jennifer MacDougall	42	Inverness	1:15.80	35.99	1:15.80
5	Terri Hinley	41	Dunfermline	1:16.85	36.56	1:16.85
6	Pamela Flett	41	Silver City	1:24.19	40.65	1:24.19

Event 106 Womens 45-49 100 Metre Freestyle

1	Dianne Fraser	46	Silver City	1:16.33	36.88	1:16.33
2	Sharon Ross	49	West Lothian	1:32.90	44.99	1:32.90

Event 106 Womens 50-54 100 Metre Freestyle

1	Judy Hattle	52	Carnegie	1:07.09	32.47	1:07.09
2	Ursula Ryder	52	Dundee City A	1:19.17	37.95	1:19.17
3	Linda Watters	50	Motherwell W	1:20.03	37.75	1:20.03
4	Dawn MacBeth	52	Inverness	1:53.80	53.90	1:53.80

Event 106 Womens 55-59 100 Metre Freestyle

1	Fiona Anderson	55	Inverleith	1:15.82	35.93	1:15.82
2	Julia Hector	59	StirlingSwim	1:19.15	37.79	1:19.15
3	Frances Cassidy	58	Inverness	1:34.55	45.43	1:34.55

Event 106 Womens 60-64 100 Metre Freestyle

1	Day Campbell	61	Silver City	1:36.45	46.71	1:36.45

Event 106 Womens 65-69 100 Metre Freestyle

1	Pat Jackson	65	East Anglian	1:27.20	41.82	1:27.20
2	Jan Naylor	67	Inverleith	1:51.29	53.09	1:51.29

Event 106 Womens 75-79 100 Metre Freestyle

1	Betty McMillan	75	Silver City	1:53.33	51.83	1:53.33
2	Marina McFall	77	Motherwell W	2:27.15	1:09.37	2:27.15
3	Patricia Tait	76	Inverclyde M	2:34.93	1:14.56	2:34.93

Event 106 Mens 16-24 100 Metre Freestyle

1	James Thomson	23	Edinb Un Swp	53.12	25.69	53.12
2	Andrew Rodgie	24	Edinb Un Swp	55.74	26.02	55.74
3	Ryan Nicoll	19	Angus Mstrs	58.68	28.25	58.68
4	Lewis Meeks	17	Inverness	59.66	28.33	59.66
5	Thomas Scobie	21	Angus Mstrs	1:00.46	28.86	1:00.46
6	Derek Hoey	23	West Lothian	1:02.07	29.53	1:02.07
7	Callum Brown	16	Angus Mstrs	1:03.80	30.10	1:03.80
8	Calum MacQueen	22	Ren 96	1:05.96	32.51	1:05.96
9	William Rose	16	Inverness	1:06.16	30.56	1:06.16
10	John MacLean	24	Silver City	1:06.33	31.71	1:06.33
11	Callum Watson	21	West Lothian	1:07.33	31.17	1:07.33
12	Nathan Kennedy	16	West Lothian	1:10.46	33.08	1:10.46
13	Lachlan MacBeth	19	Inverness	1:29.99	41.93	1:29.99

Event 106 Mens 25-29 100 Metre Freestyle

1	Andrew Addison	25	West Lothian	54.03	26.36	54.03
2	Darren Marr	27	West Lothian	59.83	28.54	59.83
3	Neil Young	28	Angus Mstrs	59.98	28.23	59.98
4	Chris Hughes	29	Lomond Mstrs	1:02.75	30.90	1:02.75
5	Andrew Kennedy	26	Motherwell W	1:04.70	30.97	1:04.70
6	Craig Smith	29	Silver City	1:11.86	34.14	1:11.86
7	Scott Gauld	27	Silver City	1:12.02	35.57	1:12.02
8	Mark Hadfield	26	Silver City	1:12.04	34.07	1:12.04
9	Kevin Campbell	29	Motherwell W	1:22.33	38.31	1:22.33

Event 106 Mens 30-34 100 Metre Freestyle

1	Chris Ferguson	30	Silver City	58.70	27.77	58.70
2	Dan Rosenfeld	34	West Lothian	1:00.28	29.01	1:00.28

Event 106 Mens 35-39 100 Metre Freestyle

1	Andy Wheeler	35	Silver City	1:00.02	28.88	1:00.02
2	Alex Balman	35	Incas	1:00.62	28.73	1:00.62
3	Richard Lawford	37	Silver City	1:09.90	32.15	1:09.90
4	James Littlejohn	39	Silver City	1:11.88	35.91	1:11.88
5	Gilleasbuig Ferguson	37	Inverness	1:17.40	36.33	1:17.40

