Event 205 Girls 10-12 200 Metre IM

	Name	Age	Club	Time	50	100	150	200
1	Mollie Vincent	11	Portsmouth	2:30.42	33.32	1:12.81	1:55.28	2:30.42
2	Claudia Murphy	12	Portsmouth	2:34.94	34.15	1:14.80	2:02.49	2:34.94
3	Chloe Willmott	12	Middlesboro	2:38.32	35.26	1:15.15	2:02.70	2:38.32
4	Sara Hamilton	12	South Aberde	2:39.14	32.74	1:13.31	2:03.83	2:39.14
5	Miranda Broadbent	12	Cockermouth	2:39.84	34.26	1:14.77	2:04.33	2:39.84
6	Eliza Bailey	12	Portsmouth	2:40.49	37.39	1:18.59	2:04.97	2:40.49
7	Rona Plowman	12	Highland	2:40.87	34.44	1:16.57	2:03.92	2:40.87
8	Ashleigh Dale	12	Ulverston	2:41.33	35.15	1:16.58	2:05.79	2:41.33
9	Leanna Marshall	12	North Lanark	2:41.62	34.90	1:17.51	2:04.95	2:41.62
10	Georgie McManus *	12	Northampton	2:41.76	34.97	1:17.69	2:05.36	2:41.76
11	Flora Hanson *	12	Harpenden	2:41.78	35.04	1:14.80	2:05.34	2:41.78
12	Katie Cooper	12	Co Manch Aq	2:43.65	34.03	1:17.43	2:07.67	2:43.65
13	Victoria Edwards	12	Portsmouth	2:43.98	35.83	1:17.30	2:08.64	2:43.98
14	Stephanie Winser *	12	Portsmouth	2:44.12	38.28	1:17.60	2:09.02	2:44.12
15	Jessica Coyle	12	Derwentside	2:44.26	36.04	1:19.69	2:07.80	2:44.26
16	Alex Powis	12	N Ayrshire	2:44.46	36.13	1:16.13	2:09.15	2:44.46
17	Pamela Beck	12	South Aberde	2:44.49	35.45	1:16.62	2:07.51	2:44.49
18	Amber Whitelaw	12	East Lothian	2:44.75	38.06	1:21.09	2:09.84	2:44.75
19	Alexandra Robinson	12	Co Sund'land	2:44.79	37.56	1:21.32	2:06.24	2:44.79
20	Catherine Cameron	12	Co Aberdeen	2:45.23	37.09	1:17.06	2:09.46	2:45.23
21	Grace Newlands	12	Copeland	2:45.64	37.85	1:20.38	2:07.74	2:45.64
22	Kirsten McKinley	11	Co Glasgow	2:45.81	37.11	1:18.47	2:08.62	2:45.81
23	Kirsty McKenzie	12	Co Aberdeen	2:46.33	34.68	1:18.24	2:08.74	2:46.33
24	Kirsty Bale	12	Duns	2:46.47	37.51	1:23.48	2:09.12	2:46.47
25	Jessica Campbell *	12	Portsmouth	2:46.70	36.21	1:18.24	2:08.33	2:46.70
26	Phoebe Whitehead	12	Garioch	2:47.17	36.81	1:19.43	2:09.50	2:47.17
27	Rachael Clark	11	Co Glasgow	2:47.51	34.31	1:17.73	2:10.04	2:47.51
28	Rachael Morris	12	Dumfries	2:47.52	38.03	1:17.46	2:07.27	2:47.52
29	Ailidh Brown	12	InCAS	2:47.62	36.03	1:19.32	2:09.34	2:47.62
30	Rhona Stewart	12	Co Glasgow	2:48.08	40.71	1:23.93	2:10.66	2:48.08
31	Emily Jones	11	Garioch	2:48.21	36.54	1:20.66	2:09.43	2:48.21
32	Lynn MacArthur	12	North Lanark	2:49.16	36.84	1:17.52	2:10.16	2:49.16
33	Ailsa Small	11	Warrender	2:49.25	37.94	1:22.17	2:11.13	2:49.25
34	Nicole Petursdottir	12	Garioch	2:51.71	38.44	1:21.69	2:15.16	2:51.71
35	Lisa Michalski	12	South Aberde	2:52.26	40.56	1:25.79	2:14.58	2:52.26
36	Samantha King	10	N Ayrshire	2:53.94	37.54	1:21.29	2:17.35	2:53.94
37	Rebecca Donaldson	12	Tayside	2:56.59	38.75	1:20.98	2:16.60	2:56.59
---	Leigh Thompson	11	Tynedale	DQ	33.63	1:15.73	2:07.76	

Event 205 Girls 13 Year Olds 200 Metre IM

	Name	Age	Club	Time	50	100	150	200
1	Corrie Scott	13	South Lanark	2:29.37	31.92	1:12.26	1:55.05	2:29.37
2	Holly Brettle	13	Middlesboro	2:29.85	33.62	1:11.79	1:56.00	2:29.85
3	Jennifer Dobson	13	Unattached	2:30.00	33.30	1:09.94	1:55.29	2:30.00
4	Kirsty Harkness *	13	Portsmouth	2:31.48	32.36	1:10.57	1:56.63	2:31.48
5	Brogan Dean	13	Co Manch Aq	2:31.93	34.22	1:13.66	1:57.47	2:31.93
6	Georgina Tuffin *	13	Portsmouth	2:34.13	34.82	1:12.95	1:59.34	2:34.13
7	Ailsa Hershaw	13	Carnegie	2:34.87	33.57	1:13.34	1:58.28	2:34.87
8	Trudie-Ann Hewetson	13	Portsmouth	2:35.21	34.32	1:13.60	2:00.13	2:35.21
9	Roisin Donnelly	13	InCAS	2:35.56	33.24	1:14.61	1:58.91	2:35.56
10	Kitty Newton	13	Portsmouth	2:35.78	33.78	1:14.33	1:59.71	2:35.78
11	Emma Hunter	13	East Lothian	2:37.04	33.77	1:14.72	2:02.02	2:37.04
12	Katy Templeman	13	Middlesboro	2:37.27	33.72	1:14.59	2:02.84	2:37.27
13	Becky Wilde	13	Newburn	2:37.28	34.52	1:14.35	2:02.32	2:37.28
14	Stephanie Blakeburn	13	Billingham	2:37.41	33.80	1:15.16	2:02.68	2:37.41
15	Lauren Kane	13	Co Aberdeen	2:37.51	34.29	1:16.49	2:02.16	2:37.51

