



Scottish Amateur Swimming Association
East District Open Championships
incorporating the Grand Prix



Royal Commonwealth Pool - 1st February 2014

Session 4 – Results

Final of Event 201 Womens 200 Metre IM

Name	Age	Club	Time	50	100	150	200
A Final							
1 Emily Jones	18	Edinburgh Un	2:19.60	29.96	1:06.32	1:46.38	2:19.60
2 Sally Wood	23	Warrender	2:20.74	31.05	1:07.67	1:48.14	2:20.74
3 Shani Stallard	20	Ireland	2:20.90	31.06	1:05.81	1:47.50	2:20.90
4 Raquel Matos	18	East Lothian	2:21.38	28.89	1:05.07	1:47.66	2:21.38
5 Jessica Christie	17	South Aberde	2:22.36	30.21	1:07.23	1:49.80	2:22.36
6 Samantha Caulfield	16	Carnegie	2:22.83	30.96	1:08.04	1:49.92	2:22.83
7 Antoinette Neamt	13	Ireland	2:24.92	31.65	1:09.60	1:52.77	2:24.92
8 Jessica Jackson	16	Hatfield	2:27.34	31.05	1:09.34	1:54.30	2:27.34
B - Final							
9 Jennifer King	16	N Ayrshire	2:24.37	31.11	1:06.54	1:51.18	2:24.37
10 Alannah Leonard	17	Ulster-US	2:27.68	31.67	1:09.39	1:53.76	2:27.68
11 Kimberley Mackay	15	Warrender	2:29.91	32.36	1:11.84	1:54.58	2:29.91
12 Jessica Thomson	15	Co Aberdeen	2:29.92	32.98	1:10.22	1:55.50	2:29.92
13 Sophia Green	14	Elgin	2:31.52	32.53	1:11.92	1:56.16	2:31.52
14 Elinor Spencer	18	Stirling	2:31.64	30.81	1:10.92	1:56.29	2:31.64
15 Lauren McKenzie	15	Elgin	2:33.08	32.00	1:10.88	1:58.00	2:33.08
16 Natasha Pollock	16	Ulster-US	2:33.43	31.98	1:11.85	1:58.24	2:33.43

Final of Event 202 Mens 200 Metre Freestyle

Name	Age	Club	Time	50	100	150	200
A Final							
1 Joshua Walsh	22	Uni of Stir	1:50.95	26.37	54.51	1:23.06	1:50.95
2 Stephen Milne	19	Perth City	1:51.11	25.63	53.60	1:22.37	1:51.11
3 Martyn Walton	16	Hatfield	1:51.89	26.42	55.36	1:23.64	1:51.89
4 Caleb Hughes	18	Hatfield	1:52.48	26.57	55.54	1:24.05	1:52.48
5 Cameron Brodie	21	Uni of Stir	1:52.96	26.62	55.27	1:24.26	1:52.96
6 Jak Scott	22	Uni of Stir	1:53.10	26.33	54.90	1:23.91	1:53.10
7 Rob Bale	23	Uni of Stir	1:54.13	26.08	54.34	1:23.66	1:54.13
8 Matthew Parks	20	Edinburgh Un	1:54.16	26.38	55.11	1:24.43	1:54.16
B - Final							
9 Brendan Hyland	19	Ireland	1:53.59	26.97	56.31	1:25.34	1:53.59
10 Mark Szaranek	18	Carnegie	1:54.26	26.59	55.37	1:25.22	1:54.26
11 Nico Campbell	16	Hatfield	1:55.47	26.96	56.44	1:26.27	1:55.47
12 Seamus Stacey	23	Ireland	1:56.45	27.04	56.31	1:26.49	1:56.45
13 Cameron Smith	21	Edinburgh Un	1:56.48	27.40	56.88	1:26.80	1:56.48
14 Alasdair Stirling	21	Co Glasgow	1:57.09	26.57	55.57	1:26.44	1:57.09
15 Jordan Sloan	20	Ulster-US	1:57.46	26.04	55.26	1:26.07	1:57.46
16 Andrew Meegan	23	Ireland	1:59.48	27.61	58.05	1:29.30	1:59.48

