



Stirling Swimming

(Affiliated to SASA)



present their

2012 Junior Open Swim Meet

(Under FINA Rules & Scottish Swimming Regulations)

SASA Meet License – WD/L2/811/0112

On

Saturday 21 & Sunday 22 - January 2012

at

**The Peak,
Stirling Sports Village**

Closing Date - 9am Monday 12 December 2011



Stirling Swimming - Junior Open Swim Meet

Meet Information

Dates Saturday 21 and Sunday 22 January 2012.

Venue The Peak, Stirling Sports Village
Forthside Way, Stirling. FK8 1QZ
(telephone 01786 273555)

Pool 6 lane, 25 metre pool, anti-turbulent lane ropes and electronic timing.

Swim-Down Pool A Swim down pool will be available during the meet.

Meet Status Scottish Swimming , LA2 License WD/L2/811/0112 granted.
Accreditation of results will be applied for after the meet.

Session Times

Session 1 -	Saturday 21 January 2012	Warm up 9.00 am.	Start 10.00 am.
Session 2 -	Saturday 21 January 2012	Warm up 1.30 pm.	Start 2.30 pm.
Session 3 -	Sunday 22 January 2012	Warm up 9.00 am.	Start 10.00 am.
Session 4 -	Sunday 22 January 2012	Warm up 1.30 pm.	Start 2.30 pm.

Sessions, including presentations, will be limited to 3 hours.

Warm Ups

Warm up 1	Girls – all ages	9.00 am - 9.25 am & 1.30 pm - 1.55 pm
(Both days) Warm up 2	Boys – all ages	9.30 am - 9.55 am & 2.00 pm - 2.25 pm

Withdrawals Any withdrawals must be notified to the recorders on the appropriate forms not later than 45 minutes before the session starts (9.15 am for morning and 1.45pm for afternoon).

Marshalling Swimmers must marshal for their events 3 heats prior to their race (10 minutes before 1st event) along the window opposite the balcony.
Any swimmers who does not marshal will be deemed to have withdrawn.
Reserves, who have marshalled, will be allocated the place of swimmers who have not marshalled for heats **or finals**.

Events & Age Groups - Ages as at 22 January 2012 (last day of competition)

11 years	100m Backstroke, Breaststroke, Butterfly & Freestyle 100m Individual Medley 200m Freestyle
12 years	100m Backstroke, Breaststroke, Butterfly & Freestyle 200m Individual Medley 200m Freestyle
13 years	100m Backstroke, Breaststroke, Butterfly & Freestyle 200m Individual Medley 200m Freestyle
14 years	100m Backstroke, Breaststroke, Butterfly & Freestyle 200m Individual Medley 200m Freestyle

Heats/Finals 100m Backstroke, Breaststroke, Butterfly & Freestyle events are Heats and Final with finals at the end of each session.
100m & 200m Individual Medley and 200m Freestyle events are Heat Declared Winner.

The intention is to have **five** heats for 100 metre events and **three** heats for 200 metre events. Once the entries are in Stirling Swimming will decide on the number of heats in each event. Stirling Swimming reserves the right to add in additional entries outwith the consideration times if there are spare lanes.

Starts “Over the Top Starts” will be used in all heats apart from backstroke events.

