



Event 301 Mixed 72-99 4 x 100 Metre Freestyle Relay

1	Hemel Hemp	A	4:08.30	31.93	1:05.34	1:39.13	2:17.34	2:43.92	3:12.53	3:39.27	4:08.30
	1) Hannah Bennett W26		2) Kira Doyle W22		3) Jack Christie M19		4) Jack Spence M23				

Event 301 Mixed 100-119 4 x 100 Metre Freestyle Relay

1	Silver City	A	4:18.13	31.22	1:04.87	1:34.99	2:08.27	2:40.54	3:17.54	3:45.84	4:18.13
	1) Laura Robertson W29		2) Kelly McIntosh W28		3) Mark Hadfield M31		4) John Maclean M29				

Event 301 Mixed 120-159 4 x 100 Metre Freestyle Relay

1	Otter	A	4:10.86	30.20	1:03.01	1:30.89	2:02.22	2:32.54	3:05.91	4:10.86	
	1) Dontony Gill-Nasadi M25		2) Enrico Hahn M36		3) Hayley Davis W33		4) Olivia Reynolds W31				
2	Chesterfield	A	4:24.02	31.59	1:07.51	1:41.24	2:20.74	2:48.27	3:19.71	3:50.50	4:24.02
	1) David Bradford M59		2) Carla Bickerstaffe W30		3) Ben Harkin M39		4) Rebecca Pearson W26				
3	Silver City	A	4:31.15	31.38	1:06.24	1:42.50	2:22.86	2:54.68	3:29.43	3:58.52	4:31.15
	1) Louise Kennedy W25		2) Jenny Brown W29		3) Mads Trolborg M39		4) Andrew Wheeler M40				

Event 301 Mixed 160-199 4 x 100 Metre Freestyle Relay

1	Basingstoke	A	3:56.90	26.98	56.59	1:23.11	1:52.61	2:22.52	2:54.84	3:24.92	3:56.90
	1) Oliver Espinasse M33		2) Spencer Turner M48		3) Elizabeth Godfrey W38		4) Fleur Parker W41				
2	Otter	A	4:11.09	30.31	1:03.58	1:32.12	2:03.47	2:33.97	3:07.13	3:37.97	4:11.09
	1) Olivier Geleoc M43		2) Mike Reys M43		3) Gina Hobson W40		4) Emma Shkurka W35				
3	Silver City	A	4:54.80	41.44	1:26.63	2:00.79	2:39.24	3:13.46	3:50.99	4:21.59	4:54.80
	1) Anita Weidmann W39		2) Bronwyn Farr W32		3) Keith Dunnett M47		4) Peter Long M54				

Event 301 Mixed 200-239 4 x 100 Metre Freestyle Relay

1	Guildford Ct	A	4:10.71	27.18	56.60	1:30.30	2:07.91	2:36.51	2:30.04	4:10.71	
	1) Michael Hodgson M50		2) Lynda Coggins W53		3) Michelle Ware W44		4) David Bryant M56				
2	Silver City	A	4:46.91	35.39	1:14.41	1:47.86	2:24.51	2:59.74	3:39.02	4:11.07	4:46.91
	1) Alison Eastcroft W36		2) Heather Dale W44		3) William Reid M63		4) Brian Bain M57				
3	Dun City Aqu	A	4:51.26	33.26	1:11.23	1:46.86	2:26.10	3:00.85	3:39.94	4:13.74	4:51.26
	1) Stewart Maxwell M60		2) Bruce Dingwall M58		3) Claire Murray W48		4) Delyth Cunnah W49				

Event 301 Mixed 240-279 4 x 100 Metre Freestyle Relay

1	Spencer	A	4:56.17	34.42	1:10.47	1:46.67	2:26.11	3:07.62	3:52.05	4:22.54	4:56.17
	1) Claudia Goldschmidt W50		2) Esther Iseppi W59		3) Geoff Stokes M78		4) Guy Emerson M54				
2	Otter	A	6:01.48	37.21	1:19.25	2:04.38	2:55.33	3:39.36	4:29.70	5:13.26	6:01.48
	1) Elizabeth Shaw W51		2) Anthony Ray M73		3) Astrid Wharton W48		4) Roger Lloyd-Mostyn M76				
3	Silver City	A	6:07.82	47.86	1:39.90	2:27.63	3:22.43	4:04.67	4:50.06	5:26.84	6:07.82
	1) Day Campbell W66		2) Susan McKay W64		3) Martin Hodge M59		4) Michael Reilly M64				

Event 302 Womens 18-24 200 Metre Butterfly

1	Catherine Parsonage	19	Chirk	2:51.59	35.08	1:18.10	2:03.65	2:51.59
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Event 302 Womens 25-29 200 Metre Butterfly