Final of Event 203 Womens 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
A Final							
1 Rachael O'Donnell	17	Carnegie	2:31.99	34.47	1:12.64	1:51.96	2:31.99
2 Kathryn Johnstone	23	Edinburgh Un	2:32.59	34.90	1:13.56	1:53.31	2:32.59
3 Hayley Monteith	19	Edinburgh Un	2:33.82	35.18	1:14.02	1:53.35	2:33.82
4 Katie Armitage	17	Hatfield	2:34.18	34.67	1:13.79	1:53.82	2:34.18
5 Kerry Buchan	26	Uni of Stir	2:34.46	35.17	1:14.78	1:55.08	2:34.46
6 Olivia White	18	Edinburgh Un	2:34.74	35.89	1:15.78	1:55.47	2:34.74
7 Corrie Scott	20	Edinburgh Un	2:35.33	35.10	1:14.65	1:54.92	2:35.33
8 Niamh Kilgallen	15	Ireland	2:36.45	36.15	1:16.01	1:56.55	2:36.45



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Final of Event 203 Womens 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
B - Final							
9 Emma Chittleburgh	15	Warrender	2:33.50	35.55	1:14.65	1:54.07	2:33.50
10 Kara Hanlon	16	Inverness	2:38.36	36.65	1:16.96	1:58.52	2:38.36
11 Dearbhail McNamara	16	Ireland	2:39.17	35.90	1:15.99	1:57.68	2:39.17
12 Erin Robertson	14	Sth Ayrshire	2:40.78	37.40	1:18.65	2:00.60	2:40.78
13 Lauren Sutherland	15	Midlothian	2:42.82	36.95	1:18.34	2:01.04	2:42.82
14 Christina Mc Dowell	14	Ulster-US	2:42.93	37.71	1:19.27	2:01.67	2:42.93
15 Shannon McClelland	18	Dumfries	2:43.43	37.12	1:18.71	2:00.82	2:43.43
16 Rosie Wynne	17	EastKilbride	2:48.59	36.94	1:19.84	2:03.71	2:48.59

Final of Event 204 Mens 100 Metre Butterfly

Name	Age	Club	Time	50	100
A Final					
1 Ryan Bennett	23	Uni of Stir	54.49		
2 Brendan Hyland	19	Ireland	55.05		
3 Craig Bowman	17	Carnegie	55.44		
4 Brian E O'Sullivan	18	Ireland	55.90		
5 Daniel Scott	23	Co Glasgow	56.22		
6 Sean Campsie	19	Warrender	56.33		
7 Euan Dunbar	19	Co Aberdeen	57.50		
8 Felix Gifford	19	Co Aberdeen	58.15		
B - Final					
9 Cameron Finlayson	16	Heart Of Mid	59.23	27.62	59.23
10 Alasdair Stirling	21	Co Glasgow	59.39	28.37	59.39
11 James Black	17	Warrender	59.47	28.41	59.47
12 Daniel Barraclough	19	Edinburgh Un	59.50	27.41	59.50
13 Greg Watson	18	Fins	59.57	27.21	59.57
14 Craig Barnes	15	Carnegie	59.60	27.92	59.60
15 Ross Leslie	15	Rutherglen	59.70	27.91	59.70
16 David Mulligan	17	Warrender	1:00.16	28.60	1:00.16

Final of Event 205 Womens 400 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
1 Camilla Hattersley	19	Co Glasgow	4:18.16	30.30	1:02.91	1:35.83	2:08.91	2:41.95	3:14.68	3:47.26	4:18.16
2 Megan Gilchrist	23	Edinburgh Un	4:18.52	30.73	1:03.16	1:36.02	2:09.11	2:41.96	3:14.59	3:47.16	4:18.52
3 Sian Morgan	19	Edinburgh Un	4:19.89	30.17	1:02.31	1:35.14	2:08.24	2:41.65	3:15.11	3:48.21	4:19.89
4 Antoinette Neamt	13	Ireland	4:20.19	30.11	1:02.50	1:35.60	2:08.90	2:42.27	3:15.94	3:49.11	4:20.19
5 Abbie Houston	18	Dumfries	4:24.21	30.28	1:02.87	1:36.29	2:09.99	2:43.70	3:17.92	3:51.77	4:24.21
6 Pippa Shuttleworth	16	Hatfield	4:28.37	30.79	1:04.12	1:37.88	2:12.10	2:46.33	3:20.59	3:54.77	4:28.37
7 Mary-Kate McDowell	17	Ireland	4:31.49	30.56	1:03.81	1:37.96	2:12.59	2:47.38	3:22.39	3:57.31	4:31.49
8 Gillian Clark	18	East Lothian	4:36.65	30.72	1:04.09	1:38.23	2:13.47	2:49.30	3:25.49	4:01.72	4:36.65