16	Yasmin Khera	13	Warrender	2:38.08	34.90	1:17.17	2:01.83	2:38.08
17	Elizabeth Hughes	13	Co Aberdeen	2:38.43	35.41	1:13.43	2:02.51	2:38.43
18	Kate Williams	13	Billingham	2:38.70	33.73	1:13.72	2:03.24	2:38.70
19	Faye Kankowski	13	Ashington	2:38.98	35.28	1:16.42	2:02.00	2:38.98
20	Lynsey Sneddon	13	North Lanark	2:39.56	34.21	1:15.02	2:02.48	2:39.56
21	Jodie Bruce *	13	Portsmouth	2:41.13	33.45	1:15.62	2:04.49	2:41.13
22	Emily Woolnough	13	Portsmouth	2:42.09	35.92	1:15.36	2:05.09	2:42.09
23	Gemma Wimberley	13	Hearts	2:42.19	35.77	1:17.72	2:04.92	2:42.19
24	Stacey Leach	13	Forres	2:42.75	34.52	1:17.12	2:06.47	2:42.75
25	Rosie Maddock	13	Garioch	2:43.11	36.09	1:18.56	2:06.97	2:43.11
26	Kirsten Dippie	13	Aquanauts Li	2:43.36	35.93	1:18.20	2:07.21	2:43.36
27	Ishbel Rodger	13	Fauldhouse	2:43.79	36.96	1:18.53	2:07.36	2:43.79
28	Rachel McQueen	13	Warrender	2:44.35	37.76	1:20.20	2:06.15	2:44.35
29	Lauren Ann Ward	13	Newburn	2:44.51	35.20	1:17.22	2:07.98	2:44.51
30	Elizabeth Templeman	13	Middlesboro	2:44.69	36.16	1:17.74	2:08.34	2:44.69
31	Freya Wraae Stewart	13	Aberdeen	2:46.40	34.35	1:18.87	2:07.84	2:46.40
32	Jenny Sangster	13	South Aberde	2:46.58	37.49	1:20.66	2:09.67	2:46.58
33	Eilidh Kirkwood	13	Broch	2:46.88	35.45	1:19.47	2:10.30	2:46.88
34	Rachel Irvine	13	Fins	2:47.45	36.90	1:18.57	2:09.08	2:47.45

Event 205 Girls 14 Year Olds 200 Metre IM

	Name	Age	Club	Time	50	100	150	200
1	Sarah Kelly	14	Tayside	2:27.82	32.15	1:09.98	1:53.35	2:27.82
2	Lucy Ellis	14	Dunedin	2:29.00	32.36	1:11.67	1:57.46	2:29.00
3	Katie Bell *	14	Cockermouth	2:29.73	32.50	1:11.98	1:55.99	2:29.73
4	Eloise Barber	14	Carnegie	2:30.63	33.22	1:11.56	1:57.26	2:30.63
5	Stephanie Hanley	14	Stirling	2:32.07	34.19	1:11.15	1:57.56	2:32.07
6	Iona Campbell	14	South Lanark	2:32.61	32.91	1:13.46	1:57.10	2:32.61
7	Alice Stanley	14	Portsmouth	2:33.33	34.45	1:11.68	1:58.42	2:33.33
8	Sarah MacLean	14	Co Glasgow	2:33.57	34.20	1:12.22	1:59.45	2:33.57
9	Lucy Foreman	14	Bo Kirklees	2:33.68	33.43	1:14.79	1:58.60	2:33.68
10	Rebekah Wilson	14	Duns	2:34.09	32.42	1:12.75	1:58.18	2:34.09
11	Lauren Hunter	14	Ythan	2:34.99	31.98	1:12.95	1:58.12	2:34.99
12	Lindsay Bloomer	14	South Lanark	2:36.02	33.80	1:14.32	2:00.71	2:36.02
13	Rebecca Green	14	Bo Kirklees	2:36.46	34.20	1:13.35	2:01.00	2:36.46
14	Marnie Stewart	14	Warrender	2:36.53	36.25	1:14.16	2:02.69	2:36.53
15	Libby Francis	14	Tayside	2:36.80	31.56	1:14.04	2:00.07	2:36.80
16	Mairi Drummond	14	Warrender	2:37.14	35.23	1:14.86	2:03.13	2:37.14
17	Sarah Eaglesham *	14	Co Chester	2:37.87	34.63	1:13.91	2:02.89	2:37.87
18	Fiona Gibson	14	Warrender	2:38.03	34.49	1:16.97	2:02.94	2:38.03
19	Kirsty Paterson	14	Dunedin	2:38.37	34.17	1:17.10	2:03.02	2:38.37
20	Jessica Wilkinson	14	Co Manch Aq	2:39.18	33.22	1:15.12	2:01.66	2:39.18
21	Andrea Strachan	14	Shetland	2:39.30	34.70	1:17.67	2:02.47	2:39.30
22	Rachel Wood	14	Co Aberdeen	2:39.53	33.48	1:13.88	2:04.20	2:39.53
23	Amy Harper	14	Lerwick	2:39.66	36.80	1:17.40	2:05.58	2:39.66
24	Ellie Shepherd *	14	Portsmouth	2:40.09	36.47	1:17.69	2:05.65	2:40.09
25	Holly Scott	14	Bo Kirklees	2:40.65	32.81	1:14.38	2:04.55	2:40.65
26	Rosa Brownlee	14	Hearts	2:42.45	34.51	1:16.25	2:04.94	2:42.45
27	Nicola Whyte	14	Fins	2:42.73	34.59	1:15.26	2:05.87	2:42.73
28	Megan Finlayson	14	Tayside	2:44.84	35.45	1:17.49	2:06.53	2:44.84
29	Katherine Gordon	14	Co Aberdeen	2:45.55	35.96	1:17.24	2:07.37	2:45.55
30	Amy Fegan	14	Co Glasgow	2:46.62	36.00	1:22.66	2:09.61	2:46.62
31	Jeanna Gordon	14	South Aberde	2:48.68	37.23	1:19.83	2:08.81	2:48.68