1	Catherine Demont	26	Otter	2:42.77	34.23	1:14.31	1:57.74	2:42.77
2	Abigail Hucker	25	Otter	2:43.32	35.56	1:18.39	2:01.55	2:43.32
---	Samantha Crosby	27	Caradon	DQ				



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Event 302 Womens 30-34 200 Metre Butterfly

1	Rachael Keir	31	Silver City	2:26.29	32.77	1:10.13	1:47.81	2:26.29
2	Fiona Kinsella	33	Trojan	2:32.98	33.77	1:12.32	1:51.91	2:32.98
3	Hayley Davis	33	Otter	2:34.33	34.19	1:12.97	1:54.35	2:34.33
4	Agnieszka Wysocka-Khan	32	Dungannon	2:36.27	33.49	1:12.03	1:52.39	2:36.27
5	Noemie Peignon	31	Fareham N'Ds	2:37.26	34.24	1:12.92	1:53.41	2:37.26

Event 302 Womens 35-39 200 Metre Butterfly

1	Vicky Macrae	39	Heart Of Mid	2:56.93	36.90	1:20.57	2:07.07	2:56.93
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Event 302 Womens 40-44 200 Metre Butterfly

1	Janet McLean	44	Carnegie	2:42.06	35.08	1:15.39	1:57.91	2:42.06
2	Sarah Moore	43	Mid Sussex	2:50.43	38.40	1:21.56	2:06.45	2:50.43
3	Sarita Coultate	40	Amersham	3:07.93	39.61	1:26.86	2:16.89	3:07.93

Event 302 Womens 45-49 200 Metre Butterfly

1	Philippa O'Grady	48	Wincanton	2:51.10	36.04	1:18.45	2:02.87	2:51.10
2	Jeanne Petit	47	De Dinkel	2:55.08	37.60	1:21.29	2:07.55	2:55.08
3	Helena McGrath	45	Trojan	2:55.41	36.54	1:19.90	2:05.97	2:55.41
4	Judy Prior	47	Enfield Sq	3:25.07	42.67	1:34.67	2:28.82	3:25.07

Event 302 Womens 50-54 200 Metre Butterfly

1	June Falconer	53	Silver City	2:57.64	41.67	1:29.39	2:14.99	2:57.64
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Event 302 Womens 55-59 200 Metre Butterfly

1	Judith Hattle	57	Carlisle Aq	2:51.96	38.37	1:22.82	2:07.99	2:51.96
2	Frances Baker	57	Spencer	3:38.46	46.67	1:42.19	2:42.26	3:38.46

Event 302 Womens 60-64 200 Metre Butterfly

1	Lorraine Crook	63	Caldicot	5:16.49	1:09.83	2:34.87	3:58.01	5:16.49
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Event 302 Womens 70-74 200 Metre Butterfly

1	Patricia Jackson	70	East Anglian	4:05.88	54.63	1:56.62	3:01.89	4:05.88
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Event 303 Mens 18-24 200 Metre Butterfly

1	Cameron Finlayson	19	Edinburgh Un	2:11.73	28.89	1:01.55	1:36.42	2:11.73
2	David Smith	24	Silver City	2:19.60	30.37	1:05.93	1:42.35	2:19.60
3	Nathan Kennedy	21	Livingston	2:44.95	32.52	1:14.72	1:59.83	2:44.95
---	Ryan Kaczmarek	21	Banff&Buchan DQ					

Event 303 Mens 30-34 200 Metre Butterfly

1	Daniel John	30	Reading	2:25.15	31.05	1:06.72	1:44.87	2:25.15
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Event 303 Mens 35-39 200 Metre Butterfly

1	Nick Valentine	36	Newcastle	2:20.23	30.02	1:03.99	1:40.21	2:20.23
2	Stephen Barton	35	Trafford Met	3:12.12	35.37	1:21.06	2:13.82	3:12.12
3	Michael Carse	38	Barnet Copt	3:40.99	45.99	1:40.85	2:40.32	3:40.99

Event 303 Mens 45-49 200 Metre Butterfly

1	Ian Wallace	47	Brentwood	2:40.29	33.47	1:13.42	1:56.33	2:40.29
2	Michael Murray	45	Banff&Buchan	3:12.18	39.75	1:28.26	2:19.60	3:12.18
3	David Bell	46	Ards	3:15.40	41.34	1:33.03	2:28.12	3:15.40





Event 303 Mens 50-54 200 Metre Butterfly

1	Kevin Smith	53	Newcastle	2:39.79	36.10	1:17.28	1:58.97	2:39.79
2	Andrew Gristwood	53	Cleethorpes	3:01.32	40.10	1:25.49	2:13.64	3:01.32
---	Christopher Willcock	51	Co Manch Aq	DQ				
---	Robert Frize	50	Aer Lingus	DQ				