Final of Event 206 Mens 400 Metre IM

Name	Age	Club	Time	50	100	150	200	250	300	350	400
1 Lewis Smith	26	Uni of Stir	4:25.26	28.01	59.40	1:34.23	2:07.68	2:45.42	3:22.74	3:54.89	4:25.26
2 Ross Muir	22	Uni of Stir	4:25.93	28.90	1:00.58	1:34.19	2:06.90	2:44.97	3:22.14	3:54.55	4:25.93
3 Stuart McIntosh	20	Co Aberdeen	4:39.02	28.71	1:01.21	1:36.56	2:11.51	2:50.84	3:31.90	4:05.33	4:39.02
4 Ryan Brown	16	B.E.S.T.	4:41.15	29.19	1:02.34	1:38.54	2:14.25	2:55.06	3:37.23	4:10.24	4:41.15
5 Ross Woolley	22	Warrender	4:42.14	29.12	1:02.61	1:38.84	2:14.05	2:54.51	3:35.58	4:09.88	4:42.14
6 James Brown	16	Ulster-US	4:45.24	29.58	1:03.90	1:40.79	2:17.59	2:59.61	3:42.11	4:14.38	4:45.24
7 Chris Lowther	18	Co Glasgow	4:45.34	29.82	1:03.66	1:39.73	2:15.24	2:58.08	3:41.21	4:13.96	4:45.34
8 Cameron Nelson	15	Carnegie	4:47.46	29.22	1:03.10	1:41.43	2:17.64	2:59.16	3:41.37	4:15.55	4:47.46



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Session 4 – Results

Final of Event 207 Womens 50 Metre Breaststroke

Name	Age	Club	Time	Name	Age	Club	Time
A Final				B - Final			
1 Corrie Scott	20	Edinburgh Un	32.18	9 Samantha Caulfield	16	Carnegie	34.18
2 Kathryn Johnstone	23	Edinburgh Un	32.28	10 Emma Crawford	16	East Lothian	34.54
*3 Kerry Buchan	26	Uni of Stir	32.60	11 Niamh Kilgallen	15	Ireland	34.60
*3 Andrea Strachan	21	Edinburgh Un	32.60	12 Kimberley Mackay	15	Warrender	34.64
5 Katie Armitage	17	Hatfield	32.73	13 Erin Robertson	14	Sth Ayrshire	34.70
6 Hayley Monteith	19	Edinburgh Un	32.97	14 Ashleigh Hyland	24	Ulster-US	35.12
7 Kara Hanlon	16	Inverness	33.12	15 Dearbhail McNamara	16	Ireland	35.29
8 Caitlin Tootill	17	Co Aberdeen	33.39	16 Katie McIntyre	14	Lanark	35.96

Final of Event 208 Mens 50 Metre Freestyle

Name	Age	Club	Time	Name	Age	Club	Time
A Final				B - Final			
1 Richard Schafers	23	Edinburgh Un	22.94	9 David Thompson	20	Ulster-US	24.28
2 Curtis Coulter	19	Ireland	23.13	10 Nico Campbell	16	Hatfield	24.51
3 Jack Thorpe	19	Edinburgh Un	23.33	11 Matthew Parks	20	Edinburgh Un	24.54
4 Conor Munn	18	Ireland	23.42	*12 Simran Wilks	18	Warrender	24.62
5 Kieran McGuckin	23	Edinburgh Un	23.61	*12 David Prendergast	19	Ireland	24.62
6 Craig Houston	29	Milngavie &b	23.93	*14 Mark Szaranek	18	Carnegie	24.64
7 Jak Scott	22	Uni of Stir	24.08	*14 James Richardson	17	Ulster-US	24.64
8 Alasdair Stirling	21	Co Glasgow	24.49	16 Greg Watson	18	Fins	24.81

