

**East District Age Group Championships**Michael Woods Centre Glenrothes –31st October 2015**Session 1 – Results****Event 101 Girls 14 Year Olds 400 Metre IM**

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Keanna MacInnes	01	Heart Of Mid	5:04.91	31.70	1:07.95	1:47.59	2:25.62	3:10.96	3:56.52	4:31.36	5:04.91
2 Roisin Ramsay	01	Warrender	5:10.37	32.35	1:10.69	1:49.86	2:28.76	3:15.61	4:02.25	4:36.71	5:10.37
3 Anna Macfarlane	01	Heart Of Mid	5:12.57	32.56	1:09.58	1:47.98	2:26.42	3:14.15	4:01.92	4:37.83	5:12.57
4 Amy Richardson	01	Duns	5:16.62	32.57	1:08.76	1:49.60	2:29.26	3:16.18	4:03.01	4:40.17	5:16.62
5 Taylor Finlayson	01	Warrender	5:18.34	32.22	1:09.48	1:51.53	2:32.85	3:18.68	4:05.19	4:42.54	5:18.34
6 Claire Thomson	01	Fins	5:19.97	33.44	1:12.12	1:53.12	2:33.02	3:18.96	4:05.53	4:43.30	5:19.97
7 Sarah Frizzel	01	Gala Asc	5:23.87	34.98	1:15.70	1:58.13	2:39.05	3:21.36	4:06.12	4:46.27	5:23.87
8 Lindsay Jack	01	Gala Asc	5:24.78	33.85	1:13.83	1:55.67	2:35.80	3:22.96	4:09.46	4:48.03	5:24.78
9 Catrina McManus	01	Tranent	5:29.64	34.52	1:15.75	1:58.02	2:37.89	3:26.10	4:15.55	4:53.65	5:29.64
10 Ellis Bryant	01	Livingston	5:31.22	34.33	1:14.36	1:58.27	2:40.90	3:27.65	4:15.04	4:54.05	5:31.22
11 Gigi Slater	01	Portobello	5:35.36	35.50	1:17.22	2:00.38	2:42.59	3:30.80	4:19.37	4:58.91	5:35.36
12 Anna Galloway	01	Warrender	5:35.42	36.95	1:20.07	2:01.56	2:41.75	3:31.07	4:20.58	4:59.20	5:35.42
13 Mya McFaulds	01	Broxburn	5:36.65	33.79	1:14.63	1:58.94	2:42.86	3:30.67	4:19.43	4:58.78	5:36.65
14 Kirsty Templeton	01	Livingston	5:39.49	35.73	1:18.80	2:02.63	2:45.86	3:34.39	4:24.35	5:02.66	5:39.49
15 Eilidh Richmond	01	Carnegie	5:48.45	36.05	1:19.66	2:03.27	2:45.98	3:35.15	4:24.58	5:07.00	5:48.45
16 Lucy Ballantyne	01	Haddington	5:48.57	35.90	1:19.26	2:02.18	2:44.53	3:36.11	4:26.80	5:08.78	5:48.57
17 Eilidh McCabe	01	Broxburn	5:48.81	36.57	1:19.13	2:05.83	2:51.36	3:38.88	4:27.80	5:09.81	5:48.81
18 Amie Shepherd	01	Livingston	5:51.82	40.08	1:28.50	2:11.98	2:54.57	3:45.68	4:37.00	5:15.73	5:51.82
19 Jasmine Millington	01	Warrender	6:09.04	38.43	1:25.24	2:10.83	2:55.72	3:51.10	4:46.42	5:28.35	6:09.04
--- Catherine Soeder	01	Kelso	DQ								