Event 106 Mens 40-44 100 Metre Freestyle

1	Jason Kenney	42	Warrender	1:01.18	29.58	1:01.18
2	Craig Noble	43	Glasgow Nom	1:01.62	29.18	1:01.62
3	David Fleetwood	42	Glasgow Wn	1:02.76	30.39	1:02.76
4	Steven Turner	44	Silver City	1:08.15	33.28	1:08.15

Event 106 Mens 45-49 100 Metre Freestyle

1	Gary McLean	46	West Lothian	1:01.21	29.54	1:01.21
2	Mark Jones	49	Warrender	1:05.59	31.95	1:05.59
3	Doug Robertson	45	Ren 96	1:07.63	32.09	1:07.63
4	Stewart Halliday	45	Dundee City A	1:11.95	33.72	1:11.95
5	Bruce Fleming	46	Angus Mstrs	1:14.08	34.01	1:14.08
6	Scott Gardiner	49	West Lothian	1:19.46	37.13	1:19.46

Event 106 Mens 50-54 100 Metre Freestyle

1	Stuart Williams	51	Inverness	1:06.05	32.39	1:06.05
2	Peter Richardson	50	Glasgow Wn	1:08.20	33.38	1:08.20
3	Morris Rollo	54	Sth Ayrshire	1:08.84	32.35	1:08.84
4	Gary Hurr	51	Glasgow Nom	1:12.82	35.81	1:12.82
5	Fred McLaughlin	53	Inverclyde M	1:13.42	34.78	1:13.42
6	Gerry Moy	54	Lomond Mstrs	1:14.20	35.98	1:14.20
7	Gianfranco Mazzoni	52	Inverclyde M	1:15.80	36.48	1:15.80

Event 106 Mens 55-59 100 Metre Freestyle

1	Martin Wagner	55	Unattached	1:07.26	33.01	1:07.26
2	Donald Macdonald	55	Sth Ayrshire	1:08.08	32.83	1:08.08
3	Bill Reid	58	Silver City	1:11.61	34.62	1:11.61

Event 106 Mens 60-64 100 Metre Freestyle

1	David Freeland	62	Motherwell W	1:33.41	43.78	1:33.41

Event 106 Mens 65-69 100 Metre Freestyle

1	George Jackson	67	East Anglian	1:30.55	42.81	1:30.55
2	Robert O'Hanlon	65	Motherwell W	1:52.17	54.36	1:52.17

Event 107 Mixed 75-99 4x50 Metre Medley Relay

1	West Lothian	A	2:04.52	31.19	1:03.17	1:35.98	2:04.52
2	Silver City	A	2:16.30	36.27	1:10.11	1:45.55	2:16.30
3	West Lothian	B	2:21.40	34.36	1:16.58	1:50.72	2:21.40
4	Silver City	B	2:21.42	37.36	1:16.71	1:51.10	2:21.42

Event 107 Mixed 100-119 4x50 Metre Medley Relay

1	Silver City	A	2:04.03	32.64	1:05.42	1:38.26	2:04.03
2	West Lothian	A	2:04.89	28.29	1:07.19	1:35.91	2:04.89
3	Hearts	A	2:10.57	34.05	1:09.51	1:40.60	2:10.57

Event 107 Mixed 120-159 4x50 Metre Medley Relay

1	Silver City	A	2:13.01	34.37	1:08.03	1:44.96	2:13.01
2	Inverness	A	2:13.28	30.58	1:08.90	1:39.54	2:13.28
3	West Lothian	A	2:28.11	35.29	1:14.20	1:51.76	2:28.11
4	Silver City	C	2:36.24	47.37	1:32.93	2:06.39	2:36.24
5	Inverness	B	2:45.38	42.63	1:21.23	1:59.53	2:45.38
6	Silver City	B	2:48.17	47.07	1:37.30	2:16.14	2:48.17

Event 107 Mixed 160-199 4x50 Metre Medley Relay

1	Hearts	A	2:12.30	33.79	1:09.80	1:41.89	2:12.30
2	West Lothian	A	2:20.51	33.11	1:13.93	1:47.98	2:20.51
3	StirlingSwim	A	2:23.19	31.74	1:07.61	1:47.67	2:23.19
4	Silver City	A	2:24.31	35.08	1:19.34	1:53.27	2:24.31
5	Inverclyde M	A	2:42.31	41.67	1:13.45	1:33.86	2:42.31

Event 107 Mixed 200-239 4x50 Metre Medley Relay

1	Inverness	A	2:34.86	34.38	1:11.04	1:54.29	2:34.86
2	Silver City	A	2:59.34	51.39	1:29.84	2:15.16	2:59.34
3	West Lothian	A	3:06.97	36.08	1:44.32	2:24.25	3:06.97