Final of Event 209 Womens 100 Metre Backstroke

Name	Age	Club	Time	50	100
A Final					
1 Megan Briggs	17	Warrender	1:04.19	31.51	1:04.19
2 Chelsea Lawson	18	Carnegie	1:04.42	31.32	1:04.42
3 Kirsty Simpson	18	Carnegie	1:04.97	31.55	1:04.97
4 Karen Reid	15	Sth Ayrshire	1:05.08	31.22	1:05.08
5 Rachel Sharples	17	East Lothian	1:05.23	31.82	1:05.23
6 Danielle Hill	14	Ulster-US	1:07.13	32.45	1:07.13
7 Bethany Firth	18	Ulster-US	1:07.83	32.61	1:07.83
8 Emily Grant	16	Co Aberdeen	1:07.93	32.63	1:07.93
B - Final					
9 Laoise Fleming	15	Ireland	1:06.47	31.97	1:06.47
10 Jennifer King	16	N Ayrshire	1:06.67	32.46	1:06.67
11 Shona Mackie	16	West Lothian	1:07.06	32.48	1:07.06
12 Charlie Cavens	14	Warrender	1:07.95	33.57	1:07.95
13 Cara Smith	16	Stirling	1:08.46	32.75	1:08.46
14 Julie Williams	18	Milngavie &b	1:08.82	32.58	1:08.82
15 Rachel Saxon	15	EastKilbride	1:10.08	34.05	1:10.08
16 Lexie Waller	12	Heart Of Mid	1:10.57	33.80	1:10.57

Final of Event 210 Mens 200 Metre Backstroke

Name	Age	Club	Time	50	100	150	200
A Final							
1 Craig McNally	21	Warrender	2:01.48	28.61	58.78	1:31.43	2:01.48
2 Charlie Boldison	21	Uni of Stir	2:03.95	29.28	1:01.44	1:33.36	2:03.95
3 Conor Ferguson	14	Ulster-US	2:08.78	30.25	1:02.78	1:36.38	2:08.78
4 Ross McCafferty	21	Co Glasgow	2:09.16	30.54	1:03.45	1:36.62	2:09.16
5 Mark Szaranek	18	Carnegie	2:09.41	30.07	1:02.44	1:36.51	2:09.41
6 Fraser Spooner	17	West Lothian	2:09.49	30.68	1:04.11	1:37.74	2:09.49
7 Joe Yeoman	18	Co Aberdeen	2:10.75	30.64	1:03.93	1:37.87	2:10.75
8 Martyn Walton	16	Hatfield	2:12.77	30.97	1:04.43	1:38.42	2:12.77



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Final of Event 210 Mens 200 Metre Backstroke

Name	Age	Club	Time	50	100	150	200
B - Final							
9 Craig McLean	15	Carnegie	2:09.65	29.96	1:03.17	1:36.31	2:09.65
10 Alistair Campbell	17	Dumfries	2:11.49	30.78	1:03.85	1:38.14	2:11.49
11 Chris McColm	16	East Lothian	2:11.82	30.23	1:03.23	1:37.54	2:11.82
12 Matthew Thomson	15	East Lothian	2:16.49	31.87	1:05.81	1:40.99	2:16.49
13 Finlay Deans	14	Co Aberdeen	2:17.14	31.76	1:06.78	1:42.26	2:17.14
14 Cameron Nelson	15	Carnegie	2:18.84	32.85	1:08.12	1:44.50	2:18.84
15 Scott Coutts	18	Edinburgh Un	2:20.02	32.75	1:08.09	1:44.73	2:20.02
16 Henry Mackenzie	17	Warrender	2:20.22	32.10	1:08.68	1:45.07	2:20.22

Final of Event 211 Womens 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
A Final							
1 Tain Bruce	15	Carnegie	2:17.88	29.93	1:04.50	1:40.95	2:17.88
2 Clodagh Flood	16	Ireland	2:20.05	31.69	1:06.89	1:43.68	2:20.05
3 Rebecca Smith	17	Warrender	2:20.72	31.75	1:07.36	1:44.15	2:20.72
4 Sarah Kelly	16	Ireland	2:21.81	31.16	1:06.14	1:43.84	2:21.81
5 Gemma Kane	15	Ulster-US	2:24.12	32.12	1:08.88	1:46.49	2:24.12
6 Megan Donnelly	20	Milngavie &b	2:26.41	30.41	1:06.04	1:44.79	2:26.41
7 Ashley McAdam	17	West Lothian	2:26.50	32.84	1:10.17	1:48.46	2:26.50
8 Meg Fannon	15	EastKilbride	2:29.25	32.25	1:10.18	1:49.78	2:29.25
B - Final							
9 Laura Dawson	21	Uni of Stir	2:23.08	31.84	1:07.60	1:44.16	2:23.08
10 Emma Reid	14	Ulster-US	2:24.89	32.47	1:09.28	1:47.19	2:24.89
11 Eve White	14	Dumfries	2:25.82	32.25	1:09.36	1:47.84	2:25.82
12 Mhairi High	17	Ren 96	2:26.49	32.29	1:09.38	1:47.87	2:26.49
13 Jennifer King	16	N Ayrshire	2:27.89	32.63	1:10.12	1:49.14	2:27.89
14 Natasha Pollock	16	Ulster-US	2:28.11	32.97	1:10.48	1:49.44	2:28.11
15 Pippa Shuttleworth	16	Hatfield	2:28.54	32.80	1:09.48	1:48.47	2:28.54
16 Jessica Thomson	15	Co Aberdeen	2:33.48	33.12	1:11.04	1:50.84	2:33.48