Event 303 Mens 55-59 200 Metre Butterfly

1	Stephen Ham	55	Rochford	2:53.03	35.45	1:17.21	2:04.44	2:53.03
2	Mark Jones	57	Warrington M	2:57.03	38.63	1:23.10	2:09.65	2:57.03
3	Antony Corben	55	Fareham N'Ds	3:33.71	46.52	1:42.80	2:41.33	3:33.71

Event 303 Mens 60-64 200 Metre Butterfly

1	Stewart Maxwell	60	Dun City Aqu	3:08.54	43.11	1:32.62	2:22.76	3:08.54
---	Andrew Evans	62	Silver City	DQ				

Event 303 Mens 65-69 200 Metre Butterfly

1	Graham Pearson	65	Carlisle Aq	3:11.68	45.02	1:33.90	2:24.75	3:11.68
2	Ian Milne	66	Silver City	3:22.35	40.10	1:29.58	2:25.91	3:22.35

Event 303 Mens 70-74 200 Metre Butterfly

1	Derek Parr	73	Otter	3:46.27	51.63	1:49.99	2:52.50	3:46.27
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Event 303 Mens 75-79 200 Metre Butterfly

1	David Hall	75	Witney	4:27.95	57.57	2:10.47	3:25.20	4:27.95
2	Michael Read	76	Brighton	4:48.89	1:00.22	2:15.12	3:30.39	4:48.89

Event 304 Womens 18-24 50 Metre Breaststroke

1	Aimee Carter	23	Gloucester M	34.65
2	Leanna Marshall	23	Silver City	34.75
3	Ruth Miller	24	Heart Of Mid	36.38
4	Emma Fitzpatrick	24	NottmLeander	37.61
5	Kira Doyle	22	Hemel Hemp	37.94
6	Sally Mair	19	Banff&Buchan	38.03
7	Sarah Procter	21	Barnet Copt	40.47
8	Rachel Donald	22	Swim-IT	41.40
9	Fiona Donald	24	Swim-IT	43.26
10	Evgenia Baillie	23	Co Coventry	43.88
---	Lynsey Kay	21	Airdrie&monk	DQ

Event 304 Womens 25-29 50 Metre Breaststroke

1	Alexandra Diamond	26	Aberdeen Dol	34.12
2	Carly Fraser	25	Silver City	34.65
3	Jodie Barber	28	Northampton	36.94
4	Kelly McIntosh	28	Silver City	37.53
5	Sara Gamble	29	G B Police	38.66
6	Alice Dinsdale-Young	29	Otter	40.36
7	Sarah Ryder	29	Northampton	40.87
8	Amy Sambell	29	Andover	40.97
9	Rebecca Ewers	26	Co Coventry	47.40



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Event 304 Womens 30-34 50 Metre Breaststroke

1	Fiona King	31	Milngavie &B	36.87
2	Carolyn Dawe	32	Manch Tri	41.50
3	Rachel Holifield	31	Spencer	43.53
4	Sasha Forster	33	Bracknell	44.39
5	Sally Ball	31	StaffordApex	45.44

Event 304 Womens 35-39 50 Metre Breaststroke

1	Charlotte Reid	38	Aer Lingus	36.17
2	Claire Bruce	36	Silver City	37.06
3	Emma Shkurka	35	Otter	37.70
4	Rebecca Bailey	38	Grantham	43.41
5	Anita Weidmann	39	Silver City	44.46

Event 304 Womens 40-44 50 Metre Breaststroke

1	Karen Key	43	Northampton	35.03
2	Lucy Ryan	44	Team Anglia	37.10
3	Lindsay McNally	40	Dun City Aqu	41.03
4	Fiona McGibbon	40	Inverness	41.49
5	Gina Hobson	40	Otter	42.10
6	Emma Goodwin	42	TelfordAqua	43.18
7	Alex Hutchby	44	Guildford Ct	49.58
8	Katherine Neustadt	42	Co South'ton	51.93

Event 304 Womens 45-49 50 Metre Breaststroke

1	Helen Gorman	45	Long Eaton	34.90
2	Amanda Goodman	47	Basildon Ph	38.05
3	Claire Thorn	46	G B Police	38.65
4	Katrina Farrall	47	Basildon Ph	38.89
5	Delyth Cunnah	49	Dun City Aqu	39.66
6	Alison Lapping	46	Milngavie &B	40.45
7	Y Carpenter-Warren	49	Royal Navy	42.44
8	Deryn Creasy	46	Aylesbury	43.23
9	Jane Thomson	46	Silver City	46.75
10	Denise Cuer	49	Co Newport	54.42

Event 304 Womens 50-54 50 Metre Breaststroke

1	Cate Jackson	53	Barnet Copt	39.22
2	Karen Graham	52	East Leeds	39.33
3	Kim Collins	51	Chirk	42.89
4	Hayley Bettinson	54	Camphill Ed	43.43
5	Elizabeth Shaw	51	Otter	43.94
6	Tracey Hull	52	Lisburn City	44.42
7	Suzanne Maidment	51	Spencer	45.41