Event 205 Girls 15 Year Olds 200 Metre IM

	Name	Age	Club	Time	50	100	150	200
1	Katy Venters	15	Bo Kirklees	2:25.85	31.67	1:06.72	1:51.43	2:25.85
2	Nicole Wilson	15	Hearts	2:28.36	33.11	1:10.73	1:54.28	2:28.36
3	Sarah Chapman	15	Fins	2:31.16	33.73	1:13.17	1:57.32	2:31.16
4	Aimee Benfield	15	Portsmouth	2:34.73	33.38	1:14.00	1:57.92	2:34.73
5	Emily McQueen	15	Warrender	2:35.19	34.78	1:14.01	1:58.82	2:35.19
6	Rachael Adam	15	Garioch	2:35.83	33.75	1:14.49	1:59.66	2:35.83
7	Isabelle Cowen	15	Bo'ness	2:36.37	34.69	1:13.22	2:01.91	2:36.37
8	Eleanor Brooke	15	Co Aberdeen	2:38.19	34.57	1:16.55	2:01.19	2:38.19
9	Rachel Milne	15	Co Aberdeen	2:38.23	35.33	1:16.22	2:04.69	2:38.23
10	Louise Hamilton	15	North Lanark	2:38.39	32.98	1:14.55	2:00.78	2:38.39
11	Caron Nicholas	15	South Lanark	2:38.45	33.76	1:14.15	2:02.17	2:38.45
12	Nicola Royan	15	Forres	2:38.78	34.96	1:14.24	2:02.55	2:38.78
13	Alisa Hill	15	Co Aberdeen	2:38.94	34.96	1:15.88	2:02.43	2:38.94
14	Olivia White	15	Newburn	2:39.39	35.30	1:17.42	2:03.92	2:39.39
15	Heather Smedley *	15	Crawley	2:40.18	34.41	1:14.35	2:03.53	2:40.18
16	Carly Fraser	15	Peterhead	2:41.40	35.62	1:21.81	2:05.16	2:41.40
17	Shona White	15	Co Glasgow	2:41.95	36.84	1:16.67	2:07.52	2:41.95
18	Lauren Greer	15	Aquanauts Li	2:42.17	34.59	1:15.79	2:05.57	2:42.17
19	Rachael Davidson	15	Co Aberdeen	2:43.30	34.80	1:16.06	2:07.23	2:43.30
20	Holly Ross	15	Aquanauts Li	2:46.40	35.41	1:19.82	2:09.67	2:46.40

Event 205 Girls 16-18 200 Metre IM

	Name	Age	Club	Time	50	100	150	200
1	Hannah Miley	17	Garioch	2:18.13	31.72	1:07.26	1:46.50	2:18.13
2	Louise Pate	18	Hearts	2:25.54	30.33	1:08.03	1:51.36	2:25.54
3	Emma Whiteley	16	Bo Kirklees	2:26.61	32.11	1:11.50	1:52.85	2:26.61
4	Rosie Hood	16	Warrender	2:28.67	35.53	1:11.04	1:55.15	2:28.67
5	Sally Wood	16	Warrender	2:30.42	33.34	1:10.67	1:55.30	2:30.42
6	Kathryn Johnstone	16	Carnegie	2:30.46	33.02	1:14.93	1:55.60	2:30.46
7	Nicola Shand	16	Co Aberdeen	2:30.81	32.19	1:10.20	1:55.62	2:30.81
8	Helen McRoberts	16	Warrender	2:30.98	32.65	1:11.36	1:57.66	2:30.98
9	Rosy Murray	17	Portsmouth	2:31.06	32.50	1:11.50	1:56.48	2:31.06
10	Shiona Hattle	16	North Lanark	2:32.53	31.90	1:10.27	1:56.25	2:32.53
11	Rebecca Bennett	16	Co Manch Aq	2:32.71	32.14	1:13.59	1:58.69	2:32.71
12	Jade Williams	16	Stirling	2:32.96	32.28	1:12.60	1:57.25	2:32.96
13	Rebecca Hillis	17	Co Glasgow	2:32.98	33.27	1:16.58	1:55.91	2:32.98
14	Rachel Gray	16	Bo Stockton	2:33.14	32.67	1:12.98	1:57.29	2:33.14
15	Rachel Flanders	16	Co Manch Aq	2:33.43	33.61	1:13.62	1:58.42	2:33.43
16	Frankie Murphy	17	Portsmouth	2:33.68	33.33	1:12.85	1:58.40	2:33.68
17	Rosie Ogg	16	Stirling	2:33.99	34.22	1:14.13	2:01.00	2:33.99
17	Claire Woolley	16	Warrender	2:33.99	34.12	1:14.20	1:59.34	2:33.99
19	Catherine Wilson	18	Alloa	2:34.58	31.49	1:11.51	1:57.91	2:34.58
20	Katelyn Stewart	16	Warrender	2:35.41	34.70	1:14.96	2:01.00	2:35.41
21	Kristi Wilson	16	Hearts	2:36.10	35.22	1:15.34	2:03.29	2:36.10
22	Cathryn Green	16	Havant & Wat	2:36.14	33.50	1:13.68	2:00.85	2:36.14
23	Audrey Gilmour	16	N Ayrshire	2:38.37	34.43	1:13.96	2:01.61	2:38.37
24	Laura Herd	16	Tayside	2:38.46	33.94	1:16.42	2:00.71	2:38.46
25	Ashley Williamson	17	Tayside	2:38.58	31.55	1:10.51	2:01.69	2:38.58
26	Fiona Andrews	17	Ren 96	2:39.22	34.52	1:15.57	1:59.85	2:39.22

Event 206 Boys 10-12 400 Metre IM

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	James Yule	12	South Aberde	5:15.08	34.13	1:13.79	1:56.33	2:38.68	3:23.14	4:06.06	4:41.77	5:15.08
2	David Morgan	12	Ren 96	5:17.23	33.87	1:11.56	1:53.29	2:32.24	3:19.99	4:06.18	4:43.01	5:17.23
3	Ethan Sloan-Dennison	12	Co Glasgow	5:23.90	35.00	1:13.90	1:57.06	2:39.80	3:25.44	4:11.67	4:49.08	5:23.90
4	Tom Primavesi	12	Co Aberdeen	5:24.17	33.99	1:15.99	1:56.70	2:38.46	3:24.35	4:12.80	4:48.48	5:24.17
5	Elliot Martin	12	Co Aberdeen	5:29.68	36.18	1:17.98	2:02.25	2:45.94	3:32.33	4:18.98	4:54.68	5:29.68
6	Sean Campsie	12	Warrender	5:38.84	36.29	1:19.22	2:03.48	2:47.10	3:35.64	4:25.07	5:02.57	5:38.84
7	Grant Gould	12	Co Glasgow	5:39.54	37.51	1:21.26	2:03.84	2:46.35	3:35.34	4:25.68	5:02.30	5:39.54
8	Thomas Marmion	12	Co Glasgow	5:43.78	37.63	1:19.47	2:05.17	2:47.52	3:39.80	4:28.11	5:07.39	5:43.78
9	Mark Szaranek	11	Carnegie	5:46.40	36.67	1:20.33	2:05.36	2:49.24	3:40.24	4:31.31	5:09.28	5:46.40
10	Jack McCusker	12	Ren 96	5:50.52	36.19	1:20.35	2:05.67	2:51.00	3:40.51	4:33.04	5:11.53	5:50.52