Event 101 Girls 15 Year Olds 400 Metre IM

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Katie Taylor	00	Heart Of Mid	5:01.06	31.87	1:07.40	1:44.11	2:20.48	3:05.61	3:51.29	4:27.01	5:01.06
2 Jessica Damen	00	Warrender	5:08.80	32.54	1:10.10	1:48.90	2:27.36	3:12.44	3:57.85	4:34.35	5:08.80
3 Katie Golder	00	Midlothian	5:11.25	33.08	1:10.34	1:48.98	2:26.56	3:11.51	3:57.64	4:35.49	5:11.25
4 Catherine Comrie	00	Burntisland	5:15.59	33.57	1:13.21	1:53.21	2:31.64	3:17.34	4:03.42	4:40.22	5:15.59
5 Anna Mackay	00	Warrender	5:23.17	33.86	1:13.23	1:55.43	2:36.82	3:22.01	4:07.05	4:46.09	5:23.17
6 Eilidh Collyer	00	Carnegie	5:29.51	34.56	1:16.75	1:58.70	2:38.67	3:28.33	4:16.83	4:54.22	5:29.51
7 Sophie Annan	00	Heart Of Mid	5:31.69	34.17	1:15.34	1:58.91	2:41.19	3:29.08	4:17.37	4:55.21	5:31.69
8 Jenna McMahan	00	Tranent	5:36.85	35.44	1:17.69	2:01.33	2:43.85	3:32.62	4:21.33	4:59.85	5:36.85
9 Kirsten Heath	00	Livingston	5:51.62	38.11	1:22.44	2:07.77	2:52.33	3:43.99	4:35.19	5:14.70	5:51.62
--- Sophie Hamilton	00	Warrender	DQ								

Event 101 Girls 16 & Over 400 Metre IM

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Gulsum Onal	98	Livingston	5:02.00	31.36	1:07.77	1:46.89	2:25.69	3:10.54	3:55.33	4:28.98	5:02.00
2 Emma Chittleburgh	98	Warrender	5:09.12	34.74	1:17.81	1:58.35	2:36.85	3:16.87	3:58.60	4:35.52	5:09.12
3 India Dodd	98	Warrender	5:09.73	32.74	1:11.22	1:49.64	2:27.74	3:12.96	3:59.27	4:34.81	5:09.73
4 Shannon Paterson	98	Broxburn	5:13.65	32.30	1:11.86	1:55.32	2:36.49	3:20.04	4:04.45	4:39.76	5:13.65
5 Kimberley Mackay	98	Warrender	5:15.76	32.63	1:09.89	1:52.27	2:33.94	3:18.48	4:03.28	4:40.06	5:15.76
6 Mhairi Swanson	99	Warrender	5:15.93	33.23	1:11.32	1:50.64	2:29.03	3:15.48	4:02.08	4:39.31	5:15.93
7 Zara Milton	96	Duns	5:19.17	33.28	1:12.26	1:55.09	2:36.40	3:19.98	4:05.02	4:43.22	5:19.17
8 Megan Lawrie	98	Warrender	5:22.61	33.45	1:12.16	1:52.45	2:32.41	3:21.20	4:09.47	4:46.63	5:22.61
9 Beth McFarlane	99	Midlothian	5:24.42	33.48	1:12.74	1:58.34	2:41.62	3:24.70	4:09.22	4:47.83	5:24.42
10 Caitlin Smith		Fauldhouse	5:33.90	33.36	1:11.00	1:56.28	2:39.72	3:28.01	4:16.84	4:55.97	5:33.90
11 Kitty Slater	98	Portobello	5:38.05	33.79	1:13.83	1:56.98	2:39.76	3:30.60	4:20.41	5:00.25	5:38.05



