**LOTHIAN REGION SWIM GROUP**



**IAIN MACFADYEN MEMORIAL GALA**

MINI AGE GROUP MEET

PRESTONPANS SWIMMING POOL

**SUNDAY 29th SEPTEMBER 2019**

SESSION 1 WARM UP 9.00am START 9.45am

SESSION 2 WARM UP 1pm START 1.45pm

*This is an L3 licensed non accredited meet*

**License number : L3/ED/08/SEP19**

**Age Groups:**

8-10 years, 11 years and 12 years

**Age groups determined as of 29th September 2019**

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***Swimmers who were finalists in the East District Age Groups are NOT eligible to swim in this competition***.

A list of events is enclosed.

***Swimmers can only swim in their own age group.***

**Entry fees:**

£3.00 per swim for 25metre distance

£4.00 per swim for 50 & 100 metre distance

£6.00 per relay event entered

**(cheques made payable to Lothian Region Swim Committee)**

Medals will be presented to 1st 2nd and 3rd award to 4th 5th and 6th.

This will be a heat declared winner event and no finals will be swum.

The competition will be swum under SASA rules.

The Management Committee reserves the right to restrict heats if necessary.

Clubs are asked to provide the names of 2 officials and 1 helper for each session of the meet.

**Lunch tickets can be requested at a cost of £5.00 each.**

**IAIN MACFADYEN MEMORIAL GALA**

**MINI AGE GROUP MEET PROGRAMME OF EVENTS.**

**8-10 YEARS** 25 metre Butterfly 50 metre Butterfly, Breaststroke, Backstroke,

Freestyle

(swimmers can choose either the 25 or 50 metre Butterfly but cannot swim in both of the Butterfly events)

**11 YEARS** 50 metre Butterfly, Breaststroke, Backstroke, 100mtrs Freestyle

100metre Individual Medley

**12 YEARS** 50 metre Butterfly 100mtr Breaststroke, Freestyle, Backstroke

100 metre Individual Medley

**8-10 YEARS** 4x25 metre Medley Relay

(Girl-Back Boy-Breast Boy-Fly Girl- Free)

**11/12 YEARS** 4x50 metre Medley Relay

(Girl-Back Boy-Breast Boy-Fly Girl-Free)

Each team must swim at least 1x11 year old Girl and 1x11 year old Boy.

**8-10YEARS** 4x25 metre Freestyle Relay (To be swum Girl, Boy, Girl, Boy)

**11/12 YEARS** 4x50 metre Freestyle Relay (To be swum (Girl Boy, Girl, Boy) Each team must swim at least 1x11 year old Girl

and 1x11 year old Boy.

**ENTRIES**

Entries should be made using Hy-tek.

These files can be obtained from the Meet Entries Secretary.

**Meet Entries Secretary**

Susan Liddle

9 Rullion Road

Penicuik

EH26 9H

e-mail: [susan.liddle@googlemail.com](mailto:susan.liddle@googlemail.com)

**Closing date: Noon Thursday 5th September 2019**

Morning Session

|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **Gender** | **Age Group** | **Stroke/ Distance** |
| 101 | F | 11 years | 100m Individual Medley |
| 102 | M | 11 years | 100m Individual Medley |
| 103 | F | 12 years | 100m Backstroke |
| 104 | M | 12 years | 100m Backstroke |
| 105 | F | 8-10 years | 25m Butterfly |
| 106 | M | 8-10 years | 25m Butterfly |
| 107 | F | 8-10 years | 50m Butterfly |
| 108 | M | 8-10 years | 50m Butterfly |
| 109 | F | 11 years | 50m Breaststroke |
| 110 | M | 11 years | 50m Breaststroke |
| 111 | F | 12 years | 100m Breaststroke |
| 112 | M | 12 years | 100m Breaststroke |
| 113 | F | 8-10 years | 50m Backstroke |
| 114 | M | 8-10 years | 50m Backstroke |
| 115 | F | 11 years | 50m Butterfly |
| 116 | M | 11 years | 50m Butterfly |
| 117 | Mixed | 8-10 years | 100m Medley Relay |
| 118 | Mixed | 11-12 years | 200m Medley Relay |

Afternoon Session

|  |  |  |  |
| --- | --- | --- | --- |
| **Event** | **Gender** | **Age Group** | **Stroke/ Distance** |
| 201 | F | 12 years | 100m Individual Medley |
| 202 | M | 12 years | 100m Individual Medley |
| 203 | F | 8-10 years | 50m Breaststroke |
| 204 | M | 8-10 years | 50m Breaststroke |
| 205 | F | 11 years | 50m Backstroke |
| 206 | M | 11 years | 50m Backstroke |
| 207 | F | 12 years | 50m Butterfly |
| 208 | M | 12 years | 50m Butterfly |
| 209 | F | 8-10 years | 50m Freestyle |
| 210 | M | 8-10 years | 50m Freestyle |
| 211 | F | 11 years | 100m Freestyle |
| 212 | M | 11 years | 100m Freestyle |
| 213 | F | 12 years | 100m Freestyle |
| 214 | M | 12 years | 100m Freestyle |
| 215 | Mixed | 8-10 years | 100m Freestyle Relay |
| 216 | M | 11-12 years | 200m Freestyle Relay |



**Entry Form Summary Sheet**

*\*\* Please complete this form and return with your entries. \*\**

|  |  |
| --- | --- |
| Club Name |  |
| Contact Name |  |
| Club Code |  |
| Address |  |
| Email address |  |
| Telephone number |  |

**Double click anywhere in grid below then add the number of entries, etc. in column B**

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**Hit <Enter> & Click anywhere outside the grid to return to normal mode.**

Over-subscribed swims will be eligible to receive a refund of entry fees

Please make cheques payable to: **Lothian Region Swim Committee**

*Return this form along with entries by email no later than*

**Noon Thursday 5th September 2019**

GENERAL INFORMATION

Many thanks for entering The Iain MacFadyen Memorial Gala.

Please find below some general information with regards to the running of the Gala.

 No swimming bags will be allowed onto poolside due to the limited space available.

 There are ample lockers available.

 No food must be consumed at poolside; there is a designated area just outside the pool area.

 Marshalling will be 4 heats in advance.

 Only swimmers and coaches will be allowed poolside.

 Swimmers out with the poolside area **MUST** wear dry clothing and footwear at all times.

 Outdoor footwear must not be worn on the poolside area.

 Swimmers must act on the instruction given by meet officials and behave in a reasonable manner at all times.

 It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.

 The use of Mobile Phones is prohibited by Mercat Gait Leisure Centre

 **No photographic or video equipment will be allowed in any area without prior approval from the meet organizers. Application forms can be obtained from the meet organizer.**

 **Warm-up/Events**

 Warm-up may only commence when advised to do so.

 No diving allowed other than in controlled sprint lanes

 The meet stewards will designate sprint lanes

 No congregating will be allowed at either end of the pool lanes.

 The one start rule will be used.

**Poolside and Poolside Access**

 Swimmers and Coaches only will be allowed poolside.

 Swimmers and Coaches must not take glassware into the showers or onto poolside and are liable for expulsion from the meet if found to do so.

**Miscellaneous**

 Neither The Lothian Swimming Committee nor Prestonpans Swimming Pool can be held responsible for loss or damage to swimmers, team staff or spectator’s property.

 The Lothian Swimming Committee retains the right to amend any of the above

conditions as necessary.