Event 206 Boys 13 Year Olds 400 Metre IM

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Daniel Johnson	13	Middlesboro	5:04.96	31.72	1:08.85	1:48.87	2:28.65	3:12.31	3:56.90	4:31.31	5:04.96
2	Ryan Davidson	13	Grangemouth	5:09.75	31.31	1:08.55	1:49.10	2:29.87	3:13.93	3:59.38	4:35.67	5:09.75
3	Sam George	13	South Aberde	5:13.32	35.72	1:14.47	1:55.74	2:35.73	3:18.56	4:00.81	4:38.61	5:13.32
4	Jamie McKinley	13	Co Glasgow	5:16.29	35.88	1:15.83	1:55.91	2:34.61	3:20.13	4:04.97	4:41.59	5:16.29
5	Joe Lipworth	13	Tayside	5:17.81	33.33	1:14.15	1:54.61	2:34.96	3:19.43	4:04.56	4:41.97	5:17.81
6	Euan Inglis	13	Co Aberdeen	5:27.69	35.64	1:17.99	2:00.16	2:41.55	3:28.00	4:15.56	4:52.33	5:27.69
7	Zach Courtney	13	Warrender	5:27.95	33.56	1:14.14	1:55.87	2:38.31	3:24.77	4:12.02	4:51.70	5:27.95
8	Stuart McIntosh	13	Co Aberdeen	5:29.83	36.17	1:19.51	2:03.01	2:45.36	3:32.46	4:21.21	4:56.09	5:29.83

Event 206 Boys 14 Year Olds 400 Metre IM

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Lewis Dyson	14	Bo Kirklees	4:52.45	32.24	1:09.22	1:45.88	2:21.77	3:04.41	3:48.42	4:20.52	4:52.45
2	Joshua Fowler	14	Portsmouth	4:57.15	32.11	1:09.38	1:46.95	2:23.70	3:07.35	3:50.95	4:24.76	4:57.15
3	Elliot Bilsland	14	Portsmouth	4:57.25	31.28	1:06.24	1:44.57	2:21.87	3:05.51	3:49.81	4:24.45	4:57.25
4	Callum Moorse	14	Portsmouth	5:01.95	30.79	1:06.51	1:44.28	2:23.30	3:07.62	3:53.73	4:28.51	5:01.95
5	Jonathan Carlisle	14	Co Sund'land	5:04.86	31.82	1:10.21	1:47.58	2:24.79	3:09.74	3:55.28	4:30.57	5:04.86
6	Glenn McIntosh	14	Co Glasgow	5:04.91	32.44	1:10.57	1:49.17	2:25.49	3:13.77	3:57.94	4:31.94	5:04.91
7	Steven Swinglehurst	14	Carlisle WP	5:06.84	32.88	1:11.07	1:51.75	2:30.67	3:13.89	3:57.99	4:33.17	5:06.84
8	Jake Howes	14	Portsmouth	5:08.56	31.06	1:09.12	1:50.20	2:30.56	3:15.38	4:02.49	4:34.30	5:08.56
9	Craig McNally	14	Warrender	5:09.74	33.84	1:16.03	1:53.08	2:31.09	3:14.94	3:59.66	4:35.38	5:09.74
10	Mark Steeples	14	Warrender	5:12.49	32.20	1:10.35	1:50.83	2:29.97	3:15.36	4:01.10	4:35.97	5:12.49
11	Dan Wallace	14	Duns	5:13.07	32.58	1:11.92	1:53.77	2:33.21	3:18.02	4:02.35	4:38.65	5:13.07
12	Craig Spargo	14	Highland	5:14.83	30.53	1:06.94	1:47.12	2:26.06	3:14.62	4:03.61	4:40.98	5:14.83
13	Ross Currie	14	Co Glasgow	5:19.57	32.97	1:14.56	1:55.10	2:35.53	3:21.19	4:08.17	4:43.76	5:19.57
14	Alasdair Stirling	14	South Lanark	5:26.16	32.42	1:13.25	1:54.57	2:36.44	3:24.39	4:12.48	4:49.72	5:26.16

Event 206 Boys 15 Year Olds 400 Metre IM

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Douglas Scott	15	South Lanark	4:45.56	29.16	1:03.06	1:41.82	2:19.69	2:59.09	3:37.52	4:12.10	4:45.56
2	James Gibson	15	Co Manch Aq	4:47.39	31.74	1:05.01	1:44.49	2:22.11	3:03.62	3:43.97	4:16.55	4:47.39
3	Daniel Lee	15	Dunedin	4:49.44	31.77	1:08.72	1:45.57	2:23.34	3:03.70	3:45.05	4:18.06	4:49.44
4	Ross Muir	15	Falkirk	4:52.02	31.82	1:07.41	1:44.75	2:19.53	3:02.20	3:43.85	4:19.23	4:52.02
5	Ross Woolley	15	Warrender	4:55.78	31.77	1:08.98	1:46.06	2:22.91	3:05.54	3:48.93	4:22.78	4:55.78
6	Russell Thom	15	Co Aberdeen	4:57.72	32.44	1:09.75	1:47.54	2:24.96	3:06.06	3:47.77	4:23.27	4:57.72
7	Daniel White	15	Portsmouth	5:00.97	32.53	1:11.82	1:51.06	2:28.69	3:12.99	3:57.66	4:30.15	5:00.97
8	Peter Stewart	15	Tayside	5:04.31	32.22	1:12.19	1:52.71	2:31.98	3:12.60	3:54.44	4:29.85	5:04.31
9	Michael McGovern	15	Co Aberdeen	5:06.43	32.87	1:10.80	1:48.79	2:26.21	3:11.35	3:57.09	4:32.89	5:06.43
10	Jonathon Hughes	15	Co Aberdeen	5:08.08	32.28	1:06.29	1:46.79	2:25.47	3:12.83	3:59.00	4:34.63	5:08.08
11	Callum Hillicks *	15	Crawley	5:08.64	30.89	1:06.20	1:46.58	2:25.64	3:12.86	3:59.92	4:34.64	5:08.64
12	Jonas Whitehead	15	Garioch	5:11.39	32.39	1:10.63	1:52.59	2:32.45	3:13.57	3:58.46	4:35.14	5:11.39
13	Tom Forrester	15	Co Newcastle	5:14.01	32.74	1:12.05	1:52.51	2:31.38	3:17.79	4:04.96	4:38.76	5:14.01