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Event 304 Womens 55-59 50 Metre Breaststroke

1	Albena Collins	55	Lerwick	40.34
2	Philippa Collin	55	Wycombe Dist	40.86
3	Verity Dobbie	58	Consett	41.15
4	Patricia Reilly	57	Aer Lingus	41.98
5	Frances West	56	MacclesfldM	42.70
6	Marie Keane	59	Comans	46.21
7	Heather Patrick	55	Newport Pag	52.20
8	Geraldine Thompson	55	Aer Lingus	53.27
9	Frances Wilson	59	Croydon Amp	57.69
10	Eunice Strachan	59	Banff&Buchan	1:02.09

Event 304 Womens 60-64 50 Metre Breaststroke

1	Amanda Heath	60	Spencer	41.47
2	Lindsey Gowland	60	Etwall	42.19
3	Susan Procter	61	Barnet Copt	46.46
4	Glenda Mayes	61	Team Luton	59.10

Event 304 Womens 65-69 50 Metre Breaststroke

1	Jennifer Merritt	66	Spondon Mast	44.17
2	Margaret Bickley	66	Totnes	50.38
3	Hilary Crick	68	East Leeds	50.44
4	Gail Daffern	67	East Leeds	53.89
5	Sally Lelean	66	Diss Otters	54.39

Event 304 Womens 70-74 50 Metre Breaststroke

1	Diane Ford	74	Spencer	46.67
2	Judith Alden	71	Barnet Copt	47.72
3	Frances Jenkins	71	Southport	49.43
4	Susan Dewar	71	Havant & Wat	57.68

Event 304 Womens 75-79 50 Metre Breaststroke

1	Elaine Bromwich	75	Birmingham M	55.87
2	Janet Masters	77	South Beds	59.10

Event 304 Womens 85-89 50 Metre Breaststroke

1	Jane Asher	86	Kings Corm	1:03.33
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Event 305 Mens 18-24 50 Metre Breaststroke

1	Joseph Keeley	24	Trafford Met	30.46
*2	Jacob Duncan	18	Nairn	31.36
*2	Ross Young	18	Edinburgh Un	31.36
4	Jack Christie	19	Hemel Hemp	31.52
5	Oliver Long	21	Silver City	32.37
6	Kieran Ogg	20	Aberdeen Dol	33.76
7	Kyle Holmes	18	Hemel Hemp	34.12
8	Cameron Finlayson	19	Edinburgh Un	34.23
9	Richard Healey	19	Chirk	39.30

Event 305 Mens 25-29 50 Metre Breaststroke

1	Thomas Leach	25	Aberdeen Dol	32.50
2	Ian Sutherland	25	Heart Of Mid	33.55
3	Kyran McManus	29	Perth Mas	33.86
4	Tom Lindsay	29	Aberdeen Dol	34.02
5	Christopher May	25	Ealing	34.98
6	Dontony Gill-Nasadi	25	Otter	35.00



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Event 305 Mens 30-34 50 Metre Breaststroke

1	Edward Rafipay	31	Aberdeen Dol	30.20
2	Craig Gillespie	30	Otter	31.06
3	David Ashton	30	Barnes	35.51
4	Nicolas Barber	33	Otter	37.87
5	Mark Hadfield	31	Silver City	40.79
6	Scott Gauld	32	Cally Mast	43.63

Event 305 Mens 35-39 50 Metre Breaststroke

1	Ben Harkin	39	Chesterfield	30.15
2	Christopher Aust	35	Co Oxford	30.67
3	Ross Turner	37	Rugby	30.68
4	Chris Ferguson	35	Silver City	32.72
5	Graham Cable	35	Witney	34.55
6	Philip Eccles	35	Trafford Met	35.03
7	Enrico Hahn	36	Otter	35.04
8	Michael Carse	38	Barnet Copt	39.64

Event 305 Mens 40-44 50 Metre Breaststroke

1	Martin Bennell	40	Co South'ton	30.66
2	Andrew Cooper	44	Trafford Met	30.67
3	David Rees	44	Stalybridge	32.61
4	Geoff Boddie	44	G B Police	33.99
5	Mariusz Barcikowski	41	Black Lion	34.14
6	Jerry O'Riordan	43	Guildford Ct	34.77
7	Mike Reys	43	Otter	35.09
8	Gregory Banham	43	Co Chester	36.51
9	Richard Lawford	42	Silver City	37.64
---	Olivier Geleoc	43	Otter	DQ

Event 305 Mens 45-49 50 Metre Breaststroke

1	Matthew Banham	45	West Suffolk	30.97
2	Graham Bailes	46	Brentwood	33.85
3	Neil Mitchell	47	Basingstoke	35.65
4	Andrew Green	46	Fareham N'Ds	36.30
5	Tony Hardy	49	Aer Lingus	37.81
6	Alan Weddell	45	Ashington	39.47