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Event 102 Boys 14 Year Olds 1500 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Archie Goodburn	01	Warrender	16:51.60	29.42	1:02.42	1:36.06	2:10.25	2:43.55	3:17.41	3:50.42	4:24.71
				4:58.50	5:32.66	6:06.60	6:40.88	7:14.88	7:48.34	8:22.58	8:56.99
				9:30.71	10:04.72	10:38.89	11:13.34	11:47.27	12:22.22	12:56.96	13:31.18
				14:05.74	14:39.25	15:13.08	15:47.07	16:20.23	16:51.60		
2 Daniel Ferguson	01	Trojan	17:17.94	30.53	1:03.54	1:37.11	2:11.01	2:45.22	3:18.84	3:53.29	4:27.72
				5:03.73	5:39.04	6:14.68	6:51.02	7:24.75	8:01.97	8:37.51	9:12.31
				9:47.38	10:22.31	10:58.35	11:32.27	12:07.47	12:40.93	13:15.01	13:49.36
				14:24.37	15:00.73	15:36.10	16:10.85	16:43.92	17:17.94		
3 Keir Edgar	01	Carnegie	17:21.78	29.36	1:02.95	1:36.83	2:10.64	2:44.75	3:19.18	3:53.66	4:28.24
				5:02.96	5:37.89	6:12.77	6:47.63	7:22.17	7:56.98	8:32.46	9:07.85
				9:43.11	10:18.10	10:53.57	11:29.43	12:05.35	12:41.33	13:17.38	13:53.08
				14:29.19	15:05.20	15:40.09	16:14.25	16:48.63	17:21.78		
4 Finlay Hart	01	Tranent	17:23.54	30.01	1:03.63	1:38.93	2:14.61	2:50.14	3:25.35	3:59.42	4:34.63
				5:10.04	5:45.57	6:21.13	6:56.23	7:31.69	8:06.74	8:41.93	9:16.58
				9:51.94	10:26.76	11:01.94	11:36.54	12:11.49	12:46.69	13:22.01	13:57.20
				14:32.13	15:06.86	15:41.72	16:16.40	16:50.54	17:23.54		
5 Greig Rowe	01	Carnegie	17:24.97	30.58	1:03.96	1:38.26	2:12.70	2:47.47	3:22.41	3:57.66	4:32.66
				5:07.99	5:43.27	6:18.62	6:53.93	7:29.07	8:04.44	8:39.97	9:15.43
				9:50.34	10:25.66	11:00.86	11:36.03	12:11.19	12:46.21	13:21.01	13:55.95
				14:31.10	15:06.38	15:41.34	16:16.89	16:52.14	17:24.97		
6 Jamie Macdonald	01	Warrender	18:07.48	31.21	1:06.58	1:41.88	2:17.28	2:52.38	3:28.04	4:03.78	4:39.95
				5:15.84	5:51.41	6:28.32	7:04.85	7:41.64	8:17.86	8:54.72	9:31.33
				10:08.26	10:45.14	11:22.87	12:00.27	12:37.64	13:14.97	13:52.10	14:29.89
				15:07.28	15:45.23	16:21.83	16:58.74	17:34.31	18:07.48		
7 Lewis Birrell	01	Warrender	18:11.07	31.79	1:05.91	1:41.79	2:18.82	2:55.90	3:32.46	4:09.54	4:47.09
				5:25.59	6:01.19	6:37.72	7:15.09	7:51.71	8:28.81	9:05.84	9:41.56
				10:18.17	10:54.89	11:32.41	12:08.65	12:44.86	13:21.27	13:58.40	14:34.23
				15:10.11	15:47.02	16:23.40	16:59.89	17:35.53	18:11.07		
8 Andrew Watt	01	Gala Asc	18:17.10	32.54	1:07.79	1:43.46	2:20.12	2:56.77	3:34.14	4:11.04	4:48.34
				5:25.22	6:02.59	6:39.33	7:15.98	7:52.82	8:30.13	9:07.28	9:44.49
				10:21.42	10:58.51	11:35.78	12:13.13	12:49.97	13:27.02	14:04.35	14:40.77
				15:18.09	15:54.46	16:31.40	17:08.31	17:44.54	18:17.10		
9 Angus Rutherford	01	Heart Of Mid	18:17.41	31.71	1:06.93	1:43.10	2:19.80	2:56.32	3:33.88	4:10.70	4:47.88
				5:24.95	6:02.31	6:39.04	7:15.76	7:52.95	8:29.96	9:06.97	9:44.04
				10:20.95	10:57.99	11:35.47	12:12.63	12:49.69	13:26.47	14:03.56	14:40.30
				15:17.28	15:54.39	16:30.97	17:07.93	17:44.10	18:17.41		
10 Gregor Chalmers	01	Carnegie	18:31.31	32.97	1:09.24	1:46.08	2:23.19	3:00.31	3:37.49	4:14.66	4:51.86
				5:28.74	6:05.88	6:43.27	7:20.52	7:57.84	8:35.39	9:13.09	9:50.39
				10:27.61	11:04.87	11:42.42	12:19.77	12:57.21	13:34.67	14:12.36	14:50.06
				15:27.35	16:04.74	16:41.94	17:19.21	17:56.09	18:31.31		

