

LOTHIAN REGION SWIM GROUP



IAIN MACFADYEN MEMORIAL GALA

MINI AGE GROUP MEET
PRESTONPANS SWIMMING POOL

SATURDAY 6th SEPTEMBER 2014

SESSION 1 WARM UP 9.00am START 9.45am
SESSION 2 WARM UP 1pm START 1.45pm

This is an L3 licensed non accredited meet

License number : ED/L3.637/0113

Age Groups:

8-10 years, 11 years and 12 years

Age groups determined as of 6th September 2014

Swimmers who are either medallists or finalists in the East District Age Groups are NOT eligible to swim in this competition.

A list of events is enclosed.

If events are oversubscribed, rejections will be made from the fastest swimmers.

Swimmers can only swim in their own age group.

Entry fees:

£2.50 per swim for 25metre distance

£3.50 per swim for 50metre distance

£4.00 per swim for 100 metre distance

£6.00 per relay event entered

(cheques made payable to Lothian Region Swim Committee)

Medals will be presented to 1st 2nd and 3rd places to 4th 5th and 6th.

This will be a heat declared winner event and no finals will be swum.

The competition will be swum under SASA rules.

The Management Committee reserves the right to restrict heats if necessary.

Clubs are asked to provide the names of 2 officials and 1 helper for each session of the meet.

Lunch tickets can be requested at a cost of £5.00 each.

All Clubs entering are asked to provide a raffle prize this is to allow us to keep the cost of the entries to a minimum.

**IAIN MACFADYEN MEMORIAL GALA
MINI AGE GROUP MEET**

PROGRAMME OF EVENTS.

- 8-10 YEARS** 25mtrs Butterfly 50mtrs Butterfly, Breaststroke, Backstroke, Freestyle
(swimmers can choose either the 25 or 50metre Butterfly)
- 11 YEARS** 50mtrs Butterfly, Breaststroke, Backstroke, 100mtrs Freestyle
100mtrs Individual Medley
- 12 YEARS** 50mtrs Butterfly 100mtrs Breaststroke, Freestyle, Backstroke
100mtrs Individual Medley
- 8-10 YEARS** 4x25mtrs Medley Relay
(Girl-Back Boy-Breast Boy-Fly Girl- Free)
- 11/12 YEARS** 4x50mtrs Medley Relay
(Girl-Back Boy-Breast Boy-Fly Girl-Free)
Each team must swim at least 1x11 year old Girl
and 1x11 year old Boy.
- 8-10YEARS** 4x25mtrs Freestyle Relay (To be swum Girl, Boy, Girl, Boy)
- 11/12 YEARS** 4x50mtrs Freestyle Relay (To be swum (Girl Boy, Girl, Boy)
Each team must swim at least 1x11 year old Girl
and 1x11 year old Boy.

ENTRIES

Entries should be made using Hy-tek.
These files can be obtained from the Meet Entries Secretary.

Meet Entries Secretary

Susan Liddle
9 Rullion Road
Penicuik
EH26 9HS
01968 673471

e-mail: susan@dwliddle.co.uk

Closing date: Noon Thursday 14th August 2014

Morning Session

Event	Gender	Age Group	Stroke/ Distance
101	F	11 years	100m Individual Medley
102	M	11 years	100m Individual Medley
103	F	12 years	100m Backstroke
104	M	12 years	100m Backstroke
105	F	8-10 years	25m Butterfly
106	M	8-10 years	25m Butterfly
107	F	8-10 years	50m Butterfly
108	M	8-10 years	50m Butterfly
109	F	11 years	50m Breaststroke
110	M	11 years	50m Breaststroke
111	F	12 years	100m Breaststroke
112	M	12 years	100m Breaststroke
113	F	8-10 years	50m Backstroke
114	M	8-10 years	50m Backstroke
115	F	11 years	50m Butterfly
116	M	11 years	50m Butterfly
117	Mixed	8-10 years	100m Medley Relay
118	Mixed	11-12 years	200m Medley Relay

Afternoon Session

Event	Gender	Age Group	Stroke/ Distance
201	F	12 years	100m Individual Medley
202	M	12 years	100m Individual Medley
203	F	8-10 years	50m Breaststroke
204	M	8-10 years	50m Breaststroke
205	F	11 years	50m Backstroke
206	M	11 years	50m Backstroke
207	F	12 years	50m Butterfly
208	M	12 years	50m Butterfly
209	F	8-10 years	50m Freestyle
210	M	8-10 years	50m Freestyle
211	F	11 years	100m Freestyle
212	M	11 years	100m Freestyle
213	F	12 years	100m Freestyle
214	M	12 years	100m Freestyle
215	Mixed	8-10 years	100m Freestyle Relay
216	M	11-12 years	200m Freestyle Relay

Entry Form Summary Sheet



*** Please complete this form and return with your entries. ***

Club Name	
Contact Name	
Club Code	
Address	
Email address	
Telephone number	

Double click anywhere in grid below then add the number of entries, etc. in column B

Total 25metre entries		@ £ 2.50 each:	£	-
Total 50metre entries		@ £ 3.00 each:	£	-
Total 100metre entries		@ £ 4.00 each:	£	-
Total Relay entries		@ £ 6.00 each:	£	-
Coaches Meal Tickets		@ £ 5.00 each:	£	-
			£	-
Total cheque enclosed			£	-

Hit <Enter> & Click anywhere outside the grid to return to normal mode.

oversubscribed swims will be eligible to receive a refund of entry fees

Please make cheques payable to: **Lothian Region Swim Committee**

Return this form along with entries by email no later than

Noon Thursday 14th August 2014

GENERAL INFORMATION

Many thanks for entering The Iain MacFadyen Memorial Gala.

Please find below some general information with regards to the running of the Gala.

- No swimming bags will be allowed onto poolside due to the limited space available.
 - There will be ample lockers available.
 - No food must be consumed at poolside; there is a designated area just outside the pool area.
 - Marshalling will be 4 heats in advance.
 - Only swimmers and coaches will be allowed poolside.
 - Swimmers out with the poolside area **MUST** wear dry clothing and footwear at all times.
 - Outdoor footwear must not be worn on the poolside area.
 - Swimmers must act on the instruction given by meet officials and behave in a reasonable manner at all times.
 - It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
 - The use of Mobile Phones is prohibited by Mercat Gait Leisure Centre
 - **No photographic or video equipment will be allowed in any area without prior approval from the meet organizers. Application forms can be obtained from the meet organizer.**
- **Warm-up/Events**
- The warm-up may only commence when advised to do so.
 - No diving allowed other than in controlled sprint lanes
 - The meet stewards will designate sprint lanes
 - No congregating will be allowed at either end of the pool lanes.
 - The one start rule will be used.

Poolside and Poolside Access

- Swimmers and Coaches only will be allowed poolside.
- Swimmers and Coaches must not take glassware into the showers or onto poolside and are liable for expulsion from the meet if found to do so.

Miscellaneous

- Neither The Lothian Swimming Committee nor Prestonpans Swimming Pool can be held responsible for loss or damage to swimmers, team staff or spectator's property.
- The Lothian Swimming Committee retains the right to amend any of the above conditions as necessary.