



# Hamilton Baths A.S.C.

*Invite you to participate in their*

21st Annual Graded Meet

Saturday 1<sup>st</sup> October 2011

at

Larkhall Leisure Centre, Larkhall

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Warm-up times are 9.00 am and 1.30 pm.

Sessions start at 10.00 and 2.30pm

**Closing date for Entries: Sunday 4th September 2011**



## CONDITIONS OF ENTRY

### Hamilton Baths ASC Graded Meet on Saturday 1st October 2011 at Larkhall

#### 1. The competition is open to swimmers in age groups of

- 8 - 9 yrs, 10 yrs, 11 -12 yrs and 13 -14 yrs.  
Age on the day of competition 1<sup>st</sup> October 2011

#### 2. Individual events

- **8 – 9 yrs and 10 years :** 50m free, 50m fly, 50m back, 50m breast
- **11-12 yrs & 13-14 yrs:** 100m fly, 100m back, 100m breast, 100m free & 50m free
- All events will be heat declared winners.

#### 3. Relay events

- **4 x 50m Medley Relay for boys and 4x50m Medley Relay for girls**  
ie one swimmer from each age-group, swim in any order of age-group.  
The event must be run in medley relay order of 50m back, breast, fly, free.  
Swimmers must swim in their age group ie no swim-ups allowed
- **Squadron relay of 8 x50m freestyle**  
4 boys & 4 girls - 2 swimmers from each age-group, swim in age-group order  
Swimmers must swim in their age group ie no swim-ups allowed

#### 4. Heats will run slowest to fastest.

The number of heats will be limited to ensure the smooth running of the meet.

#### 5. Swimmers can only enter events in their age groups.

#### 6. Awards

- **‘Too fast’** - swimmers who swim too fast will receive a ‘too fast’ award
- **Medals** shall be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place
- **Relay winners** will received medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place

#### 7. Hamilton Baths ASC reserves the right to use any of the spare lanes if available.

#### 8. Officials

- It would be appreciated if each participating club could supply at least TWO officials per session.
- Official’s travel expenses will be paid only to those who do not have children competing in the gala.
- Participating officials are welcome to join us at lunchtime.



## ENTRY INSTRUCTIONS

Hamilton Baths ASC Graded Meet on Saturday 1st October 2011 at Larkhall

- Requests for entry file by email to Marion Reid [marion@7mac.co.uk](mailto:marion@7mac.co.uk)
- Hytek entry file and payment to be received by **Sunday 4th September 2011**
- Payment to :

**Marion Reid  
23 Philips Walk  
Hamilton  
South Lanarkshire  
ML3 8PL**

- Individual entries are £4.50, relay teams £8.00 each.
- Payment: Cheques made payable to: **HAMILTON BATHS A.S.C.**
- Unaccepted entries will be returned ASAP after the closing date.
- Withdrawals received after the draft programme is released will be charged.
- Coaches' lunch tickets (£7.00 per coach), can be booked by completing the Information Sheet and returning with payment
- HBASC club members will run a cafeteria for drinks and snacks.
- NO photographic equipment will be allowed either on poolside or viewing gallery or any other area under the jurisdiction of the organising club without the prior written approval of that club.

Application to use the above named equipment can be made on the day to the organising club's nominated official. Any person wishing to do this must be able to provide identification, and evidence that they have a swimmer(s) competing in the gala. This notice includes mobile phones with a camera. Application must be made on the official S.A.S.A. form.