Event 102 Boys 15 Year Olds 1500 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Fraser Allison	00	Warrender	16:43.04	30.31	1:03.78	1:36.85	2:10.42	2:43.86	3:17.46	3:50.65	4:24.06
				4:57.49	5:31.06	6:04.78	6:38.41	7:12.27	7:46.08	8:19.77	8:53.73
				9:27.56	10:01.45	10:35.13	11:08.99	11:42.61	12:16.08	12:49.54	13:23.31
				13:56.72	14:30.43	15:03.94	15:37.44	16:10.89	16:43.04		
2 Jonah Walsh	00	Warrender	17:31.27	31.24	1:05.57	1:40.22	2:15.16	2:50.14	3:25.16	4:00.52	4:35.59
				5:11.04	5:46.76	6:22.08	6:57.46	7:33.13	8:08.35	8:43.37	9:19.35
				9:54.61	10:29.97	11:05.78	11:40.82	12:16.38	12:51.81	13:27.84	14:03.21
				14:38.68	15:14.05	15:49.19	16:24.32	16:59.22	17:31.27		



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Event 102 Boys 15 Year Olds 1500 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
3 James Beattie	00	Carnegie	17:37.10	29.08	1:02.06	1:36.06	2:10.48	2:44.97	3:19.63	3:54.52	4:29.52
				5:04.87	5:39.92	6:15.86	6:51.64	7:27.78	8:03.61	8:39.72	9:15.45
				9:50.72	10:26.76	11:02.56	11:38.27	12:14.68	12:50.30	13:26.80	14:02.56
				14:38.63	15:15.25	15:51.72	16:28.30	17:03.57	17:37.10		
4 Matthias Rietvelt	00	Midlothian	17:37.64	30.23	1:03.51	1:38.24	2:13.52	2:48.97	3:24.39	4:00.08	4:35.61
				5:11.31	5:46.61	6:22.29	6:57.93	7:33.83	8:09.61	8:45.40	9:21.22
				9:56.96	10:33.29	11:08.94	11:44.60	12:20.71	12:56.47	13:32.30	14:08.14
				14:43.73	15:19.09	15:55.16	16:30.26	17:04.90	17:37.64		
5 James Thompson	00	Duns	18:07.15	31.32	1:06.04	1:42.11	2:18.84	2:54.94	3:31.72	4:08.28	4:44.93
				5:22.02	5:58.88	6:35.78	7:12.52	7:49.55	8:27.03	9:04.53	9:41.77
				10:17.97	10:53.69	11:29.59	12:05.99	12:42.12	13:18.98	13:55.99	14:31.85
				15:07.78	15:44.40	16:20.64	16:56.82	17:32.03	18:07.15		
6 Finlay Nesbitt	00	Carnegie	18:30.53	32.03	1:08.21	1:45.27	2:22.32	2:59.70	3:37.07	4:14.31	4:51.45
				5:28.44	6:05.74	6:43.07	7:20.43	7:57.81	8:35.22	9:12.97	9:50.32
				10:27.51	11:04.87	11:42.16	12:19.80	12:57.33	13:34.75	14:12.27	14:49.91
				15:27.22	16:04.60	16:41.85	17:18.77	17:55.76	18:30.53		