Event 206 Boys 16-18 400 Metre IM

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Andrew Haslett	17	Warrender	4:37.40	29.88	1:05.08	1:39.82	2:14.61	2:52.93	3:32.03	4:04.64	4:37.40
2	James Stockdale	18	Portsmouth	4:40.84	29.77	1:04.39	1:40.19	2:15.59	2:57.72	3:39.76	4:11.23	4:40.84
3	Alistair Brown	18	Dunedin	4:41.08	30.29	1:04.98	1:41.53	2:17.92	2:57.68	3:39.14	4:10.84	4:41.08
4	Joshua Clinch	17	Portsmouth	4:43.11	29.76	1:03.41	1:41.33	2:18.71	2:58.15	3:37.94	4:11.00	4:43.11
5	Chris Chasser	18	South Aberde	4:44.53	28.14	1:00.52	1:36.67	2:12.03	2:54.96	3:38.04	4:11.93	4:44.53
6	Andrew Donaldson	16	Ren 96	4:48.99	29.94	1:05.28	1:40.39	2:15.61	2:59.08	3:43.24	4:18.22	4:48.99
6	Iain Scanlon	16	Dunedin	4:48.99	29.24	1:05.43	1:43.73	2:22.18	3:01.87	3:43.90	4:17.57	4:48.99
8	Jonathan Greig	17	Co Aberdeen	4:49.02	29.77	1:04.40	1:41.66	2:18.36	3:02.33	3:46.07	4:18.52	4:49.02
9	Ewan Johnston	17	Warrender	4:49.20	30.99	1:06.01	1:42.97	2:18.81	3:01.22	3:43.52	4:17.35	4:49.20
10	Matthew McCusker	16	Ren 96	4:53.00	30.62	1:06.29	1:44.39	2:23.15	3:03.05	3:45.62	4:19.38	4:53.00
11	Christopher Wilson	17	Co Aberdeen	4:55.62	31.43	1:08.26	1:47.51	2:25.06	3:05.43	3:47.02	4:21.70	4:55.62
12	Stewart Edgar	17	Dumfries	4:57.19	30.77	1:05.34	1:44.21	2:22.60	3:06.48	3:50.06	4:24.56	4:57.19
13	Stephen Waterhouse *	16	Co Leeds	4:57.84	29.89	1:04.54	1:44.19	2:23.37	3:07.07	3:51.30	4:24.78	4:57.84
14	Adrian O'Neill	17	Co Aberdeen	4:59.79	29.56	1:04.98	1:44.15	2:24.28	3:06.04	3:50.02	4:24.81	4:59.79
15	Craig Thomson	16	South Aberde	5:03.84	31.18	1:07.54	1:47.28	2:26.02	3:10.33	3:54.09	4:29.77	5:03.84

Event 207 Girls 10-12 400 Metre Freestyle

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Katie Cooper	12	Co Manch Aq	4:39.85	32.30	1:07.22	1:42.87	2:19.13	2:54.74	3:30.25	4:05.81	4:39.85
2	Mollie Vincent	11	Portsmouth	4:41.36	31.82	1:07.15	1:42.55	2:18.10	2:53.89	3:30.63	4:06.40	4:41.36
3	Stephanie Winser *	12	Portsmouth	4:41.51	33.74	1:09.24	1:45.71	2:20.78	2:56.75	3:32.46	4:07.80	4:41.51
4	Georgie McManus *	12	Northampton	4:46.54	32.00	1:08.49	1:45.09	2:22.11	2:57.96	3:34.86	4:10.79	4:46.54
5	Eliza Bailey	12	Portsmouth	4:48.01	34.05	1:10.04	1:47.24	2:23.31	3:00.00	3:36.06	4:12.88	4:48.01
6	Miranda Broadbent	12	Cockermouth	4:49.95	32.64	1:08.86	1:45.94	2:22.66	3:00.35	3:36.91	4:14.36	4:49.95
7	Claudia Murphy	12	Portsmouth	4:50.59	32.77	1:09.77	1:46.87	2:24.19	3:00.56	3:38.08	4:14.42	4:50.59
8	Ellie Stephenson	12	Middlesboro	4:50.62	33.42	1:09.92	1:47.32	2:24.15	3:01.43	3:38.58	4:15.87	4:50.62
9	Katy Ovington	12	Derwentside	4:53.30	32.81	1:08.28	1:45.55	2:22.89	3:01.19	3:38.97	4:16.81	4:53.30
10	Jessica Coyle	12	Derwentside	4:55.00	33.17	1:08.80	1:45.75	2:23.58	3:01.88	3:39.97	4:17.97	4:55.00
11	Sara Hamilton	12	South Aberde	4:56.99	33.19	1:11.35	1:49.66	2:28.02	3:05.74	3:43.59	4:20.31	4:56.99
12	Rona Plowman	12	Highland	4:57.09	32.52	1:09.62	1:46.74	2:25.08	3:02.83	3:41.74	4:19.35	4:57.09
13	Sarah Paterson	12	Dunedin	4:59.20	33.25	1:10.63	1:48.42	2:27.06	3:05.81	3:45.01	4:22.93	4:59.20
14	Phoebe Whitehead	12	Garioch	5:00.01	34.39	1:11.62	1:49.49	2:27.78	3:06.38	3:44.81	4:23.21	5:00.01
15	Kirsten McKinley	11	Co Glasgow	5:00.03	33.58	1:11.14	1:49.09	2:27.25	3:05.87	3:44.43	4:22.74	5:00.03
16	Alexandra Robinson	12	Co Sund'land	5:00.40	33.38	1:10.50	1:49.00	2:27.10	3:05.80	3:44.31	4:23.00	5:00.40
17	Pamela Beck	12	South Aberde	5:00.49	33.66	1:11.07	1:49.36	2:27.86	3:06.60	3:45.61	4:23.68	5:00.49
18	Leanna Marshall	12	North Lanark	5:01.35	34.23	1:11.68	1:50.64	2:29.79	3:08.88	3:47.38	4:25.68	5:01.35
19	Rhona Stewart	12	Co Glasgow	5:02.47	33.72	1:12.05	1:50.83	2:29.76	3:08.50	3:47.47	4:25.76	5:02.47
20	Rachael Morris	12	Dumfries	5:02.75	34.81	1:12.71	1:51.76	2:30.40	3:09.40	3:47.54	4:26.36	5:02.75
21	Catherine Cameron	12	Co Aberdeen	5:03.43	33.34	1:10.30	1:48.88	2:27.68	3:07.12	3:46.24	4:25.65	5:03.43
22	Flora Hanson *	12	Harpenden	5:05.51	33.85	1:12.51	1:52.51	2:32.16	3:12.07	3:50.39	4:29.11	5:05.51
23	Andie Hinitt	11	Newburn	5:06.39	34.89	1:12.36	1:51.66	2:30.83	3:10.68	3:49.94	4:29.54	5:06.39
24	Nicole Petursdottir	12	Garioch	5:06.48	34.35	1:13.75	1:53.84	2:33.20	3:12.57	3:51.50	4:30.43	5:06.48
25	Rachael Clark	11	Co Glasgow	5:08.31	36.08	1:16.03	1:55.94	2:36.95	3:15.52	3:54.80	4:32.29	5:08.31
26	Tiffany Barber	12	Carnegie	5:09.03	35.00	1:14.86	1:54.21	2:34.65	3:14.31	3:53.85	4:31.79	5:09.03
27	Leigh Thompson	11	Tynedale	5:09.25	32.97	1:11.18	1:50.33	2:29.81	3:09.69	3:49.23	4:30.49	5:09.25
28	Eleanor Robertson	12	South Aberde	5:10.00	34.60	1:13.22	1:52.39	2:32.04	3:11.90	3:52.25	4:31.69	5:10.00
29	Emily Jones	11	Garioch	5:11.29	34.89	1:14.22	1:54.28	2:33.98	3:13.73	3:53.35	4:32.83	5:11.29
30	Lisa Michalski	12	South Aberde	5:11.50	35.12	1:14.83	1:55.24	2:35.05	3:15.13	3:54.97	4:34.09	5:11.50
31	Jessica Campbell *	12	Portsmouth	5:11.92	34.17	1:13.86	1:53.42	2:33.78	3:13.59	3:54.06	4:33.50	5:11.92