## ENTRY TIMES

Hamilton Baths ASC Graded Meet on Saturday 1st October 2011 at Larkhall

|                                        | Slower than |
|----------------------------------------|-------------|
| Event 101 Girls 8-9 50 Free            | 40.00       |
| Event 102 Boys 8-9 50 Free             | 40.00       |
| Event 103 Girls 10 50 Breast           | 50.00       |
| Event 104 Boys 10 50 Breast            | 50.00       |
| Event 105 Girls 11-12 100 Free         | 1:14.00     |
| Event 106 Boys 11-12 100 Free          | 1:13.00     |
| Event 107 Girls 13-14 100 Back         | 1:22.00     |
| Event 108 Boys 13-14 100 Back          | 1:21.00     |
| Event 109 Girls 8-9 50 Fly             | 51.00       |
| Event 110 Boys 8-9 50 Fly              | 51.00       |
| Event 111 Boys 10 50 Back              | 43.00       |
| Event 112 Girls 10 50 Back             | 43.00       |
| Event 113 Girls 11-12 100 Fly          | 1:30.00     |
| Event 114 Boys 11-12 100 Fly           | 1:30.00     |
| Event 115 Girls 13-14 100 Free         | 1:09.00     |
| Event 116 Boys 13-14 100 Free          | 1:07.00     |
| Event 117 Girls 10 50 Free             | 36.00       |
| Event 118 Boys 10 50 Free              | 36.00       |
| Event 119 Girls 8-14 4x50 Medley Relay |             |
| Event 120 Boys 8-14 4x50 Medley Relay  |             |
| Event 201 Girls 11-12 50 Free          | 34.00       |
| Event 202 Boys 11-12 50 Free           | 32.00       |
| Event 203 Girls 13-14 100 Fly          | 1:20.00     |
| Event 204 Boys 13-14 100 Fly           | 1:20.00     |
| Event 205 Girls 8-9 50 Back            | 47.00       |
| Event 206 Boys 8-9 50 Back             | 47.00       |
| Event 207 Girls 11-12 100 Back         | 1:27.00     |
| Event 208 Boys 11-12 100 Back          | 1:26.00     |
| Event 209 Girls 13-14 50 Free          | 31.00       |
| Event 210 Boys 13-14 50 Free           | 30.00       |
| Event 211 Girls 8-9 50 Breast          | 54.00       |
| Event 212 Boys 8-9 50 Breast           | 54.00       |
| Event 213 Boys 10 50 Fly               | 46.00       |
| Event 214 Girls 10 50 Fly              | 46.00       |
| Event 215 Girls 11-12 100 Breast       | 1:35.00     |
| Event 216 Boys 11-12 100 Breast        | 1:35.00     |
| Event 217 Girls 13-14 100 Breast       | 1:29.00     |
| Event 218 Boys 13-14 100 Breast        | 1:29.00     |
| Event 219 Mixed 8-14 4x100 Free Relay  |             |



## HEALTH AND SAFETY

### Hamilton Baths ASC Graded Meet on Saturday 1st October 2011 at Larkhall

In order to comply with accreditation and Health & Safety legislation, please complete and return this form with your entry.

- I confirm that all swimmers are current members of S.A.S.A. and have paid the appropriate membership fee.
- I confirm that the notice about the use of photographic equipment has been brought to the attention of the swimmers, parents and coaches who will be attending the gala.
- I confirm that all swimmers have trained and are competent to dive into the pool, any swimmer unable to do so, must start in the water and must notify the officials that this will be the case.

Signed \_\_\_\_\_ Print \_\_\_\_\_

Club Position \_\_\_\_\_

On behalf of \_\_\_\_\_ (Club)

Please return with payment by closing date  
Sunday 4th Sept 2011 to:

**Marion Reid**  
**23 Philips Walk**  
**Hamilton**  
**South Lanarkshire**  
**ML3 8PL**



ENTRY INFORMATION

Hamilton Baths ASC Graded Meet on Saturday 1st October 2011 at Larkhall

Please return payment by closing date:  
 Sunday 4<sup>th</sup> Sept 2011

|           |  |
|-----------|--|
| Club Name |  |
|-----------|--|

Total No. of Individual Entries  @ £4.50                      Total \_\_\_\_\_

Total No. of Relay Teams  @ £8.00                                              \_\_\_\_\_

No. of Coaches' Meals  @ £7.00                                                      \_\_\_\_\_

No. of Officials attending  Free lunch

Cheque Payment  £

Print Name \_\_\_\_\_

Signed \_\_\_\_\_

Position in Club \_\_\_\_\_

Tel No \_\_\_\_\_

Postal Address \_\_\_\_\_

E-mail \_\_\_\_\_

\_\_\_\_\_  
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