- Diving** Please ensure that only swimmers who are competent to dive are allowed to dive.
No diving is allowed at the shallow end of the main pool. During warm ups, diving is only allowed from the deep end of the pool in sprint lanes designated as being “dive starts” and not “in the water” start lanes.
- Fees** £4.50 per event – no refund of fees for times outwith consideration time
All cheques should be made payable to Stirling Swimming.
No entries will be accepted without the correct fees paid on time (see below) or with the Entry Files incorrectly completed.
- Coach’s Pass** Coach's Passes at a cost of £10 are available to cover lunch for both days.
There are café facilities available at the Sports Village.
- Entry Files-** Request for entry files should be made by email to Blair Prentice at prenticeblair@aol.com at **least one week in advance** of the closing date (ie Monday 5 December 2011).
(Please note that there will no reply to emails between 19 October and 3 November 2011).
Event Files will be produced using Hy-Tek Meet management System and will be sent by email.
Please provide the following details - Name, Club, Phone contact and e-mail address.
- Entries-** Entries will be by computer files.
Only official files are acceptable.
Hy-Tek’s “Team Manager” or “Team Manager Lite” is needed in order to complete entries
“Team Manager Lite” can be downloaded free of charge by going to www.hy-tek ltd.com
- The closing Date for receipt of entries is **9am Monday 12 December 2011**.
The entries file should be emailed to Blair Prentice at prenticeblair@aol.com.
- Entry Fees** The appropriate entry fees and summary sheet must be sent to arrive **within 5 days of the Closing Date – i.e. by Saturday 17 December 2011**.
They should be sent to
Blair I Prentice (Meet Entry Secretary)
10 Abbeyview,
Logie Road
Stirling. FK9 5JZ
telephone 01786 473760 (home)
07969 040955 (mobile)
email prenticeblair@aol.com
- Awards** Awards will be presented to all finalists in 100m Heats & Finals events.
Awards will be presented to the top six in all 100m & 200m Heat Declared Winner events.

Individual trophies will be awarded to the Boy and Girl accumulating the highest number of points over all events in each age group.
Points will be awarded to the top 6 in each event on the basis of 7, 5, 4, 3, 2 & 1.
- Presentations** Swimmers should report for presentations to the marshalling area at the window side of the pool, opposite the changing village in time for presentations in line with the presentation schedule.
- First Aid** The pool staff are providing qualified First Aid cover.
- Fire Alarms** In the case of fire alarms being activated please comply with the pool staff’s instructions.
- Lockers** A locker system operates in the changing rooms and swimmers are advised to use them.
Please do not leave clothes in the changing areas or in unlocked lockers.
The changing rooms are not supervised and are open to members of the public as well those competing in the event.
- Officials** As we are applying for accreditation we will be require the minimum number of Judges for each session. We will require the support of Clubs who enter the gala to supply officials.

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Programme of events

(N.B. Ages as at 22 January 2012 last day of competition).

Saturday 21 January 2012

Session 1 – 9.00 am Warm Up for 10.00 am Start

101	Girls	14 yrs	200m	Freestyle
102	Boys	14 yrs	200m	Freestyle
103	Girls	12 yrs	200m	Ind/Medley
104	Boys	12 yrs	200m	Ind/Medley
105	Girls	13 yrs	100m	Breaststroke
106	Boys	13 yrs	100m	Butterfly

Presentations of events 101-104

107	Girls	11 yrs	100m	Freestyle
108	Boys	11 yrs	100m	Backstroke
109	Girls	14 yrs	100m	Butterfly
110	Boys	14 yrs	100m	Breaststroke
111	Girls	12 yrs	100m	Backstroke
112	Boys	12 yrs	100m	Freestyle

Finals for Events 105 to 112

Presentations of finals 105-112

Session 2 - 1.30 pm Warm Up for 2.30 pm Start

201	Girls	11 yrs	200m	Freestyle
202	Boys	11 yrs	200m	Freestyle
203	Girls	13 yrs	200m	Ind/Medley
204	Boys	13 yrs	200m	Ind/Medley
205	Girls	12 yrs	100m	Breaststroke
206	Boys	12 yrs	100m	Butterfly

Presentations of events 201-204

207	Girls	14 yrs	100m	Freestyle
208	Boys	14 yrs	100m	Backstroke
209	Girls	11 yrs	100m	Butterfly
210	Boys	11 yrs	100m	Breaststroke
211	Girls	13 yrs	100m	Backstroke
212	Boys	13 yrs	100m	Freestyle