Event 305 Mens 50-54 50 Metre Breaststroke

1	Michael Hodgson	50	Guildford Ct	30.70
2	Mark Partridge	54	Sub 160	35.41
3	Simon Rigg	50	Rugby	36.75
4	Colin Robbins	53	NottmLeander	40.15
5	Stewart Gairns	51	Banff&Buchan	43.76
6	Thomas Muirhead	54	Glasgow Wm	52.09
7	Brian Averill	52	Guildford Ct	1:03.73



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Event 305 Mens 55-59 50 Metre Breaststroke

1	David Milburn	55	Newbury	32.45
2	David Bryant	56	Guildford Ct	33.27
3	Gordon Belbin	55	Ulverston	33.42
4	Kevan Brown	57	Bo Kirklees	36.43
5	Louis Wyness	56	East Leeds	37.01
6	David Bradford	59	Chesterfield	38.34
7	Neil Procter	57	Barnet Copt	38.76
8	Russell Simpson	55	Amersham	41.14
9	Chris Orchard	58	Deepings	43.81

Event 305 Mens 60-64 50 Metre Breaststroke

1	Stewart Maxwell	60	Dun City Aqu	36.55
2	Thomas Morrow	61	Co Oxford	37.20
3	Nicholas Hunt	61	Chelmsford	38.23
4	Trevor Clark	63	Camphill Ed	38.34
5	William Reid	63	Silver City	38.46
6	Colin Mayes	62	Team Luton	38.82
7	John Anderson	64	Wincanton	38.93

Event 305 Mens 65-69 50 Metre Breaststroke

1	Graham Pearson	65	Carlisle Aq	37.74
2	Christopher Thorp	67	Etwall	48.16

Event 305 Mens 70-74 50 Metre Breaststroke

1	Robert Jolly	70	Paris Aqua	43.49
2	Bob Blane	72	NottmLeander	43.59
3	Michael Skinner	70	Barnet Copt	44.75
4	Christopher Trueman	70	Uea Norwich	45.65
5	Bert Philip	71	Silver City	54.68

Event 305 Mens 75-79 50 Metre Breaststroke

1	Keith Ingram	77	Birmingham M	45.37
2	Farquhar Macrae	78	Silver City	1:01.63

Event 305 Mens 80-84 50 Metre Breaststroke

1	Bill Moore	80	East Leeds	49.60
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Event 306 Womens 18-24 200 Metre IM

1	Aimee Carter	23	Gloucester M	2:30.40	31.14	1:11.68	1:54.76	2:30.40
2	Leanna Marshall	23	Silver City	2:31.70	31.13	1:12.47	1:54.74	2:31.70
3	Sally Mair	19	Banff&Buchan	2:43.83	33.56	1:16.96	2:04.33	2:43.83
4	Ruth Miller	24	Heart Of Mid	2:47.02	35.62	1:21.38	2:08.55	2:47.02
---	Sarah Procter	21	Barnet Copt	DQ				

Event 306 Womens 25-29 200 Metre IM

1	Laura Robertson	29	Silver City	2:28.77	32.81	1:11.00	1:53.96	2:28.77
2	Carly Fraser	25	Silver City	2:30.37	33.06	1:14.51	1:54.95	2:30.37
3	Jennifer Davis	26	Warrender Ba	2:33.37	31.15	1:09.39	1:56.07	2:33.37
4	Kelly McIntosh	28	Silver City	2:37.41	32.27	1:12.31	2:00.18	2:37.41
5	Rebecca O'Brien	28	Bracknell	2:37.96	33.51	1:15.53	2:03.82	2:37.96
6	Camille Vrain	29	Otter	2:46.99	34.66	1:17.17	2:07.72	2:46.99
7	Abigail Hucker	25	Otter	2:49.63	35.72	1:18.91	2:11.27	2:49.63
8	Ashleigh Jolly	26	Perth Mas	2:50.54	34.74	1:19.08	2:08.60	2:50.54
9	Alice Dinsdale-Young	29	Otter	2:50.66	37.37	1:22.08	2:12.42	2:50.66
10	Jenny Brown	29	Silver City	3:09.26	41.24	1:34.89	2:26.52	3:09.26





Event 306 Womens 30-34 200 Metre IM

1	Hayley Davis	33	Otter	2:35.14	32.49	1:12.53	1:58.58	2:35.14
2	Fiona Kinsella	33	Trojan	2:36.36	32.53	1:14.20	2:00.17	2:36.36
3	Emily Nardini	30	Newcastle	2:38.45	31.69	1:13.43	2:03.01	2:38.45
4	Agnieszka Wysocka-Khan	32	Dungannon	2:40.77	32.93	1:17.19	2:05.32	2:40.77
5	Laura Bowden	30	Trafford Met	2:45.98	34.93	1:18.15	2:07.03	2:45.98
6	Fiona King	31	Milngavie &B	2:48.55	37.37	1:22.20	2:07.48	2:48.55
7	Laura Davies	34	Swadlincote	2:50.85	37.46	1:21.22	2:10.61	2:50.85
8	Katie Gibson-Smith	30	Silver City	2:52.89	37.19	1:22.85	2:13.29	2:52.89
9	Sally Ball	31	StaffordApex	3:15.40	41.89	1:34.42	2:29.70	3:15.40