Event 207 Girls 13 Year Olds 400 Metre Freestyle

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Holly Brettle	13	Middlesboro	4:38.10	31.34	1:05.98	1:41.05	2:16.55	2:51.93	3:27.85	4:03.56	4:38.10
2	Heather Millar	13	Io Man Asa	4:39.46	31.30	1:05.87	1:41.72	2:17.89	2:53.96	3:30.17	4:05.80	4:39.46
3	Stephanie Blakeburn	13	Billingham	4:40.92	31.34	1:06.50	1:41.79	2:18.29	2:54.01	3:30.59	4:06.42	4:40.92
4	Kirsty Harkness *	13	Portsmouth	4:41.16	32.75	1:07.64	1:43.66	2:19.51	2:55.62	3:31.06	4:06.95	4:41.16

5	Jennifer Dobson	13	Unattached	4:42.18	32.90	1:07.72	1:43.71	2:19.79	2:56.08	3:32.15	4:08.09	4:42.18
6	Blaine Small	13	Carnegie	4:45.27	31.59	1:05.69	1:41.76	2:18.00	2:55.00	3:32.04	4:09.55	4:45.27
7	Rachel Tedeschi	13	Co Glasgow	4:46.60	31.80	1:07.22	1:42.82	2:19.45	2:55.84	3:33.39	4:10.26	4:46.60
8	Becky Wilde	13	Newburn	4:46.72	32.26	1:07.84	1:45.40	2:22.47	2:59.78	3:36.26	4:13.06	4:46.72
9	Georgina Tuffin *	13	Portsmouth	4:48.11	31.71	1:07.63	1:44.27	2:21.55	2:57.35	3:34.58	4:11.45	4:48.11
10	Trudie-Ann Hewetson	13	Portsmouth	4:48.25	31.97	1:08.23	1:44.72	2:22.38	2:58.96	3:36.34	4:12.54	4:48.25
11	Megan Donnelly	13	Co Glasgow	4:48.29	32.80	1:08.38	1:45.30	2:21.83	2:58.84	3:36.08	4:13.02	4:48.29
12	Katy Templeman	13	Middlesboro	4:48.67	33.21	1:08.83	1:45.99	2:22.97	2:59.82	3:36.21	4:13.43	4:48.67
13	Lauren Kane	13	Co Aberdeen	4:49.27	32.97	1:09.04	1:46.36	2:23.16	3:00.20	3:36.96	4:13.57	4:49.27
14	Rachel Smedley	13	Newburn	4:50.92	32.58	1:08.72	1:46.44	2:23.61	3:01.26	3:38.39	4:15.95	4:50.92
15	Brogan Dean	13	Co Manch Aq	4:52.07	31.94	1:08.85	1:46.02	2:24.11	3:01.21	3:38.89	4:15.70	4:52.07
16	Emily Woolnough	13	Portsmouth	4:52.17	33.28	1:09.37	1:46.90	2:23.78	3:01.21	3:38.17	4:15.95	4:52.17
17	Elizabeth Hughes	13	Co Aberdeen	4:52.97	32.92	1:09.26	1:47.11	2:24.42	3:02.43	3:39.64	4:17.70	4:52.97
18	Emma Hunter	13	East Lothian	4:53.35	32.61	1:10.20	1:47.61	2:26.81	3:04.33	3:41.73	4:18.21	4:53.35
19	Yasmin Khera	13	Warrender	4:53.69	32.38	1:08.79	1:46.65	2:24.25	3:02.73	3:40.37	4:18.64	4:53.69
20	Gemma Wimberley	13	Hearts	4:53.73	32.54	1:09.26	1:47.04	2:24.93	3:02.67	3:40.60	4:18.20	4:53.73
21	Lynsey Sneddon	13	North Lanark	4:54.35	32.91	1:08.37	1:45.86	2:23.41	3:01.32	3:39.08	4:17.51	4:54.35
22	Kitty Newton	13	Portsmouth	4:54.76	32.88	1:09.76	1:47.86	2:25.53	3:03.56	3:41.17	4:19.00	4:54.76
23	Vhari McClements	13	Alloa	4:55.12	32.91	1:09.37	1:47.42	2:25.19	3:03.36	3:41.35	4:19.29	4:55.12
24	Lauren Ann Ward	13	Newburn	4:56.20	32.88	1:09.92	1:47.00	2:25.22	3:02.37	3:40.87	4:18.25	4:56.20
25	Stephanie Barker	13	Middlesboro	4:56.63	34.49	1:12.72	1:51.04	2:28.11	3:06.20	3:43.48	4:20.51	4:56.63
26	Rachel McDonald	13	Co Glasgow	4:58.37	33.82	1:10.54	1:48.47	2:26.39	3:04.74	3:43.04	4:21.38	4:58.37
27	Faye Kankowski	13	Ashington	4:58.79	33.12	1:10.34	1:47.77	2:26.32	3:04.92	3:44.05	4:22.48	4:58.79
28	Kaitlyn Gault	13	Ren 96	4:58.97	32.93	1:08.19	1:46.67	2:25.11	3:04.43	3:43.45	4:21.52	4:58.97
29	Charlotte Mould	13	Co Sund'land	4:59.15	32.99	1:08.79	1:46.63	2:24.93	3:03.94	3:43.01	4:21.68	4:59.15
30	Stacey Leach	13	Forres	4:59.21	33.17	1:10.75	1:49.04	2:28.10	3:06.70	3:45.96	4:23.92	4:59.21
31	Elizabeth Templeman	13	Middlesboro	4:59.75	33.28	1:09.89	1:47.59	2:25.48	3:04.24	3:43.14	4:21.79	4:59.75
32	Catriona Groundwater	13	Co Sund'land	4:59.85	32.18	1:09.03	1:46.68	2:25.45	3:03.69	3:42.97	4:21.34	4:59.85
33	Jenny Sangster	13	South Aberde	5:00.25	33.61	1:12.74	1:51.07	2:30.05	3:07.75	3:46.26	4:23.53	5:00.25
34	Ishbel Rodger	13	Fauldhouse	5:00.63	34.64	1:12.44	1:50.61	2:28.78	3:06.97	3:45.75	4:24.13	5:00.63
35	Jodie Braid	13	Highland	5:05.59	34.40	1:12.35	1:52.34	2:31.63	3:11.20	3:50.41	4:29.16	5:05.59
36	Freya Wraae Stewart	13	Aberdeen	5:09.58	32.89	1:10.81	1:50.30	2:30.83	3:10.50	3:50.75	4:30.24	5:09.58
37	Rachel Irvine	13	Fins	5:12.17	33.98	1:13.32	1:52.66	2:32.81	3:12.30	3:52.93	4:32.68	5:12.17
38	Eilidh Kirkwood	13	Broch	5:13.37	34.46	1:13.21	1:53.93	2:34.47	3:15.51	3:55.23	4:35.70	5:13.37
39	Corrie Scott	13	South Lanark	5:21.43	35.33	1:15.61	1:55.54	2:36.27	3:16.75	3:58.35	4:39.65	5:21.43