Finals for Events 205 to 212

Presentations of finals 205-212

Sunday 22 January 2012

Session 3 – 9.00 am Warm Up for 10.00 am Start

301	Girls	13 yrs	200m	Freestyle
302	Boys	13 yrs	200m	Freestyle
303	Girls	11 yrs	100m	Ind/Medley
304	Boys	11 yrs	100m	Ind/Medley
305	Girls	14 yrs	100m	Breaststroke
306	Boys	14 yrs	100m	Butterfly

Presentations of events 301-304

307	Girls	12 yrs	100m	Freestyle
308	Boys	12 yrs	100m	Backstroke
309	Girls	13 yrs	100m	Butterfly
310	Boys	13 yrs	100m	Breaststroke
311	Girls	11 yrs	100m	Backstroke
312	Boys	11 yrs	100m	Freestyle

Finals for Events 305 to 312

Presentations of finals 305-312

Session 4 - 1.30 pm Warm Up for 2.30 pm Start

401	Girls	12 yrs	200m	Freestyle
402	Boys	12 yrs	200m	Freestyle
403	Girls	14 yrs	200m	Ind/Medley
404	Boys	14 yrs	200m	Ind/Medley
405	Girls	11 yrs	100m	Breaststroke
406	Boys	11 yrs	100m	Butterfly

Presentations of events 401-404

407	Girls	13 yrs	100m	Freestyle
408	Boys	13 yrs	100m	Backstroke
409	Girls	12 yrs	100m	Butterfly
410	Boys	12 yrs	100m	Breaststroke
411	Girls	14 yrs	100m	Backstroke
412	Boys	14 yrs	100m	Freestyle

Finals for Events 405 to 412

Presentations of finals 405-412

Individual Trophies

The Boys and Girls individual trophies will be presented at the end of Session 4 **after** the finals' presentations.

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Consideration Times

Swimmers entry times must be **equal to or faster** than the Consideration times

Ages as at 22 January 2012
(Last day of competition)

Girls

Event	11 years	12 Years	13 Years	14 years
100m Backstroke	01:35.00	01:30.00	01:27.00	01:26.50
100m Breaststroke	01:46.50	01:41.00	01:38.00	01:36.50
100m Butterfly	01:45.00	01:40.00	01:34.50	01:33.50
100m Freestyle	01:23.00	01:18.00	01:15.50	01:14.50
200m Freestyle	02:50.00	02:44.00	02:36.00	02:35.00
100m IM	01:39.00	xx	xx	xx
200m IM	xx	03:08.50	03:01.50	02:56.00

Boys

Event	11 years	12 Years	13 Years	14 years
100m Backstroke	01:37.00	01:32.00	01:26.50	01:25.50
100m Breaststroke	01:47.50	01:42.50	01:36.00	01:34.50
100m Butterfly	01:47.00	01:41.50	01:34.00	01:31.50
100m Freestyle	01:24.00	01:19.50	01:14.50	01:12.50
200m Freestyle	02:51.00	02:44.00	02:36.00	02:31.00
100m IM	01:40.00	xx	xx	xx
200m IM	xx	03:09.50	03:00.00	02:52.50

Closing Date - 9am Monday 12 December 2011.

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The Peak, Stirling Sports Village

Summary Sheet

**** This form must be completed and returned with the payment. ****

Club Name	
Contact	
Address	
Post Code	
Home Tel no	
Mobile Tel no	
e-mail	(important for distribution of information and updates pertaining to the meet)

.....	Male Entries	@ £4.50	£.....
.....	Female Entries	@ £4.50	£.....
.....	Coach's passes (for lunch both days)	@ £10.00	£.....
	Total cheque enclosed		<u>£.....</u>

Please make cheques payable to **Stirling Swimming**

Form to be returned to Meet Entry Secretary

Blair Prentice
10 Abbeyview
Logie Road
Stirling
FK9 5JZ

Tel home 01786 473760,
mobile 07969 040955

e-mail prenticeblair@aol.com

Entry form and fees to be returned by Saturday 17 December 2011.

(i.e. within 5 days of the closing date of 9am Monday 12 December 2011)