Event 306 Womens 35-39 200 Metre IM

1	Natasha Morgan	35	Southwark	2:41.55	32.92	1:14.78	2:01.95	2:41.55
2	Emma Shkurka	35	Otter	2:47.20	34.03	1:20.89	2:08.99	2:47.20
3	Lisa Dawson	39	Barnet Copt	2:48.69	36.20	1:21.55	2:09.82	2:48.69
4	Sarah Hemenstall	39	G B Police	2:49.25	34.76	1:19.61	2:09.92	2:49.25
5	Laura McPherson	36	Aberdeen	2:53.65	37.07	1:22.66	2:14.62	2:53.65
6	Alison Eastcroft	36	Silver City	3:12.17	38.86	1:29.83	2:29.66	3:12.17
7	Debbie Robertson	37	Inverness	3:12.89	39.27	1:27.33	2:24.94	3:12.89
8	Rebecca Bailey	38	Grantham	3:14.03	40.31	1:34.90	2:31.20	3:14.03

Event 306 Womens 40-44 200 Metre IM

1	Dawn Palmer	41	Romford Town	2:33.37	31.07	1:10.34	1:57.25	2:33.37
2	Michelle Ware	44	Guildford Ct	2:37.64	32.43	1:14.33	2:00.77	2:37.64
3	Sarah Farrelly	44	Aer Lingus	2:39.19	31.81	1:16.77	2:02.25	2:39.19
4	Janet McLean	44	Carnegie	2:43.14	34.19	1:17.51	2:05.83	2:43.14
5	Gina Hobson	40	Otter	2:44.93	34.23	1:16.62	2:08.11	2:44.93
6	Lucy Ryan	44	Team Anglia	2:56.00	37.39	1:27.37	2:14.31	2:56.00
7	Karin Lockhoff	42	Amersham	2:56.85	36.96	1:26.72	2:17.74	2:56.85
8	Karen Mackenzie	44	Team Luton	3:03.60	38.13	1:23.36	2:22.68	3:03.60
9	Lindsay McNally	40	Dun City Aqu	3:08.43	40.33	1:29.46	2:21.91	3:08.43
10	Sarah Berry	44	Chelmsford	3:11.06	39.36	1:30.27	2:24.91	3:11.06
11	Alison Cowie	44	Chelmsford	3:31.54	47.94	1:43.95	2:43.47	3:31.54
12	Alex Hutchby	44	Guildford Ct	3:31.64	46.50	1:43.67	2:43.69	3:31.64
---	Froya Rossvoll	42	Silver City	DQ				

Event 306 Womens 45-49 200 Metre IM

1	Helen Gorman	45	Long Eaton	2:35.52	34.64	1:17.13	2:00.24	2:35.52
2	Helen Shingler	48	Bishop Stort	3:02.45	38.80	1:26.12	2:18.88	3:02.45
3	Alison Lapping	46	Milngavie &B	3:03.49	40.84	1:27.49	2:20.93	3:03.49
4	Alison Miller	46	Stourbridge	3:10.86	40.50	1:31.84	2:31.10	3:10.86
5	Marianne Rooke-Allden	46	Croydon Amp	3:14.44	38.74	1:29.26	2:28.54	3:14.44
6	Y Carpenter-Warren	49	Royal Navy	3:19.83	45.57	1:41.19	2:34.85	3:19.83
7	Emma Chaplin	46	Co Chester	3:22.25	44.37	1:36.45	2:35.11	3:22.25
8	Pamela Flett	46	Silver City	3:51.27	55.08	1:56.42	3:02.21	3:51.27



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Event 306 Womens 50-54 200 Metre IM

1	Bridget Bewick	52	Bracknell	2:48.70	36.06	1:20.43	2:09.78	2:48.70
2	Rebecca Stewart	50	Saxon Crown	2:49.96	35.37	1:20.66	2:10.84	2:49.96
3	Adele Parham	50	Wincanton	3:01.23	37.77	1:28.07	2:18.88	3:01.23
4	Alison Findlater	51	Silver City	3:11.57	39.52	1:30.65	2:27.71	3:11.57
5	Kim Collins	51	Chirk	3:18.17	43.99	1:40.09	2:34.41	3:18.17
6	Blanaid Walker	54	Witney	3:22.94	48.59	1:37.62	2:37.57	3:22.94
7	Kathleen Anne Raymond	54	Croydon Amp	3:24.10	48.46	1:44.92	2:38.43	3:24.10
8	Lynne Dawson	50	Chapelton	3:32.85	54.01	1:47.70	2:47.36	3:32.85