Event 207 Girls 14 Year Olds 400 Metre Freestyle

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Olivia Atkinson	14	Middlesboro	4:28.45	30.66	1:04.26	1:38.37	2:13.08	2:46.66	3:21.25	3:55.13	4:28.45
2	Sarah Eaglesham *	14	Co Chester	4:31.73	31.36	1:05.99	1:40.00	2:15.20	2:49.34	3:24.33	3:58.56	4:31.73
3	Sarah MacLean	14	Co Glasgow	4:34.14	31.44	1:06.07	1:40.93	2:16.15	2:50.75	3:25.58	3:59.81	4:34.14
4	Katie Bell *	14	Cockermouth	4:39.67	31.47	1:05.99	1:41.74	2:17.75	2:53.85	3:29.99	4:05.75	4:39.67
5	Sarah Kelly	14	Tayside	4:40.65	31.77	1:06.14	1:41.05	2:16.34	2:51.53	3:28.17	4:04.21	4:40.65
6	Jessica Wilkinson	14	Co Manch Aq	4:41.73	31.92	1:07.58	1:42.94	2:18.98	2:54.46	3:30.49	4:06.06	4:41.73
7	Lorna Breeze	14	Co Sund'land	4:42.72	31.96	1:07.30	1:42.92	2:19.38	2:55.18	3:31.82	4:07.68	4:42.72
8	Rebecca Green	14	Bo Kirklees	4:44.40	32.86	1:08.68	1:44.80	2:20.92	2:57.40	3:33.80	4:09.67	4:44.40
9	Mairi Drummond	14	Warrender	4:44.73	31.58	1:06.83	1:42.64	2:19.44	2:56.33	3:33.63	4:09.72	4:44.73
10	Lindsay Bloomer	14	South Lanark	4:46.55	32.15	1:07.64	1:44.20	2:21.40	2:57.99	3:34.82	4:11.13	4:46.55
11	Lucy Foreman	14	Bo Kirklees	4:46.97	32.52	1:09.11	1:45.47	2:22.96	2:58.85	3:36.41	4:12.51	4:46.97
12	Eloise Barber	14	Carnegie	4:47.49	31.78	1:06.84	1:43.35	2:19.98	2:57.28	3:34.57	4:11.32	4:47.49
13	Marnie Stewart	14	Warrender	4:47.82	32.75	1:09.06	1:45.76	2:22.78	2:59.24	3:35.83	4:11.99	4:47.82
14	Amy Harper	14	Lerwick	4:48.59	32.35	1:09.52	1:45.75	2:22.65	2:59.46	3:36.87	4:13.40	4:48.59
15	Hazel McBride	14	Ren 96	4:49.76	32.14	1:08.43	1:45.95	2:22.68	3:00.18	3:37.50	4:14.23	4:49.76
16	Iona Campbell	14	South Lanark	4:50.99	32.72	1:09.06	1:46.37	2:24.00	3:00.99	3:37.98	4:15.00	4:50.99
17	Emma Smith	14	Ren 96	4:51.12	32.81	1:08.15	1:45.03	2:21.73	2:59.60	3:37.01	4:14.96	4:51.12
18	Rachel Wood	14	Co Aberdeen	4:51.42	33.29	1:10.07	1:46.88	2:24.35	3:01.58	3:39.46	4:16.08	4:51.42
19	Louise Kennedy	14	Tayside	4:53.05	33.13	1:09.51	1:47.07	2:24.53	3:02.74	3:40.47	4:18.20	4:53.05
20	Amy Fegan	14	Co Glasgow	4:56.07	33.11	1:10.37	1:48.71	2:26.89	3:03.87	3:41.09	4:19.26	4:56.07

21	Fiona Gibson	14	Warrender	4:56.35	32.64	1:10.12	1:48.31	2:26.76	3:04.74	3:43.76	4:21.03	4:56.35
22	Andrea Strachan	14	Shetland	5:02.00	32.71	1:10.62	1:49.14	2:28.75	3:07.47	3:46.80	4:25.18	5:02.00
23	Lori Connell	14	Elgin	5:03.55	33.70	1:12.25	1:50.47	2:29.65	3:08.67	3:49.07	4:27.19	5:03.55
24	Jessica Sisson	14	Carlisle WP	5:06.41	34.39	1:11.29	1:50.67	2:29.30	3:09.16	3:48.21	4:28.48	5:06.41
25	Katherine Simpson	14	Aberdeen	5:07.44	33.77	1:11.16	1:51.07	2:30.89	3:11.46	3:50.73	4:30.20	5:07.44
26	Katherine Gordon	14	Co Aberdeen	5:07.65	34.57	1:12.62	1:50.86	2:30.41	3:09.86	3:49.56	4:28.70	5:07.65
27	Natalie Anderson	14	East Lothian	5:10.57	33.10	1:10.79	1:50.36	2:31.06	3:11.56	3:52.45	4:32.84	5:10.57
28	Michelle Galbraith	14	Ren 96	5:11.50	32.18	1:09.56	1:47.55	2:27.75	3:07.78	3:49.42	4:29.77	5:11.50
29	Emma Easton	14	South Aberde	5:11.90	34.18	1:12.65	1:52.99	2:33.21	3:13.54	3:53.19	4:33.32	5:11.90