Event 102 Boys 16 & Over 1500 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
1 Calum Reid	95	Warrender	16:01.23	29.86	1:01.37	1:33.50	2:05.52	2:37.56	3:09.64	3:41.74	4:14.32
				4:46.98	5:19.44	5:51.43	6:23.72	6:56.01	7:28.43	8:00.77	8:32.97
				9:05.40	9:37.78	10:09.84	10:42.48	11:14.53	11:47.07	12:19.60	12:52.34
				13:24.02	13:56.40	14:28.80	15:00.67	15:32.14	16:01.23		
2 George Clough	99	Warrender	16:37.14	30.32	1:03.28	1:36.56	2:09.95	2:43.87	3:17.27	3:50.78	4:24.26
				4:57.86	5:31.56	6:04.45	6:37.71	7:11.01	7:44.72	8:18.16	8:51.23
				9:24.72	9:58.51	10:32.18	11:05.74	11:38.84	12:12.16	12:45.61	13:18.58
				13:52.47	14:25.89	14:58.78	15:32.14	16:05.49	16:37.14		
3 Cameron Finlayson	98	Heart Of Mid	16:42.36	29.16	1:01.50	1:33.93	2:07.05	2:40.36	3:13.42	3:46.72	4:20.25
				4:53.59	5:27.03	6:00.59	6:34.27	7:08.13	7:41.93	8:15.88	8:50.18
				9:24.47	9:58.82	10:32.71	11:06.85	11:40.55	12:14.17	12:47.93	13:21.44
				13:55.26	14:28.97	15:02.45	15:36.42	16:09.73	16:42.36		
4 Fraser Beeby	99	Carnegie	16:45.48	30.52	1:03.73	1:36.82	2:10.78	2:44.33	3:17.96	3:51.84	4:25.24
				4:58.62	5:31.92	6:05.41	6:38.63	7:12.39	7:46.03	8:19.82	8:53.85
				9:27.59	10:01.52	10:35.23	11:09.47	11:43.16	12:16.97	12:50.77	13:24.34
				13:58.09	14:32.20	15:06.58	15:40.54	16:14.17	16:45.48		
5 Fraser Samuel	98	Haddington	16:48.59	30.68	1:04.05	1:37.17	2:10.64	2:44.57	3:18.47	3:52.19	4:26.38
				5:00.20	5:34.19	6:08.03	6:41.96	7:16.14	7:50.07	8:23.77	8:57.53
				9:31.25	10:04.88	10:38.70	11:12.43	11:46.09	12:19.92	12:53.85	13:28.02
				14:02.03	14:35.84	15:09.81	15:43.41	16:16.77	16:48.59		
6 Ruairidh Lawless	99	Carnegie	17:01.40	30.55	1:03.85	1:37.10	2:10.97	2:44.75	3:18.40	3:52.19	4:25.92
				4:59.30	5:32.90	6:06.71	6:40.73	7:14.82	7:48.79	8:23.33	8:57.35
				9:31.66	10:06.23	10:40.69	11:15.63	11:50.31	12:25.44	13:00.20	13:34.99
				14:09.98	14:44.82	15:19.35	15:53.99	16:28.11	17:01.40		
7 Toby Douglas	99	Duns	17:07.73	30.14	1:03.22	1:36.64	2:10.62	2:44.25	3:18.35	3:52.38	4:26.39
				5:00.82	5:35.27	6:10.01	6:44.57	7:19.04	7:53.93	8:29.07	9:03.81
				9:38.15	10:12.96	10:47.41	11:22.07	11:56.76	12:31.18	13:05.72	13:40.31
				14:15.56	14:50.01	15:24.88	15:59.44	16:33.71	17:07.73		
8 Arran Stowe	98	Fins	17:10.74	29.58	1:02.30	1:36.06	2:09.92	2:43.52	3:16.75	3:50.07	4:23.55
				4:57.31	5:31.40	6:05.50	6:39.70	7:14.48	7:49.24	8:24.37	8:59.59
				9:35.02	10:10.35	10:45.46	11:20.64	11:55.85	12:31.07	13:06.24	13:41.48
				14:16.85	14:52.09	15:27.05	16:02.18	16:37.11	17:10.74		



East District Age Group Championships

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Session 1 – Results



Event 102 Boys 16 & Over 1500 Metre Freestyle (continued)