Event 306 Womens 55-59 200 Metre IM

1	Judith Hattle	57	Carlisle Aq	2:51.63	35.08	1:21.16	2:11.11	2:51.63
2	Marie Keane	59	Comans	3:27.11	44.89	1:44.46	2:40.40	3:27.11
3	Janet Williams	55	Team Anglia	3:32.13	42.65	1:40.30	2:45.17	3:32.13

Event 306 Womens 60-64 200 Metre IM

1	Amanda Heath	60	Spencer	3:02.27	38.76	1:27.81	2:20.92	3:02.27
2	Audrey Cooper	63	Silver City	3:08.30	44.89	1:35.05	2:26.05	3:08.30
3	Catherine Chase	60	Camphill Ed	3:17.98	45.28	1:41.69	2:36.59	3:17.98
4	Susan Procter	61	Barnet Copt	3:40.92	42.26	1:47.75	2:47.70	3:40.92
5	Lorraine Crook	63	Caldicot	5:10.73	1:09.83	2:33.01	4:01.40	5:10.73

Event 306 Womens 65-69 200 Metre IM

1	Margaret Bickley	66	Totnes	3:42.99	57.53	1:52.79	2:52.49	3:42.99
2	Hilary Crick	68	East Leeds	4:00.06	1:01.46	2:01.60	3:06.59	4:00.06
3	Sally Lelean	66	Diss Otters	4:26.98	1:04.61	2:10.22	3:16.89	4:26.98

Event 306 Womens 70-74 200 Metre IM

1	Patricia Jackson	70	East Anglian	3:51.05	50.82	1:53.73	2:58.77	3:51.05
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Event 306 Womens 75-79 200 Metre IM

1	Janet Masters	77	South Beds	4:10.09	56.87	1:56.78	3:10.04	4:10.09
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Event 307 Mens 18-24 200 Metre IM

1	Christopher McColm	20	Edinburgh Un	2:12.68	28.62	1:00.95	1:40.50	2:12.68
2	Jack Spence	23	Hemel Hemp	2:20.18	28.34	1:03.43	1:46.34	2:20.18
3	Jacob Duncan	18	Nairn	2:22.85	31.36	1:10.41	1:49.38	2:22.85
4	David Smith	24	Silver City	2:24.28	29.67	1:08.31	1:50.47	2:24.28
5	Fraser McKane	24	Cumbernauld	2:25.38	30.57	1:08.74	1:52.11	2:25.38
6	John McDonald	23	Heart Of Mid	2:30.34	30.52	1:08.64	1:53.81	2:30.34
7	Kyle Holmes	18	Hemel Hemp	2:31.22	31.55	1:10.84	1:53.42	2:31.22

Event 307 Mens 25-29 200 Metre IM

1	Alastair Honey	28	Silver City	2:26.49	30.63	1:11.46	1:53.68	2:26.49
2	Oliver Samy	27	Spencer	2:27.09	30.08	1:08.50	1:50.91	2:27.09
3	Kyran McManus	29	Perth Mas	2:41.01	29.92	1:13.77	2:01.96	2:41.01

Event 307 Mens 30-34 200 Metre IM

1	Wade Rimbach	33	Otter	2:24.35	31.02	1:09.74	1:50.84	2:24.35
2	Craig Gillespie	30	Otter	2:24.65	30.31	1:08.81	1:51.04	2:24.65
3	David Sutherland	30	Silver City	2:29.24	30.74	1:11.87	1:54.02	2:29.24
4	Gregory Smedley	32	Silver City	2:45.33	31.82	1:14.99	2:07.76	2:45.33
5	Mark Hadfield	31	Silver City	3:00.54	37.26	1:21.42	2:17.65	3:00.54
6	Scott Gauld	32	Cally Mast	3:12.12	41.30	1:30.35	2:27.23	3:12.12





Event 307 Mens 35-39 200 Metre IM

1	Paul Barnard	36	Trafford Met	2:16.27	28.91	1:04.61	1:45.55	2:16.27
2	Nick Valentine	36	Newcastle	2:22.01	29.49	1:06.51	1:48.90	2:22.01
3	Christopher Aust	35	Co Oxford	2:25.44	28.97	1:07.58	1:50.25	2:25.44
4	Enrico Hahn	36	Otter	2:29.27	31.02	1:10.94	1:53.51	2:29.27
5	James Carr	36	Tynemouth	2:30.54	29.41	1:09.52	1:54.78	2:30.54
6	Philip Eccles	35	Trafford Met	2:32.94	28.97	1:08.36	1:53.61	2:32.94
7	Graham Cable	35	Witney	2:35.86	32.94	1:13.62	1:58.65	2:35.86
8	Alan Rennie	36	Broch	2:54.80	36.96	1:25.15	2:14.05	2:54.80
9	Michael Carse	38	Barnet Copt	3:14.12	39.53	1:32.67	2:28.79	3:14.12