Event 207 Girls 15 Year Olds 400 Metre Freestyle

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Nicole Wilson	15	Hearts	4:28.30	31.02	1:04.67	1:38.75	2:13.37	2:46.85	3:21.11	3:54.79	4:28.30
2	Olivia White	15	Newburn	4:36.36	31.57	1:05.65	1:40.46	2:15.69	2:51.07	3:26.73	4:01.90	4:36.36
3	Sophie Ballantyne	15	Co Sund'land	4:36.41	30.59	1:04.33	1:38.61	2:13.80	2:49.00	3:25.13	4:01.08	4:36.41
4	Jennifer Davis	15	Carnegie	4:38.84	31.20	1:05.04	1:40.24	2:15.65	2:51.81	3:27.76	4:04.02	4:38.84
5	Katy Venters	15	Bo Kirklees	4:40.04	31.63	1:05.49	1:41.64	2:17.22	2:53.57	3:29.65	4:05.23	4:40.04
6	Isabelle Cowen	15	Bo'ness	4:40.60	32.12	1:06.70	1:42.64	2:17.72	2:53.83	3:30.10	4:06.02	4:40.60
7	Cara Purdie	15	Co Glasgow	4:45.01	32.97	1:09.04	1:45.24	2:21.94	2:58.12	3:34.97	4:10.76	4:45.01
8	Holly Ross	15	Aquanauts Li	4:45.80	32.11	1:08.49	1:44.88	2:21.41	2:57.63	3:34.55	4:10.72	4:45.80
9	Rachel Milne	15	Co Aberdeen	4:45.89	32.41	1:07.69	1:43.75	2:20.19	2:56.82	3:33.25	4:10.04	4:45.89
10	Charlotte Goode	15	Bo Kirklees	4:46.58	30.77	1:05.85	1:42.12	2:20.18	2:56.75	3:35.48	4:11.41	4:46.58
11	Rosie Abernethy	15	Alloa	4:47.93	31.57	1:08.12	1:44.32	2:21.98	2:58.46	3:36.28	4:11.95	4:47.93
12	Kimmy Allan	15	North Lanark	4:48.55	32.40	1:07.28	1:43.78	2:20.18	2:57.58	3:34.70	4:12.76	4:48.55
13	Laura Huggon	15	Co Carlisle	4:50.82	31.52	1:07.17	1:43.48	2:20.94	2:58.56	3:36.96	4:14.83	4:50.82
14	Laura Shields	15	Bo Kirklees	4:50.84	33.69	1:08.88	1:45.99	2:22.67	3:00.76	3:37.48	4:15.05	4:50.84
15	Nicola Royan	15	Forres	4:50.99	32.24	1:07.48	1:44.81	2:21.97	2:59.86	3:37.24	4:15.47	4:50.99
16	Rachael Lindsay	15	North Lanark	4:53.31	34.70	1:11.92	1:49.31	2:26.96	3:04.32	3:41.89	4:18.40	4:53.31
17	Shona White	15	Co Glasgow	4:53.76	32.17	1:07.90	1:44.10	2:22.12	2:59.56	3:38.04	4:15.73	4:53.76
18	Heather Smedley *	15	Crawley	4:54.03	34.31	1:10.80	1:48.63	2:25.76	3:04.34	3:41.48	4:18.48	4:54.03
19	Kirsty Simpson	15	Co Glasgow	4:56.20	33.48	1:10.04	1:47.83	2:25.73	3:03.80	3:41.88	4:20.19	4:56.20
20	Lisa Odie	15	Lerwick	4:56.30	33.44	1:09.96	1:47.61	2:25.85	3:04.63	3:42.21	4:20.80	4:56.30
21	Amy Coats	15	North Lanark	5:03.88	33.47	1:11.42	1:51.05	2:29.79	3:09.24	3:48.27	4:27.81	5:03.88
22	Brionna Wilson	15	Bo'ness	5:06.07	32.55	1:09.08	1:46.46	2:25.92	3:05.32	3:46.64	4:26.52	5:06.07
23	Kirstie Duncan	15	South Aberde	5:09.00	32.84	1:10.28	1:49.01	2:28.67	3:08.14	3:49.31	4:29.31	5:09.00

Event 207 Girls 16-18 400 Metre Freestyle

	Name	Age	Club	Time	50	100	150	200	250	300	350	400
1	Emma Godwin	16	Co Manch Aq	4:29.57	30.58	1:03.88	1:37.92	2:12.35	2:46.72	3:21.66	3:55.96	4:29.57
2	Helen McRoberts	16	Warrender	4:31.69	31.70	1:04.97	1:39.98	2:14.41	2:49.35	3:23.89	3:58.56	4:31.69
3	Ruth MacLean	16	Co Glasgow	4:33.94	31.01	1:05.21	1:39.44	2:14.71	2:49.28	3:24.51	3:59.24	4:33.94
4	Rachel Gray	16	Bo Stockton	4:34.56	31.11	1:04.61	1:39.75	2:14.46	2:50.11	3:25.10	4:00.76	4:34.56
5	Rosy Murray	17	Portsmouth	4:35.09	31.26	1:05.85	1:40.50	2:15.88	2:50.38	3:25.72	4:00.39	4:35.09
6	Rebecca Bennett	16	Co Manch Aq	4:36.52	31.33	1:04.99	1:39.68	2:14.43	2:49.70	3:25.37	4:01.98	4:36.52
7	Rebecca Hillis	17	Co Glasgow	4:36.74	30.27	1:04.07	1:38.55	2:14.07	2:49.65	3:25.61	4:00.76	4:36.74
8	Rachel Flanders	16	Co Manch Aq	4:39.15	32.99	1:08.33	1:43.54	2:19.19	2:54.62	3:29.99	4:05.18	4:39.15
9	Cathy McManus *	17	Northampton	4:39.35	32.71	1:07.20	1:42.72	2:18.04	2:53.46	3:28.86	4:04.86	4:39.35
10	Emma Reid	17	Milngavie &b	4:39.59	32.30	1:07.10	1:42.64	2:18.39	2:53.77	3:29.86	4:05.09	4:39.59
11	Katie Spalding	16	Co Glasgow	4:40.76	31.92	1:05.61	1:41.10	2:16.60	2:53.32	3:29.59	4:05.93	4:40.76
12	Nicola Shand	16	Co Aberdeen	4:43.34	31.87	1:07.13	1:42.57	2:18.98	2:54.77	3:31.32	4:07.50	4:43.34
13	Claire Woolley	16	Warrender	4:46.36	31.33	1:06.55	1:42.03	2:19.31	2:56.25	3:34.20	4:10.72	4:46.36
14	Frankie Murphy	17	Portsmouth	4:48.40	32.06	1:07.01	1:43.80	2:20.90	2:58.44	3:35.82	4:13.16	4:48.40
15	Ailie McGowan	16	Hearts	4:51.59	31.68	1:07.54	1:44.02	2:21.51	2:58.65	3:37.22	4:14.47	4:51.59
16	Natalie Milne	17	Tayside	4:57.26	32.13	1:08.47	1:45.58	2:24.08	3:01.74	3:40.55	4:18.94	4:57.26
17	Faye Smartt	16	South Lanark	5:00.79	35.17	1:12.89	1:51.37	2:29.19	3:07.89	3:45.95	4:24.40	5:00.79