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
				850	900	950	1000	1050	1100	1150	1200
				1250	1300	1350	1400	1450	1500		
9 James Collyer	99	Carnegie	17:14.43	30.62	1:03.40	1:36.44	2:10.68	2:44.51	3:18.21	3:52.34	4:26.57
				5:00.87	5:35.66	6:10.95	6:45.75	7:20.24	7:55.09	8:30.55	9:05.24
				9:39.77	10:15.66	10:51.11	11:26.51	12:02.23	12:37.42	13:11.87	13:46.21
				14:21.42	14:56.55	15:31.06	16:06.02	16:40.18	17:14.43		
10 Aidan Mitchell	99	Carnegie	17:39.04	29.89	1:03.59	1:38.05	2:13.28	2:48.45	3:23.59	3:58.90	4:34.45
				5:10.02	5:45.67	6:21.36	6:57.38	7:33.38	8:08.95	8:44.40	9:19.99
				9:55.62	10:31.11	11:07.29	11:42.81	12:18.76	12:54.57	13:31.04	14:07.12
				14:42.87	15:18.55	15:54.80	16:30.52	17:05.33	17:39.04		
11 Nathan Robb	98	Bathgate	17:40.91	29.61	1:02.47	1:36.27	2:10.62	2:45.38	3:20.81	3:55.78	4:31.60
				5:07.36	5:43.33	6:19.38	6:55.40	7:31.81	8:08.03	8:44.18	9:20.30
				9:56.70	10:32.97	11:09.20	11:45.09	12:20.83	12:57.60	13:33.86	14:10.05
				14:45.77	15:22.01	15:57.80	16:33.41	17:08.36	17:40.91		
12 Andrew Sawkins	98	Heart Of Mid	17:48.32	30.04	1:04.06	1:38.62	2:13.02	2:48.16	3:23.33	3:58.78	4:34.47
				5:09.79	5:45.46	6:20.98	6:57.02	7:32.85	8:09.07	8:45.35	9:21.39
				9:57.11	10:33.44	11:09.84	11:46.11	12:22.69	12:59.14	13:35.48	14:12.12
				14:48.81	15:25.65	16:02.50	16:39.13	17:14.99	17:48.32		
13 Jamie Waller	98	Heart Of Mid	18:44.19	30.10	1:05.22	1:42.02	2:19.31	2:56.50	3:33.73	4:11.33	4:49.28
				5:27.15	6:04.99	6:41.87	7:19.82	7:57.90	8:35.71	9:13.42	9:51.17
				10:29.61	11:07.70	11:45.93	12:24.96	13:04.35	13:41.21	14:18.71	14:57.21
				15:35.61	16:14.15	16:53.16	17:31.34	18:09.30	18:44.19		