Event 307 Mens 40-44 200 Metre IM

1	Mariusz Barcikowski	41	Black Lion	2:40.11	32.98	1:16.48	2:01.92	2:40.11
2	Simon Marsden	43	Barnet Copt	2:43.62	34.48	1:19.92	2:06.75	2:43.62
3	Olivier Geleoc	43	Otter	2:46.83	34.73	1:20.31	2:09.70	2:46.83
4	Richard Lawford	42	Silver City	2:58.30	35.08	1:23.86	2:15.24	2:58.30

Event 307 Mens 45-49 200 Metre IM

1	Craig Noble	48	Milngavie & B	2:40.33	33.51	1:14.41	2:02.96	2:40.33
2	Keith Dunnnett	47	Silver City	2:41.91	36.01	1:19.55	2:05.18	2:41.91
3	Philip Croxall	48	Colne	2:46.02	35.82	1:24.74	2:10.20	2:46.02
4	Luca Milana	45	Spencer	2:49.06	34.09	1:20.21	2:08.90	2:49.06
5	Alan Weddell	45	Ashington	3:16.26	37.99	1:41.73	2:30.80	3:16.26

Event 307 Mens 50-54 200 Metre IM

1	Michael Hodgson	50	Guildford Ct	2:24.91	29.45	1:09.29	1:50.78	2:24.91
2	Erlend Alstad	50	IL Varg	2:27.36	30.74	1:11.21	1:52.77	2:27.36
3	Colin Robbins	53	NottmLeander	2:44.64	34.39	1:18.31	2:09.15	2:44.64
4	Glen Isaacs	52	Black Lion	2:59.20	35.66	1:26.20	2:21.45	2:59.20
5	Simon Collins	53	Sofia Masters	2:59.78	37.95	1:27.83	2:17.09	2:59.78
6	Arthur Aplin	54	Newcastle	3:21.18	38.92	1:33.78	2:35.68	3:21.18

Event 307 Mens 55-59 200 Metre IM

1	David Bryant	56	Guildford Ct	2:35.59	33.26	1:16.91	2:00.41	2:35.59
2	Gordon Belbin	55	Ulverston	2:38.68	32.69	1:16.13	2:01.16	2:38.68
3	Stephen Allen	57	Hull Masters	2:48.12	35.12	1:18.81	2:08.95	2:48.12
4	Mark Jones	57	Warrington M	2:48.51	37.18	1:23.62	2:12.06	2:48.51
5	Neil Procter	57	Barnet Copt	2:52.97	33.84	1:19.66	2:10.26	2:52.97
6	Alastair Gibb	57	Team Luton	2:56.03	38.13	1:23.68	2:15.64	2:56.03
7	Brian Bain	57	Silver City	2:57.41	37.50	1:25.84	2:19.00	2:57.41
8	Adam Lelean	55	Diss Otters	3:01.01	39.20	1:30.53	2:22.25	3:01.01
9	John Anderson	58	Gloucester M	3:01.39	39.02	1:28.01	2:20.64	3:01.39

Event 307 Mens 60-64 200 Metre IM

1	Trevor Clark	63	Camphill Ed	2:48.79	35.88	1:21.96	2:09.81	2:48.79
2	Eddie Riach	64	Milngavie & B	2:49.50	36.63	1:21.32	2:12.20	2:49.50
3	William Reid	63	Silver City	3:08.33	42.20	1:32.55	2:22.21	3:08.33
4	Andrew Evans	62	Silver City	3:28.30	49.25	1:44.22	2:42.38	3:28.30
5	Robert Szmidt	61	Sth Ayrshire	3:54.92	48.91	1:50.57	3:03.12	3:54.92
---	Colin Mayes	62	Team Luton	DQ				



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Event 307 Mens 65-69 200 Metre IM

1	Stuart McLellan	68	Sudbury	3:15.49	42.24	1:32.73	2:31.32	3:15.49
2	Paul Partington	69	Wincanton	4:36.23	57.99	2:10.80	3:40.47	4:36.23

Event 307 Mens 70-74 200 Metre IM

1	Derek Parr	73	Otter	3:24.67	38.32	1:37.25	2:36.23	3:24.67
2	Robert Jolly	70	Paris Aqua	3:35.49	42.87	1:44.72	2:44.26	3:35.49
3	Tony Catterall	71	Colne	3:38.51	52.41	1:48.14	2:50.06	3:38.51

Event 307 Mens 75-79 200 Metre IM

1	Michael Read	76	Brighton	4:03.43	58.37	2:03.17	3:14.90	4:03.43
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