Final of Event 212 Mens 100 Metre Breaststroke

Name	Age	Club	Time	50	100
A Final					
1 Ross Murdoch	20	Uni of Stir	1:00.57	28.31	1:00.57
2 Calum Tait	19	Edinburgh Un	1:03.34	29.81	1:03.34
3 Nicholas Quinn	20	Ireland	1:03.41	30.04	1:03.41
4 Mark Tully	22	East Lothian	1:03.74	29.04	1:03.74
5 Joseph Welstead	24	Stirling	1:03.95	29.87	1:03.95
6 Dan Sweeney	21	Ireland	1:04.07	30.20	1:04.07
7 Jamie Graham	21	Co Glasgow	1:04.53	29.99	1:04.53
8 Andrew Rodgie	25	Warrender	1:04.82	30.01	1:04.82
B - Final					
9 Daniel Lim	18	Warrender	1:04.89	30.86	1:04.89
10 Euan Inglis	21	Edinburgh Un	1:05.10	29.44	1:05.10
11 Chris Kerr	20	Warrender	1:05.37	30.44	1:05.37
12 Douglas Scott	22	Stirling	1:05.82	30.32	1:05.82
13 Matthew Nicholson	22	Co Glasgow	1:06.41	31.51	1:06.41
14 Brice Benhadj	23	Montauban	1:06.66	31.64	1:06.66
15 Mark Campbell	22	Co Aberdeen	1:07.79	28.60	1:07.79
16 Sean O'Brien	18	Ireland	1:09.66	32.37	1:09.66



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Final of Event 213 Womens 100 Metre Freestyle

Name	Age	Club	Time	50	100
A Final					
1 Sian Harkin	19	Uni of Stir	56.28	26.81	56.28
2 Rachel Masson	18	South Aberde	57.00	27.52	57.00
3 Rachael O'Donnell	17	Carnegie	57.70	28.10	57.70
4 Jessica Christie	17	South Aberde	58.29	27.97	58.29
5 Katie Stark	15	Warrender	58.32	28.31	58.32
6 Jessica Jackson	16	Hatfield	58.42	28.27	58.42
7 Sian Morgan	19	Edinburgh Un	58.47	28.57	58.47
8 Lauren Averell	18	Uni of Stir	58.83	28.26	58.83
B - Final					
9 Hayley Monteith	19	Edinburgh Un	58.12	28.24	58.12
10 Eloise Barber	21	Uni of Stir	58.27	27.70	58.27
11 Jessica Wilkie	19	Edinburgh Un	58.35	28.35	58.35
12 Emily Jones	18	Edinburgh Un	58.37	28.46	58.37
13 Caitlin Tootill	17	Co Aberdeen	59.07	28.38	59.07
14 Samantha Caulfield	16	Carnegie	59.10	28.43	59.10
15 Rachel Sharples	17	East Lothian	59.55	28.52	59.55
16 Abbie Houston	18	Dumfries	1:00.58	29.21	1:00.58