Event 103 Girls 14 Year Olds 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Roisin Ramsay	01	Warrender	4:26.15	30.28	1:03.18	1:36.95	2:10.79	2:44.77	3:18.78	3:52.68	4:26.15
2 Keanna MacInnes	01	Heart Of Mid	4:32.03	30.86	1:05.58	1:40.68	2:15.06	2:49.69	3:24.37	3:59.16	4:32.03
3 Taylor Finlayson	01	Warrender	4:42.67	32.99	1:08.14	1:44.12	2:20.27	2:56.40	3:31.98	4:07.58	4:42.67
4 Claire Thomson	01	Fins	4:43.13	32.28	1:07.53	1:43.46	2:19.59	2:55.36	3:31.45	4:07.83	4:43.13
5 Amy Richardson	01	Duns	4:44.50	33.08	1:09.34	1:45.21	2:21.54	2:57.14	3:32.81	4:09.55	4:44.50
6 Anna Macfarlane	01	Heart Of Mid	4:48.02	32.01	1:07.61	1:44.52	2:21.83	2:59.08	3:36.35	4:13.14	4:48.02
7 Catrina McManus	01	Tranent	4:48.75	32.04	1:07.99	1:44.28	2:21.08	2:58.41	3:35.31	4:12.92	4:48.75
8 Nicole McFarlane	01	Warrender	4:49.67	33.57	1:09.96	1:46.76	2:23.38	3:00.08	3:37.17	4:14.41	4:49.67
9 Catherine Soeder	01	Kelso	4:50.47	32.81	1:08.75	1:45.74	2:22.99	3:00.12	3:37.65	4:14.63	4:50.47
10 Sarah Frizzel	01	Gala Asc	4:52.05	32.97	1:10.11	1:47.90	2:25.73	3:02.53	3:39.69	4:16.32	4:52.05
11 Anna Galloway	01	Warrender	4:52.81	33.84	1:10.66	1:48.28	2:25.99	3:03.28	3:40.21	4:17.04	4:52.81
12 Eilidh Gaughan	01	Carnegie	4:54.03	33.77	1:10.90	1:48.67	2:26.16	3:03.66	3:41.03	4:18.08	4:54.03
13 Joanna Rae	01	Carnegie	4:55.04	33.34	1:10.61	1:48.11	2:26.02	3:03.32	3:41.10	4:18.65	4:55.04
14 Lucy Brice	01	Fins	4:55.40	33.54	1:10.76	1:48.56	2:26.54	3:04.30	3:42.26	4:19.67	4:55.40
15 Kirsty Templeton	01	Livingston	4:57.63	32.56	1:08.60	1:46.47	2:24.78	3:03.20	3:41.63	4:20.38	4:57.63
16 Lindsay Jack	01	Gala Asc	4:58.02	33.95	1:10.16	1:47.56	2:25.59	3:03.27	3:41.86	4:20.37	4:58.02
17 Eilidh Lister	01	Carnegie	4:58.50	33.40	1:10.66	1:48.25	2:26.36	3:04.29	3:42.25	4:20.35	4:58.50
18 Ellis Bryant	01	Livingston	4:58.55	33.48	1:10.67	1:48.44	2:26.50	3:04.53	3:43.25	4:21.66	4:58.55
19 Mya McFaulds	01	Broxburn	4:59.46	33.53	1:11.48	1:49.75	2:28.52	3:07.48	3:45.84	4:23.92	4:59.46
20 Gigi Slater	01	Portobello	5:01.18	34.28	1:10.71	1:49.25	2:26.98	3:06.48	3:44.66	4:24.17	5:01.18
21 Amie Shepherd	01	Livingston	5:03.05	34.17	1:12.39	1:51.34	2:29.82	3:08.76	3:47.70	4:26.04	5:03.05
22 Jasmine Millington	01	Warrender	5:14.20	35.12	1:14.69	1:55.43	2:36.18	3:17.34	3:57.18	4:36.97	5:14.20
23 Eilidh Richmond	01	Carnegie	5:15.21	34.15	1:11.99	1:51.30	2:31.47	3:12.59	3:53.89	4:34.77	5:15.21

Event 103 Girls 15 Year Olds 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400
1 Katie Taylor	00	Heart Of Mid	4:31.25	31.02	1:05.00	1:39.21	2:13.62	2:47.90	3:22.48	3:57.34	4:31.25
2 Niamh Ritchie	00	Warrender	4:36.98	31.66	1:06.26	1:41.52	2:16.69	2:51.98	3:27.48	4:02.73	4:36.98
3 Eilidh Collyer	00	Carnegie	4:39.96	31.82	1:06.29	1:41.73	2:17.31	2:52.82	3:28.49	4:04.31	4:39.96
4 Katie Golder	00	Midlothian	4:43.39	31.80	1:06.77	1:42.27	2:18.42	2:54.80	3:31.91	4:08.11	4:43.39

**East District Age Group Championships**Michael Woods Centre Glenrothes –31st October 2015**Session 1 – Results**

5	Jessica Damen	00	Warrender	4:45.21	32.29	1:07.16	1:42.79	2:19.49	2:56.11	3:32.39	4:09.50	4:45.21
6	Sophie Morland	00	Bathgate	4:46.89	32.12	1:07.69	1:43.57	2:20.49	2:57.16	3:34.25	4:11.47	4:46.89
7	Catherine Comrie	00	Burntisland	4:47.32	32.14	1:07.41	1:43.62	2:19.99	2:56.62	3:33.75	4:11.09	4:47.32
8	Sophie Annan	00	Heart Of Mid	4:49.00	32.29	1:07.63	1:44.14	2:20.79	2:58.02	3:35.41	4:13.14	4:49.00
9	Anna Mackay	00	Warrender	4:50.79	32.83	1:08.82	1:46.22	2:23.70	3:01.14	3:38.11	4:14.50	4:50.79
10	Abbi Brindley	00	Haddington	4:52.56	31.15	1:06.32	1:43.76	2:21.66	2:59.75	3:37.92	4:15.86	4:52.56
11	Jenna McMahon	00	Tranent	4:58.72	33.52	1:10.37	1:48.52	2:27.15	3:05.51	3:43.75	4:22.02	4:58.72
12	Kirsten Heath	00	Livingston	5:02.45	34.22	1:11.99	1:50.26	2:28.46	3:07.46	3:46.20	4:24.63	5:02.45
13	Bethan Perrott	00	Livingston	5:03.84	33.21	1:09.41	1:47.02	2:25.42	3:04.63	3:44.82	4:25.08	5:03.84