Event 214 Mens 4x100 Metre Freestyle Relay

Team	Time	50	100	150	200	250	300	350	400
1 Edinburgh Un	3:26.79	25.04	51.46	1:16.33	1:42.87	2:07.89	2:35.20	3:00.41	3:26.79
1) Kieran McGuckin 23	2) Richard Schafers 23	3) Matthew Parks 20	4) Jack Thorpe 19						
2 Warrender	3:34.52	26.22	54.67	1:20.46	1:48.38	2:14.12	2:42.75	3:08.01	3:34.52
1) Dale Welstead 18	2) Sean Campsie 19	3) Simran Wilks 18	4) Craig McNally 21						
3 Carnegie	3:34.85	25.64	53.95	1:19.48	1:46.68	2:11.82	2:38.90	3:05.25	3:34.85
1) Craig McLean 15	2) Craig Bowman 17	3) Mark Szaraneck 18	4) Jack Szaraneck 16						
4 Co Glasgow	B 3:42.34	27.25	56.13	1:22.76	1:51.96	2:18.80	2:47.45	3:13.51	3:42.34
1) Matthew Nicholson 22	2) Ross McCafferty 21	3) Ruairi Kirkwood 16	4) Ian Porteous 23						
5 East Lothian	3:44.42	26.97	55.10	1:21.05	1:50.34	2:17.16	2:47.53	3:14.61	3:44.42
1) Chris McColm 16	2) Danny Kirkham 18	3) Will Suayngam 19	4) Finlay Williamson 17						
6 West Lothian	3:48.43	28.22	58.53	1:25.84	1:55.40	2:22.78	2:52.49	3:18.76	3:48.43
1) Sam Andrews 16	2) Fraser Spooner 17	3) David MacDonald 16	4) Alex Forsyth 17						
7 East Lothian	B 3:50.37	27.57	57.57	1:25.04	1:55.60	2:23.36	2:53.45	3:20.74	3:50.37
1) James Clegg 20	2) Matthew Thomson 15	3) Struan Stuart 17	4) Calum Welstead 17						
8 Carnegie	B 3:51.24	27.88	57.76	1:25.84	1:55.76	2:23.30	2:53.45	3:21.20	3:51.24
1) Craig Barnes 15	2) Cameron Nelson 15	3) Aaron Gillon 15	4) James Collyer 14						
--- Co Glasgow	DQ								
1) Jamie Graham 21	2) Daniel Scott 23	3) Jack McComish 18	4) Alasdair Stirling 21						

Event 215 Womens 4x100 Metre Medley Relay

Team	Time	50	100	150	200	250	300	350	400
1 Carnegie	4:16.71	31.86	1:05.18	1:38.93	2:16.18	2:45.58	3:18.99	3:46.27	4:16.71
1) Chelsea Lawson 18	2) Rachael O'Donnell 17	3) Tain Bruce 15	4) Samantha Caulfield 16						
2 Edinburgh Un	4:17.96	33.19	1:07.31	1:40.32	2:17.77	2:47.13	3:20.56	3:48.13	4:17.96
1) Sian Morgan 19	2) Corrie Scott 20	3) Emily Jones 18	4) Jessica Wilkie 19						
3 Warrender	4:20.92	32.19	1:05.14	1:40.12	2:18.43	2:47.82	3:21.98	3:49.84	4:20.92
1) Megan Briggs 17	2) Emma Chittleburgh 15	3) Katie Stark 15	4) Sally Wood 23						



Scottish Amateur Swimming Association
East District Open Championships
incorporating the Grand Prix

Royal Commonwealth Pool - 1st February 2014



Session 4 – Results

Event 215 Womens 4x100 Metre Medley Relay (continued)

Team	Time	50	100	150	200	250	300	350	400
4 East Lothian	4:33.96	34.03	1:10.54	1:45.89	2:27.05	2:57.98	3:34.25	4:02.97	4:33.96
1) Alyx Cunningham 16		2) Emma Crawford 16	3) Jennifer Ritchie 17	4) Jennifer Henderson 15					
5 West Lothian	4:37.08	33.75	1:09.30	1:46.21	2:28.15	3:00.64	3:36.48	4:05.17	4:37.08
1) Sophie Ross 18		2) Shona Mackie 16	3) Ashley McAdam 17	4) Gulsum Onal 15					
6 Carnegie	B 4:40.49	31.94	1:06.53	1:43.41	2:28.09	3:00.02	3:38.17	4:07.54	4:40.49
1) Kirsty Simpson 18		2) Lucy Walkup 17	3) Claire Moloney 14	4) Zoe Mitchell 17					
7 Ren 96	4:46.80	34.06	1:11.47	1:47.66	2:29.88	3:01.77	3:38.70	4:11.03	4:46.80
1) Robyn Crawford 14		2) Connie Mackay 19	3) Mhairi High 17	4) Kirsty McGinley 15					
8 Dun City Aqu	4:58.89	36.10	1:14.37	1:53.34	2:38.23	3:11.93	3:54.11	4:25.27	4:58.89
1) Beth Constance 14		2) Amie McCrostie 14	3) Stephanie Strang 15	4) Eilidh Grant 14					
9 East Lothian	C 5:01.76	36.61	1:16.41	1:56.01	2:40.10	3:14.47	3:56.24	4:27.13	5:01.76
1) Sarah Anderson 13		2) Ailidh McManus 15	3) Catrina McManus 13	4) Eve Lissaman 14					
--- East Lothian	B DQ								
1) Katy Smith 14		2) Anna Balfour 13	3) Kirsty Hunter 17	4) Caitlin Hamilton 16					