Event 103 Girls 16 & Over 400 Metre Freestyle

Name	Yr	Club	Time	50	100	150	200	250	300	350	400	
1	Katie Stark	98	Warrender	4:22.24	29.85	1:03.35	1:37.40	2:11.65	2:44.90	3:18.23	3:51.20	4:22.24
2	Megan Briggs	97	Warrender	4:23.29	30.68	1:03.46	1:36.68	2:10.23	2:43.78	3:17.43	3:50.92	4:23.29
3	Gulsum Onal	98	Livingston	4:29.93	30.08	1:03.49	1:37.51	2:11.77	2:45.69	3:20.70	3:55.79	4:29.93
4	Shannon Paterson	98	Broxburn	4:30.93	30.61	1:04.95	1:39.86	2:14.78	2:49.33	3:24.42	3:58.92	4:30.93
5	Emma Chittleburgh	98	Warrender	4:31.60	32.32	1:06.82	1:40.72	2:15.48	2:49.74	3:23.94	3:58.15	4:31.60
6	Brooke Gillies	98	Carnegie	4:33.84	30.39	1:03.84	1:38.17	2:13.03	2:48.43	3:24.31	3:59.29	4:33.84
7	Erin Robertson	99	Livingston	4:37.42	31.41	1:06.12	1:41.63	2:17.21	2:52.99	3:28.54	4:03.89	4:37.42
8	Mhairi Swanson	99	Warrender	4:37.88	32.58	1:07.01	1:41.64	2:16.52	2:51.83	3:27.46	4:03.21	4:37.88
9	Hana Duheric	97	Warrender	4:41.63	32.09	1:06.95	1:42.49	2:18.79	2:54.57	3:30.99	4:06.78	4:41.63
10	Ellenor Gracey	99	Duns	4:42.42	30.66	1:05.60	1:41.57	2:18.14	2:55.02	3:31.77	4:07.91	4:42.42
11	Zara Milton	96	Duns	4:42.57	31.72	1:06.57	1:42.07	2:18.00	2:54.45	3:31.06	4:07.05	4:42.57
12	Charlie Cavens	99	Warrender	4:45.45	33.06	1:08.24	1:43.92	2:19.88	2:56.33	3:32.65	4:09.17	4:45.45
13	Ellie Neil	99	Warrender	4:45.89	33.32	1:09.06	1:45.44	2:21.85	2:57.89	3:34.81	4:10.79	4:45.89
14	Jenny Adams	99	Kelso	4:49.76	32.32	1:07.89	1:44.57	2:21.21	2:58.28	3:35.68	4:13.07	4:49.76
15	Beth McFarlane	99	Midlothian	4:50.52	33.01	1:09.30	1:45.96	2:22.72	2:59.74	3:37.11	4:14.03	4:50.52
16	Chloe Laird	99	Heart Of Mid	4:53.38	32.44	1:09.00	1:46.46	2:24.57	3:02.23	3:40.17	4:17.65	4:53.38
17	Kitty Slater	98	Portobello	4:58.09	33.41	1:10.35	1:48.66	2:26.50	3:05.21	3:43.91	4:22.42	4:58.09
18	Caitlin Smith		Fauldhouse	5:01.24	33.88	1:11.64	1:50.33	2:28.53	3:06.42	3:45.29	4:23.93	5:01.24
---	India Dodd	98	Warrender	DQ								